Branching Out through VirtualPREX: Enhancing Teaching in Second Life

Yvonne Masters, Sue Gregory, Barney Dalgarno, Torsten Reiners and Vicki Knox

Abstract
Virtual worlds have been incorporated into the repertoire of higher education teaching and learning for over a decade with numerous reports on the efficacy of this form of learning for both student engagement and enhanced student outcomes. The affordances of these worlds are being used to enhance another aspect of many higher education courses; work integrated learning. In teacher education courses, practice teaching is a core component. However, research has highlighted quality preparation for practice teaching as problematic. This is a particular challenge for distance education students necessitating new approaches to teacher preparation. Virtual world technologies have provided the authors with a capacity to develop 3D virtual classroom and playground environments. These are currently being tested as effective spaces for developing a range of critical teaching skills prior to pre-service teachers entering a physical classroom. These students have opportunities, through interaction in and with the virtual environment, to practise skills and apply concepts in a risk-free realistic setting. In this chapter, the authors discuss the problems of preparation for practice teaching and the ways in which the virtual world of Second Life is currently being tested as a site for enhanced teacher preparation. The results of the first trials are described and the future of the project explored.

Key Words: Second Life, practice teaching, VirtualPREX.

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1. Introduction
In Australia, virtual worlds provide learning opportunities in higher education institutions. These opportunities transpire because ‘virtual worlds are richly immersive and highly scalable 3D environments’ with a capacity for simulation and extended interactions. In 2011, a project team of seven researchers from five Australian and one German university commenced trials of an innovative approach to professional experience preparation known as VirtualPREX (Virtual World Professional Experience), utilising these important affordances. VirtualPREX is a two-year project funded by the Australian Learning and Teaching Council.

It is well documented that professional experience is an integral aspect of teacher education courses. Moreover, ‘the implicit value of this component of teacher education is not contested.’ However, there are concerns that there is inadequate preparation of pre-service teachers prior to school placements.
VirtualPREX is being developed to address these concerns. It also responds to the criticism in an Australian Commonwealth Government report:

The problems with practicum have been outlined in nearly every report addressing teacher education in the last decade. The fact that these problems have still drawn so much attention in this inquiry indicates the need for major reform in this area.7

Engagement in VirtualPREX provides pre-service teachers with opportunities to practise their teaching skills, either synchronously or asynchronously, in custom-built virtual classrooms in Second Life™. Through role-play, a pre-service teacher can be presented with teaching scenarios that Cruickshank (1969) described as ‘the most critical problems he will face in his first year of teaching, in a threat-free, failure-free environment, unlike that of student teaching’8 and behaviour management practised ‘where failure does not impact the learning of real students.’9 Role-play and simulations have been advocated in teacher education for over four decades, most commonly in face-to-face mode in tutorials and workshops.10 However, web-based simulations are no longer uncommon.11 The use of virtual worlds for classroom simulation is one example of such web-based projects. This is an approach to teacher preparation that is relatively untried despite an Australian report recommending that the development of a suite of virtual world schools could provide ‘an opportunity to transform the practicum through the use of virtual world simulations so that student teachers are able to experience ‘real’ teaching situations.’12 VirtualPREX seeks to redress this situation.

2. Research Design and Methodology

VirtualPREX is grounded in the theories of authentic education. Authentic education promotes expert thinking, complex communication, reflective judgment, and problem-solving skills in a risk-free environment.13 Learning occurs in environments that provide enhanced learning opportunities due to the ability to ‘focus on a limited, but important, number of variables.’14

The VirtualPREX simulation is designed on the premise that teaching simulations are authentic activities; ‘tasks that are identical or similar to those that students will eventually encounter in the outside world.’15 Instead of memorising situations and potential reaction from books, VirtualPREX is about simulating specific aspects of the total classroom experience. The experienced information is turned into transferable knowledge, preparing pre-service teachers for the complexities of real-life classrooms. The challenge with authentic education in VirtualPREX is about specifying the parameters for the simulated environment, integrating tangible tools for educators and the pre-service teacher to efficiently support the acquisition of skills to react to (un)expected situations. We target first behaviour management because this teaching skill has been reported as being one
of major concern to pre-service teachers.\textsuperscript{16} In accordance with the nine essential determinants of authentic education, VirtualPREX concentrates on authentic context and tasks, reflection of learned lessons and its authentic assessment, without losing sight of the other determinants.\textsuperscript{17} The theoretical understanding of this project is balanced with the development and implementation of educational processes and tools to provide an authentic experience to the pre-service teacher.

In 2011, a pilot study was undertaken to analyse the efficacy of the research design and to provide the data to inform the revised and expanded design for the major project in 2012. Second Life was the virtual world of choice for pragmatic reasons: ownership of land and familiarity of use. Four classrooms were created where pre-service teachers could practise their teaching skills. 40 primary school student avatars and 8 teacher avatars were custom-created for use in the role-plays.

Role-plays, incorporating a range of student behaviours typically found in a real-life classroom, were developed after a focus-group discussion with eight experienced school teachers and principals. The behaviours described by the teaching practitioners were grouped into ‘typical’ behaviours (defined as ‘good’ or ‘naughty’ as shown in Table1) which became the basis of the role descriptions provided to pre-service teachers in VirtualPREX workshops.

In the first phase of the pilot, five 2-hour workshops were held in a computer laboratory at the University of New England with 72 first year on-campus pre-service teachers (61 female; 11 male). Previously in their course, all participants had been provided with a 2-hour tutorial to learn how to operate within Second Life. For the role-plays, the participants were asked to prepare a short teaching episode or idea on teaching (7 minutes) on a subject of their choice. The pre-service teachers were divided into groups of 6-9 with one person role-playing the teacher and the others role-playing primary school students with the role provided for them based on the list in Table 1.

\textit{Table 1 - Typical Behaviours for Role-Plays}

<table>
<thead>
<tr>
<th>‘Good’ Behaviours</th>
<th>‘Naughty’ Behaviours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ideal student in the classroom</td>
<td>Wanderer - walks around the class a lot, stops and talk to other students</td>
</tr>
<tr>
<td>Good student who generally behaves, but does not understand the lesson</td>
<td>Tattle-tale - ‘dobs’ on peers and continuously interrupts</td>
</tr>
<tr>
<td>Teacher pleaser - always tries to do things for the teacher</td>
<td>Sleeper - stays up late and continually nods off</td>
</tr>
<tr>
<td>Know-it-all - tries to answer every question</td>
<td>Withdrawn student - will not say or do anything</td>
</tr>
<tr>
<td></td>
<td>Distracted student - has other things on mind, keeps looking out the window</td>
</tr>
<tr>
<td></td>
<td>Rude student - back chats the teacher and rude to other students</td>
</tr>
</tbody>
</table>
Each pre-service teacher had the opportunity to act as a teacher once and as a primary school student in other iterations of the role-play. The roles as a primary school student alternated between ‘naughty’ and ‘good.’ Rules of the role-play were outlined to all participants in a brief introduction to the structure of the workshop. The communication within the role-plays was through typed text due to the proximity of students in the laboratory.

After analysis of this first phase, the second phase of the trial extended the opportunity to participate to off-campus students. These students were already familiar with Second Life, removing the need for an introductory tutorial. Eight off-campus students (6 female and 2 male) accepted the invitation. These role-plays were conducted online, in-world. The teacher role used audio for communication and text was used for the role of primary school students.

The role-plays were captured in multiple ways - video (machinima), text and screenshots. The machinima will be used for review and assessable tasks (see \textit{http://www.virtualprex.com/machinima.html} for examples).

All participants were asked to complete a survey at the end of each workshop. The survey comprised a range of questions designed to ascertain:

- demographic details such as age and home location;
- student confidence in the use of computers and virtual worlds;
- participant perceptions of the role-play (using a Likert scale);
- participant ratings of the degree to which the role-play was confusing, difficult, irrelevant, interesting, easy to use, useful, boring, and enjoyable (using a Likert scale).

3. Findings

The pilot project has provided a wealth of data which will inform the major research project, across four universities, in 2012. The weighted (on- and off-campus) mean ratings for each attribute indicated that, it is perceived as beneficial (see Table 2). In this table negative attributes (columns 1-2) are listed first, followed by positive attributes (useful, easy to use, enjoyable, interesting).

\textbf{Table 2 - Perceptions of the Role-play (Weighted Mean: n=80)} \textsuperscript{Adapted18}
\begin{tabular}{|l|c|l|c|l|c|l|c|}
\hline
Attribute & Mean & Attribute & Mean & Attribute & Mean & Attribute & Mean \\ 
Irrelevant & 3.13 & Difficult & 3.25 & Useful & 4.30 & Enjoyable & 4.64 \\ 
Boring & 3.23 & Confusing & 3.56 & Easy to Use & 4.60 & Interesting & 4.92 \\ 
\hline
\end{tabular}

Although the mean responses suggest that on average students perceived that the positive attributes applied to the activity and the negative attributes did not,
there was substantial diversity in responses and there were a number of students who were less positive about the activity. Some of the open-ended responses from the students provided some indications as to why the role-plays created some negative feedback as shown in Table 3.

**Table 3 - Open-ended Responses Identifying Problems with the Activity**

<table>
<thead>
<tr>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>Everyone chatting at once, losing track of the conversation.</td>
</tr>
<tr>
<td>There are behaviour management strategies that involve actions (clapping, hand in the air, etc) which are extremely effective in the classroom but couldn’t be used virtually.</td>
</tr>
<tr>
<td>Allow less freedom to the avatars which would make it more real as students in a classroom are constantly being monitored, therefore not as much freedom.</td>
</tr>
<tr>
<td>Most of the children in my class were disruptive. Some did not listen to instructions at all.</td>
</tr>
<tr>
<td>It takes too long to type something. By then the situation you are responding to is gone.</td>
</tr>
<tr>
<td>Better technology. Longer teaching period. Use audio instead of text.</td>
</tr>
</tbody>
</table>

These comments are discussed in the next section on the learning from the trial and how it will inform the major project.

There were also many positive comments from participants, particularly in regard to the usefulness of the role-plays in terms of behaviour management and preparing for real-life teaching as shown in Table 4. These comments demonstrate that the role-play has the capacity to enhance the development of teaching skills and to provide an alternative method of preparation to those currently in use.

**Table 4 - Positive Open-Ended Responses**

<table>
<thead>
<tr>
<th>Response</th>
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<tbody>
<tr>
<td>Trying different things to keep the students on task, gave us a chance to practise teaching</td>
</tr>
<tr>
<td>It was fun and interesting. It gave us time to work on behaviour strategies and management of a class.</td>
</tr>
<tr>
<td>You had to deal with a number of students, Some were helpful and others were not. They were just down-right annoying. You got to experience that!</td>
</tr>
<tr>
<td>I enjoyed being the teacher and having to come up with strategies to deal with students that would not follow instructions.</td>
</tr>
<tr>
<td>Being able to take on the roles of different characters, and being able to understand what it is like to have a class of disruptive students.</td>
</tr>
<tr>
<td>In a way it reminds you that not every student will want to learn and they will go to any lengths to get out of it.</td>
</tr>
<tr>
<td>Enjoyable to see what others did and how they coped with the situation in a safe environment where you could make mistakes and learn from them.</td>
</tr>
</tbody>
</table>
The last response commenting on the safety of making mistakes in this environment is very interesting. This has been highlighted as a major advantage of using simulation activities for practising skills without the risk of harm.

The data reported constitute a small sample of the total collected. It contains, however, some of the most crucial data that will be used to refine the role-play for the major project. The learning from these data is discussed in the next section.

4. Refining the Role-Play

The pilot highlighted several areas for refinement with decisions to be made about future directions. Refinements such as using audio instead of typed text, at least for the teacher, are easily implemented in non-laboratory workshops and should allow for greater role-play facility for the pre-service teachers. Participants also need to be reminded of the HUD (Heads Up Display) that permits a range of gestures to be used. The HUD was demonstrated at the start of the workshop, but participants forgot this possibility given the comments about not being able to make gestures to control behaviour. Other refinements require different approaches to permit both synchronous and asynchronous use of the classrooms.

Several students reported that their ‘classes’ seemed to be composed of only non-responsive, ‘naughty’ children. Re-design of the role-plays has commenced with more careful scripting and the provision of clearer directions. It is possible the novelty of acting the role of a naughty child was responsible for the excessive behaviours displayed, but for the effectiveness of the role-play this needs to be structured more carefully.

A major implementation in 2012 will be the development of bot (non-player character) supported role-play. A schema for scripting the automated role-plays has been developed so that the bots will respond to certain stimuli from the teacher such as being spoken to by name or proximity. This schema will be used to develop a range of scenarios where different behaviours, requiring different teacher approaches, can be targeted.

The addition of bots will enhance the experience for off-campus students who cannot always link up with other students for a ‘live’ role-play. In this scenario a pre-service teacher will be able to go into a classroom and ‘teach,’ with bots taking the role of the school children. Furthermore, this capacity for asynchronous teaching moves VirtualPREX into a different domain from those simulations which occur in on-campus tutorial workshops. It also differs from simulations such as TeachLivE which requires trained actors controlling avatars to respond and thus synchronous engagement in the role-play, but is somewhat similar to the approach used by researchers at the University of Nevada.

5. Future

The pilot demonstrated the benefits of the VirtualPREX approach to the preparation of pre-service teachers prior to their exposure of real-life professional
experience. In 2012, the major project will occur with role-plays of larger numbers of pre-service teachers across several universities.

The major project will also extend into the area of assessment, with machinima being created for reflection and peer assessment. Self, peer and formal assessment possibilities will extend the current preparation of pre-service teachers for professional experience and create greater self-efficacy for those pre-service teachers.

6. Conclusion

The VirtualPREX project continues into 2012 with the classrooms, including bots and the role-play scenarios, becoming available for wider use from 2013. 2012 sees the refinement of the role-plays, bot creation, scripting and machinima for assessment. The use of 3D virtual worlds for professional experience practice appears promising, particularly for off-campus students who do not typically have the opportunity to test their skills on their peers. Students wishing to use the virtual world classrooms to practise their teaching skills will have a full suite of ‘how to’ information available to them from the VirtualPREX website from 2013. More research into the student perceptions of the VirtualPREX classrooms will be undertaken throughout 2012 with the intention of ensuring that a viable 3D role-play classroom is available for use by other educators in the future.

Notes


5 Richard Taffe and Sally Knipe, ‘Professional Experience and Undergraduate’s Self-Efficacy for Teaching’, in Teacher Education: Local and Global, ed. Maxine Cooper (Surfers Paradise, 2005), 423, accessed February 20, 2011,


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