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Title: Human health risk assessment and bioaccumulation of trace metals in fish species collected from the Miri coast, Sarawak, Borneo

Article Type: Baseline Paper

Keywords: Trace metals, Bio-accumulation, Risk assessment, Hazard Index, Miri coast

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Abstract: The concentrations of nine trace metals (Cr, Mn, Co, Ni, Cu, Zn, Rb, Cd, and Pb) were measured in different tissues of two pelagic and five demersal fish species collected from the Miri coast, Sarawak. The sequence of accumulation of trace metals in different tissues were: liver > gill > gonad > muscle. Zn (301.00 $\mu\text{g g}^{-1}$) and Cd (0.10 $\mu\text{g g}^{-1}$) was the maximum and minimum accumulated elements. According to the Hazard Index calculation, none of the elements will pose any adverse health effects to humans for both ingestion rates (normal and habitual fish consumers) proposed by USEPA, except for Pb and Cd in certain fish species. On the basis of the results, the level of elements in the edible muscle tissues of all the analyzed fish species from the Miri coast are below the maximum permissible limits of Malaysian and International seafood guideline values and safe for consumers.

Response to reviewer comments

Title of the article: **Human health risk assessment and bioaccumulation of trace metals in fish species collected from the Miri coast, Sarawak, Borneo**

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Reviewer Comments

1. The elevated concentration of Zn as 301ppb seems to one sample error or instrumental spike on the particular analysis? Clarify.
2. Similar copper higher concentration of 65.5ppb is whether it is systematic error or random error? The author can give justification

Ans: As per the reviewer suggestion, we checked the replications during the analysis and all the replicates shows the similar type of concentration values. The higher concentration of zinc and copper is observed in the liver tissue of *Sphyraena qenie* species and it is an essential element for normal growth and their enzymatic reactions. Further, the target organs like liver, kidney gills and gonads usually accumulate more metals when compared to the body tissues. Cu and Zn in the liver indicates these elements have a role in cellular metabolism, whereas Zn is required for bile secretion, so their concentration is higher in the liver tissue. In order to avoid the instrumental error, a quality control samples were run at a frequency of every five samples.

Editorial Comments

1. Please note that your paper is not currently in the correct format for a Baseline submission.

Ans: As per the Editor suggestion, we have changed the paper format according to a Baseline submission. All the subsections/sub-headings are removed and references were cited according to the journal guidelines. We have also included the highlights and graphical abstract to summarize the contents of the article. The changes included in the introductory part are indicated in the red colour.

We believe that query raised by the editor was addressed carefully and expecting a positive reply.

Thank you

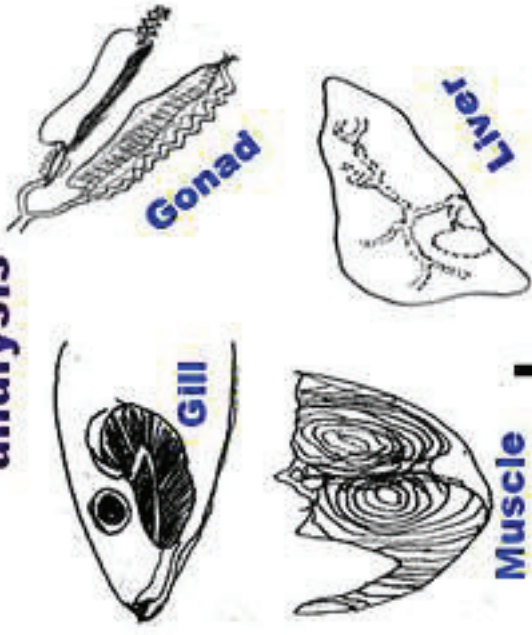
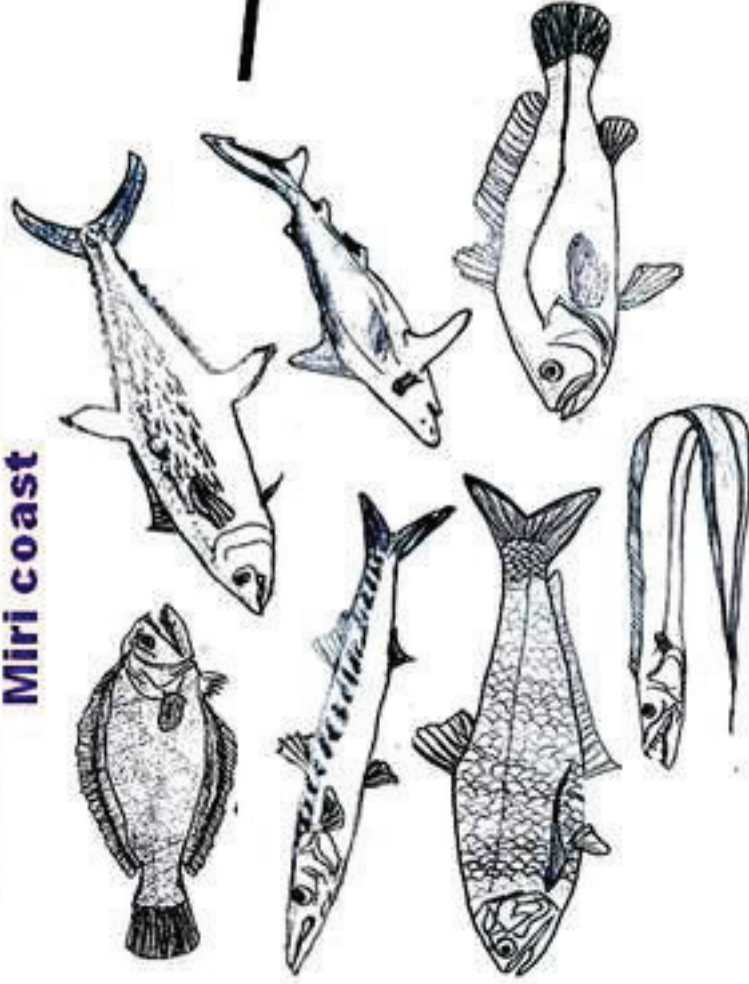
Yours Sincerely

Corresponding author

GRAPHICAL ABSTRACT

**Edible fish collected from
Miri coast**

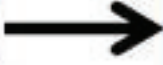
**Fish body parts taken for
analysis**



**Analysis of trace
elements**

**Mn, Co, Ni, Cu, Zn,
Rb, Cd, Pb**

**Increased metal level
found but not yet lethal
to human consumption**



Highlights

- Nine trace metals were analyzed in seven commercially important fish species.
- Liver accumulates higher concentration of metals compared to other organs.
- The body size of the fish species play a significant role in the bioaccumulation of elements.
- The trace metal concentration was higher in the demersal species compared to pelagic species.
- Based on risk assessment calculation, none of the elements will pose any adverse health effects to humans.

1 **Human health risk assessment and bioaccumulation of trace metals in fish**
2 **species collected from the Miri coast, Sarawak, Borneo**

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12 **Abstract**

13 The concentrations of nine trace metals (Cr, Mn, Co, Ni, Cu, Zn, Rb, Cd, and Pb) were measured
14 in different tissues of two pelagic and five demersal fish species collected from the Miri coast,
15 Sarawak. The sequence of accumulation of trace metals in different tissues were: liver > gill >
16 gonad > muscle. Zn (301.00 $\mu\text{g g}^{-1}$) and Cd (0.10 $\mu\text{g g}^{-1}$) was the maximum and minimum
17 accumulated elements. According to the Hazard Index calculation, none of the elements will
18 pose any adverse health effects to humans for both ingestion rates (normal and habitual fish
19 consumers) proposed by USEPA, except for Pb and Cd in certain fish species. On the basis of
20 the results, the level of elements in the edible muscle tissues of all the analyzed fish species from

21 the Miri coast are below the maximum permissible limits of Malaysian and International seafood
22 guideline values and safe for consumers.

23 **Key Words:** Trace metals, Bio-accumulation, Risk assessment, Hazard Index, Miri coast

24 In recent years, worldwide fish consumption has increased several folds due to their nutritional
25 and therapeutic benefits. Culture and capture fisheries support one of the major food sources for
26 the survival of the human population (Pauly et al. 2002). Aquatic organisms are affected by the
27 dissolved toxic metals (such as Pb, Cd, Cr and Hg) concentrated in sediments and water. The
28 toxic metals come from untreated wastewater, industrial, agricultural, municipal, domestic,
29 mining activities and enter into the coastal environment through rivers and small streams. Studies
30 on metal accumulation in aquatic organisms have been made due to outbreaks of mercury and
31 cadmium poisoning in humans during the late 1950's and early 1960's in Minamata Bay and
32 Jinzu River basin, Japan (Kurland et al. 1960). The release of methylmercury in particular, into
33 the bay water from industrial wastewater by a chemical company resulted in serious health
34 problems including loss of consciousness, neurotoxic effects and congenital abnormalities
35 (Grandjean et al. 2010). The consumption of prolonged contaminated fishes by the trace metals
36 results in several adverse effects such as liver damage, food poisoning, cardiovascular diseases
37 and even death (Hosseini et al. 2015).

38 Fishes are the bioindicator organism used to monitor the quality of aquatic ecosystems because it
39 is easily available in large quantities and has the potential to accumulate metals (Prabhakaran et
40 al. 2017). **Fishes are consumed worldwide by humans due to their superior nutritional content of**
41 **protein, vitamins, essential minerals and omega 3 fatty acids.** As fishes are considered as
42 important source of human diet and occupies the highest level in the aquatic food-chain,

43 numerous studies have been carried out globally (Babji et al. 1979; Pourang et al. 2005;
44 Rejomon et al. 2010; Biswas et al. 2012; Saha et al. 2016; Arulkumar et al. 2017). According to
45 the literature survey, the bioaccumulation of trace metals in the fishes and shellfishes are depend
46 upon the several factors such as age, sex, genetic tendency, feeding nature and swimming
47 behavior of different species and the geological process of the study area (El-Moselhy et al.
48 2014; Jonathan et al. 2015).

49 Fish accumulates trace elements through direct absorption from water in minor amounts and
50 greater amounts through trophic transfer from prey (Handy 1996), whereas humans can be
51 exposed via food-chain and results in the cause of acute and chronic effects (Rejomon et al.
52 2010). Elements such as Cu, Fe, Co and Zn are essential for fish growth and metabolic activities
53 (WHO 1989), however, metals such as Cd, As, Hg and Pb are non-essential and toxic even at
54 low levels of concentration to humans and all biotic life (Rejomon et al. 2010; El-Moselhy et al.
55 2014). Due to long-term exposure in the aquatic environment, fish and sessile organisms (non-
56 movable) accumulates heavy metals in different parts of their body tissues and thus may be used
57 as a sensitive bioindicator to study pollution and the ecological status of a particular environment
58 (Krishnakumar et al. 1994).

59 Miri is the second largest city and it is located in the East Malaysia (Sarawak), in the Island of
60 Borneo. It is the gateway to northern Sarawak and also close to the neighboring country of
61 Brunei. Miri city was the first city in Malaysia to develop a petroleum industry and played a
62 significant role in Miri's initial economic development. During last three decades, industrial
63 development has increased four-fold and has contaminated the land and marine environment in
64 this region either directly or indirectly (Lau et al. 1996). Miri city is the hub of major industrial
65 activities on the banks of the two major rivers (Baram and Miri) which runs through the city and

66 directly empties into the South China Sea (Anandkumar et al. 2017). Development in the coastal
67 zone has been particularly rapid in the last several years due to the discovery of oil fields. The
68 city is dotted by numerous palm oil production industries, timber processing and automobile
69 workshops. There is also number of ship building industries in Miri, with many of them having
70 their base in Kuala Baram, Piasau or Krokop suburbs (Nagarajan et al. 2014). Miri city is rapidly
71 becoming one of Sarawak's most popular tourist destinations and is often marketed as "Resort
72 city" and is a popular destination for seafood restaurants. Previous studies, carried out by
73 Nagarajan et al. 2013; Billah et al. 2016, in this region have highlighted that the beaches in this
74 region are exposed to several types of pollution sources including both natural and anthropogenic
75 sources.

76 The geological basement of Miri is dominated by the Miri Formation which consists of deltaic
77 cycles of layered clay-sand sequence. Miri Formation is divided into Upper and Lower Formations,
78 which consists of marine sandstone and shale alternations. The formation in this part of the region
79 is predominantly of shale inter-bedded with sandstones of arenaceous clay and shale (King et al.
80 2010; Nagarajan et al. 2014). The alluvial coastal plain is observed along the shoreline of Miri coast
81 and the alluvium formation can be seen on the banks of the rivers (Anandkumar 2016).

82 In Miri, trace metal pollution studies in the water and sediments has received much attention
83 from the researchers (Nagarajan et al. 2013; Billah et al. 2016). However, to the best of our
84 knowledge, existing studies have not studied the bioaccumulation of metal concentration in the
85 commercially important fishes from the Miri coast. The present study aiming to evaluate the
86 concentration of trace metals in different organs of the fishes and compared against the
87 recommended maximum permissible limit (MPL) to better understand the possible

88 ecotoxicological human health risk associated in consumption of these fishes from the Miri
89 coast.

90 In this study, seven commercially important fresh fish species were collected from the fish
91 landing center located on the Miri coast (Latitude 4°29'38.72"N and Longitude 113°59'46.19"E)
92 Sarawak, East Malaysia (**Fig. 1.**). The collected fish species were *Carcharhinus leucas*,
93 *Scomberomorus lineolatus*, *Sphyraena qenie*, *Setipinna tenuifilis*, *Psettodes erumei* and
94 *Trichiurus lepturus*. The selection of fish species was based on the most commonly consumed
95 and economically important seafood of the local population. Fishes were classified as either
96 pelagic or demersal. Demersal species feed mostly on the sea floor, whereas pelagic species
97 mainly feed in the water column. Among the collected fish species, *Scomberomorus lineolatus*
98 and *Setipinna tenuifilis* belong to the pelagic habitat and the rest of the fish species
99 (*Carcharhinus leucas*, *Sphyraena qenie*, *Psettodes erumei*, *Trichiurus lepturus* and *Otolithes*
100 *ruber*) are demersal habitat occupants. From each species, a minimum of 10 specimens were
101 collected from the fish landing center. Collected fish samples were packed in polyethylene bags,
102 labeled, place in an ice box and transferred to the laboratory for further analysis.

103 After reaching the laboratory, the collected fish species were identified using taxonomy texts and
104 the *fishbase.org* website. The average length, weight, scientific name, English/common name,
105 habitat, and the feeding habits of the collected fish species were recorded and reported in
106 **Table 1.** After recording the respective sizes, the fish samples were thawed to room temperature
107 then washed with double distilled water. The fish samples were dissected and separated the
108 muscle, gills, liver and gonad tissues. All these tissues were dried at 80°C until a constant weight
109 was obtained or to complete dryness. After drying, the tissue samples were reduced to a powder
110 using an agate mortar and then stored in plastic containers which were placed in the desiccator

111 prior to further analysis. Moisture content for all the analyzed tissue samples was calculated
112 using the difference between the initial weight and dry weight. The concentration of metals in the
113 fish samples are expressed as microgram per gram dry weight ($\mu\text{g/g}$).

114 The dried and powdered tissue of the fishes were thoroughly homogenized and then subjected to
115 digestion using concentrated nitric acid and hydrogen peroxide (1:1) according to FAO methods
116 (Daziell and Baker 1983). 1g of powdered fish samples were weighed in the digestion vessels,
117 then a mixture of 10ml of conc. HNO_3 (65%) and H_2O_2 (30%) was added to the digestion vessel
118 and kept overnight until various reactions occurred. Then, the digestion vessels were heated on a
119 hot plate to 130°C until the volume of the mixture reduced to 2-3 ml. After digestion, the
120 samples with clear solutions were allowed to cool, filtered and adjusted to 50 ml in the
121 volumetric flask with distilled water. Finally the digested samples were analyzed in the Flame
122 Atomic Absorption Spectrometer (Perkin Elmer AAnalyst 400 with WinLab 32 Software
123 Version 6.5). All the reagents used were analytical grade and glassware were soaked in 20%
124 nitric acid, left overnight and later rinsed with distilled water. The precision of the analytical
125 performance was validated by measuring the certified standard reference material (TORT-2,
126 National Research Council, Canada). The overall mean recovery rates for trace metals ranged
127 between 87% and 105%, and this was found to be satisfactory with the results of certified values
128 (Anandkumar et al. 2017).

129 A human health risk assessment was conducted according to the United States Environmental
130 Protection Agency (USEPA 2000) methods. The level of exposure resulting from oral human
131 consumption of particular trace metals in the fish edible tissues is expressed by calculating the
132 average daily dose (ADD; average daily intake of a specific chemical over a lifetime) has been
133 calculated using the following equation

$$ADD (mg/kg/day) = \frac{C_m * IR * EF * ED}{BW * AT}$$

134

135 Where, C_m is the mean concentration of element/metal in fish muscle (mg/kg dry wt.), IR is the
136 rate of ingestion (0.0312 kg/day for normal and 0.1424 kg/day for habitual fish consumers), EF
137 is the exposure frequency (365 days/year), ED is the exposure duration over a lifetime (assumed
138 as 70 years), BW is the body weight (assumed as 70 kg for normal adults), and AT is the average
139 lifetime (70 years \times 365 days/year). Risk assessment was assessed by calculating the hazard
140 index (HI), which is a non-cancer index of adverse health effects from intake of specific trace
141 metal contaminant in food. HI is expressed as the ratio of the ADD to the oral reference dose
142 (RfD) of the trace metal according to the following equation (USEPA 2000).

$$Hazard\ Index = \frac{ADD}{Oral\ RfD}$$

143

144 Where oral RfD is the oral reference dose of trace metals (mg/kg/days) based on the safe upper
145 level of elements oral intake for an adult human with an average body weight of 70 Kg. The oral
146 RfD for Cu, Pb, Zn, Mn, Cd, Ni and Cr is 0.04, 0.00357, 0.3, 0.14, 0.001, 0.02 and 1.5
147 mg/kg/day, respectively (USEPA 2015), while for Co is 0.03 mg/kg/day (Finley et al. 2012). HI
148 values $<$ 1.0 indicate adverse health effects are not likely to occur. However, if the ADD of
149 certain trace metal exceeds its oral RfD and thus the HI $>$ 1.0, it may be presumed adverse health
150 effects are expected to occur.

151 In this study, the most commonly consumed and commercially important fish samples were
152 obtained from the fish landing center located at the **Satu Batu area near Kampong Kualabaram,**
153 **Miri coast** and then analyzed for the accumulation of trace elements in their different organ

154 tissues. Seven species of fish (*Carcharhinus leucas*, *Scomberomorus lineolatus*, *Sphyraena*
155 *qenie*, *Setipinna tenuifilis*, *Psettodes erumei*, *Trichiurus lepturus* and *Otolithes ruber*) were
156 obtained and used to determine the trace metals (Cr, Mn, Co, Ni, Cu, Zn, Rb, Cd, and Pb)
157 concentrations in their body organs. Cu, Pb, Cd, Mn and Zn were analyzed in four different
158 organs (namely muscle, gill, liver and gonad) of the fish except in the case of only (the gills of
159 *Otolithes ruber*, the gonads of *Trichiurus lepturus* and the liver of *Trichiurus lepturus*, *Otolithes*
160 *ruber* and *Setipinna tenuifilis*). Co, Ni, Rb and Cr were analyzed in three species (*Carcharhinus*
161 *leucas*, *Scomberomorus lineolatus* and *Sphyraena qenie*) of fish organs. The concentration of
162 trace/heavy metals in the studied fish species and their organs are reported in **Table 2**.

163 Results showed that, the Cr concentrations in fish organs varied from 1.20 to 8.01 $\mu\text{g g}^{-1}$. Among
164 the species and the organ tissues, the highest Cr level was recorded in the gonad tissue of
165 *Carcharhinus leucas* (8.01 $\mu\text{g g}^{-1}$) and the lowest value was observed in the muscle tissues of
166 *Sphyraena qenie* (1.20 $\mu\text{g g}^{-1}$). The chromium accumulation in various organs of the fishes was
167 not similar with previous reports (**Table 3**). Chromium concentration in fish muscles was in the
168 order *Carcharhinus leucas* > *Scomberomorus lineolatus* > *Sphyraena qenie*. In these species, Cr
169 concentration in the muscles varied from 1.20 to 4.60 $\mu\text{g g}^{-1}$ with an average of 3.45 $\mu\text{g g}^{-1}$.
170 These values were higher compared to those reported in similar studies from other locations. For
171 example: the Mediterranean Sea, (1.28 – 1.60 $\mu\text{g g}^{-1}$), Kalay et al. (1999); the Turkish Sea, (0.03
172 – 2.08 $\mu\text{g g}^{-1}$), Ateş et al. (2015); the Masan Bay, Korea (0.18 – 0.25 $\mu\text{g g}^{-1}$), Kwon and Lee
173 (2001) and Black sea (0.06 – 0.84 $\mu\text{g g}^{-1}$), Topcuoğlu et al. (2002). .

174 The Mn concentration in the analyzed fish organs varied between 0.40 (muscle of *Carcharhinus*
175 *leucas*) and 73.01 $\mu\text{g g}^{-1}$ (gills of *Setipinna tenuifilis*). In all the fish species, Mn concentration

176 was high in gills followed by gonads, liver and muscle (**Table 2**). The Mn concentration in the
177 analyzed fish muscles was in the order of *Psettodes erumei* > *Setipinna tenuifilis* > *Trichiurus*
178 *lepturus* > *Otolithes ruber* > *Sphyræna qenie* > *Scomberomorus lineolatus* > *Carcharhinus*
179 *leucas*. For these species, the average Mn in the muscles was 2.06 µg g⁻¹; which was lower
180 compared to the values reported from the Langkawi Islands, Malaysia (16.80 to 24.35 µg g⁻¹),
181 Irwandi and Farida (2009); East coast of India (2.90 µg g⁻¹), Kumar et al. (2012); Bay of Bengal,
182 Bangladesh (3.63 to 17.80 µg g⁻¹), Saha et al. (2016), but higher than values reported from the
183 Black Sea (0.56 – 0.69 µg g⁻¹), Topcuoğlu et al. (2002).

184 The Co concentration in the analyzed fish organs varied between 0.04 to a maximum of 9.20 µg
185 g⁻¹. Among the species and the organs analyzed, the maximum concentration was recorded in the
186 gonads of *Carcharhinus leucas* as 9.20 µg g⁻¹ and the lowest concentration was detected in the
187 muscle of *Sphyræna qenie* as 0.1 µg g⁻¹. In the analyzed fish species, a higher Co accumulation
188 was noticed in the gills followed by the gonads, liver and muscle **Table 2**. The Co concentration
189 in the analyzed fish muscle was found in the order of *Carcharhinus leucas* > *Scomberomorus*
190 *lineolatus* > *Sphyræna qenie*. The concentration of Co in fish muscles varied between below 0.1
191 and 6.50 µg g⁻¹ with an average of 2.33 µg g⁻¹. The observed values of Co in fish tissues were
192 higher than the values reported from Masan Bay, Korea (0.02µg g⁻¹), Kwon and Lee (2001);
193 Gulf of Cambay, India (0.24 µg g⁻¹), Reddy et al. (2007); Black Sea coast (0.05 – 0.40 µg g⁻¹),
194 Topcuoğlu et al. (2002); Iran (0.61 to 0.91 µg g⁻¹), Hosseini et al. (2015) but lower than the
195 values reported from the southwest coast of India (3.64 – 11.80 µg g⁻¹), Rejomon et al. (2010).

196 The Ni concentration in the fish organs varied between 0.85 and 13.6 µg g⁻¹, with an average of
197 3.24 µg g⁻¹. Among the species and the organ tissues measured, the maximum and minimum Ni

198 content was observed in the gills of *Carcharhinus leucas* and the muscles of *Sphyrna qenie* as
199 $13.6 \mu\text{g g}^{-1}$ and $0.85 \mu\text{g g}^{-1}$ respectively. The concentration of Ni in fish muscles varied between
200 0.85 and $4.10 \mu\text{g g}^{-1}$ with an average value of $2.06 \mu\text{g g}^{-1}$. The Ni concentration was more
201 abundant in the gills followed by the gonads, liver and muscle (**Table 2**). In the fish muscles the
202 order of concentration was (highest to lowest) *Carcharhinus leucas* > *Scomberomorus lineolatus*
203 > *Sphyrna qenie*. The observed values of Ni ($0.85 - 4.10 \mu\text{g g}^{-1}$) in fish muscles was higher
204 than those observed from Masan Bay, Korea ($0.02 \mu\text{g g}^{-1}$), Kwon and Lee (2001) but lower than
205 the values reported for Ni from the Mediterranean Sea ($4.25 - 6.07 \mu\text{g g}^{-1}$), Kalay et al. (1999);
206 southwest coast of India ($6.06 - 13.92 \mu\text{g g}^{-1}$), Rejomon et al. (2010) and Iran ($49.40 - 54.10 \mu\text{g}$
207 g^{-1}), Hosseini et al. (2015).

208 The Cu concentration in fish muscles varied between 8.50 and $13.30 \mu\text{g g}^{-1}$. Among the species
209 and the organ tissues, the liver of *Sphyrna qenie* had the highest concentration ($65.50 \mu\text{g g}^{-1}$)
210 and the lowest concentration was observed in the muscle of *Scomberomorus lineolatus* ($8.50 \mu\text{g}$
211 g^{-1}). In the fish species; (*Carcharhinus leucas*, *Sphyrna qenie* and *Psettodes erumei*) the
212 accumulation of Cu showed the same sequence as liver > gonads > gills > muscles. The sequence
213 of Cu concentration in all organs of the fish species is listed in **Table 2**. The Cu concentration in
214 the fish muscles was in the order (highest to lowest) *Carcharhinus leucas* > *Otolithes ruber* >
215 *Setipinna tenuifilis* > *Trichiurus lepturus* > *Psettodes erumei* > *Sphyrna qenie* >
216 *Scomberomorus lineolatus*. The Cu concentration in the fish muscles was higher than the values
217 reported for the marine fish from, the Mediterranean Sea ($3.40 - 5.88 \mu\text{g g}^{-1}$), Kalay et al. (1999);
218 the Turkish Sea, ($0.16 - 10.70 \mu\text{g g}^{-1}$), Ateş et al. (2015); Palk bay, India (0.90 to $8.68 \mu\text{g g}^{-1}$),
219 Arulkumar et al. (2017) but lower than the values reported from Poompohar, SE coast of India

220 (20.48 $\mu\text{g g}^{-1}$), Prasath and Khan (2008); Langkawi Island, Malaysia (11.48 to 13.95 $\mu\text{g g}^{-1}$),
221 Irwandi and Farida (2009).

222 The Zinc concentration was the highest compared to all elements analysed in the different
223 species of fishes. Its concentration in the different species of fish organs showed wide
224 fluctuations, ranging from 16.90 to 301.00 $\mu\text{g g}^{-1}$. Among the species and the organs, the
225 *Sphyrna qenie* liver had the highest concentration of Zn, and the lowest value was observed in
226 the muscle of *Otolithes ruber*. The accumulation sequence of Zn in all the organs of the fish
227 species is shown in **Table 2** with a sequence of liver > gill > gonad > muscles, the same pattern
228 in as *Scomberomorus lineolatus* and *Psettodes erumei*. The liver and gonads are the main target
229 organs which accumulate higher Zn concentration compared to gills and muscle. The Zn
230 concentration in the analyzed fish muscles was recorded in the order of (highest to lowest)
231 *Carcharhinus leucas* > *Sphyrna qenie* > *Setipinna tenuifilis* > *Trichiurus lepturus* >
232 *Scomberomorus lineolatus* > *Psettodes erumei* > *Otolithes ruber*. The mean Zn concentration in
233 the muscle tissues of fish species was 32.92 $\mu\text{g g}^{-1}$, which was similar to the average values
234 reported from the Gulf of Cambay, India (38.54 $\mu\text{g g}^{-1}$), Reddy et al. (2007) but higher than the
235 values reported from Peninsular Malaysia (2.30 – 6.50 $\mu\text{g g}^{-1}$), Babji et al. (1979). However, the
236 observed average Zn in the fish muscles along the Miri coast was lower than the values reported
237 for Zn in the marine fishes from Langkawi Island, Malaysia (49.39 $\mu\text{g g}^{-1}$), Irwandi and Farida
238 (2009); Poompuhar coast, India (156.78 $\mu\text{g g}^{-1}$), Prasath and Khan (2008); Bay of Bengal,
239 Bangladesh (13.22 to 74.36 $\mu\text{g g}^{-1}$), Saha et al. (2016) and Palk Bay, India (18.80 to 55.14 $\mu\text{g g}^{-1}$)
240 Arulkumar et al. (2017).

241 The Rb concentration in the analyzed fish organs varied between 0.65 and 9.50 $\mu\text{g g}^{-1}$. Among
242 the species and the organs, the maximum concentration was recorded in the muscle of
243 *Carcharhinus leucas* (9.50 $\mu\text{g g}^{-1}$), and the lowest value was in the gills of *Scomberomorus*
244 *lineolatus* (0.65 $\mu\text{g g}^{-1}$). The Rb accumulation was high in muscle, followed by the gonad, liver
245 and gill **Table 2**. The Rb concentration in the muscle was in the order (highest - lowest);
246 *Carcharhinus leucas* > *Sphyaena qenie* > *Scomberomorus lineolatus*. In *Scomberomorus*
247 *lineolatus* and *Sphyaena qenie* the accumulation pattern is in the same order as muscle > gonad
248 > liver > gill. The concentration of Rb in fish muscle varied between 0.65 and 9.50 $\mu\text{g g}^{-1}$ with an
249 average value of 5.28 $\mu\text{g g}^{-1}$. These values were higher than the values reported for the muscles
250 of five sturgeon species from the Caspian Sea (2.21 to 3.12 $\mu\text{g g}^{-1}$), Pourang et al. (2005); and
251 the Jamaican coast (0.61 to 1.03 $\mu\text{g g}^{-1}$), Hoo Fung et al. (2013) but lower than the values
252 reported from the Bay of Bengal, Bangladesh (3.28 to 27.85 $\mu\text{g g}^{-1}$), Sharif et al. (1991).

253 The Cd concentration in the fish organs varied between 0.10 and 4.50 $\mu\text{g g}^{-1}$ with an average of
254 1.17 $\mu\text{g g}^{-1}$. Among the species and the organs studied, the liver of *Sphyaena qenie* showed the
255 highest concentration (at 4.50 $\mu\text{g g}^{-1}$) with the lowest concentration detected in the muscle of
256 *Sphyaena qenie* (at 0.10 $\mu\text{g g}^{-1}$). The Cd accumulation sequence was same for *Scomberomorus*
257 *lineolatus* and *Sphyaena qenie* with liver > gonad > gill > muscles. This differed for
258 *Carcharhinus leucas*, which showed a sequence as; gonad > liver > gill > muscle **Table 2**. The
259 Cd concentration in the fish muscles was in the following decreasing order of; *Psettodes erumei*
260 > *Carcharhinus leucas* > *Trichiurus lepturus* > *Setipinna tenuifilis* > *Sphyaena qenie* >
261 *Otolithes ruber* > *Scomberomorus lineolatus*. The mean Cd content for the muscles is 0.45 $\mu\text{g g}^{-1}$,
262 which was similar to the values reported from the NE coast of India (0.41 $\mu\text{g g}^{-1}$), Kumar et al.

263 (2012) but lower than the value reported from the coastal fish of Langkawi Island, Malaysia
264 (0.20 to 0.90 $\mu\text{g g}^{-1}$), Irwandi and Farida (2009) and the NE Mediterranean Sea (1.07 to 1.43 μg
265 g^{-1}), Kalay et al. (1999). However, the average values of Cd in this study exceeded the values
266 reported for fish from Peninsular Malaysia (0.03 – 0.05 $\mu\text{g g}^{-1}$), Babji et al. (1979); Bay of
267 Bengal, Bangladesh (0.02 to 0.47 $\mu\text{g g}^{-1}$) Saha et al. (2016) and Palk bay, India (0.02 to 0.28 μg
268 g^{-1}), Arulkumar et al. (2017).

269 The Pb concentration in the fish organs varied between 0.57 and 20 $\mu\text{g g}^{-1}$ with an average value
270 of 3.89 $\mu\text{g g}^{-1}$. Among the species and the organs, the highest and lowest concentration of Pb was
271 detected in the liver of *Carcharhinus leucas* (20.00 $\mu\text{g g}^{-1}$), and the gonads of *Psettodes erumei*
272 (0.57 $\mu\text{g g}^{-1}$) respectively. In most of the fish species, the Pb accumulation (**Table 2**) was high in
273 the gills followed by liver, gonad and muscle with the exception of *Carcharhinus leucas* and
274 *Sphyræna qenie*, which showed the highest concentration in the liver. In the case of *Otolithes*
275 *ruber*, the highest accumulation was in the gonads, followed by muscle. The Pb concentration in
276 the fish muscle was in the following decreasing order; *Setipinna tenuifilis* > *Carcharhinus leucas*
277 > *Sphyræna qenie* > *Psettodes erumei* > *Scomberomorus lineolatus* > *Otolithes ruber* >
278 *Trichiurus lepturus*. The concentration of Pb in fish muscle varied between 0.60 and 2.60 $\mu\text{g g}^{-1}$
279 with an average of 1.81 $\mu\text{g g}^{-1}$. These values were higher than those observed for the coastal fish
280 from Peninsular Malaysia (0.21 - 0.32 $\mu\text{g g}^{-1}$), Babji et al. (1979); Langkawi Islands, Malaysia
281 (0.80 to 1.00 $\mu\text{g g}^{-1}$), Irwandi and Farida (2009) and Palk Bay, India (0.1 to 0.12 $\mu\text{g g}^{-1}$),
282 Arulkumar et al. (2017) but lower than those values for the coastal fish from the Red Sea (4.80
283 $\mu\text{g g}^{-1}$), Ismail and Abu-Hilal (2008) and Bay of Bengal, Bangladesh (0.80 to 6.23 $\mu\text{g g}^{-1}$), Saha

284 et al. (2016). The values obtained in this study were comparable with those found on the edible
285 fishes from the coastal region of Kalpakkam, India (0.40 – 2.29 $\mu\text{g g}^{-1}$), Biswas et al. (2012).

286 In the present study, the accumulation of trace metals in the tissue organs of demersal fish
287 (*Carcharhinus leucas*, *Sphyræna qenie*, *Psettodes erumei*, *Trichiurus lepturus* and *Otolithes*
288 *ruber*) was higher than pelagic fishes (*Scomberomorus lineolatus* and *Setipinna tenuifilis*). This
289 is due to the direct contact with element enriched seafloor sediments, feeding mechanisms and
290 the greater uptake of trace metal from zoobenthic predators and metal interaction with benthic
291 organisms. Metal absorption in aquatic organisms was facilitated by two routes: the digestive
292 tract (dietary exposure via the food-chain) and through the gill surface by waterborne exposure
293 (Ptashynski et al. 2002). The concentrations of trace metals in the fish species studied were in the
294 ranges of Cu, 8.50 to 65.50 $\mu\text{g g}^{-1}$; Pb, 0.57 to 20.00 $\mu\text{g g}^{-1}$; Cd, 0.10 to 4.50 $\mu\text{g g}^{-1}$; Mn, 0.40 to
295 32.75 $\mu\text{g g}^{-1}$; Co, 0.10 to 9.20 $\mu\text{g g}^{-1}$; Ni, 0.85 to 13.60 $\mu\text{g g}^{-1}$; Rb, 0.65 to 9.50 $\mu\text{g g}^{-1}$; Zn, 16.90
296 to 301.00 $\mu\text{g g}^{-1}$; and Cr, 1.20 to 7.30 $\mu\text{g g}^{-1}$. The order of trace metal accumulation in the
297 different organs of fish species is shown in **Table 4**.

298 The minimum values were observed in the muscles for Cu, Pb, Cd, Mn, Co, Ni, Zn and Cr with
299 the exception of Rb, which was observed in the gills whilst the maximum values were recorded
300 in the livers for Cu, Cd and Zn, and in the gills for Mn, Cr, Co, Ni and Pb. Zinc and Cu are
301 essential elements for normal metabolic activities, so their accumulation was found to be higher
302 in all the organs of the analyzed fish species. *Carcharhinus leucas* alone showed the maximum
303 concentration of Co in the gonads and Pb in the liver, which was consistent with findings from
304 the Red Sea, Egypt (El-Moselhy et al. 2014).

305 From the results, it was clearly observed that most of the analyzed elements accumulated in the
306 liver followed by the gills, gonads and muscle. The essential elements Zn and Cu were higher in
307 all the analyzed organs of fish in this study. The metal absorption rate varied between the body
308 parts of the fish (muscles, liver, gills and gonads) and is dependent on bioaccumulation,
309 physiology and the feeding habits of the fish (Canli and Atli 2003). Elements choose their body
310 part (organs) depending on their metabolic activity. Among the different organs of fish, the liver
311 acts as a primary organ for metal storage (Roesijadi 1996; Amiard et al. 2006). The liver plays an
312 important role in the metabolic processes of trace metals in fish and is related to the natural
313 binding of metallothioneins (MT) proteins (Görür et al. 2012). In this case, the liver accumulates
314 more metals than the muscle since it has higher metabolic activity, and it also has a specific
315 function of accumulating and transporting metals in the body. The liver also plays an important
316 role in detoxification (Staniskiene et al. 2006).

317 Zinc and Cu are essential for the normal growth of aquatic organisms and their enzymatic
318 reactions (Handy 1996). A higher accumulation of Cu and Zn in the liver indicates these
319 elements have a role in cellular metabolism, whereas Zn is required for bile secretion (Roesijadi
320 1996). The Cu and Zn in the liver are necessary in order to fulfill enzymatic and other metabolic
321 demands in organisms together with MT protein (Amiard et al. 2006). The higher concentration
322 of non-essential elements such as Cd was present in the liver tissues of *Scomberomorus*
323 *lineolatus*, *Sphyraena qenie* and *Psettodes erumei* as well as Pb in the liver tissues of
324 *Carcharhinus leucas*. The presence of MT proteins in the hepatic tissue has a greater tendency to
325 bind with Cu, Zn and Cd. Most of the studies (Irwandi and Farida 2009; El-Moselhy et al. 2014;
326 Ahmed et al. 2016) reported the accumulation of essential and non-essential metals have
327 occurred more often in the liver followed by the gills, gonads and muscle.

328 The concentration of metals in the surrounding water is reflected by the gills because the gills
329 have direct contact with the water and suspended materials therein during the respiration process
330 (Yilmaz, 2003). Due to the process of osmoregulation and gas exchange, the gills act as a barrier
331 to the metal ion exchange from water (Ahmed et al. 2016). Therefore, it is clear that metals
332 stored in the gill tissues are gathered mainly from the surrounding water of a particular
333 environment. In addition, the size of the gills in different fish species also controls the level of
334 metal accumulation and levels of metal are higher in larger gilled organisms.

335 Higher concentrations of Pb and Mn accumulate in the gills, as compared to the other organs.
336 Apart from *Carcharhinus leucas*, the other fish species *Scomberomorus lineolatus*, *Sphyrnaena*
337 *genie*, *Setipinna tenuifilis*, *Psettodes erumei* and *Trichiurus lepturus* had the highest
338 concentration of Pb and Mn in their gills. Similar results of higher accumulation of Pb and Mn in
339 the gill tissues were recorded by several authors (Ismail and Abu-Hilal 2008; El-Moselhy et al.
340 2014). An increase in the Pb and Mn concentration in the water column was due to the diffusion
341 of dissolved/particulate forms of Mn and Pb from several sources such as atmospheric
342 deposition, river runoff and small stream discharges from industrial and plantation sites which
343 then mixes directly with the water and settles to the sea bottom mixing with the original
344 sediments because of oxidative precipitation, where it again re-dissolves due to the reducing
345 condition in the sediments and the high water energy flow from the freshwater contribution
346 (Nagarajan et al. 2013; Anandkumar 2016; Anandkumar et al. 2017). So this is the reason for the
347 enrichment of Mn and Pb along the coast of the study area. A large amount of oxide surfaces for
348 metals in the water column are produced due to the rapid cycling of Mn between the oxidative
349 precipitation and reductive dissolution cycles. These oxide surfaces have a high scavenging
350 affinity for manganese oxide surfaces such as Pb.

351 It is essential to know the fish consumption information for assessing the human health effects
352 along with the chemically contaminated fish. The Hazard Index (HI) is a combined risk
353 calculation package that groups both the metal level in fish edible muscles and the consumption
354 rate of these muscles by a human to achieve a hazard classification. The ingestion rates of mean
355 normal and habitual consumers used in this study have been proposed by the USEPA (2015) for
356 the general human population. Results of HI values calculated for the various metals in muscle
357 tissues of fish species in this study is presented in **Table 5** and **Table 6**. The calculated HI values
358 for all fish muscles are <1 for all the studied trace metals, indicating humans would not
359 experience any significant health risk at both ingestion rates by consumers except for Pb in
360 *Carcharhinus leucas*, *Sphyrna qenie* and *Setipinna tenuifilis* and for Cd in *Carcharhinus*
361 *leucas*, *Psettodes erumei* and *Trichiurus lepturus* for habitual fish consumers. Among the trace
362 metals examined in this study, Pb and Cd in certain fish species (Table 6) showed the highest
363 value of HI ($1>$) which may cause chronic effects in humans when these fish are consumed at a
364 greater quantity.

365 Among the analyzed metals, Pb and Cd are classified as non-essential toxic metals, which cause
366 health hazards. Various agencies such as the FAO (1983); the WHO (1989); the EC (2014) and
367 FSSAI (2015) prescribed maximum residual limits for human consumption. The food standards
368 for fish set by the FAO (1983) and the WHO (1989) are in wet weight based-concentrations
369 (**Table 7**). For comparing with food standards, the metal concentrations in the tissues of aquatic
370 organisms in this study (**Table 2**), needed to be converted into wet weight by dividing them by
371 factors ranging from 4 to 6 (Rejomon et al. 2010; Anandkumar et al. 2017). In this study, overall
372 a factor 4.54 (i.e. 78% moisture) was adopted. By using this factor, the derived wet weight based
373 concentrations of Cu, Cd, Pb, Ni, Cr, Mn and Cr in the muscles of analyzed fish species from the

374 Miri coast fell below the maximum permissible limits (MPLs) of the WHO (1989), the FAO
375 (1983), EC (2014) and FSSAI (2015). Unfortunately, the safe level for Co in fish is not defined
376 (Saha et al. 2016). From these results, the examined fish species were not associated with
377 chemical hazards in their muscles and are safe for human consumption.

378 Analyzing the bioaccumulation of trace metals in the aquatic organism is important because most
379 of the world's population depend upon seafood as a nutritional source. Fish contain poly-
380 unsaturated fatty acids, vitamins and nutrients which are biologically important for human health
381 and help in reducing cardiovascular diseases (Pourang et al. 2005). Most research has been
382 focused on edible muscle tissue. It is well known, muscle tissues are an active site for the
383 binding of trace metal accumulation and transformation (Jonathan et al. 2015). In a contaminated
384 aquatic ecosystem, the concentration of metals in fish tissue organs may exceed the maximum
385 permissible limits for human consumption and may cause severe health effects.

386 To evaluate the public health risk of seafood consumed from the Miri coast, the results of metal
387 concentration in the muscle tissue were compared with the maximum permissible limits (MPL)
388 established by national and international organizations (**Table 7**); as well as the reported values
389 in similar commercially important fish species (**Table 3**). The present study results were
390 comparable with the reported values from other parts of the world. There were some exceptions
391 with some of the studies reporting lower or higher values than the present study for the same
392 species.

393 The results reported in the literature from national and international coastal waters were
394 compared with the present study and the results were relatively close to or somewhat higher than
395 the obtained data for similar species of fish. A detailed discussion of each metal compared with

396 other researchers was explained earlier. The essential elements (Cu and Zn) and the toxic non-
397 essential metals (Cd, Pb and Cr) were below the maximum permissible limit of the WHO (1989),
398 the FAO (1983) and the MFR (1985) in the muscles but slightly exceeded in other organs (liver
399 and gills). Thus, the variations in elemental concentration in different tissue organs depend upon
400 the geographical location and might be due to the differences in ecological and geological
401 processes taking place in that particular study area. So, it is safe to consume the edible muscles
402 of the fish species collected from the Miri coast and do not pose any serious threats to
403 consumers.

404 The trace metal concentration was higher in the demersal species compared to pelagic because of
405 their bottom-dwelling habits. On the basis of the results obtained it can be concluded the greatest
406 concentration of metals was observed in the liver followed by the gills, gonads and muscles. The
407 difference in the concentrations of metals in various tissues was due to the presence of metal-
408 binding proteins such as metallothioneins. The body size (length and weight) of the fish species
409 play a significant role in the bioaccumulation of elements in their muscles and other organs. The
410 accumulation of metals varied between the species and their organs due to other factors such as
411 the age, size, habitat, feeding nature, swimming behavior and the geographical nature of the
412 study area. Based on the human health risk assessment index, none of the elements will pose any
413 adverse health effects to humans for both ingestion rates proposed by USEPA, except for Pb and
414 Cd in certain fish species for habitual consumers. But, according to national and international
415 seafood guidelines, the level of metals (Cu, Cd, Pb, Zn, Mn, Co, Ni, Cr and Rb) in the muscles of
416 all the analyzed species of fish were below the MPLs of the WHO (1989), MFR (1985) and FAO
417 (1983) on wet weight basis with few exceptions. From the wet weight, the examined fish species

418 are not associated with vulnerable metal content in their muscle and safe for human
419 consumption.

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Table 1 Morphometric measures of the fish species collected from the Miri coast

Fish Species	English/ common name	Length (cm)	Weight (g)	Habitat	Feeding nature	Climate
<i>Carcharhinus leucas</i>	Bull Sharks	56.4	930.2	Semi-pelagic	Carnivorous (feeds on bony fishes, crabs, shrimps, sea snails, rays etc.)	Tropical & Sub- tropical
<i>Scomberomorus lineolatus</i>	Spanish Mackerel	27.2	166.8	Pelagic-neritic	Carnivorous (feeds on fishes)	
<i>Sphyrnaea qenie</i>	Barracuda	29.5	280.5	Pelagic- Demersal - Reef -associated	Carnivorous (feeds on snappers, groupers, small tunas and anchovies)	
<i>Setipinna tenuifilis</i>	Common hairfin anchovy	14.6	23.6	Pelagic-neritic	Carnivorous (feeds on prawn, copepods, crustacean larvae, mollusks and fishes)	
<i>Psettodes erumei</i>	Indian Halibut	22.9	146.9	Pelagic- Demersal	Carnivorous (feeds on small fish and benthic invertebrates)	
<i>Trichiurus lepturus</i>	Large head hairtail/ Ribbon fish	36.8	79.1	Benthopelagic	Carnivorous (feed mainly on fishes and occasionally on squids and crustaceans)	
<i>Otolithes ruber</i>	Tiger tooth croaker	18.6	75.9	Benthopelagic	Carnivorous (feeds on fishes, prawns and other invertebrates)	

Table 2 Concentration of trace elements ($\mu\text{g g}^{-1}$ dry weight) in various organs of the fish species collected from the Miri coast.

Biota	Organs	Cr	Mn	Co	Ni	Cu	Zn	Rb	Cd	Pb
<i>Carcharhinus leucas</i>	Muscle	4.6	0.4	6.5	4.1	13.3	71.0	9.5	0.6	2.4
	Gill	7.3	9.1	8.1	13.6	16.4	153.0	6.7	0.6	4.2
	Liver	4.4	5.9	6.2	2.3	27.5	84.0	1.8	0.5	20.0
	Gonad	8.0	7.5	9.2	4.3	23.1	200	7.0	2.7	3.1
<i>Scomberomorus lineolatus</i>	Muscle	4.5	0.7	0.8	1.2	8.5	20.2	2.9	0.2	1.7
	Gill	6.6	20	2.2	2.2	17.0	86.5	0.6	0.6	5.7
	Liver	4.5	4.5	0.9	1.0	16.4	102	2.0	3.4	1.3
	Gonad	2.4	6.6	0.7	1.3	16.9	27.3	2.5	2.4	1.8
<i>Sphyræna genie</i>	Muscle	1.2	1.0	0.1	0.8	8.7	43.0	3.4	0.3	1.9
	Gill	5.8	15.4	2.9	4.5	12.9	137.5	1.7	0.1	9.8
	Liver	1.9	7.0	0.04	1.3	65.5	301.0	1.9	4.5	1.0
	Gonad	2.45	5.3	0.2	2.2	15.9	160.0	2.4	1.4	2.2
<i>Setipinna tenuifilis</i>	Muscle	NA	3.6	NA	NA	9.9	36.6	NA	0.4	2.6
	Gill	NA	73.0	NA	NA	8.8	73.0	NA	0.8	6.7
	Liver	NA	NA	NA	NA	NA	NA	NA	NA	NA
	Gonad	NA	4.7	NA	NA	13.3	79.2	NA	0.6	1.2
<i>Psettodes erumei</i>	Muscle	NA	3.8	NA	NA	9.0	17.3	NA	0.7	1.7
	Gill	NA	32.7	NA	NA	14.3	126.4	NA	0.9	11.9
	Liver	NA	6.3	NA	NA	36.9	160.8	NA	2.8	0.8
	Gonad	NA	4.15	NA	NA	14.83	77.4	NA	0.51	0.5
<i>Trichiurus lepturus</i>	Muscle	NA	3.4	NA	NA	9.0	25.3	NA	0.6	0.6
	Gill	NA	10.9	NA	NA	13.0	29.4	NA	0.35	2.05
	Liver	NA	NA	NA	NA	NA	NA	NA	NA	NA
	Gonad	NA	NA	NA	NA	NA	NA	NA	NA	NA
<i>Otolithes ruber</i>	Muscle	NA	1.55	NA	NA	12.4	16.9	NA	0.3	1.6
	Gill	NA	NA	NA	NA	NA	NA	NA	NA	NA
	Liver	NA	NA	NA	NA	NA	NA	NA	NA	NA
	Gonad	NA	5.75	NA	NA	22.75	79.2	NA	0.7	4.25

NA-Not Analyzed

Table 3 Comparison of trace metals concentration in muscle tissues ($\mu\text{g g}^{-1}$ dry weight) of commercially important fishes with values taken from open literature

Study Area	Trace Metals											References	
	Mn	Cu	Cr	Pb	Cd	Zn	Co	Ni	Rb				
Peninsular Malaysia	-	-	-	0.21-0.32	0.03-0.05	2.3-6.5	-	-	-	-	-	-	Balaji et al. (1979)
Bay of Bengal	5.00-11.14	3.33-4.68	-	1.67-2.58	0.01-0.16	18.86-33.89	-	6.43-7.57	3.28-27.85	-	-	-	Sharif et al. (1991)
Mediterranean Sea	-	3.40-5.88	1.28-1.60	7.33-9.11	1.07-1.43	16.1-31.4	-	4.25-6.07	-	-	-	-	Kalay et al. (1999)
Masan Bay, Korea	-	0.18-0.84	0.02-0.9	0.04-0.15	0.00-0.03	6.33-12.86	-	0.00-0.03	-	-	-	-	Kwon and Lee (1999)
Black Sea	0.69-3.56	1.01-4.54	<0.06-0.84	<0.05-0.60	<0.02-0.24	25.7-44.2	<0.05-0.40	<0.01-2.04	-	-	-	-	Topcuoğlu et al. (2002)
Caspian Sea,	0.32-0.56	1.22-1.91	0.31-0.40	0.004-0.037	0.001-0.006	17.95-24.47	0.002-0.009	-	2.21-3.12	-	-	-	Pourang et al. (2005)
Langkawi, Malaysia	24.35	0.01	-	1.1	0.9	49.39	-	-	-	-	-	-	Irwandi and Farida (2009)
SW coast, India	-	2.06-3.62	-	0.23-0.56	1.25-6.38	24.4-84.30	3.64-11.8	6.06-13.92	-	-	-	-	George et al. (2010)
Santa Maria Bay, Mexico	0.105	0.059	0.175	0.086	0.021	1.161	0.057	0.197	-	-	-	-	Jonathan et al. 2015
Palk Bay, India	-	0.90-8.68	-	0.1-0.12	0.02-0.28	18.80-55.14	-	-	-	-	-	-	Arulkumar et al. (2017)
Turkish Sea	0.07-3.62	0.16-10.7	0.03-2.08	0.15-1.15	0.01-0.43	4.17-22.4	0.01-0.41	0.01-3.43	-	-	-	-	Ateş et al. (2015)
Bay of Bengal, Bangladesh	3.63-17.80	0.60-8.54	1.27-4.66	0.80-6.23	0.02-0.47	13.22-74.36	0.21-0.56	1.88-7.56	-	-	-	-	Shah et al. (2016)
<i>Carcharhinus leucas</i>	0.4	13.3	4.6	2.4	0.6	71	6.5	4.1	9.5	-	-	-	Present Study
<i>Scomberomorus lineolatus</i>	0.7	8.5	4.55	1.75	0.2	20.25	0.8	1.25	2.9	-	-	-	Present Study
<i>Sphyraena qenie</i>	1	8.7	1.2	1.95	0.35	43	0.1	0.85	3.45	-	-	-	Present Study
<i>Psettodes erumei</i>	3.8	9	-	1.75	0.7	17.3	-	-	-	-	-	-	Present Study
<i>Trichiurus lepturus</i>	3.4	9	-	0.6	0.6	25.35	-	-	-	-	-	-	Present Study
<i>Otolithes ruber</i>	1.55	12	-	1.6	0.3	16.9	-	-	-	-	-	-	Present Study
<i>Setipinna tenuifilis</i>	3.6	9.9	-	2.6	0.4	36.65	-	-	-	-	-	-	Present Study

Table 4 Trace metal accumulation in different organs of the analysed fish species

Species	Tissue	Order
<i>Carcharhinus leucas</i>	Muscle	Zn > Cu > Rb > Co > Cr > Ni > Pb > Cd > Mn
	Gill	Zn > Cu > Ni > Mn > Co > Cr > Rb > Pb > Cd
	Liver	Zn > Cu > Pb > Co > Mn > Cr > Ni > Rb > Cd
	Gonad	Zn > Cu > Co > Cr > Mn > Rb > Ni > Pb > Cd
<i>Scomberomorus lineolatus</i>	Muscle	Zn > Cu > Cr > Rb > Pb > Ni > Co > Mn > Cd
	Gill	Zn > Mn > Cu > Cr > Pb > Ni > Co > Rb > Cd
	Liver	Zn > Cu > Mn > Cr > Cd > Rb > Pb > Ni > Co
	Gonad	Zn > Cu > Mn > Rb > Cr > Cd > Pb > Ni > Co
<i>Sphyræna genie</i>	Muscle	Zn > Cu > Rb > Pb > Cr > Mn > Ni > Cd > Co
	Gill	Zn > Mn > Cu > Pb > Cr > Ni > Co > Rb > Cd
	Liver	Zn > Cu > Mn > Cd > Rb > Cr > Ni > Pb > Co
	Gonad	Zn > Cu > Mn > Cr > Rb > Pb > Ni > Cd > Co
<i>Setipinna tenuifilis</i>	Muscle	Zn > Cu > Mn > Pb > Cd
	Gill	Zn > Mn > Cu > Pb > Cd
	Gonad	Zn > Cu > Mn > Pb > Cd
<i>Psettodes erumei</i>	Muscle	Zn > Cu > Mn > Pb > Cd
	Gill	Zn > Mn > Cu > Pb > Cd
	Liver	Zn > Cu > Mn > Cd > Pb
	Gonad	Zn > Cu > Mn > Pb > Cd
<i>Trichiurus lepturus</i>	Muscle	Zn > Cu > Mn > Pb > Cd
	Gill	Zn > Cu > Mn > Pb > Cd
<i>Otolithes ruber</i>	Muscle	Zn > Cu > Pb > Mn > Cd
	Gonad	Zn > Cu > Mn > Pb > Cd

Table 5 Indicating HI for muscle consumption calculated at mean ingestion and subsistence rates for Cu, Pb, Zn, Mn and Cd for seven fish species

Fish Sp	Cu^a	Cu^b	Pb^a	Pb^b	Zn^a	Zn^b	Mn^a	Mn^b	Cd^a	Cd^b
<i>Carcharhinus leucas</i>	0.148	0.676	0.300	1.368	0.105	0.481	0.001	0.006	0.267	1.221
<i>Scomberomorus lineolatus</i>	0.095	0.432	0.218	0.997	0.030	0.137	0.002	0.010	0.089	0.407
<i>Sphyraena qenie</i>	0.097	0.442	0.243	1.111^c	0.064	0.292	0.003	0.015	0.156	0.712
<i>Psettodes erumei</i>	0.100	0.458	0.218	0.997	0.026	0.117	0.012	0.055	0.312	1.424^c
<i>Trichiurus lepturus</i>	0.100	0.458	0.075	0.342	0.038	0.172	0.011	0.049	0.267	1.221^c
<i>Otolithes ruber</i>	0.134	0.610	0.200	0.912	0.025	0.115	0.005	0.023	0.134	0.610
<i>Setipinna tenuifilis</i>	0.110	0.503	0.325	1.482^c	0.054	0.249	0.011	0.052	0.178	0.814

^a 0.0312 kg/day (mean ingestion rate) ^b (0.1424 kg/day (subsistence ingestion rate)); ^c HI> 1, adverse health effects are expected to occur.

Table 6 Indicating HI for muscle consumption calculated at mean ingestion and subsistence rates for Co, Ni and Cr in three fish species

Fish Sp	Co^a	Co^b	Ni^a	Ni^b	Cr^a	Cr^b
<i>Carcharhinus leucas</i>	0.120	0.549	0.091	0.417	0.001	0.006
<i>Scomberomorus lineolatus</i>	0.033	0.149	0.028	0.127	0.001	0.006
<i>Sphyraena qenie</i>	0.044	0.200	0.019	0.086	0.000	0.002

^a 0.0312 kg/day (mean ingestion rate) ^b (0.1424 kg/day (subsistence ingestion rate))

Table 7 Maximum Permissible Limit (MPL) of trace/heavy metals in fish muscles ($\mu\text{g g}^{-1}$ wet weight) according to National and International Guidelines values.

Standard's	Cu	Cr	Pb	Cd	Zn	Ni	Mn
WHO (1989)	30	50	2	1	100	0.5-1	1
MFR (1985)	30	-	2	1	100	-	-
FAO (1983)	30	-	0.5	0.5	40	-	-
USEPA (2000)	120	8	4	2	120	-	-
EC (2014)	-	-	0.3	0.5	30	-	-
FSSAI (2015)	-		0.3	0.3	-	-	-

WHO-World Health Organization; MFR-Malaysian Food Regulation; FAO-Food and Agricultural Organization; USEPA-United States Environmental Protection Agency; EC-European Commission; FSSAI-Food, Safety Standards Authority of India.

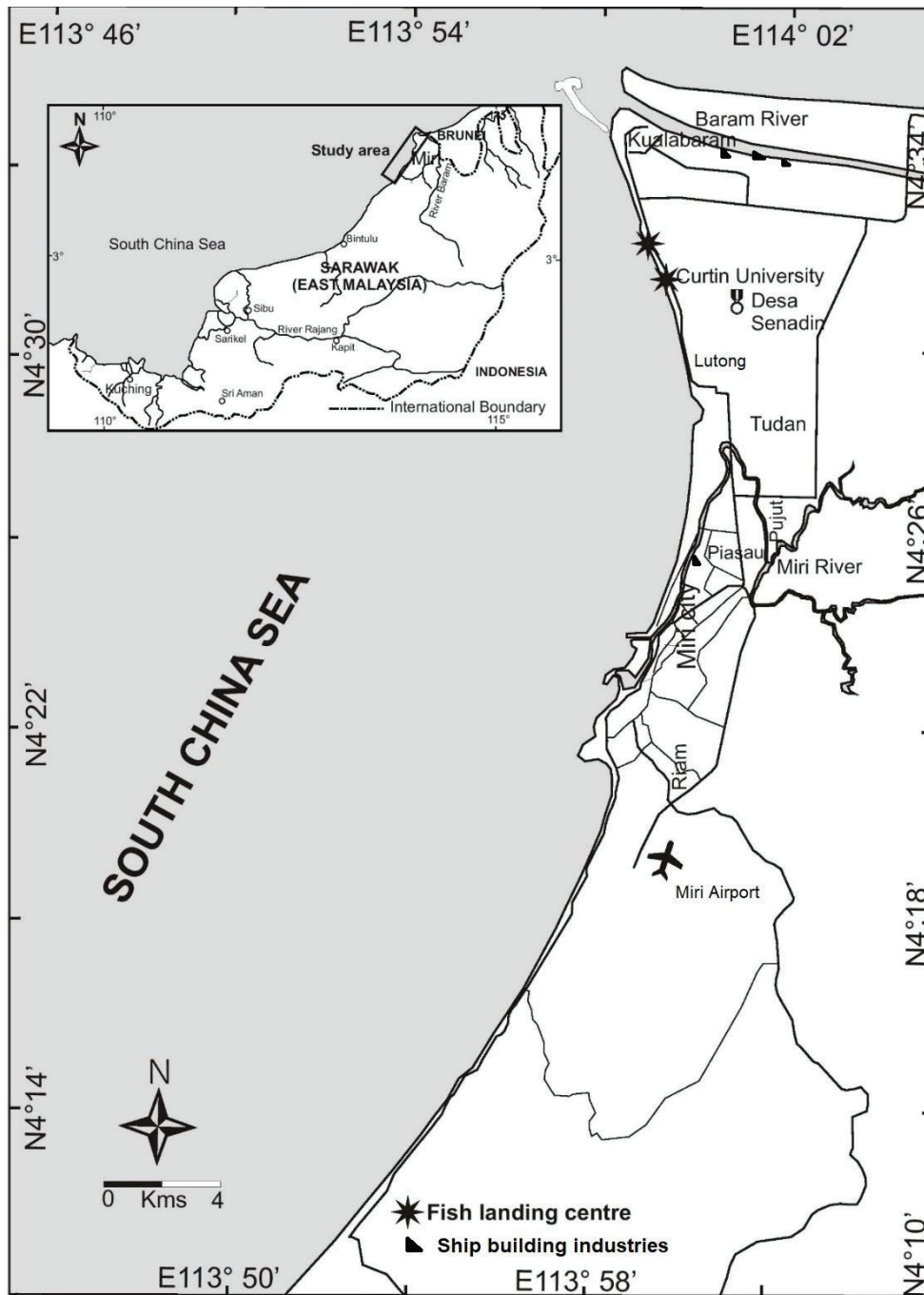


Fig. 1. Study area showing the fish landing centers