EXAMINING REGULATORY FOCUS IN THE
INFORMATION PROCESSING OF IMAGERY AND ANALYTICAL
ADVERTISEMENTS

ABSTRACT
The results of two experimental studies show that matching a promotion (prevention) focus with imagery (analytical) information in an advertisement results in higher advertising effectiveness, together with increased intention to purchase. Mediation analyses show that the impact of a regulatory focus-information matching in evaluation and purchase intention – is partially mediated by the fluency of processing. Matching is also found to increase message persuasiveness and this effect is fully mediated by processing fluency. Furthermore, in response to imagery (analytical) information types, promotion (prevention)-focused subjects are found to engage imagery (analytical) processing styles to support their regulatory orientation.
In their everyday lives, consumers are often invited to imagine their consumption experiences through product advertisements. For example advertisements with phrases such as “imagine your perfect home,” or “imagine yourself in Hawaii” are common, and can elicit imagery processing in consumers. Imagery processing or “imagery” is a process by which sensory information is represented in the working memory and has been distinguished from the more data-driven analytical processing (Thompson and Hamilton 2006; MacInnis and Price 1987). Typically, in consumer behavior studies, imagery (versus analytical) processing has been evoked by intrinsic message cues such as narrative and descriptive words rather than statistical information (Bolls and Muehling 2007; Thompson and Hamilton 2006; Keller and Block 1997).

In addition to message characteristics, imagery has also been shown to be moderated by variables such as instructions to imagine, individual differences, and situational context (e.g., Bagozzi 2008; Wyer, Hung, and Jiang 2008; Thompson and Hamilton 2006). However, given that consumers are driven by goals (Lin and Shen 2012) and are exposed to both imagery and analytical information in their daily lives (e.g., through product advertisements), the role of motivation in information processing is under researched (Bagozzi 2008; Wyer, Hung, and Jiang 2008). A higher order goal such as regulatory focus (Higgins 1997) has been shown to activate mindsets and influence choice of information in decision making. For example, current literature posits that matching a specific type of information (e.g., hedonic, affective, abstract) with a certain regulatory focus (e.g., promotion) can lead to better persuasion, a phenomenon also known as regulatory fit (e.g., Kees, Burton, and Tangari 2010; Aaker and Lee 2001).

The theory of regulatory focus proposes that a strategic orientation to approaching a positive (or moving away from a negative) end state can create different motivations, referred to as a promotion (prevention) focus (Higgins 1997). Research evidence shows that different
mindsets activated under a promotion or prevention focus can guide information choice in judgment and decision making e.g., product evaluation and choices (Lin and Shen 2012; Pham and Avnet 2004). For example, a promotion focus has been associated with hedonic consumption, impulsive choices, and creative approaches to decision making (Sengupta and Zhou 2007; Chernev 2004; Friedman and Forster 2001). In comparison, a prevention focus has been associated with utilitarian choices and less innovative approaches to decision making.

In the marketing literature, an association has long been made between hedonic consumption, affect and imagery, especially in the context of experiential consumption (Bolls and Muehling 2007; MacInnis and Price 1987; Hirschman and Holbrook 1982). Despite this linkage, no research has been undertaken to explore whether regulatory focus can influence imagery processing. Scholars, such as Petrova and Cialdini (2008), clearly recommend the need to uncover additional processes through which imagery influences consumers and the conditions under which such effects occur. Furthermore, although imagery has normally been shown to influence attitude positively, it can also have a detrimental effect (Petrova and Cialdini 2008; Kisielius and Sternthal 1986). For example, under certain conditions e.g., instructions to imagine a consumption scenario may increase cognitive elaboration and decrease persuasion as subjects access both positive and negative information from their memory (Kisielius and Sternthal 1986).

This work addresses the above gaps in the literature. First, we show that mere induction of regulatory focus can activate imagery (analytical) processing in individuals on exposure to imagery and analytical message attributes in advertisements. This happens without any explicit instructions e.g., asking subjects to adopt a specific processing style. We argue that since regulatory motivation engages different mental approaches (Packer and Cunningham 2009; Pennington and Roese 2003; Friedman and Forster 2001), a certain mindset, e.g., promotion
(prevention), is more suitable for a specific processing style, e.g., imagery (analytical). Further, matching regulatory focus with message attributes results in enhanced persuasion and advertising effectiveness. To the best of our knowledge, no earlier research has tested these propositions.

In the following section, the relevant theoretical background for the research hypotheses is reviewed, after which the article reports on two studies in support of the main premise. A discussion of the results, implications, and suggestions for future research follows the report.

THEORETICAL FRAMEWORK AND HYPOTHESIS DEVELOPMENT

Imagery and Analytical Processing

Imagery in the current literature is conceptualized as a multidimensional cognitive construct, a process by which sensory information is represented in the working memory (Petrova and Cialdini 2008; MacInnis and Price 1987). The evocation of imagery is often multisensory but might engage a single dimension such as sight, or multiple experiences such as sight, smell, taste, and tactile sensations. Furthermore, following this conceptualization, imagery can be described across several unique and related dimensions such as vividness, referring to the clarity of the images generated, or controllability, meaning how it is held in the mind and/or altered in specific ways (Petrova and Cialdini 2008; MacInnis and Price 1987).

Imagery as a mental process is also referred to as imagery processing in the literature (Bolls and Muehling 2007). Imagery processing is therefore a non-verbal, sensory representation of perceptual information in the memory as opposed to more semantic reason-based processing (Childers, Houston, and Heckler 1985). According to Keller and McGill (1994), under conditions of high cognitive elaboration, imagining a product experience can trigger affect. However,
research evidence shows that imagery’s effect on product preference remains significant even after controlling for affect (Escalas 2004; Mani and MacInnis 2001).

Analytical processing, on the other hand, is data driven and focuses on verbal retrieval and encoding rather than internal sensory experiences (Thompson and Hamilton 2006; MacInnis and Price 1987). In this approach, the decision maker undertakes an attribute-based evaluation of a product to assess the overall value of the target product (Sujan 1985). For example, in an analytical processing mode, consumers may arrive at an evaluation by summarizing the features of a brand (Thompson and Hamilton 2006). Analytical processing, in this sense, is the more careful processing of information to arrive at a logical decision.

It is important to distinguish between imagery and analytical information processing styles and the imagery and analytical attributes of a message. Conceptually, different aspects of message attributes are manipulated to evoke imagery or analytical processing in participants. According to recent literature, imagery has been manipulated in various ways; these include the presence versus the absence of pictures (Kisielius and Sternthal 1986), the provision of narrative versus statistical information (Keller and Block 1997), and even instructions to imagine (for a detailed review, see Petrova and Cialdini 2008). For example, Bolls and Muehling (2007) used intrinsic message cues such as “sound effects” or “descriptive language” to evoke imagery for their radio advertisements. Similarly Thompson and Hamilton (2006) used descriptor sentences before product attributes to trigger imagery. The extant literature also distinguishes imagery and analytical processing styles to be conceptually distinctive as compared to “abstract versus concrete” or “bottom-up versus top-down” processing modes (Smith and Trope 2006; Gasper 2004).
Regulatory Focus and Preference for Imagery and Analytical Information

Regulatory focus theory assumes that self-regulation operates differently when serving fundamentally different needs, such as the distinct survival needs of nurturance and security (Higgins 1997). Regulatory focus theory proposes that nurturance regulation involves a promotional focus – a regulatory state concerning advancement, accomplishment, and aspirations (i.e., a concern with the presence or absence of a positive outcome). In contrast, security-related regulation involves a prevention focus – a regulatory state concerning protection, safety, and responsibility (i.e., a concern with the absence or presence of a negative outcome).

A promotion focus typically relies on approach-oriented strategies and is characterized by an eager form of exploration that aims to maximize gains (Pham and Avnet 2009). A prevention focus, on the other hand, relies on avoidance-oriented strategies and is characterized by a vigilant form of exploration that aims to prevent loss (Pham and Avnet 2009). It is important to note that regulatory focus is a motivational state and the two systems can co-exist independently of each other in every person. Each focus can be further activated temporarily, for example a promotion focus can be activated by priming a person’s “ideals”, while a prevention focus can be activated by priming a person’s “oughts” (Higgins 1997).

The extant research shows that focusing on a positive end state informs a promotional focus that the current environment is benign and requires no particular action (Friedman and Forster 2001). Promotion-induced eagerness therefore encourages risk-seeking behavior and has been found to promote impulsive purchases (Sengupta and Zhou 2007), preference for hedonic products (Chernev 2004) and the use of heuristics in decision making (Pham and Avnet 2004).

In contrast, focusing on a negative end state informs a prevention focus that the environment is problematic and that specific actions are needed to rectify the situation (Friedman...
and Forster 2001). As a result, people assess matters carefully, in a precise and detailed fashion, to avoid an undesirable end state (Zhu and Meyers-Levy 2007; Friedman and Forster 2001). Consequently, the risk-averse nature of prevention-oriented people promotes a preference for functional products (Chernev 2004), and the use of substantive information in decision making (Pham and Avnet 2004).

Research evidence shows that when the information presented for evaluation matches a certain regulatory state, it results in enhanced persuasion, a phenomenon also referred to as regulatory fit in the literature (Wang and Lee 2006; Higgins et al. 2003). For example, subjects have been found to exhibit a preference for a certain product type when it is described in terms of features that match their regulatory focus (for example, toothpaste with a teeth-whitening feature for a promotion focus as opposed to decay prevention for a prevention focus). Similarly, in judgment, promotion (prevention)-focused subjects exhibit better evaluation when they rely on affective versus substantive responses (Pham and Avnet 2004).

So far, we have argued that regulatory focus activates a different mindset in individuals, which instills preferences for different types of information for judgment and decision making. In particular, a promotional mindset seems to promote experiential consumption, as evidenced through a reliance on affect and hedonic product features in consumption (Lin and Shen 2012; Chernev 2004; Pham and Avnet 2004). The marketing literature has long argued that hedonic consumption, affect and imagery are closely linked in the domain of experiential consumption (Chernev 2004; MacInnis and Price 1987; Hirschman and Holbrook 1982). For example, hedonic consumption has often been described as affect-laden as it encompasses pleasure, fantasy, fun, and feelings (MacInnis and Price 1987; Hirschman and Holbrook 1982). Pursuing hedonic
consumption, for example by listening to music, can evoke mental images and induce affect (Bolls and Muehling 2007; Escalas 2004).

On the other hand, a prevention mindset prefers logical decisions based on substantive and practical information as evidenced through reliance on utilitarian features in product consumption (Lin and Shen 2012; Chernev 2004; Pham and Avnet 2004). People with such a mindset are more persuaded by rule-based judgment leading to decisions that can be justified (Shafir, Simonson, and Tversky 1993). Matching a certain regulatory focus with the relevant information type will therefore enhance message persuasiveness even in the context of advertisements (Sung and Choi 2011; Aaker and Lee 2001). This will result in a higher evaluation of the advertisement and brand, and greater purchase intention. Based on the above, we propose the following hypotheses:

**H1a**: Promotion-focused subjects will form higher evaluations of (a) attitude towards the advertisement, (b) attitude towards the brand, and (c) purchase intentions, when they rely on imagery information in the advertisement in comparison with prevention-focused participants.

**H1b**: Prevention-focused subjects will form higher evaluations of (a) attitude towards the advertisement, (b) attitude towards the brand, and (c) purchase intentions, when they rely on analytical information in the advertisement in comparison with promotion-focused participants.

**H2a**: The reliance of promotion-focused participants on imagery information in advertisements will lead to enhanced message persuasiveness in comparison with prevention-focused counterparts.

**H2b**: The reliance of prevention-focused participants on analytical information in advertisements will lead to enhanced message persuasiveness in comparison with promotion-focused counterparts.
The Mediation Process Underlying Persuasion

The research evidence shows that judgment is affected not only by the content of the relevant product information but also by the fluency with which such information is generated and processed (Petrova and Cialdini 2005; Labroo and Lee 2006). Fluency refers to how effortless processing is, especially when the information presented is consistent with the mode of processing (Petrova and Cialdini 2005). For example, fluency of processing has been found to be enhanced (reduced) when subjects asked to imagine a consumption scenario are presented with imagery (factual) information (Thompson and Hamilton 2006). Decreased fluency in turn negatively affects the product evaluation (Petrova and Cialdini 2005).

In the specific context of regulatory focus and information matching, variables such as fluency of processing (Labroo and Lee 2006; Lee and Aaker 2004), better message recall (Aaker and Lee 2001), enhanced feature attractiveness (Wang and Lee 2006), and perceived diagnosticity (Pham and Avnet 2004) have been found to influence message persuasion. In this research, based on the extant literature (Petrova and Cialdini 2005; Thompson and Hamilton 2006), we posit that matching the focus with the relevant information will influence the judgment favorably as it will help consumers to process the information effortlessly. Thus:

**H3:** The effect of matching regulatory focus and information on evaluation, purchase intention, and message persuasiveness will be mediated by the enhanced processability of the relevant information type.

Regulatory Focus and Information Processing Styles

A promotional mindset has also been associated with more creative approaches to problem solving (Friedman and Forster 2001) and more abstract mental construal linked with temporally
distant goals (Pennington and Roese 2003). Research findings show that imagery is significantly associated with creativity and demands a higher level of abstraction in the mental construal process (Vasquez and Buehler 2007). Prevention focus, on the other hand, engages a different mental approach as evidenced by less novel responses to problem solving (Pennington and Roese 2003; Friedman and Forster 2001).

Research into neuroimaging clearly identifies the different mental approaches engaged under promotion and prevention foci (Packer and Cunningham 2009). This research indicates that the induction of a promotion goal prompts the activation of frontal regions of the brain, whereas prevention goals cause activation of posterior regions (Packer and Cunningham 2009). Brain activities also shift from more posterior to more anterior regions as cognitions increase in their level of abstraction. This probably suggests that as promotion and prevention foci engage different mental processes, exposure to different message attributes is likely to trigger matching processing styles in individuals. Based on the above, we propose the following hypotheses:

**H4a:** In response to imagery information in an advertisement, promotion-focused participants will engage in a higher imagery processing style than prevention-focused participants.

**H4b:** In response to analytical information in an advertisement, prevention-focused participants will engage in a higher analytical processing style than promotion-focused participants.

**STUDY 1**

**Method**
The study used a two (regulatory focus: promotion versus prevention) by two (advertisement type: imagery versus analytical) between-subjects experimental design. Ninety one undergraduate students (63 females, mean age 22.2 years) from a large Australian university participated in the experiment in exchange for course credit. All the participants were randomly assigned to one of the four conditions.

*Pretest for Product Stimulus.* The product stimulus for this study was an advertisement for a fictitious brand of car, “Allegre.” Following current literature (Bolls and Muehling 2007; Thompson and Hamilton 2006), two different versions (i.e., imagery and analytical) of an advertisement for the fictitious brand of car were used. The advertised brand of car had four superior attributes: the sunroof, sound system, warranty, and security system. The imagery version used descriptors before an attribute, while the analytical condition had the same attribute information displayed using a matrix. Both the advertisements were similar in terms of the graphics e.g. picture of the car, size of the picture, colors etc. A pre-test (n=22) confirmed short description of the product attributes were found to be more imagery-based than the advertisement which used a matrix to display information, the latter being perceived as analytical (\(M = 4.6\) and \(M = 3.1\), respectively, \(p < 0.01\)). The stimuli are presented in appendix.

*Pretest for Regulatory Focus Manipulation.* The manipulation is based on Higgins (1997) classification of human goals and adopted by Pham and Avnet (2004). In this procedure ideals (oughts) were primed in subjects by asking them to write about their present and future hopes and aspirations (duties and obligations), following which they complete the key dependent variable meant to capture the conflict between these goals. Results of a pre-test (n=21) confirmed that this manipulation was successful in the Australian context. Participants in the primed oughts
condition placed relatively greater emphasis on oughts versus “ideals” ($M = 5.1$) than did the participants in the primed “ideals” condition ($M = 2.94$, $F(1, 19) = 74.16$, $p < 0.001$).

Procedure and Measures. Using a cover story, subjects were told that they were participating in two seemingly unrelated studies. In the first part participant’s regulatory focus was primed (Pham and Avnet 2004), while in the second part participants were asked to evaluate the advertisements for the fictitious brand of car “Allegre” entering the Australian market. The key dependent variables used for this study were attitude towards the advertisement, brand and purchase intention, along with other process measures.

Attitude towards the advertisement and the brand was measured using five nine-point scale items – the extent to which subjects considered the advertisement and the brand to be bad/unpleasant/ worthless/unfavorable/not interesting. Both the measures showed good reliability (Cronbach’s $\alpha = 0.945$ and 0.968, respectively). Purchase intention was measured using a single nine-point scale item – how likely the participants were to choose the new Allegre – anchored at definitely would not/certainly would.

After answering the questions on dependent measures, the participants further completed fluency and style of processing measures for the analytical and imagery conditions (Thompson and Hamilton 2006). All the items employed a nine-point Likert scale with “strongly disagree/strongly agree” as the end points. For example, imagery fluency was measured using three items, namely, “It was easy to create a mental image,” “The mental images were clear to me,” and “It took a long time to imagine the advertised brand.” Similarly, analytical fluency was measured with items such as “It was easy to consider the brand feature by feature,” “I understood the brand’s features very well,” and “The brand’s advantages were very clear,”.
Imagery processing style was measured through three items, namely, “I imagined myself in the car,” “I savored visions of the car,” and “I experienced a sense of fun in thinking about the car,” on a nine-point scale with “not very much/a great deal” as the end points. Analytical processing consisted of four items, which were “I evaluated the car feature by feature rather than evaluating the car as a whole,” “My evaluation of the car was based primarily on its features,” “I tried to use as much information about the features as possible,” and “I carefully evaluated the car on several different features,” with the same end points. In addition, single-item measures were used to gauge involvement and familiarity with the product category.

Results

Dependent Measures. The results of a one-way ANOVA showed that neither involvement nor familiarity with the product category differed significantly across independent variables (all \( p > 0.05 \)); and were dropped from further statistical analyses.

The three major dependent variables, namely attitude towards the advertisement, attitude towards the brand, and purchase intention, were subjected to a MANOVA. None of the main effects were significant. As predicted, a two-way interaction between regulatory focus and advertisement type was significant for all the dependent variables (\( F (3, 85) = 21.4, p < 0.001 \), Wilks’ \( \Lambda = 0.57 \)). A series of planned contrast analyses were conducted to test the hypotheses.

The results of the contrast analysis of attitude towards the advertisement showed that the promotion-focused individuals evaluated the advertisement more highly than the prevention-focused individuals when they used imagery cues (\( M = 6.7 \) and \( M = 4.3 \), respectively, \( t (87) = 5.7, p < 0.001 \)). The prevention-focused individuals, on the other hand, gave the advertisement a
higher evaluation when they based their evaluation on analytical cues, in comparison with the promotion-focused individuals ($M = 6.3$ and $M = 4.2$, respectively, $t (87) = 4.8, p < 0.001$).

The promotion-focused individuals gave a higher brand evaluation when they evaluated the imagery advertisement than the prevention-focused group ($M = 6.9$ and $M = 5.3$, respectively, $t (87) = 3.8, p < 0.001$), while the opposite held for their prevention-focused counterpart. ($M = 7.1$ and $M = 5.0$, respectively, $t (87) = 4.5, p < 0.001$). Purchase intention was higher for the imagery condition for promotion-focused subjects in comparison to their counterparts ($M = 6.0$ and $M = 3.8$, respectively, $t (87) = 4.1, p < 0.001$). On the other hand, prevention-focused group showed higher purchase intention for the analytical condition in comparison to promotion-focused subjects ($M = 6.1$ and $M = 3.5$, respectively, $t (87) = 4.6, p < 0.001$). The results thus support hypotheses 1a and 1b (means are reported in Table 1).

PLACE TABLE 1 ABOUT HERE

*Process Measures.* For this study, process measures such as imagery fluency and “style of processing” were matched against the imagery advertising condition, while analytical process measures were used for the analytical advertisement condition. Based on results of a factor analysis, a fluency index was constructed ($\alpha = 0.77$), which was subjected to a one-way ANOVA. Results of a contrast analysis showed that promotion-focused subjects experienced higher fluency when they were exposed to the imagery advertisement than their counterparts ($M = 5.9$ and $M = 4.7$, respectively, $t (87) = 2.8, p < 0.01$). Similarly, on exposure to the analytical advertisement, the prevention-focused subjects experienced higher processing fluency than the promotion-focused subjects ($M = 6.3$ and $M = 4.7$, respectively, $t (87) = 3.6, p < 0.001$).
Processing style. Confirming the notion that promotion-focused individuals engage in imagery processing, the results of a one-way ANOVA showed that the promotion-focused individuals did indeed engage in more imagery processing than the prevention-focused individuals when both groups were exposed to the imagery advertisement ($M = 4.7$ and $M = 2.8$, respectively, $t(87) = 4.5$, $p < 0.001$), while the reverse seem to apply for the prevention-focused individuals on exposure to the analytical advertisement ($M = 4.7$ and $M = 3.5$, $t(87) = 3.1$, $p < 0.05$).

Discussion
The results of the first study show that matching the regulatory focus with a particular type of message cue in advertisements leads to a better attitude towards the advertisement and brand, and may ultimately result in a higher purchase intention. Moreover, the subjects in different regulatory focus conditions found it easier to process the information when they were provided with matching advertisement types. In terms of information processing styles, there is some preliminary evidence that a particular priming of regulatory focus (e.g., promotion) elicits a preference for a particular information processing style (e.g., imagery).

STUDY 2
Study 2 tested the robustness of preferences in the absence of images (Bone and Ellen 1992). It also tested the effect of matching focus and advertisement type on an additional dependent variable, “message persuasiveness.” Finally, information processing measures such as “fluency,” together with measures of imagery and analytical processing styles, were included as repeated measures across all the conditions in this study. This would allow a more rigorous test of
hypothesis 4, and allow us to test whether the preference for one information processing style over the other is relative or absolute.

In essence, we not only wanted to replicate the results of our first study, but extend it further in terms of theory and application. To this end, a camera was used as the product category for the second study and imagery versus analytical message characteristics were manipulated through product descriptions (Bolls and Muehling 2007; Bone and Ellen 1992).

**Method**

The study used a two (regulatory focus: promotion versus prevention) by two (advertisement type: imagery versus analytical) between-subjects experimental design. Eighty-four undergraduate students (52 females, mean age 21.4 years) from a large university in Australia participated in the experiment for a course credit. All the participants were randomly assigned to one of the four conditions.

*Product Stimulus.* Two different kinds of product description – imagery and analytical – for a fictitious brand of camera called “Digishot” were developed following the extant literature (Bolls and Muehling 2007; Bone and Ellen 1992). The camera essentially featured attributes such as megapixels and image processing capability, anti-shaking and auto macro features, fast shutter speed, HD format, and stereo sound. The stimuli are presented in appendix. The stimuli was further subjected to a pre-test (n=25), to confirm that the advertisements were indeed perceived as analytical versus imagery ($M = 3.4$ and $M = 4.8$, respectively, $p < 0.05$).

*Procedure and Measures.* The procedure was similar to study 1. Following regulatory focus priming, subjects completed a manipulation check item (Zhao and Pechmann 2007). In the
second part, they evaluated a new brand of camera “Digishot” following which they completed the dependent variables and other process measures.

The key dependent variables e.g., attitude towards brand, purchase intention and the process measures used same items from study 1. In addition, an additional dependent variable “message persuasiveness” was measured through three items (not persuasive/persuasive, weak arguments/strong arguments, and unimportant/important information) with a nine-point Likert scale. Like Study 1, single-item measures of involvement and familiarity with the product category were also included. Cronbach’s α values for all the measures ranged from 0.72 to 0.97.

Results

Manipulation Check. The results of a one-way ANOVA showed that the subjects in the promotion (prevention)-focused conditions were more inclined towards things they “want to do” as opposed to things they “ought to do” in life ($M = 5.9$ and $M = 3.3$, respectively, $F (1, 82) = 47$, $p < 0.001$).

Dependent Measures. Similar to Study 1, familiarity and involvement did not vary significantly across regulatory focus or advertisement type conditions and hence was dropped from further analyses. A MANOVA on the key dependent variables was run to test the key hypotheses simultaneously. The results showed that none of the main effects were significant. As posited, there was a significant interaction between advertisement type and regulatory focus ($F (3, 78) = 63.9$, $p < 0.001$, Wilks’ $\Lambda = 0.29$).

Results of planned comparison showed that brand evaluation and purchase intentions were higher for promotion-focused group when compared to the prevention-focused subjects ($M = 7.4$ and $M = 3.5$, respectively, $t (80) = 8.9$, $p < 0.001$; $M = 7.3$ and $M = 3.0$, respectively, $t (80)$
= 9.9, \( p < 0.001 \)) in response to the imagery advertisement. The opposite was true for prevention-focused subjects and analytical advertisement condition (\( M = 7.4 \) and \( M = 4.2, t(80) = 7.6, p < 0.001; M = 7.4 \) and \( M = 3.4, \text{respectively,} \ t(80) = 9.1, p < 0.001 \)). Message persuasiveness also showed a similar pattern of results. The promotion-focused subjects exhibited higher message persuasiveness in response to the imagery advertisement than the prevention-focused subjects (\( M = 6.1 \) and \( M = 5.1, \text{respectively,} \ t(80) = 2.3, p < 0.05 \), while the opposite held for the prevention-focused subjects (\( M = 6.3 \) and \( M = 4.6, \text{respectively,} \ t(80) = 4.0, p < 0.001 \)). A similar pattern of results was thus obtained in Study 2 with respect to the key hypothesis 1, and support was also provided for our second hypothesis on message persuasiveness. All the means are reported in Table 2.

PLACE TABLE 2 ABOUT HERE

*Ease and Fluency Measures.* In Study 2, both imagery and analytical fluency measures were used as repeated measures. Based on factor analysis, items used to measure imagery and analytical fluencies were aggregated to form an imagery processing fluency index (\( \alpha = 0.71 \)), and an analytical processing fluency index (\( \alpha = 0.79 \)).

A mixed ANOVA was performed with two levels of processing fluency index (imagery and analytical) as the repeated measure and regulatory focus and advertisement type as between-subject factors. The results showed a significant two-way interaction between regulatory focus and advertisement type for all the dependent variables (\( F(1, 80) = 28.1, p < 0.001 \)).

A comparison of contrast analyses showed that the promotion-focused subjects experienced higher imagery processing fluency when they were exposed to the imagery advertisement than the prevention-focused subjects (\( M = 6.8 \) and \( M = 4.2, \text{respectively,} \ t(80) = 2.3, p < 0.05 \), while the opposite held for the prevention-focused subjects (\( M = 6.3 \) and \( M = 4.6, \text{respectively,} \ t(80) = 4.0, p < 0.001 \)). A similar pattern of results was thus obtained in Study 2 with respect to the key hypothesis 1, and support was also provided for our second hypothesis on message persuasiveness. All the means are reported in Table 2.
6.8, \( p < 0.001 \)). Imagery fluency did not differ across the groups when both were exposed to the analytical advertisement \( (M = 4.9 \text{ and } M = 5.4, \text{ respectively, } t(80) = 1.1, p > 0.05) \).

Similar analyses showed that the prevention-focused subjects experienced more analytical fluency on exposure to the analytical advertisement than their promotion-focused counterparts \( (M = 7.1 \text{ and } M = 5.6, \text{ respectively, } t(80) = 3.8, p < 0.001) \); however, analytical fluency did not differ when both groups were exposed to the imagery advertisement \( (M = 4.9 \text{ and } M = 4.7, \text{ respectively, } t(80) = 0.5, p > 0.1) \). The results thus confirm that matching focus with advertisement type enhances fluency, but only for the relevant information type.

**Mediation Analyses.** In order to test hypothesis 3, we used three different models for mediation analyses (Baron and Kenny 1986). In the first model, we used brand attitude as the dependent variable, while the second and third models engaged with purchase intention and message persuasiveness. In line with extant literature (Labroo and Lee 2006), the interaction between focus and advertisement type was used as the independent variable. Based on our findings in the previous section, i.e., that matching regulatory focus with advertisement type enhances processing fluency for the relevant information type, the mediation analyses were conducted with matching fluency types.

In our first model, the result of the first regression analysis showed that the hypothesized focus–advertisement interaction with brand attitude was significant \( (b = .46, t(82) = 4.7, p < .001) \). A second regression analysis showed that the focus–advertisement interaction in the participants’ matching processing fluency index was also significant \( (b = .42, t(82) = 4.2, p < .001) \). A final regression analysis with processing fluency included in the model as a predictor of brand attitude showed that the effect of processing fluency was significant \( (b = .57, t(82) = 6.5, p < .001) \), whereas the significance level for focus–advertisement interaction decreased \( (b = .22, \text{ respective}) \).
The second mediation test followed a similar procedure and found a partial mediating effect of processing fluency on purchase intention (Sobel $z = 3.39, p < 0.001$). The third model however confirmed a full mediating effect of processing fluency on message persuasiveness ($Sobel z = 2.73, p < 0.01$). The results of our mediation analyses support our third hypothesis.

**Information Processing Style.** A full-model mixed ANOVA was conducted with imagery and analytical processing styles as repeated measures and the key independent variables as between-subject factors. The results showed a significant two-way interaction between advertisement type and regulatory focus for the processing style measure ($F (1, 80) = 19.3, p < 0.001$).

The promotion-focused subjects reported more imagery processing than the prevention-focused people when both groups were exposed to the imagery advertisement ($M = 5.4$ and $M = 3.8$, respectively, $t (80) = 3.9, p < 0.05$). There were no group differences in imagery processing on exposure to the analytical advertisement ($M = 4.0$ and $M = 3.3$, respectively, $t (80) = 1.8, p > 0.05$). In contrast, the subjects primed with the prevention focus reported more analytical processing than their counterparts when both were exposed to the analytical advertisement ($M = 5.9$ and $M = 4.6$, respectively, $t (80) = 4.7, p < 0.05$), but not on exposure to the imagery advertisement ($M = 4.4$, and $M = 4.0$, $t (80) = 1.5, p > 0.05$). The findings support hypothesis 4.

**Discussion**

The results of Study 2 provide support for all the key hypotheses in the research. Using a different product category and advertisement manipulation, the results showed that matching the regulatory focus with a particular advertisement type increased the brand evaluation and
purchase intention for a product. Furthermore, the effect of matching the regulatory focus with
the advertisement type seemed to help the fluency with which the subjects processed the relevant
information and further influenced their judgment. Matching was also found to enhance
persuasiveness for the relevant message type and this effect was again fully mediated by
information processability. The results also showed that depending on message attributes and
regulatory foci, one style of information processing is relatively preferred above the other.

GENERAL DISCUSSION

The results across the two experiments found support for the fact that subjects with different
regulatory foci have differential preferences for the imagery and analytical information in an
advertisement. When a higher-order goal such as regulatory focus is sustained by a certain kind
of information or processing style, the resulting goal compatibility influences the judgment. The
results showed that an advertising message is more/less persuasive when the content of the
message matches/conflicts with the regulatory goal of the participants. The evidence thus shows
that a favorable attitude towards the target brand arises from the fluency in information
processing, resulting in a regulatory goal fluency type effect (Labroo and Lee 2006). Convergent
and robust evidence across the two studies have been presented in this regard using different
dependent measures (attitude in Study 1 and persuasiveness in Study 2), using different
advertisement manipulations (image and words in Study 1 versus only words in Study 2), and
across different product categories (car and camera).

This study makes important theoretical contributions. First of all, it contributes to the
regulatory focus literature as no extant work has established the fit relationship between
regulatory focus and imagery/analytical message attributes. Our finding that goal compatibility
enhances processing fluency also extends work done by Labroo and Lee (2006), by showing that a goal fluency effect does indeed underlie persuasion and judgment in the context of regulatory focus and imagery/analytical advertisements. In terms of imagery literature, this study provides evidence of regulatory focus as a moderator of imagery and analytical processing, thereby answering the call to undertake more divergent psychological research on imagery (e.g., Petrova and Cialdini 2008). It also explores a mechanism by which the detrimental effect of imagery elicitation (e.g., imaging instructions) can be avoided. Simply exposing promotion focus to imagery message attributes can trigger imagery and enhance persuasion.

There are several practical implications for managers. First, the results provide insights into specific situations that warrant different advertisement execution styles. For example, a car advertiser may decide to opt for an imagery-based soft-selling style versus a hard-selling style focusing on product attributes. Matching this advertisement style with a motivational state may increase the effectiveness of the advertisement. For example, an advertisement for a car may make a prevention goal salient by referencing the family first (Lee, Aaker, and Gardner 2000) and then emphasize a key attribute, such as safety, to encourage analytical processing. An advertiser may, however, benefit from having both types of advertisement (e.g., imagery and analytical) since when presented with conflicting versus compatible information, uninvolved consumers rely on their regulatory focus to make judgments (Wang and Lee 2006).

Advertisers should also pay careful attention to the advertising context. Research shows that a regulatory state can be triggered by the environmental context and external cues (such as a shampoo advertisement showing silky hair) may induce a promotion focus (Labroo and Lee 2006). From this perspective, an imagery advertisement immediately following the shampoo advertisement may obtain more favorable evaluations of the target brand as it promotes fluent
processing (Labroo and Lee 2006). A goal conflict, e.g., a vitamin advertisement focusing on
disease prevention followed by an imagery advertisement of a car may inhibit processing fluency
and result in a lower evaluation and judgment of the target brand.

This research has its limitations. First of all, we address the concern of potential
confounds in the study. We have argued, based on the extant literature, that imagery is closely
linked to affect, which may indirectly suggest this as a potential confound in the study. However,
we allay this fear based on the following evidences. First of all, a considerable amount of
literature supports that the operationalization of message characteristics using promotion,
hedonic, or even imagery features in advertisements does not necessarily manipulate affect in
subjects (Bolls and Muehling 2007; Labroo and Lee 2006; Thompson and Hamilton 2006).
Second, the effect of imagery on attitude has been found to be orthogonal to the influence of
affect (Escalas 2004; Mani and MacInnis 2001). Third, our operationalization of advertisement
type is in line with extant practices (Bolls and Muehling 2007; Thompson and Hamilton 2006;
Keller and Block 1997) and ensures that we have not manipulated affect. Affect is typically
manipulated by varying the images, illustrations, and color schemes in advertisements
(Chowdhury, Olsen, and Pracejus 2008; Pham and Avnet 2004). In contrast, our stimuli held
elements such as color and illustration constant across the advertisement type conditions. Fourth,
empirical evidence rules out this potential confound too. In neither study did we find a
significant main effect of advertisement type on “attitude” or “message persuasiveness”, despite
these variables having affective and cognitive dimensions.

A second source of confound arises from the potential issue of vividness, which together
with “instructions to imagine” has been known to enhance cognitive elaboration (Petrova and
Cialdini 2008). In this study, we did not ask subjects to imagine the consumption scenario;
rather, we showed that advertising effectiveness can be enhanced through matching regulatory foci with a specific information type. This is based on a different argument, i.e., regulatory fit, rather than the memory-based argument of “cognitive elaboration.” Cognitive elaboration has been described as the extent to which information in working memory is integrated with prior knowledge structures, and may involve activation of associated pathways implying a particular concept (McGill and Anand 1989; MacInnis and Price 1987). The literature suggests that several factors, such as greater product knowledge, increased personal relevance, and instructions to use imagery, etc., may increase cognitive elaboration (Petrova and Cialdini 2005). Empirically, in both our studies, single-item measures of involvement and familiarity were used as proxies to capture cognitive elaboration (Greenwald and Leavitt 1984). Across both the studies no significant main effect of independent variables on these proxies were found, thereby potentially ruling out this confound. However, single-item proxy variables remain a possible limitation.

This brings us back to the issue of vividness. Vividness is normally operationalized through techniques such as the use of pictures versus words, instructions to imagine (Kisielius and Sternthal 1986), or by creating muted versions of original pictures in advertisements (Petrova and Cialdini 2005). In our advertising stimuli, we held the image constant and only manipulated attribute information. It could be argued that our product descriptions might possibly have influenced vividness. Research evidence shows that the persuasive effect of vividness on judgment is moderated by cognitive elaboration (McGill and Anand 1989; Kisielius and Sternthal 1986). Since we did not find any evidence of cognitive elaboration manipulation, it should be safe to assume that vividness had a null effect. Furthermore, if vividness had an impact, the resultant cognitive elaboration would have undermined persuasion (Kisielius and Sternthal 1986) rather than enhancing it, as our results show.
However, future work may research the proposition of whether regulatory focus moderates the effect of vividness on attitude and persuasion. Unlike our study, future research may manipulate different processing styles through specific instructions and test for their impact on persuasion. Manipulating “vividness” or providing “instructions to imagine” will in turn lead to higher cognitive elaboration, which can specifically be captured through thought listing. This will help scholars understand whether higher mental elaboration under a specific regulatory motivation undermines or enhances persuasion. For example, theory on regulatory focus predicts that it should have a differential impact. Higher elaboration may cause promotion subjects to focus relatively more on positive information (compared to negative information) in memory, thereby enhancing persuasion. For their counterparts, more negative information may be accessed and lower persuasive impact. Future work may also explore the way affect (cognition) elicited by imagery (analytical) messages may influence different regulatory motivations.

This research needs to be replicated across wider product categories and samples, although products used for this study were relevant and familiar to our student sample. The advertisements used in the first study have both visual and verbal elements that complement each other. Future studies may consider advertisements in which the verbal and visual cues are non-complementary. Future work may further explore how regulatory focus may affect evaluations of comparative and non-comparative advertisements (Thompson and Hamilton 2006).

REFERENCES


