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1 **Patterns of body temperature variation and torpor in the numbat, *Myrmecobius***  
2 ***fasciatus* (Marsupialia: Myrmecobiidae).**

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35 **Abstract**

36 1. Body temperature ( $T_b$ ) radio-telemetric data for the diurnal numbat indicated a strong  
37 nycthemeral rhythm, being higher during the day. 2. Mean daily  $T_b$  was 34.4 °C, but was  
38 higher in spring and summer than winter. 3. All three numbats showed spontaneous,  
39 shallow daily torpor; minimum torpor  $T_b$  was 19.1 °C, and maximum torpor duration was  
40 15.3 h. 4. Cooling and arousal rates were slow for numbats compared to other marsupials  
41 (1.6 and 7.1 °C h<sup>-1</sup> respectively). 5. Torpor was calculated to reduce the daily energy  
42 expenditure of a wild numbat in a burrow by 13 to 42 % over 12.5 h.

43

44 **Keywords:** numbat, marsupial, *Myrmecobius fasciatus*, body temperature, conductance,  
45 hypothermia, torpor

46

47

48 **Introduction**

49 The numbat (*Myrmecobius fasciatus*) is a small to medium sized marsupial that once  
50 inhabited much of southern Australia. However, since European settlement, the range of  
51 the numbat has been drastically reduced to only a few areas of open forest and woodland  
52 in the south-west of Western Australia. It is now considered to be endangered. Numbats  
53 belong to the monospecific marsupial family Myrmecobiidae and are unique amongst  
54 marsupials as they are diurnal and feed exclusively on termites.

55

56 A termitivorous diet is commonly perceived to have a low energy density (McNab 1984;  
57 Redford and Dorea 1984), and therefore numbats may limit endogenous heat production  
58 for thermoregulation to reduce their energy expenditure. This, together with their semi-  
59 fossorial habit, diurnal activity (Calaby 1960a,b; Maisy and Bradbury 1983; Christensen  
60 *et al.* 1984; Cooper 2004), a pelt that is adapted for solar heat acquisition (Cooper *et al.*  
61 2003a) and anecdotal reports of sun-basking (Calaby 1960a,b; Serventy and Raymond  
62 1973), suggest that numbats may rely extensively on behavioural rather than  
63 physiological means for thermoregulation, and be thermolabile. However, laboratory  
64 studies of metabolism and body temperature ( $T_b$ ) regulation indicate that numbats are  
65 capable of precise physiological regulation of  $T_b$  during rest, over a range of ambient  
66 temperatures ( $T_a$ ) from 10 to 32.5 °C (Cooper and Withers 2002, Cooper 2004), at least  
67 in the short-term ( $\leq 10$  h).

68 No quantitative data are available on the thermal biology of numbats in the field. There is  
69 an anecdotal report of torpor (Serventy and Raymond 1973), and as numbats are most  
70 closely related to dasyurids (Baverstock *et al.* 1990) it is possible that they too may use  
71 torpor to conserve energy either when food is scarce or under adverse environmental  
72 conditions. Shallow daily torpor, where the minimum  $T_b$  ( $T_{bmin}$ ) is 11-28 °C and torpor  
73 bouts last 2-19.5 h, occurs in all dasyurid marsupials so far investigated, and is  
74 spontaneous (occurs when food is freely available) in some species and induced (by food  
75 shortage) in others (Geiser 1994; 2003). Torpor may be of particular importance for the  
76 numbat, which feeds on a termite diet with a low energy density and is temporally and  
77 spatially variable (Redford and Dorea 1984). We investigate  $T_b$  for unrestrained, captive  
78 numbats, and for a wild, free-living numbat, to determine long-term patterns of seasonal  
79 and daily  $T_b$  variation, and evaluate what role controlled hypothermia and/or torpor might  
80 play in energy conservation.

81

## 82 **Materials and Methods**

83  $T_b$  was measured for three unrestrained adult male numbats using temperature radio-  
84 telemetry. Only three individuals were available due to the endangered status of numbats;  
85 however this number has proven sufficient to investigate the basic patterns of  $T_b$   
86 variation, controlled hypothermia and torpor in numbats. Two numbats (CB and CW)  
87 were maintained in captivity at Perth Zoo (South Perth 31° 58' S 115° 51' E). CB was a  
88 captive-bred numbat, 6 years old. CW was a wild-caught numbat (originally from  
89 Dryandra Woodland, 31° 46' S 117° 1' E), approximately 2 years old, that had been held  
90 in captivity for 1 year. The captive numbats were housed in large (10 x 2.5 x 2.5 m)  
91 outdoor wire enclosures, where they experienced natural conditions of weather and  
92 photoperiod. Their enclosures contained two nest boxes, with dried seagrass and couch  
93 grass for nest material. Cages had a natural substrate (combination of sand and laterite)  
94 and contained rocks, stumps, hollow logs, branches, small shrubs and tussock grasses for  
95 environmental enrichment and shelter. During daylight hours, each cage had areas of both  
96 full sunlight and shade. The numbats were fed by staff at 0900 and 1300 hours daily, with  
97 80 g of artificial custard diet consisting of eggs, powdered low-lactose milk formula,

98 calcium and vitamin supplements, baked termite mound, and termites. Fresh water was  
99 available at all times.

100

101 The other radio-telemetered numbat (WLD) was free-living (age unknown, but  $\geq 2$  years)  
102 and maintained a territory in the southern area of the main block of Dryandra Woodland.  
103 WLD had been previously fitted with a radio-collar (Biotrack TWS, 7 gm) as part of the  
104 Department of Conservation and Land Management's numbat research program. He was  
105 captured by hand, and transported to Perth Zoo, where he was held in quarantine in the  
106 Veterinary Department for a week prior to implantation of the temperature telemeter.

107

108 The temperature telemeters (Sirtrack, 3 g) were coated with a biologically inert wax  
109 (Elvax), and calibrated in a water bath, at  $T_{as}$  from 5 to 45 °C, in 5 °C increments. The  
110 temperature of the water bath was measured to  $\pm 0.1$  °C with a thermometer traceable to a  
111 national standard. Calibration curves were obtained for telemeters using the data logging  
112 system used for each telemeter (see below), and were also checked by manual counts  
113 with a stopwatch.

114

115 The temperature telemeters were implanted into the abdominal cavity of each numbat.  
116 Surgery was performed under general anesthesia (isoflurane, administered via a face  
117 mask using a Bain's anaesthetic circuit attached to a CIG Midget 3 anaesthetic machine).  
118 A small midline abdominal incision was made, the telemeter inserted, and then the  
119 incision sutured closed. Captive numbats were returned to their enclosures on recovery  
120 from anesthesia, whereas the wild numbat was held in quarantine at Perth Zoo for a week  
121 after surgery before being released at the site of capture. Data obtained in the fortnight  
122 after surgery were discarded for all numbats.

123

124 The  $T_b$  of CW and CB was monitored from 5/7/2001 to 28/2/2002 (the battery life of the  
125 telemeters), with 90 days of  $T_b$  data recorded for CW and 65 days for CB, using a  
126 Biotelemetry Rx3 receiver, antenna and data logger, powered by a 12 V deep-cycle car  
127 battery. The Rx3 recorded the number of pulses for each telemeter's frequency in  
128 alternate minutes, along with the date and time. The logger was activated, and the data

129 downloaded to a PC (using Biomain software). The number of pulses  $\text{min}^{-1}$  was  
130 converted to a  $T_b$  using the calibration curve for each telemeter.  $T_b$  was plotted against  
131 time, and any obviously unusual values resulting from interference or from missing  
132 values (usually resulting from the numbat moving so that there were two sections of wire  
133 mesh between him and the antenna) were deleted manually.

134

135 WLD's  $T_b$  was monitored for two consecutive nights every 1-3 weeks from 28/4/2003  
136 until 20/8/2003, with a total of 20 nights of  $T_b$  data obtained. On dusk (just after the time  
137 he would have retired for the night) he was radio-tracked to his night retreat, and his  $T_b$   
138 was then monitored using an AOR AR8000 receiver and R8000 interface (with a Sirtrack  
139 antenna), interfaced with a Toshiba laptop PC, which ran a custom-written VB data  
140 acquisition program. The AR8000 and laptop were powered by a 12 V car battery, and  
141 were set up and left running next to his retreat. The time of each pulse from the implanted  
142 temperature telemeter was recorded, as were pulses from another ambient temperature  
143 ( $T_a$ ) telemeter which was placed nearby, for alternating 1 min periods. The resulting data  
144 were analysed using a custom-written VB analysis program, where the interval between  
145 each pulse was calculated, and values which varied by more than 95 % of the median for  
146 each 1 min set of  $T_b$  values were discarded. These pulse intervals were then converted to  
147 frequencies, and  $T_b$ s calculated from the calibration curve for each telemeter. The data  
148 logging system was left in place until the numbat left his retreat the following day (when  
149 he would move out of range of the receiver). Some daytime  $T_b$ 's were recorded by radio-  
150 tracking the numbat until we were close enough to receive the signal from his  $T_b$   
151 telemeter (he would hide in a hollow log when we were this close) and recording the time  
152 for 30 pulses with a stopwatch.  $T_a$  was recorded in a similar manner with another  
153 telemeter immediately after.

154

155  $T_b$  data were then analysed for all numbats using another custom written VB program to  
156 calculate the required  $T_b$  characteristics (*e.g.* minimum and maximum  $T_b$ , mean daily and  
157 nightly  $T_b$ , and  $T_b$  when torpid; Figure 1), and the associated times of day. Torpor was  
158 defined as  $T_b < 30$  °C (Geiser 1987, 1988). Cooling and arousal rates were calculated  
159 from the slope of the regression line of  $T_b$  and time during cooling and arousal.

160 Temperature values are presented as mean  $\pm$  S.E., unless stated otherwise. Differences  
161 between numbats and seasons were determined by ANOVA, and relationships between  
162  $T_b$  and  $T_a$  by correlation. Mean values for times of day were calculated by circular  
163 descriptive statistics, and time values are presented as mean  $\pm$  S.D. (there is no S.E.  
164 equivalent for circular statistics) All statistical tests were performed using *statistiXL* v1.3  
165 ([www.statistixl.com](http://www.statistixl.com)).

166

## 167 **Results**

### 168 *Captive numbats*

169 The captive numbats had a strong nycthemeral  $T_b$  rhythm, being higher during the day  
170 and lower at night (Figure 2). The two captive numbats had overall mean daytime active  
171  $T_{b,s}$  ( $T_{b,active}$ ) of  $37.4 \pm 0.13$  (CW) and  $37.7 \pm 0.07$  °C (CB), and there was no significant  
172 seasonal effect ( $F_{2,144} = 2.6$ ,  $p = 0.078$ ). Daily  $T_b$  maxima ( $T_{b,max}$ ) all occurred between  
173 sunrise and sunset ( $1148 \text{ h} \pm 29.4 \text{ min}$ , CW and  $1150 \text{ h} \pm 37.2 \text{ min}$ , CB). There was no  
174 significant seasonal influence on  $T_{b,max}$  ( $F_{1,144} = 2.5$ ,  $p = 0.084$ ).

175

176 Overall mean minimum  $T_b$  ( $T_{b,min}$ ; Table 1) occurred at  $0525 \text{ h} \pm 22.2 \text{ min}$  (CW) and  
177  $0526 \text{ h} \pm 25.2 \text{ min}$  (CB) respectively. There was a highly significant effect of season on  
178  $T_{b,min}$  ( $F_{2,142} = 27.7$ ,  $p < 0.001$ ), with all seasons differing significantly from one another  
179 (SNK  $p < 0.008$ ) and  $T_{b,min}$  being lowest in winter and highest in summer. The lowest  
180  $T_{b,min}$  recorded was  $19.4$  °C for CW and  $20.2$  °C for CB. Mean daily  $T_b$  range (when not  
181 torpid) was  $5.7 \pm 0.2$  (CW) and  $5.8 \pm 0.25$  °C (CB). This range differed significantly with  
182 season ( $F_{2,84} = 6.8$ ,  $p = 0.002$ ), with the range being smaller in summer than in winter or  
183 spring (SNK  $p < 0.018$ ).

184

185 Both captive numbats entered spontaneous, daily torpor (Figure 2), most frequently in  
186 winter (85.7 % of nights during winter, 37.8 % during spring and 20.8 % during summer  
187 for CW and 57.9 % of nights during winter, 32.3 % during spring and never during  
188 summer for CB). The overall mean torpor duration for CW was  $4.3 \pm 0.39$  h, with torpor  
189 beginning at  $0344 \text{ h} \pm 33.6 \text{ min}$  and ending at  $0756 \text{ h} \pm 30.6 \text{ min}$ . For CB, overall mean  
190 torpor duration was  $4.1 \pm 0.47$  h, with torpor beginning at  $0321 \text{ h} \pm 57 \text{ min}$  and ending at

191 0700 h  $\pm$  41.4 min. The longest torpor bouts recorded for these numbats were 9.7 h (CW)  
192 and 9.2 h (CB).

193

194 There was a highly significant seasonal effect on mean  $T_b$  during torpor ( $T_{b,torpor}$ ;  $F_{1,50} =$   
195 16.8  $p < 0.001$ ) for the captive numbats, with  $T_{b,torpor}$  being lower in winter ( $25.1 \pm 0.35$   
196  $^{\circ}\text{C}$ , CW;  $27.5 \pm 0.31$   $^{\circ}\text{C}$ , CB) than in spring ( $27.9 \pm 0.43$   $^{\circ}\text{C}$ , CW;  $28.2 \pm 0.52$   $^{\circ}\text{C}$ , CB).  
197 Season also had a significant influence on the  $T_{b,min}$  attained during torpor ( $F_{1,54} = 9.3$ ,  $p =$   
198 0.004). Mean arousal rates were significantly influenced by season ( $F_{1,55} = 24.4$ ,  $p <$   
199 0.001), being higher in winter ( $10.2 \pm 0.75$   $^{\circ}\text{C h}^{-1}$ , CW;  $7.8 \pm 1.14$   $^{\circ}\text{C h}^{-1}$ , CB) than in  
200 summer ( $5.0 \pm 0.69$   $^{\circ}\text{C h}^{-1}$ , CW;  $5.0 \pm 0.72$   $^{\circ}\text{C h}^{-1}$ , CB). Season did not significantly  
201 influence cooling rates ( $F_{1,55} = 0.92$ ,  $p = 0.341$ ).

202

203 Although we were only able to study 2 captive numbats, there were many significant  
204 differences between the individuals in their pattern of thermoregulation (Table 1).  $T_{b,active}$   
205 ( $F_{1,144} = 9.6$ ,  $p = 0.002$ ),  $T_{b,max}$  ( $F_{1,144} = 16.3$ ,  $p < 0.001$ ),  $T_{b,min}$  ( $F_{1,142} = 13.5$ ,  $p < 0.001$ ),  
206  $T_{b,torpor}$  ( $F_{1,55} = 10.1$ ,  $p = 0.002$ ),  $T_{b,min}$  during torpor ( $F_{1,54} = 9.2$ ,  $p = 0.004$ ) and cooling  
207 rates ( $F_{1,55} = 5.0$ ,  $p = 0.029$ ) differed between individuals, and there were significant  
208 interactions between season and numbat ( $p < 0.004$ ).

209

### 210 *Wild Numbat*

211 WLD used burrows, hollow logs and tree hollows as night retreats during the study  
212 period. There was no significant effect of  $T_a$  on retreat type ( $F_{2,16} = 0.06$ ,  $p = 0.945$ ), and  
213 there was no relationship between mean nightly  $T_a$  and  $T_b$  ( $F_{1,15} = 0.029$ ,  $p = 0.868$ ). The  
214 time that WLD first became active (left his retreat), obtained from the time that his  $T_b$   
215 telemetry signal disappeared due to the short range and specific positioning of the  
216 receiving/logging equipment, was 0940 h  $\pm$  22.8 min, and his mean  $T_b$  when activity  
217 commenced was  $35.0 \pm 0.26$   $^{\circ}\text{C}$ . WLD's daytime  $T_b$ , measured during his activity period,  
218 ranged from 36.6–40.0  $^{\circ}\text{C}$  (Table 1). Active  $T_b$ s were recorded over the  $T_a$  range 10.1–  
219 16.8  $^{\circ}\text{C}$ , and there was no significant relationship between  $T_b$  whilst active and  $T_a$  ( $F_{1,8} =$   
220 3.81,  $p = 0.087$ ). WLD's  $T_{b,min}$  (Table 1) ranged from 19.1–34.4  $^{\circ}\text{C}$  and was significantly  
221 higher in autumn ( $29.2 \pm 2.38$ ) than in winter ( $23.0 \pm 1.41$ ;  $F_{1,15} = 5.7$ ,  $p = 0.031$ ). The



222 mean time of  $T_{b,\min}$  was  $0649 \text{ h} \pm 35.4 \text{ min}$ . Mean  $T_{b,\min}$  when torpor did not occur (*i.e.*  
223 when  $T_{b,\min} > 30 \text{ }^\circ\text{C}$ ) was  $32.5 \pm 0.60 \text{ }^\circ\text{C}$ .

224

225 The wild numbat entered torpor on 28.6 % of nights in autumn and 90 % during winter.  
226 Torpor began at  $2213 \text{ h} \pm 3 \text{ h } 35 \text{ min}$ , ending at  $0848 \text{ h} \pm 24 \text{ min}$ , with the longest  
227 recorded torpor duration being 15.3 h (1817 h to 0934 h; Table 1). The mean  $T_{b,\text{torpor}}$  for  
228 WLD was  $24.8 \pm 0.62 \text{ }^\circ\text{C}$ . His mean cooling rate was  $1.1 \pm 0.12 \text{ }^\circ\text{C h}^{-1}$  and his mean  
229 arousal rate  $7.6 \pm 0.53 \text{ }^\circ\text{C h}^{-1}$ . There was no relationship between these rates and  $T_a$  ( $F_{1,11}$   
230 = 0.005,  $p = 0.43$ ;  $F_{1,11} = 1.37$ ,  $p = 0.266$  respectively). One day (26/7/2003) the numbat  
231 did not leave his burrow due to inclement weather, and his  $T_b$  was monitored  
232 continuously during this time (Figure 3). The time of arousal from torpor on the first day  
233 was typical (0800 h), and his  $T_b$  increased at a typical rate of  $7.9 \text{ }^\circ\text{C h}^{-1}$  to a maximum of  
234  $37.3 \text{ }^\circ\text{C}$  at 1300 h, whilst in his burrow. After this,  $T_b$  declined at a rate of  $0.78 \text{ }^\circ\text{C h}^{-1}$ , he  
235 entered torpor again at 1817 h, and attained a minimum  $T_b$  of  $19.5 \text{ }^\circ\text{C}$  again at 0740 h the  
236 following morning.

237

## 238 **Discussion**

### 239 *Daily patterns of $T_b$*

240 The numbat's  $T_b$  rhythm was typical of that for other endothermic mammals (Refinetti  
241 and Menaker 1992), being higher during its active phase than during its inactive phase  
242 (Figure 2). Unlike nocturnal marsupials (Guiler and Heddle 1974; Geiser 1986; Rose *et al.*  
243 *1990*; Gemmell *et al.* 1997) which have maximal  $T_b$ s during the night, the diurnal  
244 numbat's  $T_b$  was highest during the daytime and lowest at night, with maximum  $T_b$ s  
245 recorded around midday and minimum  $T_b$ s around 0600 h.

246

247 The numbat's  $T_b$  showed a mean daily variation of almost  $6 \text{ }^\circ\text{C}$  when not entering torpor,  
248 which is greater than the range of around  $2 \text{ }^\circ\text{C}$  typical for other non-torpid Australian  
249 marsupials (Guiler and Heddle 1974; Brown and Dawson 1977; Geiser 1986; Rose *et al.*  
250 *1990*; Gemmell *et al.* 1997) but is similar to that of antelope ground squirrels (Chappell  
251 and Bartholomew 1981). This large range results from fairly typical mean  $T_{b,\max}$  values  
252 ( $37.7\text{-}38.2 \text{ }^\circ\text{C}$ ), but quite low mean  $T_{b,\min}$  values ( $32.1\text{-}32.4 \text{ }^\circ\text{C}$ ). This mild and controlled

253 nocturnal hypothermia is presumably associated with a reduced metabolic rate, which  
254 would be important for energy conservation, especially since being inactive at night when  
255  $T_{a,s}$  are lower would be associated with higher resting energetic demands. Like the  
256 numbat, variation in the  $T_b$  of antelope ground squirrels is also around 6 °C, and also  
257 results from a reduced minimum  $T_b$  rather than an increased maximum  $T_b$  (Chappell and  
258 Bartholomew 1981).

259

### 260 *Torpor*

261 This study confirms an anecdotal report (Serventy and Raymond 1973) that numbats  
262 enter torpor. All of the dasyurid species that have been examined (approximately 50 % of  
263 all Australian dasyurids) utilise torpor to some extent (Geiser 2003). As numbats are most  
264 closely related to the family Dasyuridae within the Marsupialia (Baverstock *et al.* 1990),  
265 it is not surprising that they too use torpor to help balance their energy budgets. The  
266 shallow, daily torpor pattern that we observed for numbats is typical of dasyurid  
267 marsupials (Geiser 1994; 2003), with torpor bouts lasting < 24 h and  $T_{bmin}$  during torpor  
268 > 11 °C (minimum recorded  $T_{bmin}$  19.1 °C). Since torpor in numbats is spontaneous,  
269 occurring when food is freely available (*e.g.* torpor occurred frequently in captive  
270 numbats fed equivalent amounts of food year round), it appears to be part of the daily  
271 cycle in colder months to reduce energy expenditure rather than a response to acute  
272 energy stress (Geiser 2003). However torpor depth and duration are variable day to day,  
273 and vary somewhat between individuals, so these may be adaptive to daily energy intake.

274

275 Numbats typically entered torpor in the early mornings (around 0330 h), and became  
276 normothermic again about mid morning (around 0800 h). Nocturnal dasyurids generally  
277 enter torpor in the early morning, and torpor continues into the daily rest phase, with  
278 arousal occurring in the late morning or afternoon. Diurnal numbats, however, arouse  
279 from torpor at around 0800 h (even when remaining inactive for the day), as their activity  
280 phase is during the day (Figure 2). If torpor is extended, the increased duration occurs by  
281 entering torpor earlier (*i.e.* late at night rather than early morning) rather than staying  
282 torpid towards midday or early afternoon. This enables the numbats to be ready for  
283 activity during the day, when termites are most abundant (Maisey and Bradbury 1983;

284 Christensen *et al.* 1984; Friend 1986). WLD's maximum torpor duration (15.3 h) is  
285 longer than that predicted for marsupials (8.8 h) from the relationship  $\log \text{duration (h)} =$   
286  $2.88 - 1.51 \log T_{\text{bmin}}$  (determined for captive dasyurids; Geiser 1994). This extended  
287 torpor duration increases nightly energy savings, which is presumably important for the  
288 termitivorous numbat.

289

290 The cooling rates of the numbats were very slow, and all three numbats also had slow  
291 arousal rates, compared to other marsupials. The mean arousal rate for the three numbats  
292 was  $7.1 \text{ }^\circ\text{C h}^{-1}$ , which is only 35 % of that predicted for marsupials (overall arousal rate)  
293 from the equation  $\log \text{arousal rate (}^\circ\text{C min}^{-1}\text{)} = -0.174 \log_{10} \text{mass(g)} + 0.006$  (Geiser and  
294 Baudinette 1990), suggesting that perhaps the metabolic scope of numbats is lower than  
295 that of other marsupials. There was no relationship between  $T_a$  and arousal rate for WLD.  
296 Generally there is a strong effect of  $T_a$  on arousal rates for marsupials, with arousal rate  
297 increasing with increasing  $T_a$  (Geiser and Baudinette 1987, 1988). However the effect of  
298 temperature on arousal rate is greater for small species (which have a high surface  
299 area/volume ratio) than larger species, so perhaps for the numbat, which has a  
300 comparatively large body mass, the effect of  $T_a$  is very much reduced. In addition, the use  
301 of night refuges, especially burrows, buffers numbats from outside  $T_a$  (Cooper 2004) so  
302 that environmental  $T_a$  during arousal has little if any impact on the numbats.

303

#### 304 *Calculated metabolic rates*

305 To estimate the energetic significance of nightly hypothermia and torpor, it is necessary  
306 to know the metabolic rate of numbats at various  $T_b$ s. Unfortunately, the numbats would  
307 not enter torpor in a laboratory metabolic system, but we can estimate the metabolic rate  
308 of hypothermic and torpid numbats (Figure 4). Calculated metabolic rates ( $\text{VO}_{2\text{calc}}$ ;  $\text{ml O}_2$   
309  $\text{min}^{-1}$ ) were estimated for WLD when in a burrow after Withers *et al.* (1990) from the  
310 equation  $\Delta T_b = 20.1[\text{VO}_{2\text{calc}} - C(T_b - T_a)] / (m \cdot \text{SH})$ , where  $\Delta T_b$  is the change in  $T_b$  ( $^\circ\text{C min}^{-1}$ ;  
311 calculated from a running average of 20 min of  $T_b$  values),  $C$  is thermal conductance ( $\text{ml}$   
312  $\text{O}_2 \text{ }^\circ\text{C}^{-1} \text{ min}^{-1}$ ),  $m$  is body mass (g),  $\text{SH}$  is the specific heat of tissues ( $3.47 \text{ J g}^{-1} \text{ }^\circ\text{C}^{-1}$ ) and  
313  $1 \text{ ml O}_2$  is assumed to be equivalent to 20.1 J. Thermal conductance was the sum of  
314 numbat resistance ( $R = 1/C$ ;  $C$  from Cooper and Withers 2002) and nest resistance ( $R_{\text{nest}}$

315 =  $1/C_{\text{nest}}$ ;  $C_{\text{nest}}$  from Cooper 2004).  $T_a$  was assumed to be 11.7 °C (mean  $T_a$  within a  
316 numbat burrow in winter, Cooper 2004), and as burrows remain at a constant temperature  
317 overnight,  $VO_{2\text{calc}}$  was only estimated for WLD when in a burrow, not when in a log or  
318 tree hollow, or for captive numbats in a nest box where  $T_a$  is variable (Cooper 2004).

319

320 From these estimates of  $VO_2$ , WLD was calculated to conserve 6.6 kJ over 9 h ( $0.73 \text{ kJ h}^{-1}$ )  
321 by nightly hypothermia ( $T_b$  drop of 1.7 °C; this calculation accounts for the energetic  
322 cost of re-warming). Calculated energy savings resulting from nightly hypothermia by  
323 antelope ground squirrels were similar, approximately 9.5 kJ over 14 h ( $0.68 \text{ kJ h}^{-1}$ ;  
324 Chappell and Bartholomew 1981). The energy conserved by lowering  $T_{\text{bmin}}$  during  
325 nocturnal hypothermia may be particularly important for numbats which feed on a low-  
326 energy termitivorous diet, with this small change in  $T_b$  reducing the numbat's required  
327 daily food intake by approximately 425 termites (assuming 0.015 kJ of assimilated  
328 energy per termite, Cooper and Withers 2004).

329

330 Calculated  $VO_2$  values for WLD in a burrow indicated substantial energy savings from  
331 torpor (Figure 4). By decreasing  $T_b$  by an average of 9.5 °C for 12.5 h, WLD reduced  
332 energy expenditure by 34.1 kJ, while a reduction in  $T_b$  of 11.3 °C for the same time  
333 resulted in a saving of 114.7 kJ. This energy saving equates to 13 - 42 % of the numbat's  
334 field metabolic rate (Cooper *et al.* 2003b) and savings of 2208 - 7440 termites (Cooper  
335 and Withers 2004). Note that these calculations included entry into and the metabolic  
336 'overshoot' for arousal from torpor (Figure 4), which reduces the energetic advantage of  
337 torpor. When  $T_b$  was low (19.8°C) for WLD in his burrow,  $VO_{2\text{calc}}$  was only  $0.28 \text{ ml O}_2 \text{ g}^{-1}$   
338  $\text{h}^{-1}$  which is 72 % of BMR ( $0.39 \text{ ml O}_2 \text{ g}^{-1} \text{ h}^{-1}$ ) and 20.4 % of resting metabolic rate  
339 (RMR;  $1.37 \text{ ml O}_2 \text{ g}^{-1} \text{ h}^{-1}$  at  $T_a = 11.7 \text{ °C}$ ; Cooper and Withers 2002). However this  
340 reduction in MR is smaller than in other marsupials during torpor and reflects the  
341 comparatively high  $T_{\text{b,min}}$  of the numbat.

342

### 343 *Season*

344 Season appears to have a strong affect on the occurrence and pattern of daily torpor in the  
345 numbat. Torpor bouts were significantly more frequent, deeper and longer in winter than

346 in spring or summer for captive numbats (housed outdoors with natural weather and  
347 photoperiod). The wild numbat also showed seasonal variation, with more frequent,  
348 longer and deeper torpor bouts in winter compared to autumn. Seasonal variation has  
349 been observed in aspects of daily torpor for other dasyurids. Fat-tailed and striped-faced  
350 dunnarts (*Sminthopsis crassicaudata* and *S. macroura*), and kowari (*Dasyuroides byrnei*)  
351 all showed an increased tendency to enter torpor during winter than in other seasons,  
352 presumably due to exposure to lower  $T_a$  and reduced food availability during winter  
353 (Geiser and Baudinette 1987). Like the two dunnarts, numbats appeared to have a lower  
354 setpoint for  $T_{b,min}$  during torpor in winter than in other seasons. However, unlike other  
355 dasyurids utilising daily torpor, numbats also showed seasonal variation in the duration of  
356 torpor bouts, with longer bouts in winter compared to other seasons. Therefore, unlike  
357 dunnarts that achieve seasonal adjustment of energy budgets by reducing the depth of  
358 torpor, numbats use a combination of increased depth and increased duration to reduce  
359 their energy expenditure in winter.

360

### 361 **Acknowledgements**

362 We thank Perth Zoo for access to the numbats, and the Veterinary Department for  
363 implanting the numbats with telemeters. We also thank Dr Tony Friend and Neil Thomas,  
364 Department of Conservation and Land Management, for permission to work with the  
365 numbats, and for providing the wild numbat. We are extremely grateful to Dr Shane  
366 Maloney, University of Western Australia, for his assistance, advice and the loan of  
367 equipment. This study was approved by both the University of Western Australia and  
368 Perth Zoo animal ethics committee, and was supported by an APA to C. Cooper, by the  
369 University of Western Australia, and by the Australian Government's Cooperative  
370 Research Centers Program through funds from the CRC for Conservation and  
371 Management of Marsupials.

372

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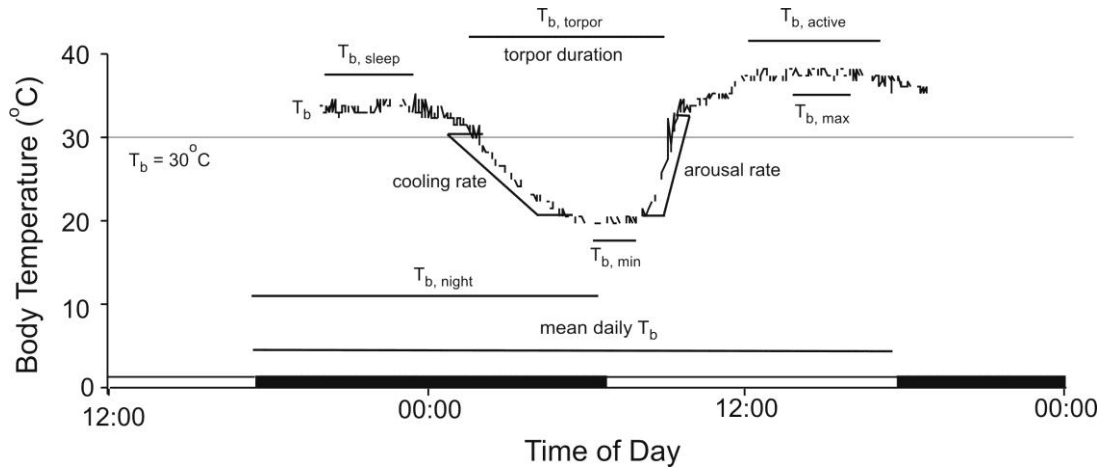
452 **Table 1:** Body temperature variables for unrestrained, captive, wild-caught (CW) and  
 453 captive born (CB), and free-living (WLD) numbats. Sample size is given in parentheses.

	CW	CB	WLD
$T_{b, \text{active}}$ (°C)	$37.4 \pm 0.13$ (90)	$37.7 \pm 0.07$ (65)	$35.0 \pm 0.26$ (17) <sup>a</sup>
$T_{b, \text{max}}$ (°C)	$37.7 \pm 5$ (90)	$38.2 \pm 4.7$ (65)	$38.3 \pm 0.25$ (6)
$T_{b, \text{min}}$ (°C)	$29.1 \pm 0.47$ (90)	$30.1 \pm 0.43$ (65)	$25.4 \pm 1.45$ (17)
Lowest $T_{b, \text{min}}$ (°C)	19.4	20.2	19.1
Non-torpid $T_{b, \text{min}}$ (°C)	$32.1 \pm 0.2$ (51)	$32.4 \pm 0.26$ (37)	$32.5 \pm 0.6$ (6)
Torpor duration (h)	$4.3 \pm 0.39$ (33)	$4.1 \pm 0.47$ (23)	$9.7 \pm 1.2$ (17)
$T_{b, \text{torpor}}$ (°C)	$26.4 \pm 0.36$ (33)	$27.9 \pm 0.32$ (23)	$24.8 \pm 0.70$ (13)
Torpor $T_{b, \text{min}}$ (°C)	$24.8 \pm 4.07$ (33)	$26.8 \pm 0.53$ (23)	$21.8 \pm 3.3$ (11)
Cooling rate (°C h <sup>-1</sup> )	$2.1 \pm 0.11$ (33)	$1.7 \pm 0.13$ (23)	$1.1 \pm 0.12$ (13)
Arousal rate (°C h <sup>-1</sup> )	$7.8 \pm 0.69$ (33)	$6.1 \pm 0.68$ (23)	$7.6 \pm 0.53$ (13)

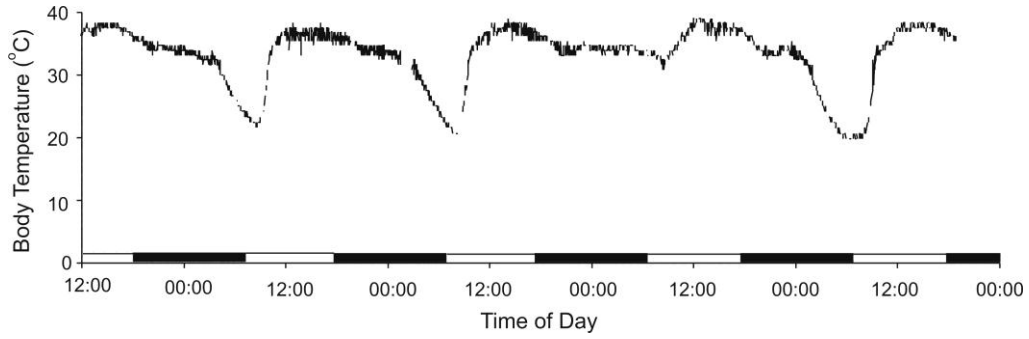
454 <sup>a</sup>mean  $T_b$  when activity commences (°C).

455

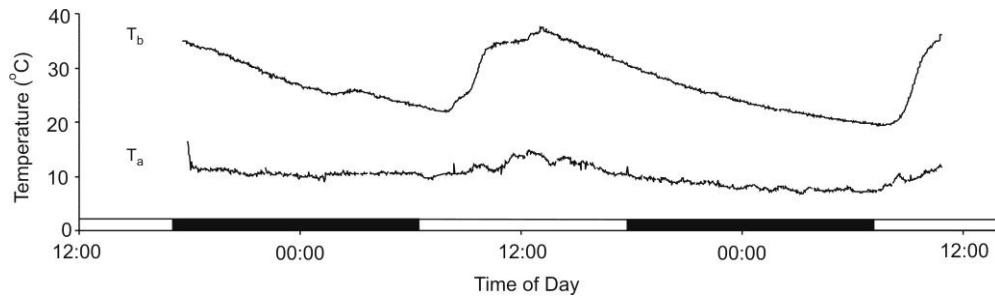
456 **Figure 1:** The body temperature ( $T_b$ ) of a numbat over 24 h, showing the periods used to  
457 calculate various  $T_b$  parameters (see text). The dark bars indicate the period between  
458 sunset and sunrise.  
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465 **Figure 2:** Body temperature ( $T_b$ ) of a captive numbat (CW) over four consecutive days,  
466 where the dark bars indicate the period between sunset and sunrise.  
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473 **Figure 3:** Body temperature ( $T_b$ ) and ambient temperature ( $T_a$ ) of a wild numbat (WLD)  
474 that was in a burrow, over 48 hours. The dark bars indicate the period between sunset and  
475 sunrise.  
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478 **Figure 4:** Body temperature ( $T_b$ ) and calculated metabolic rate ( $MR_{calc}$ ) of a wild numbat  
479 overnight while in a burrow, showing an episode of torpor.  
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