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1 **Title:**

2 **A rapid DNA extraction method suitable for Human**
3 **Papillomavirus (HPV) detection**

4

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22 **Keywords:**

23 Human Papillomavirus (HPV), Cervical Cancer, Liquid Based Cytology, XytXtract

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25 Running title: DNA extraction for HPV.

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33 **Abstract:**

34 Infection with oncogenic human papillomavirus (HPV) genotypes is necessary for the
35 development of cervical cancer. Testing for HPV DNA from liquid based cervical
36 samples can be used as an adjunct to traditional cytological screening. In addition
37 there are ongoing viral load, genotyping and prevalence studies. Therefore, a sensitive
38 DNA extraction method is needed to maximise the efficiency of HPV DNA detection.
39 The XytXtract Tissue kit is a DNA extraction kit that is rapid and so could be useful
40 for HPV testing, particularly in screening protocols. This study was undertaken to
41 determine the suitability of this method for HPV detection. DNA extraction from
42 HeLa and Caski cell lines containing HPV 18 and 16 respectively together with DNA
43 from five liquid based cervical samples were used in a HPV PCR assay. DNA was
44 also extracted using the QIAamp DNA mini kit (Qiagen, Hilden, Germany) as a
45 comparison. DNA extracts were serially diluted and assayed. HPV DNA was
46 successfully detected in cell lines and cervical samples using the XytXtract Tissue kit.
47 In addition, the XytXtract method was found to be more sensitive than the QIAamp
48 method as determined by a dilution series of the extracted DNA. While the XytXtract
49 method is a closed, the QIAamp method uses a spin column with possible loss of
50 DNA through DNA binding competition of the matrix, which could impact on the
51 final extraction efficiency. The XytXtract is a cheap, rapid and efficient method for
52 extracting HPV DNA from both cell lines and liquid based cervical samples.

53

54 **Introduction**

55 Human papillomavirus (HPV) infection is necessary for the development of cervical
56 cancer, which is the most prevalent cancer in women worldwide [zur Hausen et al.,
57 1981; Walboomers et al., 1999; Munoz et al., 2003]. It is recognised that the
58 Papanicolaou screening programmes are expensive with significant limitations
59 [Cuzick, 2002; Goldie et al., 2006]. Therefore, it has been proposed that direct testing
60 for HPV be used in screening for cervical cancer particularly in developing countries [
61 Cuzick, 2002; Ronco and Segnan, 2007; Cuzick et al., 2008; Cox, 2009; Naucler et
62 al., 2009; Darlin et al., 2013]. In addition, urine, self sampling and biopsy samples
63 have also been investigated for their utility in HPV detection [Carcopino et al., 2012;
64 Darlin et al., 2013; Tanzi et al., 2013].

65 Since HPV is quite difficult to culture [Taichman et al., 1984], DNA technologies
66 have been almost used exclusively for the detection of HPV in cervical samples and a

67 variety of different methods have been used, however most are based upon the
68 Polymerase Chain Reaction (PCR) [Brestovac et al., 2005a; Klug et al., 2008; Didelot
69 et al., 2011]. Applications are not restricted to detection of HPV, as tests for genotype
70 determination, viral load and prevalence studies all can assist in the understanding of
71 the relationship between HPV and cervical cancer [Brestovac et al., 2005b;
72 Wahlström et al., 2007; Stevens et al., 2009; Broccolo et al., 2013]. Since the study of
73 HPV has been almost performed exclusively by DNA technologies, the extraction of
74 DNA from samples is a critical step. The availability of low cost, efficient and rapid
75 methods being particularly useful for HPV testing in screening protocols [Dunn et al.,
76 2007].

77 The object of this present study was to determine the suitability of an alkaline-heat
78 based protein degradation method [Rudbeck and Dissing, 1998; Shi et al., 2004;
79 Chomczynski and Rymaszewski, 2006], the direct XytXtract tissue kit (Xytogen,
80 Perth, Australia, <http://xytogen.com>) for extracting HPV DNA from cytology samples
81 and cervical cancer cell lines. This method was compared to the widely used column
82 based QIAamp DNA mini kit. To test the efficiency of the DNA extraction method,
83 extracted DNA was diluted serially and tested by PCR. The PGMY09/11 primer set
84 developed for a PCR test of mucosal HPV consists of a pool of primers which amplify
85 a 450 bp region of the L1 gene within the HPV genome [Gravitt et al., 2000] and this
86 method was selected since it is used widely. Dilution end points using this PCR were
87 used to compare DNA extraction methods.

88

89 **Materials and Methods**

90

91 **Cell lines and Samples**

92 Two cervical cancer cell lines were used: HeLa cells containing approximately 50
93 copies of HPV 18 per cell and CaSki cells containing approximately 500 copies of
94 HPV type 16 per cell [Yee et al., 1985; Guerin-Reverchon et al., 1989]. HeLa cells
95 were suspended in phosphate buffered saline (PBS) at a cell concentration of 2.0×10^6
96 per mL while Caski cells were similarly suspended at 3.2×10^6 per mL. This
97 represents 1.0×10^6 cells with 5.0×10^7 copies of HPV 18 in a 500 μ l aliquot of HeLa
98 cells, and 1.6×10^6 cells with 8.0×10^8 copies of HPV 16 in a 500 μ l aliquot of Caski
99 cells. These 500 μ l aliquots were then used for DNA extraction.

100

101 Five high-grade cervical intraepithelial lesion (HSIL) samples in ThinPrep (Cytoc,
102 Boxborough, MA, USA) medium were also tested. The cells suspended in the
103 ThinPrep medium were mixed by inversion and a 500 µl aliquot was taken and used
104 for DNA extraction.

105

106 **DNA Extraction**

107 DNA extraction was performed with minor modifications of the manufacturer's
108 protocols.

109 For XytXtract, the 500 µl sample aliquots were centrifuged at 16,000 x g for 5
110 minutes and supernatant discarded. The pellets was resuspended in 500 µl of PBS and
111 centrifuged at 16,000 x g for 5 minutes and supernatant again removed. The pellets
112 were resuspended in 1 mL of PCR grade water, centrifuged at 16,000 x g for 5
113 minutes and supernatant removed. Solution 1A (32 µl) and solution 1B (8 µl) were
114 added to the remaining cell pellets, mixed by vortexing and incubated at 95°C for 15
115 minutes. Following incubation, 10 µl of solution 2 was added, mixed by vortexing
116 and centrifuged at 16,000 x g for 5 minutes. The supernatant containing the DNA was
117 removed, transferred to a sterile microfuge tube and stored at -20°C until required.

118 For the QIAamp DNA mini kit, 500 µl aliquots were centrifuged at 16,000 x g for 5
119 minutes, the supernatant discarded and cells resuspended in 200 µl of PBS. Proteinase
120 K (20 µl) and Buffer AL (200 µl) were added and incubated at 56°C for 10 minutes.
121 Absolute ethanol (200 µl) was added and the mixture applied to the QIAamp spin
122 columns. These were centrifuged at 6,000 x g for 1 minute with waste tube discarded.
123 The column was washed with 500 µl of buffer AW1 and again with 500 µl of AW2.
124 The purified DNA was eluted from the spin column with 200 µl of buffer AE into a
125 clean sterile microfuge tube and stored at -20°C until required.

126

127 **Polymerase Chain Reaction**

128 A tenfold dilution series of each of the DNA extracts from the cell lines and ThinPrep
129 samples were performed, and the presence of HPV was detected by PCR using the
130 PGMY09/11 primer set which amplifies a 450 bp region of the HPV L1 gene. The
131 amplification mix was composed of 0.2 µM of each primer, 10x PCR buffer
132 (Invitrogen, Carlsbad, CA), 2.5 mM MgCl₂, 0.2 mM dNTPs, 0.5 U of Platinum *Taq*
133 DNA polymerase (Invitrogen, Carlsbad, CA) and 8 µl of DNA template in a total
134 final volume of 12 µl. Thermocycling conditions consisted of an initial denaturation

135 step of 94°C for 10 minutes, followed by 45 cycles of denaturation at 94°C for 1
136 minute, annealing at 55°C for 1 minute and extension at 72°C for 1 minute, with a
137 final extension step of 72°C for 7 minutes. Products were electrophoresed in a 2%
138 agarose gel containing 1x TAE buffer precast with SYBR safe (Invitrogen, Carlsbad,
139 CA) and photographed using a UV transilluminator.

140

141 **Results**

142 The cell lines and all ThinPrep samples extracted using the XytXtract method
143 amplified a correct sized HPV L1 product from the PCR. However, one ThinPrep
144 sample (sample 3) extracted using the QIAamp method failed to show an
145 amplification product. However, a correct sized PCR fragment was present from the
146 XytXtract extracted DNA for this same sample.

147 An end point dilution of Hela cells, showed that in the XytXtract extracted DNA, a
148 product could be detected at a 10^{-4} dilution, representing approximately 5×10^3 copies
149 of the HPV 18 genome. The corresponding end point dilution using QIAamp
150 extracted DNA was 10^{-2} representing approximately 5×10^5 copies of the HPV 18
151 genome. The end point dilution for the XytXtract from Caski cells was 10^{-5}
152 representing approximately 8×10^3 copies of the HPV 16 genome. The corresponding
153 end point for the QIAamp extracted DNA was 10^{-2} representing approximately $8 \times$
154 10^6 copies of the HPV 16 genome. The XytXtract extraction method consistently
155 resulted in a 2 to 3 \log_{10} greater analytical sensitivity for HPV 18 and 16 genomes
156 respectively (Table 1).

157 The PCR results from the ThinPrep samples were expressed in dilutions since HPV
158 copy number per cell in these samples is not known. XytXtract extraction of DNA
159 resulted in greater analytical sensitivity for the detection of HPV than the
160 corresponding QIAamp method for all but one sample (Table 2). Figure 1 shows the
161 gel comparison of the end points for sample 5, which clearly shows that the sample
162 extracted by the XytXtract method resulted in a 4 \log_{10} greater analytical sensitivity
163 than the QIAamp method. Further to this, the XytXtract extracted DNA from sample
164 3 amplified a PCR product in the neat (undiluted) extract but no product was observed
165 for the corresponding QIAamp extracted DNA (Table 2).

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169 **Discussion**

170 It has been proposed that HPV testing could be used in cervical cancer screening
171 programmes [Cuzick, 2002; Goldie et al., 2006; Ronco and Segnan, 2007; Cuzick et
172 al., 2008; Cox, 2009; Naucler et al., 2009; Darlin et al., 2013]. Furthermore, almost all
173 reports in relation to HPV and cervical cancer have been DNA based, including
174 detection, viral load, genotype determination and prevalence studies [Walboomers et
175 al., 1999; Brestovac et al., 2005a; Brestovac et al., 2005b; Klug et al., 2008; Stevens
176 et al., 2009; Carcopino et al., 2012; Broccolo et al., 2013]. HPV testing has a very
177 strong negative predictive value for cervical cancer and confidence in the negative
178 result is reliant upon the analytical sensitivity. Thus a rapid and efficient DNA
179 extraction method would be important in HPV testing in screening protocols. The
180 XytXtract DNA extraction method is a very rapid technique with results that are at
181 least comparable if not greater in analytical sensitivity for testing HPV by PCR, than
182 extraction using the QIAamp method. The analysis of DNA extracted from the cells
183 lines showed that XytXtract method was 2 to 3 log₁₀ more sensitive in detecting HPV
184 18 and 16 respectively using the PGMY09/11 PCR system. All XytXtract extracted
185 ThinPrep cytology samples showed greater or equal analytical sensitivity for the
186 detection of HPV DNA. This greater analytical sensitivity would not only be
187 important in screening protocols but also in studies on viral load, genotype
188 determinations and population based distributions. In particular, ThinPrep sample
189 number 3 did not amplify a PCR product for DNA extracted using the QIAamp
190 method and so would be reported as negative for the presence of HPV. In contrast, the
191 DNA from the XytXtract method amplified a product in the undiluted fraction of
192 sample 3 and so the presence of HPV was determined.

193 Although final volumes of extracted DNA differ between methods (50µl for
194 XytXtract and 200µl for QIAamp), and some concentration effect could be inferred
195 with the XytXtract method, this does not sufficiently explain the large log₁₀
196 differences in analytical sensitivity observed. The QIAamp system relies upon a spin
197 column for which DNA is captured onto a binding matrix and it is conceivable that
198 competitive binding of HPV and human DNA could result in loss of HPV DNA. In
199 contrast, the XytXtract method is a closed system and therefore has no competitive
200 binding to a matrix, resulting in no loss of DNA in the final extracted fluid. In
201 addition, the XytXtract method uses an alkaline-heat protein degradation system to
202 remove PCR inhibitors [Rudbeck and Dissing, 1998; Shi et al., 2004; Chomczynski

203 and Rymaszewski, 2006]. It is these factors that probably resulted in the difference in
204 analytical sensitivity of the two DNA extraction methods.

205

206 **Conclusion**

207 HPV detection, viral load and genotyping are performed primarily by DNA
208 techniques and so the DNA extraction method is critical. The XytXtract DNA
209 extraction method is a closed alkaline-heat protein degradation system that is both
210 rapid and efficient and so very suitable for extracting DNA from cell lines and liquid
211 based cervical samples for the detection of HPV by PCR.

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218 **Competing interests**

219 Dr David Groth has financial interest through an indirect royalty payment from
220 XytXtract kits.

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222 **Ethical approval**

223 This study was approved by the Human Research Ethics Committee at Curtin
224 University of Technology in relation to the use of human ThinPrep samples (approval
225 number SoBS08/07).

226

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