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1 **The role of P-glycoprotein and breast cancer**  
2 **resistance protein (BCRP) in bacterial**  
3 **attachment to human gastrointestinal cells**

4

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16

17 Part of this work was presented as a poster presentation at the World Pharma  
18 Conference in Copenhagen, Demark in July 2010

19

20

21 Short title:

22 P-gp expression reduces bacterial attachment

23

## 24 **Abstract**

25 **Background and aims.** Active efflux proteins such as P-glycoprotein (P-gp) are  
26 thought to have a protective role in the intestinal tract by preventing xenotoxin  
27 absorption. Some bacteria also need to adhere to the intestinal tract before causing  
28 disease through adhesion secretion. Thus, this study was initiated to examine  
29 whether any association exists between bacterial adhesion and P-gp expression.

30 **Methods.** Three human cell lines (Caco2, RKO, MCF7), and 6 species of bacteria  
31 were used in this study (*Escherichia coli*, *Staphylococcus aureus*, *Salmonella*  
32 *typhimurium*, *Klebsiella pneumoniae*, *Clostridium sporogenes* and *Pseudomonas*  
33 *aeruginosa*). Following incubation of our cells with active efflux inhibitors, bacteria  
34 incubated with a stable fluorescent dye were co-incubated at 37°C for various times  
35 up to 240 min. Fluorescence intensity was used to compare bacterial attachment to  
36 these cell lines with either normal efflux protein expression or with induction or  
37 inhibition of efflux proteins. **Results.** P-gp inhibition by either PSC-833 or GF120918  
38 resulted in a significant increase of all bacterial attachment to Caco2 cells upto 3 fold.  
39 RKO cells and MCF7 cells did not alter their bacterial attachment with PSC-833.  
40 Fumitremorgen C, a dedicated BCRP inhibitor had no effect. In addition, rifampicin, a  
41 P-gp inducer, resulted in some limited reduction in *Salmonella* and *Klebsiella*  
42 attachment only. **Conclusions.** These results indicate P-gp expression may  
43 contribute to the resistance of potential bacterial toxicity, by preventing them  
44 adhering to human enterocytes cells in the gastrointestinal tract, which may reduce  
45 the risk or intensity of gastrointestinal disorders.

46

47

48 Key Words: Caco2, MDR1, *E.coli*, BCRP, IBD

## 49 **Introduction:**

50

51 The gastrointestinal tract is resident to over 300 different species of bacteria <sup>1</sup>. The  
52 process of their bacterial adhesion has two-phases which are comprised of an initial,  
53 instantaneous, and reversible physical phase followed by a time-dependent and  
54 irreversible molecular and cellular phase <sup>2</sup>. It is well recognized that the adhesion of  
55 bacteria to biological surfaces is a prerequisite to invasion and is the first step in  
56 pathogenesis <sup>3</sup>. After attachment, in most cases pathogens will penetrate the  
57 epithelial layer, interacting with leukocytes and macrophages to induce an immune  
58 response. Bacterial adherence is also an important factor in the development of  
59 inflammatory bowel disease, as it has been shown that the number of bacteria  
60 attached to the intestinal tract is higher in IBD than in those of the normal population <sup>4</sup>.  
61 <sup>5</sup>.

62

63 The etiology of IBD remains unresolved, however the persistent inflammation seen in  
64 IBD may be a result of enhanced immunological response to natural constituents of  
65 the gut or an autoimmune dysregulation or imbalance <sup>6</sup>. Despite these proposed  
66 causes it remains evident that intestinal flora are an important co-factor in the  
67 pathogenesis of intestinal inflammation, given that broad-spectrum antibiotics can  
68 prevent initiation of IBD and reverse colitis in humans and animal models <sup>7-9</sup>.  
69 Moreover patients with IBD, appear to have an increased reactivity to their resident  
70 intestinal flora <sup>7</sup>.

71

72 Intestinal epithelial cells are known to express the multi drug resistance (MDR1)  
73 protein also known as the ABCB1 gene product or P-glycoprotein <sup>7</sup>. In humans, P-

74 glycoprotein is concentrated at the apical surfaces of superficial columnar epithelial  
75 cells of the colon and the jejunum, the liver and pancreas <sup>10</sup>. It is also found in the  
76 surface of the epithelium of the choroid plexus, which forms the blood-cerebrospinal  
77 fluid barrier as well as the blood brain barrier <sup>6</sup>.

78  
79 Panwala and colleagues showed that one quarter of *mdr1a*(-/-) knockout mice  
80 developed loose stools and had reduced growth rates <sup>7, 11</sup>. Furthermore these mice  
81 developed extra-intestinal manifestations of inflammation in the kidney, the liver and  
82 the spleen. These signs and symptoms have also been observed in human patients  
83 with inflammatory bowel disease. The similar characteristics of colitis in *mdr1a* (-/-)  
84 mice to that of patients with IBD suggested a link between reduced activity of P-  
85 glycoprotein in intestinal epithelial cells and pathogenesis of IBD. The prevention or  
86 reversal of this condition in these mice by antibiotic treatment further emphasized the  
87 link between bacteria and P-gp <sup>7</sup>. In addition, other research teams have started  
88 examining which bacteria are likely to induce this pathology in *mdr1*(-/-) mice, such  
89 as some species of *Helicobacter* <sup>12</sup>. Recent studies also confirm that patients with  
90 active IBD have reduced P-gp expression in the gastrointestinal tract <sup>13</sup>.

91  
92 The purpose of this study was to investigate whether P-glycoprotein was able to alter  
93 bacterial adherence to Caco2 cells and then to compare Caco2 binding with a 2<sup>nd</sup>  
94 gastrointestinal cell line with no active P-gp expression or BCRP, or a human cell line  
95 with high BCRP expression, MCF7 with very low P-gp expression (although in this  
96 case a breast cancer cell line). Caco2 cells are commonly used models for the  
97 differentiated human intestine. The cells are derived from colon carcinoma and are  
98 able to differentiate spontaneously after confluence and show epithelial cell  
99 polarization and a fully developed apical brush-border membrane two weeks

100 postconfluence <sup>14</sup>. They are also able to form microvilli and express small intestinal  
101 like characteristics both biochemically and morphologically, including high P-  
102 glycoprotein expression <sup>15, 16</sup>. The RKO colorectal carcinoma cell line has virtually no  
103 detectable P-gp activity and minimal BCRP activity, as shown from this study, and  
104 previously <sup>17</sup>, while MCF-7 which is an oestrogen receptor positive, tumour derived  
105 breast cancer cell model <sup>18</sup>, that also shows no functional expression of P-gp, but  
106 does have high BCRP expression <sup>19</sup>.

107 Six bacterial species were used for this project, from Gram negative rod shaped  
108 *Escherichia coli*, *Salmonella typhimurium*, *Klebsiella pneumoniae* and *Pseudomonas*  
109 *aeruginosa* to Gram positive rod shaped *Clostridium sporogenes* (anaerobe) and  
110 Gram positive cocci shaped *Staphylococcus aureus*.

111

112

113

## 114 **Materials and Methods**

### 115 **Chemicals**

116 PSC 833 was a kind donation from Novartis Pharmaceuticals (Basel, Switzerland),  
117 GF 120918 was kindly donated from GlaxoSmithKline (Victoria, Australia). MK571  
118 and Glyburide were purchased from Biomol International biochemicals.  
119 Fumitremorgin C was purchased from Alexis Biochemicals. BacLight Green was  
120 obtained from Molecular Probes (Eugene, Oregon, USA) while rifampicin,  
121 progesterone, Rhodamine 123 (Rh123), and most other fine chemicals used were  
122 purchased from Sigma-Aldrich (Castle Hill, NSW, Australia).

123 Dulbecco's Modified Eagles Medium (DMEM) and Dulbecco's Phosphate buffered  
124 saline (PBS) were also purchased from Sigma Aldrich (Castle Hill, NSW Australia.)  
125 Penicillin G (10,000U/mL), Streptomycin sulphate (10,000 µg/mL) and L-glutamine  
126 were from Gibco (Melbourne, Australia.) Non-essential amino acid solution (NEAA)  
127 was obtained from Trace Biosciences (Castle Hill, NSW, Australia,) while fetal calf  
128 serum (FCS) was supplied by Australian Commonwealth Serum Laboratories  
129 (Parkville, Vic, Australia.)

130 Caco2 cells growth medium contained 10% FCS, 1mM non-essential amino acid  
131 (NEAA), 100U/mL Penicillin/Streptomycin and 2mM L-glutamine in DMEM.

132 Micro BCA protein assay chemicals were obtained in a kit from Pierce (Illinois, USA.  
133 Western blotting reagents (antibody wash and chemiluminescent substrate) were  
134 obtained from Invitrogen and were part of the Western Breeze detection kit. Ponceau  
135 S solution and protease Inhibitor tablets were purchased from Sigma Aldrich (Castle  
136 Hill, NSW, Australia.) The P-gp Mdr (G-1) mouse monoclonal, MRP1 (QCRL-1)  
137 mouse monoclonal, MRP2 (M2 III-6) mouse monoclonal antibodies were obtained

138 from Santa Cruz Biotechnology. The BCRP (BXP-21) mouse monoclonal antibody  
139 was purchased from Chemicon (Invitrogen, Mulgrave, Vic, Australia).  
140 Nutrient agar, nutrient broth and Thioglycate medium were from Oxoid Australia  
141 (Thebarton, Adelaide, South Australia).

142

### 143 **Bacterial culture**

144 The aerobic bacteria were stored in bottles of nutrient broth. The aerobic bacteria  
145 (*Escherichia coli* W (ATCC 9637), *Staphylococcus aureus* (ATCC 6538), *Salmonella*  
146 *typhimurium* (ATCC 7823), *Klebsiella pneumoniae* var *aerogenes* (NCDC 379-68)  
147 and *Pseudomonas aeruginosa* (NCTC 7244)) were inoculated onto agar plates and  
148 incubated for 48 hours at 37°C. *Clostridium sporogenes* (NCTC 533) was also  
149 inoculated onto agar plates and grown in anaerobic conditions for 72 hours.

150

### 151 **BacLight Green preparation**

152 Preliminary studies were conducted on BacLight Green stain (dissolved in DMSO to  
153 form 1 mM stock concentrations) to identify its potential to inhibit bacterial growth.

154 Colonies of bacteria were scraped from agar plates and suspended in cold sterile  
155 PBS. The bacteria were then centrifuged at 3000 g for 10 minutes. Resuspending the  
156 pellet in 2x500µL cold PBS, 8µL of a 100µM BacLight Green solution in DMSO was  
157 added to one tube for each of the bacteria to give a final dye concentration of 1.60  
158 µM. These tubes were incubated for 45 minutes at room temperature then  
159 centrifuged at 12000 g for 6 min, aspirated and washed three times with cold PBS.  
160 After the final wash, the pellets were re-suspended and plated on nutrient agar plates.  
161 The nutrient agar plates were incubated at 37°C for 24 hours (72 hours for  
162 *Clostridium sporogenes*) and were compared to controls to determine whether any

163 growth retardation has occurred either with colony counts or general growth  
164 characteristics.

### 165 **Fluorescence method**

166 A 96 well fluorescence plate reader (Fluostar Optima) from BMG LabTech  
167 (Moorabbin, Victoria, Australia) was used to detect fluorescent bacteria in black 96  
168 well plates. A 485 nm Excitation filter and 520nm Emission filter were used for  
169 detection using both top excitation and emission.

170

### 171 **Determining a rapid cell count**

172 In order to count the number of colony forming units on the same day as the  
173 fluorescence study, standard curves were developed for each of the 6 bacteria.  
174 Firstly a test was done to ensure that the absorbance measurement was not altered  
175 by adding the fluorescent dye to the bacteria. Stained and unstained bacterial  
176 suspensions in PBS were serially diluted in 96 well plates from stock, to 1/256<sup>th</sup> of  
177 stock. Absorbance measurement was carried on these samples at 415nm  
178 wavelength using a Tecan Sunrise 96 well plate reader using the Magellan 3  
179 software for Windows 2000. There was no significant difference between the  
180 absorbance for the bacterial suspensions with or without BacGreen Light staining.  
181 Samples from each well of bacteria was diluted 1000 fold in PBS and spread over  
182 4.7cm agar plates and allowed to grow for up to 48 hours. Dilutions of bacteria that  
183 showed between 40 and 1000 colony forming units per plate were used for  
184 generation of standard curves. After incubation, the colonies on each of the plates  
185 were counted using a Chemilmager™ 4400 from AlphaInnotech (Cell Biosciences,  
186 Santa Clara, CA, USA) with the assistance of the colony counting module with the  
187 AlphaEaseFC program. This enabled linear regression analysis of the absorbance vs

188 cell count and provided a formula to estimate cell count from absorbance to be  
189 determined for all individual bacterial species ensuring equivalent bacterial addition  
190 to the human cell lines. In addition, previous studies had already shown that BacLight  
191 Green accumulated inside the bacteria did not leak back out into the culture  
192 environment <sup>20</sup>, which is a key characteristic needed to ensure no non-specific  
193 binding of our human cells during the attachment studies.

194

### 195 **Human cell growth.**

196 Caco-2 cells, RKO and MCF7 cells were grown in 25 cm<sup>2</sup> flasks. Cells were grown in  
197 'growth medium' (high glucose DMEM with 25 mM Hepes (pH 7.4), 2 mM glutamine,  
198 1 mM non-essential amino acids, 100 U/ml penicillin-streptomycin and 10% fetal calf  
199 serum (FCS)) in a 37°C incubator with 5% CO<sub>2</sub>.

200 Caco-2 cells were incubated for 19 days to allow full maturation of the monolayer of  
201 cells, including active P-gp expression, while the other cell lines were used 6-7 days  
202 after splitting at 20,000 cells per mL (2000 cells per well). The bacterial adhesion  
203 studies were conducted using 'assay medium' consisting of HBSS supplemented  
204 with both glucose (Ajax chemicals, NSW, Australia) and HEPES to give final  
205 concentrations of 25 and 10 mM respectively. The pH was adjusted to 7.4 using 1M  
206 NaOH and 10% FCS was added to the medium to prevent the cells lifting off the  
207 base of 96 well plates during the extended 5 hour incubation in this buffered salt  
208 solution. A key difference between growth medium and assay medium was the  
209 absence of antibiotics in assay medium.

## 210 **P-gp and other transport inhibition/enhancement:**

211 In studies where inhibition of P-gp, MRP1, MRP2 or BCRP were performed in  
212 conjunction with known substrates, cells were pre-incubated in HBSS containing the  
213 inhibitors for 30 min before initiation of the study. The P-gp inhibitors included 4  $\mu$ M  
214 PSC-833 and 4  $\mu$ M GF120918 (although this P-gp inhibitor is also known to inhibit  
215 BCRP). Fumitremorgin C at 10  $\mu$ M was used as a potent BCRP inhibitor, and  
216 Glyburide (200  $\mu$ M) was used as broad MRP and ABCA1 inhibitor, although was  
217 subsequently discovered to inhibit P-gp also. The general MRP inhibitors 500  $\mu$ M  
218 probenecid or for MRP1, MK571 at 25  $\mu$ M were also used, to provide comparative  
219 non-Pgp efflux inhibition data.

220 In studies where induction of active efflux proteins was attempted, cells were  
221 incubated with 20  $\mu$ M rifampicin, 10  $\mu$ M  $\beta$ -estradiol, 50  $\mu$ M carbamazepine or 10  $\mu$ M  
222 progesterone for 48 hours (Progesterone is a known P-gp inhibitor, however other  
223 research suggested that it could induce BCRP and P-gp over the long term)<sup>21,22</sup>.  
224 Our data suggested that the only significant outcome of 48h pre-incubation with  
225 progesterone was binding of progesterone to P-gp that was not washed off with cold  
226 PBS, with little evidence of induction via western blotting (results not shown).

227

## 228 **Confirmation of P-gp induction**

229 To confirm that P-gp inducers such as rifampicin, methylprednisolone or  
230 progesterone increased the expression of active efflux proteins, western blotting was  
231 performed to measure protein levels.

232 Caco2 cells, RKO or MCF7 cells used for protein determination were incubated in 25  
233 cm<sup>2</sup> flasks with potential inducers concurrently with the cells of the same passage  
234 number in the 96 well plates for bacterial adhesion studies. Lysis buffer (20mM tris

235 HCl, 120mM NaCl, 1% non-idet P40 substitute, 0.1% SDS and a protease inhibitor  
236 cocktail (SigmaAldrich)) was added to the Human cell lines and left for 10 minutes.  
237 These samples were then placed in a sonicating water bath for 10 minutes, to assist  
238 with membrane disruption. Samples were centrifuged at 10,000g for 10 min, and the  
239 supernatant collected for protein analysis. A modified Lowry assay using 96 well  
240 plates was used for total protein calculations. Standards using bovine serum albumin  
241 were prepared on the plate in duplicate between 10-1500 µg/mL.

242  
243 **Rhodamine 123 transport:**

244  
245 Caco-2 cells were seeded onto Millicell polycarbonate 0.6 cm<sup>2</sup> filter inserts in 24 well  
246 plates at 65,000 cells/cm<sup>2</sup>. Cells were grown in 'growth medium' (as above) in a 37°C  
247 incubator with 5% CO<sub>2</sub>.

248 Cells were incubated for 21 days to allow full maturation of the monolayer of cells,  
249 including active P-gp expression and increased trans-epithelial electrical resistance  
250 (TEER) formation<sup>23</sup>. The TEER was measured both before and immediately after the  
251 study using an EVOM meter and the ENDOHM 12 chamber (World Precision  
252 Instruments, Sarasota, FL, USA) with readings between 400-600 Ω.cm<sup>2</sup> for all cells in  
253 this study. Resistance readings at the end of each experiment were not significantly  
254 different from initial values.

255 Filter inserts were transferred to fresh 24 well plates for the studies. The studies were  
256 conducted using 'assay medium' consisting of HBSS supplemented with both  
257 glucose (Ajax chemicals, NSW, Australia) and HEPES to give final concentrations of  
258 25 and 10 mM respectively. The pH was adjusted to 7.4 using 1M NaOH. For pH 6.0  
259 studies, 10 mM Bis-Tris (USB, Cleveland, Ohio, USA) was used instead of HEPES  
260 and the pH adjusted with 1 M HCl. No Phenol red was present in the Assay medium,  
261 which was deemed important for fluorescence analysis of rhodamine 123 (Rh123)

262

263 Rifampicin was added at a 20  $\mu\text{M}$  concentration to the Caco-2 cells every 24 hours  
264 for 72 hours prior to the commencement of the Rh123 transport study. Cells were  
265 washed 3 times in HBSS prior to the transport study to remove rifampicin from the  
266 solution. Other Caco-2 cells were incubated in pre-warmed assay medium +/- PSC-  
267 833 for only 30 min prior to the study. TEER was measured and assay medium +/-  
268 PSC-833 were placed in the receiver chambers. Rh123 were added to the donor  
269 chamber of each well. The apical (Ap) and basolateral (Bas) chambers received 0.3  
270 and 0.6 ml of medium respectively. Sample was removed from the receiver chamber  
271 at various times over a three hour period. Constant volumes were maintained by  
272 adding pre-warmed medium to the receiver chambers in order to maintain an  
273 equilibrium pressure differential between the volumes in the donor and receiver  
274 chambers. Rh123 was detected using the FluoStar Optima 96 well fluorescence plate  
275 reader. The excitation filter was 485 nm and emission filter was 520 nm. Standard  
276 curves were generated using dilutions of the stock 10  $\mu\text{M}$  Rh123 solution in HBSS  
277 using the same volumes collected in the experiment. Fluorescence was detected of  
278 aliquots collected in black fluorescence 96 well plates.

279 Drug transport through cell monolayers was calculated both as a simple amount  
280 passing the monolayer per min, which would vary depending on the concentration  
281 used in the donor compartment, and as an apparent permeability co-efficient as  
282 calculated previously<sup>24, 25</sup>. Briefly, this calculation allows for a modification to the  
283 original Artursson equation<sup>26</sup>, where the concentration in the donor compartment ( $C_0$ )  
284 is re-calculated after every 30 min time point to compensate for that already present  
285 in the receiver chamber to ensure a greater accuracy in calculating the rate of  
286 movement into the opposing chamber.

287

## 288 **Western blotting for efflux protein detection**

289 Forty micrograms of proteins were added to each well of 3-8% Tris-Acetate gels from  
290 Novex (Invitrogen) and electrophoresis conducted. Once the proteins had been  
291 transferred onto Immuno-blot PVDF membranes, they were washed in TBST (Tris  
292 buffered saline + 0.05% Tween 20).

293 Total protein was checked using the Ponceau S staining method, prior to blocking the  
294 membranes. Invitrogen's Western Breeze western blotting kit was used for all  
295 subsequent protocols prior to viewing the immunoblots in an Alpha-Innotech  
296 Chemilmager 4400 with chemiluminescent detection and a Coolsnap HQ camera.

297 Monoclonal primary antibodies included P-gp Mdr1 (G-1) mouse monoclonal, MRP1  
298 (QCRL-1) and MRP2 (M2 III-6) monoclonals were supplied from SantaCruz  
299 biotechnologyn(Santa Cruz, California, USA). BCRP monoclonal antibody (BXP-21)  
300 was purchased from abcam antibodies (Cambridge, UK) or Chemicon (Invitrogen,  
301 Mulgrave, Victoria, Australia). Monoclonal antibodies were diluted to a final  
302 concentration of 1µg/mL (usually a 200 fold dilution) and added alongside mouse  
303 anti-β-actin (Sigma-Aldrich) at 1:10,000 dilution onto the membrane and rocked at  
304 room temperature for 1.5 hours. After addition of the AP labelled 2<sup>nd</sup> antibody  
305 (supplied in WesternBreeze kit), Chemiluminescent reagent was added for 5 min  
306 before placing in the Chemilmager dark environment. The membrane was left for 10-  
307 20 minutes while chemiluminescence was captured on the Coolsnap HQ 14bit 1.3  
308 MP -30°C cooled digital camera. AlphaEase software was used to generate  
309 integrated density values of the proteins detected using chemiluminescence.

## 310 **Bacterial attachment study**

311 Prior to initiation of this study, fresh batches of bacterial broths were prepared and  
312 then plated to ensure no contamination has occurred. A number of these colonies

313 were scraped from the culture plates, suspended in PBS and washed. BacLight  
314 Green was added to each of the bacterial solutions to produce a concentration of 800  
315 nM and incubated for 45 minutes. After incubation, solution was centrifuged at 12000  
316 rpm for 6 minutes, washed 3 times with PBS and made up with PBS to a final volume  
317 of 1mL. 100 $\mu$ L of each sample was then diluted in 2 fold steps along a row of a 96  
318 multi-well plate and absorbance measured using a Tecan sunrise plate reader with a  
319 415 nm filter. From the readings, concentrations of each bacterial species could be  
320 calculated.

321  
322 PSC 833 and GF 120918 inhibit P-gp function by blocking the ATPase pump in a  
323 competitive manner, therefore these inhibitors must be present at all times during the  
324 bacterial attachment study <sup>27-29</sup>. Previous studies from our laboratory have shown  
325 both of these P-gp inhibitors to be very effective at the concentrations used in this  
326 study to block P-gp activity in the same Caco2 cell line used here <sup>30-32</sup>. The  
327 concentration of each of the bacteria calculated from the standard curves was then  
328 used to produce solutions with a final bacterial concentration of 10<sup>7</sup>CFU/100 $\mu$ L made  
329 up in DMEM containing either 4  $\mu$ M of GF 120918 or PSC 833. Likewise, studies  
330 conducted with 25  $\mu$ M MK571, 500  $\mu$ M probenecid, 5  $\mu$ M fumitremorgen C, 100  $\mu$ M  
331 genestein, 50  $\mu$ M quercetin and 200  $\mu$ M glyburide were prepared in the same way.

332  
333 Unlike our proposed inhibitors of active efflux proteins, the agents we considered as  
334 potential inducers needed 48 to 72 hours preincubation. When rifampicin,  
335 carbamazepine, progesterone or  $\beta$ -estradiol were used our confluent human cell  
336 cultures needed to be pre-incubated with these inducers 48 hours before the  
337 commencement of the bacterial attachment study as they had been shown in other  
338 studies, with different cells lines to increase P-gp function by enhancing its

339 expression<sup>33, 34</sup>. However, our western blot results were not conclusive in illustrating  
340 increased P-gp expression (results not shown). Nevertheless, cells preincubated with  
341 these agents we washed free of the drugs before initiating our hour bacterial  
342 adhesion studies to reduce the possibility that some of the potential inducing agents  
343 could have also had short term functional blocking ability. Some of the inducers of P-  
344 gp protein do so by blocking function of the protein, which encourages cells to  
345 upregulate expression of P-gp to compensate for the loss of existing function<sup>35, 36</sup>.  
346 More recent studies with 1  $\mu$ M digoxin, 3 mM Phenobarbital and 5  $\mu$ M 1, 25  
347 dihydroxyvitamin D have shown some increase in protein expression.

348

349 Human cells grown in black 96 multi-well plates were then prepared by aspirating  
350 and incubating them with Buffered salt solution containing efflux protein inhibitors for  
351 up to 30 minutes in the 5% CO<sub>2</sub> incubator. After the inhibitor solutions were  
352 aspirated, the cells were rinsed with PBS once and then fresh HBSS were loaded  
353 back into each of the wells. The bacterial solutions at 100 $\mu$ L per well were then  
354 added at the corresponding time points ranging from 30 to 240 minutes and  
355 incubated at 37°C in the 5% CO<sub>2</sub> incubator during this time period. Time points  
356 exceeding 4 hours were not used to limit any bacterial influence on direct pathogenic  
357 effects on the human cells<sup>37</sup>, as this study was focused on the attachment process of  
358 bacteria. Once the addition of bacterial solution to the Human cells at the required  
359 times had been completed, the cells were rinsed 3 times with cold PBS. A FLUOstar  
360 Optima fluorescent plate reader (BMG Labtechnologies) was used to measure  
361 fluorescence emitted and the data derived corresponded to the number of bacteria  
362 attached to the cell lines. The conditions set for fluorescence reading were as  
363 follows: A 485 nm excitation filter and a 520 nm emission filter, using an orbital

364 detection protocol to average the measurement over 20 different locations in each  
365 well, and each assay was done with quadruplicate individual wells at each time point.

### 366 **Test to confirm that P-gp inhibitors do not affect growth of bacteria**

367 To exclude the possibility of the P-gp inhibitors having a direct effect on the growth of  
368 the bacteria, parallel studies were conducted where co-incubation with the active  
369 efflux inhibitors was followed by culturing on nutrient agar plates and placing at 37°C  
370 overnight (72 hours for *Clostridium*.) The visible colonies on the plates were counted  
371 and compared to the bacterial samples without inhibitors present. We did not observe  
372 any inhibition of bacterial growth with the concentration of efflux inhibitors used in this  
373 study in concert with the bacterial solutions.

374

### 375 **Statistical analysis**

376 Student two-tailed unpaired t-tests were carried out on each set of quadruplicate  
377 results for each time point. Significant differences were considered to have occurred  
378 with a P value of less than 0.05. One way ANOVA with Dunett post hoc analysis was  
379 also conducted to compare the significance of inhibitors and inducers for each  
380 bacterial species and each human cell line. Statistical significance was reached if p  
381 values were less than 0.05.

382

383

384

## 385 **Results**

386 Individual efflux proteins were determined by Western blot analysis. Of the three cell  
387 lines examined, Caco2 cells proved to be the only one with significant quantities of P-  
388 gp (ABCB1) expressed (Figure 1). In addition, cells pre-incubated for 48 hours with  
389 rifampicin showed a small increased expression of P-gp when matched to cells  
390 passaged at the same time (wells 1 and 2), although this was only a minor increase.  
391 1, 25 dihydroxy vitamin D at both 0.75  $\mu\text{M}$  and 5.0  $\mu\text{M}$  concentrations for 72 hours  
392 were able to increase P-gp expression to a greater amount than 20  $\mu\text{M}$  rifampicin.  
393 These Caco2 cells had relatively low expression of BCRP (ABCG2) (Figure 1), with  
394 the P-gp inducers appearing to decrease expression of BCRP further in the Caco2  
395 cell line. The RKO cell line was used as a 2<sup>nd</sup> human gastrointestinal cell line,  
396 however it was clear from these Western Blots that protein expression of both MDR1  
397 and BCRP was very low in this cell line (Figure 1). The human breast cancer cell line  
398 MCF7 had the highest expression of BCRP protein from the three cell lines used in  
399 this study (Figure 1). Expression of BCRP appeared to be unaffected by 48 hour  
400 preincubation with rifampicin, or 72 hour incubation with vitamin D or Phenobarbital  
401 (Figure 1). It has also been shown in our laboratory that RKO cells show some MRP1  
402 expression, Caco2 cells show MRP2 expression, while MCF7 cells have very little  
403 MRP1 or MRP2 expression (results not shown). The attachment of bacteria to these  
404 three human cell lines was subsequently examined in our cell lines with different  
405 BCRP and P-gp expression to find an association with either BCRP or MDR1.  
406  
407 Bacterial fluorescence increased in intensity over the course of the 3 to 4 hour  
408 studies shown here, and these values represent the bacteria unable to be washed  
409 from the human cell layers coating the wells (Figures 2 and 3). Depending on the

410 bacterial species, adhesion started to reach a plateau by 3 hours. Examples of  
411 *Escherichia coli* (Figure 2) and *Staphylococcus aureus* are shown here (Figure 3),  
412 however the general trend was similar for all six species of bacteria examined.  
413 Bacterial attachment from blank wells without confluent cell layers was very low and  
414 did not increase with increasing incubation time. Bacteria were allowed to adhere for  
415 between 30 min to 4 hours and the fluorescence determined after washing the cells  
416 three times in ice cold PBS. Initial studies were conducted within a 1 min to 30 min  
417 time frame, but this period was found to be too short for adhesion to be meaningful in  
418 fluorescence analysis. The Pgp inhibitors PSC833 and GF120918 were incubated  
419 with Caco2 cells for only 30 min prior to the 1<sup>st</sup> bacterial incubation period to allow P-  
420 gp transport sites to be blocked prior to exposure to bacteria.

421 The Rhodamine 123 bidirectional transport study shown here illustrates the  
422 effectiveness of PSC-833 at blocking P-gp function as evidenced by the increased  
423 apical to basolateral transport and decreased bacterial to apical transport of the  
424 known P-gp substrate rhodamine 123<sup>34</sup>. Our previous studies with GF120918 also  
425 show similar effectiveness of GF120918 in Caco-2 cells at blocking functional P-gp  
426 activity<sup>16, 30</sup>.

427 It was evident that an increasing bacterial load occurred over a 3 to 4 hour time  
428 course. However, RKO and MCF7 cells, with little to no P-gp expression, had much  
429 greater absolute fluorescence than the Caco2 cells (Figures 2 and 3). When P-gp  
430 was blocked with GF120918, as shown in figures 2 and 3, this allowed bacterial  
431 attachment in Caco2 cells to start increasing to that of the other cell lines. Very  
432 similar results were obtained using PSC833, another common P-gp inhibitor, which is  
433 equally effective towards P-gp without affecting BCRP activity (Table 1). Rifampicin  
434 pre-incubation was not significantly effective at reducing *Escherichia coli* associated  
435 with our human cell lines. Only one bacteria, *Staphylococcus aureus*, showing any

436 reduced binding to Caco2 cells with rifampicin pre-exposed cells (Figure 3, Table 1).  
437 Minimal increases in P-gp expression shown in Figure 1, and no change in  
438 bidirectional Rh123 transport (Figure 4) indicate that little change had occurred with  
439 P-gp expression, so it was not surprising that irrespective of Caco2 exposure to  
440 rifampicin, bacterial adhesion results were similar in the majority of cases.

441  
442 Time course experiments were repeated with numerous co-incubated active efflux  
443 inhibitors to further the hypothesis that P-gp was responsible for altering bacterial  
444 adhesion. For clarity the 180 min data is shown due to the trend in adhesion  
445 differences being similar for all time points. MK571 is a specific MRP1 inhibitor and it  
446 did have a small effect on increasing accumulation of *Escherichia coli* and  
447 *Staphylococcus aureus*, but did not affect *Salmonella typhimurium* or *Clostridium*  
448 *sporogenes* in Caco2 cells (Table 1). Probenecid is a multiple MRP inhibitor, yet had  
449 no effect at all on any bacterial adhesion. Quercetin and genestein are also thought  
450 to modify the MRP family of transporters<sup>38, 39</sup>, yet they also had no effect on any  
451 bacterial adhesion of Caco2 cells here (Table 1). As GF120918 has the potential to  
452 block BCRP in addition to P-gp, a potent specific BCRP blocking agent  
453 (Fumitremorgin C)<sup>40</sup> was tested at concentrations known to be effective against  
454 BCRP *in vitro*<sup>41</sup> to elucidate the mechanisms of GF120918. This agent had no effect  
455 on bacterial binding to Caco2 cells (Table 1), although their BCRP protein level is low  
456 (Figure 1). Importantly, it did have some effect on bacteria remaining associated with  
457 MCF7 cultures (Table 2), which have much higher expression of BCRP (Figure 1),  
458 but this only resulted in 30 to 60% increases in bacterial loading, while blocking the  
459 activity of P-gp increased some of the bacterial association with Caco2 cells up to 3  
460 fold higher.

461 Progesterone was used for 48 hour pre-incubations of the human cell lines as one  
462 report stated that long term exposure to 10  $\mu$ M progesterone could increase BCRP in  
463 some oestrogen sensitive cells lines<sup>22</sup> and P-gp levels in other cell lines by 2 fold<sup>21</sup>,  
464<sup>42</sup>. However, progesterone is one of the few potent P-gp blocking agent that is not  
465 transported by P-gp, and thus, is likely to block using mechanisms that do not involve  
466 the active site, and may persist for some time<sup>43</sup>, and although the Caco2 cells in this  
467 study were washed 3 times in cold PBS before initiating bacterial adhesion, it is likely  
468 that much of the progesterone bound to the P-gp receptor remained attached and  
469 therefore continued to act as a blocking agent while adhesion studies were  
470 conducted, and this was the likely reason significant increases in bacterial adhesion  
471 were observed in this particular section of the study (Table 1). The RKO cell line,  
472 which had almost no P-gp expression, also had much higher total fluorescence, and  
473 thereby total bacterial association with the RKO cells compared to Caco-2 cells,  
474 mirroring the relative P-gp expression differences between these cells (Figures 2 and  
475 3). Rifampicin is well known as a P-gp inducer<sup>44</sup> through activation of the pregnane  
476 X receptor (PXR) and was successful at limiting the binding of some bacteria to  
477 Caco2 cells. It is known that Caco2 cells have only low level PXR expression<sup>45</sup>, and  
478 that rifampicin does not have the same level of increase that can occur in cell lines  
479 with greater PXR levels<sup>46</sup>. Nevertheless, it was able to limit the binding of  
480 *Salmonella typhimurium* and *Klebsiella sporogenes* to a moderate extent in Caco2  
481 cells, and these bacteria are both capable of inducing gastrointestinal infections.  
482 Further work is needed with other P-gp inducers such as Vitamin D, digoxin or  
483 Phenobarbital to examine definitive reduction in bacterial adhesion as a  
484 consequence of increased P-gp activity. Incubation with rifampicin was able to limit  
485 the binding of *Staphylococcus aureus* to RKO gastrointestinal cells, although these  
486 cells have almost no expression of P-gp. MCF7 cells went in the other direction by

487 increasing binding of *Escherichia coli* with the use of 20  $\mu$ M rifampicin for 48 hours  
488 (Table 2), but none of the other bacteria showed this effect, and it is not clear what  
489 the significance of the 24% increase in bacterial binding represents, given that much  
490 greater changes occurred with BCRP inhibition in the MCF7 cell line. In addition, the  
491 rhodamine 123 bidirectional transport study did not show any increased basolateral  
492 to apical transport after preincubation of rifampicin, which would have been expected  
493 if P-gp was working with greater effectiveness on this P-gp substrate (Figure 4).  
494 However, unlike functional blocking assays where drugs will have a relatively specific  
495 targets such as P-gp, when trying to induce expression using various drugs, it is  
496 likely that many parameters are being changed beyond induction of P-gp alone,  
497 which makes examination of reduced binding of bacteria as a response of P-gp more  
498 challenging to prove into the future, than the evidence of increased binding through  
499 functional P-gp blockage which is a much clearer conclusion from the data of this  
500 study.

501

502

## 503 **Discussion**

504 This study has shown compelling evidence that P-gp expression, and possibly BCRP  
505 expression to some degree, has a significant ability to prevent close association of  
506 bacteria with human gastrointestinal cells. This is the first stage of pathogenic  
507 bacterial cellular invasion by creating an environment from which to cause an  
508 infection, and thus low P-gp expression may allow an increased risk of pathological  
509 outcomes.

510  
511 There are two phases of bacterial adhesion to hosts surfaces. Phase one involves  
512 overcoming physical forces such as Brownian motion, van der Waals attraction  
513 forces, gravitational forces, surface electrostatic charge and hydrophobic interactions  
514 <sup>2, 47</sup>. Phase two of the adhesion process requires the union of bacterial surface  
515 adhesins with the complementary human gastrointestinal cell receptors. Adhesins  
516 can take the form of bacterial cell wall components (polysaccharides, glycoproteins,  
517 glycolipid), cell capsules or fimbriae <sup>2, 47</sup>. It is here that we would expect any  
518 interactions between P-gp and bacterial adhesion to occur.

519  
520 Our results showed the P-gp blocking agents PSC 833, GF 120918, progesterone  
521 and to a limited extent, glyburide, all increase bacterial attachment to Caco2 cells,  
522 which indicates the involvement of P-gp in limiting the attachment of bacteria to these  
523 cells. We have used PSC-833 and GF120918 in many previous bidirectional drug  
524 transport studies with Caco2 cell monolayers and find them to both give excellent P-  
525 gp blocking ability at the concentrations used in this study. In addition, rhodamine  
526 123 bidirectional studies were repeated in this study to show the effectiveness of  
527 PSC-833 as a potent P-gp blocking agent <sup>25, 30, 31</sup>.

528 Glyburide was initially used in other labs as an ABCA1 inhibitor <sup>48</sup>, however, it was  
529 clear from other publications that this agent has moderate P-gp blocking ability as  
530 well <sup>49</sup>. Thus, although glyburide was not as potent as PSC-833, or GF120918 in this  
531 study at increasing bacterial attachment, this would be keeping within its likely  
532 potency range against P-gp.

533

534 Some of the bacterial species, such as *Staphylococcus aureus* were able to increase  
535 their foothold on Caco2 cells as active P-gp was depleted to a far greater extent than  
536 other bacteria. *Staphylococcus aureus* incubation resulted in much higher cell  
537 fluorescent counts compared to the other five examined, suggesting better binding to  
538 the human cells, and P-gp blockage also produced the greatest fold increases for this  
539 bacteria as well as other bacteria known to invade the gastrointestinal environment,  
540 such as *Clostridium sporogenes* and *Salmonella typhimurium*, especially when  
541 compared to the more pulmonary infective agents such as *Pseudomonas* and  
542 *Klebsiella*. Interestingly, *Salmonella typhimurium* has been shown previously to  
543 interact with P-gp, downregulating its expression <sup>50</sup>, which has been suggested can  
544 increase its own infectiveness. Other bacteria used in this study, such as *E.coli W*  
545 are not overtly pathogenic <sup>51</sup>, and this may have explained why the fold increase of  
546 bacterial fluorescence was not up to the level of the other gastrointestinal infective  
547 bacteria. The use of more virulent *E.coli* bacteria in more stringent PC3 lab facilities  
548 may assist in providing answers in this area.

549 However, using a virulent strain of *Salmonella typhimurium*, a research group  
550 recently showed canine MDCKII cells overexpressing human P-gp to internalise less  
551 than 20% of the bacteria compared to the same MDCKII cell line not overexpressing  
552 P-glycoprotein <sup>50</sup>. Their data matches the response of *Salmonella typhimurium* in this  
553 current study using human Caco2 cells very closely. In their study all bacteria

554 external to the MDCKII cells were killed, and the internalised cells were extracted and  
555 plated for colony forming units to be counted, showing an 80% reduction in  
556 internalised *Salmonella*. In this current study fluorescence associated with the cells  
557 was determined simply using a 96 well plate reader. Remarkably, their study and  
558 these current results come to the same conclusion, being that the expression of  
559 functional human P-gp will limit close association with bacteria capable of inducing  
560 potential infections.

561

562 Other human cell lines that expressed much lower amounts of P-gp, or expressed  
563 other efflux proteins indicated that the influence of other efflux proteins, such as  
564 BCRP, may have a small role to play, but it was P-gp that appeared to limit the  
565 bacterial adhesion when comparing the combination of cells lines examined and  
566 inhibitors used. For example, in the MCF7 cell line, which has BCRP as its efflux  
567 protein of greatest expression, the P-gp inhibitor PSC-833 had no effect, which was  
568 not surprising given the lack of P-gp in the cell line, while GF120918 was more  
569 effective, but not to the same level in Caco-2 cells. In these cells GF120918 would be  
570 blocking P-gp to a larger extent than BCRP, as Caco2 cells were shown here to have  
571 much less BCRP than the MCF7 cell line. In addition, the BCRP specific inhibitor  
572 Fumitremorgin was very limited in its effectiveness to increase bacterial adhesion.  
573 This evidence reinforces the role of P-gp in preventing bacterial attachment. Thus,  
574 when the use of inhibitors of different efflux proteins are compared in a cell line with  
575 high P-gp expression (Caco2), high BCRP expression (MCF7), and little expression  
576 of either (RKO), it became clear that only drugs known to inhibit P-gp in the cell line  
577 that expressed it – showed vastly significant increases in binding. The lack of PSC-  
578 833 induced binding in the MCF7 and RKO cell lines confirmed that this drug itself  
579 was not primarily responsible for the increased bacterial attachment. Ideally, reduced

580 binding with elevated P-gp levels would add more weight to the evidence for P-gp  
581 efflux associated with reduced binding of bacteria. Certainly, the Caco2 cells had less  
582 fluorescence, and thereby less bacteria attached at any given time than the MCF7  
583 and RKO cell lines, which does conform with this hypothesis of P-gp enacted  
584 defence against gastrointestinal bacteria. Attempting to increase P-gp expression in  
585 the Caco2 cells with rifampicin exposure only slightly increase P-gp protein  
586 expression in Caco2 cells, with no additional bidirectional transport activity of Rh123,  
587 yet was also associated with a slight decrease in bacterial binding, for two of the 6  
588 species. Nevertheless, the previous publication from McCormick's group showing  
589 significantly decreased invasion of Salmonella with a transfected canine cell line with  
590 human MDR1<sup>50</sup> would support the notion that increased P-gp expression should  
591 decrease adhesion of the bacterial species examined here.

592

593 Bacteria have been shown to have multiple adhesins, especially peptide based  
594 molecules for attaching to different surfaces or receptors<sup>2</sup>. It is known that some  
595 polysaccharides and proteins are P-gp substrates<sup>52, 53</sup>, which forms the basis of this  
596 study's proposal that bacterial adhesion factors that are comprised of these materials  
597 may interact with P-gp and in turn the attachment process may be affected due to  
598 this interaction. P-gp is able to recognize foreign substrates, in this case the bacterial  
599 attachment factors, preventing the bacteria from attaching by dislodging these factors  
600 from the cell surface.

601

602 A recent clinical study showed decreased P-gp protein expression in the colon of  
603 patients, and the lower the expression, the greater the clinical inflammation from  
604 Ulcerative colitis. Their conclusion was that IL-8 and other cytokines had reduced the  
605 MDR1 protein<sup>13</sup>. Our data in this current study conforms with this clinical experiment,

606 except that our data would suggest that the clinical inflammation in IBD (similar to  
607 that seen in previous *mdr1a* knockout mice studies <sup>7</sup>) may be a result of the lower P-  
608 gp expression, rather than the low P-gp expression coming from the increased  
609 clinical inflammation <sup>13</sup>. Thus, time course studies that follow when low expression  
610 has occurred would be the next step to confirming this hypothesis.

611  
612 The data in this study supports the concept that P-gp not only is protective of  
613 xenotoxic compounds, but also protects from the bacteria themselves getting close  
614 enough to initiate a cascade of toxic or inflammatory events that leads to clinical  
615 diseases such as ulcerative colitis. It has been suggested that in the gastrointestinal  
616 tract if a person has a homozygous CC polymorphism at position 3435 of the ABCB1  
617 (MDR1) code this would provide up to 2 fold greater defence against xenobiotics, and  
618 that this is the rationale behind the TT homozygous allele only representing 6% of  
619 the African population <sup>54, 55</sup>. They are thought to have increased resistance to  
620 gastrointestinal illness, and our data would support this resistance being a  
621 combination of allowing bacteria to be flushed through the gut more rapidly and  
622 having delayed attachment that would otherwise lead to subsequent gastrointestinal  
623 damage, in addition to xenobiotic compound efflux from foods consumed in their diet.

624

## 625 **Conclusions:**

626 In conjunction with a recent publication examining *Salmonella typhimurium*  
627 interactions with P-gp expression, and the ability of P-gp to block uptake of  
628 *Salmonella* in MDCK cells <sup>50</sup>, this current study shows that functional P-gp reduces  
629 adhesion of many species of bacteria directly to human cells endogenously  
630 expressing this efflux protein, suggesting a mechanism to explain increased intestinal

631 colitis in *mdr1(-/-)* knock-out mice from studies conducted over a decade ago<sup>7</sup>, and  
632 providing potential insights into our understanding of gastrointestinal disorders  
633 initiated by bacterial adhesion in humans.

634 The next step in the examination of this P-gp and bacterial adhesion association will  
635 be to examine key adhesion molecules and their interaction with P-gp directly, with  
636 bidirectional transport studies needed to elucidate the transporter affinity of these  
637 peptides for active efflux transport. In addition, with current data showing low P-gp  
638 expression in patients with active inflammatory bowel disease<sup>13</sup>, time course studies  
639 should be conducted to examine whether P-gp expression in these patients is lower  
640 before or after the induction of an acute attack. This information would assist in  
641 determining the causative nature of acute attacks, and whether P-gp is acting to  
642 defend the colon from bacterial induced inflammation or not.

643

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652

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806  
807

808 **Figure legend:**

809

810 Figure 1.

811 Western blots and densitometry analysis of Caco2, RKO and MCF7 cells for ABCB1  
812 (MDR1) and ABCG2 (BCRP) efflux proteins. A: Wells 1-2 include matched 19 day old  
813 Passage 80 Caco2 cells with and without 20  $\mu\text{M}$  rifampicin exposure for 48 hours.  
814 Wells 3-5 include 9 day old MCF7 cells with and without 20  $\mu\text{M}$  rifampicin for 48  
815 hours and 3.0 mM Phenobarbital exposure for 72 hours. Wells 6-7 include 7 day old  
816 RKO cells with or without 20  $\mu\text{M}$  rifampicin exposure for 48h. Caco2 cell data is  
817 contained in wells 8-14. Well 8 has Passage 86 Caco2 cells as control data for  
818 inducers shown in wells 9-14. Wells 9-10 contains 0.75  $\mu\text{M}$  and 5.0  $\mu\text{M}$  1, 25  
819 dihydroxy Vitamin D respectively for 72h. Wells 11-12 have 0.25 and 2.0  $\mu\text{M}$  digoxin  
820 for 48h, while Well 13 shows the effects of 2.0  $\mu\text{M}$  digoxin exposure for 72h. Well 14  
821 has Caco2 cells exposed to 3.0mM Phenobarbital for 72 h.  $\beta$ -actin was used as the  
822 loading marker protein for these blots. 40  $\mu\text{g}$  of protein was loaded onto these blots.  
823 Densitometry analysis is shown under each well. Results have been normalised to  
824 Caco2 control well 8.

825

826 Figure 2.

827 Four hour time course study of *E. coli* attachment to A: Caco-2, B: RKO and C:  
828 MCF7 cells. *E.coli* that absorbed the BacLight Green dye fluoresced with emission of  
829 485 nm and excitation of 520 nm. Each of the human cells lines was tested in either  
830 normal culture conditions (squares) or with co-exposure with 4  $\mu\text{M}$  GF120918  
831 (diamonds) or with a 48 hour pre exposure with 20  $\mu\text{M}$  rifampicin (triangles), where

832 rifampicin was removed before bacteria were allowed to attach. Results shown are  
833 the mean  $\pm$  SEM of quadruplicate wells at each time point  
834 Significant differences between active efflux modified cells and control cells at each  
835 time point are shown with  $p < 0.05$  (\*) and  $p < 0.005$ (\*\*).

836

837

838 Figure 3.

839 Four hour time course study of *Staphylococcus aureus* attachment to B: Caco-2, C:  
840 RKO and D: MCF7 cells. *Staph. aureus* that absorbed the BacLight Green dye  
841 fluoresced with emission of 485 nm and excitation of 520 nm. Each of the human  
842 cells lines was tested in either normal culture conditions (squares) or with co-  
843 exposure with 4  $\mu$ M GF120918 (diamonds) or with a 48 hour pre exposure with 25  
844  $\mu$ M rifampicin (triangles), where rifampicin was removed before bacteria were  
845 allowed to attach. Results shown are the mean  $\pm$  SEM of quadruplicate wells at each  
846 time point  
847 Significant differences between active efflux modified cells and control cells at each  
848 time point are shown with  $p < 0.05$  (\*) and  $p < 0.005$ (\*\*).

849

850

851 Figure 4.

852 Bidirectional transport of 10  $\mu$ M Rhodamine 123 through Caco2 monolayers. Apical  
853 to basolateral direction ( $\square, \blacksquare$ ) and basolateral to apical direction ( $\diamond, \blacklozenge$ ), with ( $\square, \diamond$ )  
854 and without ( $\blacksquare, \blacklozenge$ ) the presence of 4  $\mu$ M PSC-833, a potent P-glycoprotein inhibitor,  
855 on both sides of the membrane. In addition, 72 h preincubation with 20  $\mu$ M  
856 Rifampicin was conducted (O). Rifampicin was washed off and Rh123 was added

857 alone without any other drugs. The dashed line shows apical to basolateral transport  
858 and the small/large dashed line shows basolateral to apical transport.  
859

Table 1

**Bacterial adherence to Caco2 cells:**

The effect of modifiers to a range of known active efflux proteins on the fluorescence associated with bacterial adherence to Caco2 cells after 180 min of exposure in 96 well plates. Fluorescence is reported as a ratio of the fluorescence attained in concurrent control cultures of Caco2 cells exposed to the same fluorescently labelled bacterial cultures. The higher the ratio, the more bacteria have attached to the Caco2 cells in 180 min.

Modifier	Efflux protein modified	<i>Escherichia coli</i>	<i>Staphylococcus aureus</i>	<i>Salmonella typhimurium</i>	<i>Pseudomonas aeruginosa</i>	<i>Klebsiella pneumoniae</i>	<i>Clostridium sporogenes</i>
		Ratio to control	Ratio to control	Ratio to control	Ratio to control	Ratio to control	Ratio to control
None - control		1.00 ± 0.02	1.00 ± 0.03	1.00 ± 0.02	1.00 ± 0.04	1.00 ± 0.03	1.00 ± 0.02
PSC833	P-gp blocked	<b>1.87 ± 0.03**</b>	<b>2.82 ± 0.01**</b>	<b>2.83 ± 0.05**</b>	<b>1.71 ± 0.06**</b>	<b>1.67 ± 0.02**</b>	<b>3.2 ± 0.03**</b>
GF120918	P-gp & BCRP blocked	<b>2.42 ± 0.02**</b>	<b>2.55 ± 0.02**</b>	<b>2.34 ± 0.03**</b>	NA	<b>1.77 ± 0.08**</b>	<b>2.85 ± 0.02**</b>
Glyburide	ABCA1 and P-gp blocked	<b>1.30 ± 0.03**</b>	<b>2.18 ± 0.04**</b>	<b>1.49 ± 0.03**</b>	<b>1.33 ± 0.02**</b>	NA	NA
Fumitremorgin	BCRP blocked	<b>1.38 ± 0.02**</b>	<b>1.45 ± 0.04**</b>	1.05 ± 0.08	1.30 ± 0.08	1.23 ± 0.04	NA
MK571	MRP1 blocked	<b>1.31 ± 0.06*</b>	<b>1.34 ± 0.13*</b>	1.17 ± 0.03	NA	NA	1.12 ± 0.02
Probenecid	MRP family blocked	0.97 ± 0.05	1.06 ± 0.03	1.15 ± 0.04	NA	NA	1.01 ± 0.04
Quercetin	MRP family blocked	1.24 ± 0.05	NA	NA	1.15 ± 0.10	1.18 ± 0.07	NA
Genestein	MRP family	1.07 ± 0.05	NA	NA	0.97 ± 0.09	1.29 ± 0.08	NA

blocked							
Rifampicin	PXR activation. P-gp induction	1.15 ± 0.09	0.86 ± 0.09	<b>0.61 ± 0.18*</b>	1.11 ± 0.07	<b>0.72 ± 0.09*</b>	0.85 ± 0.01
Carbamazepine	Weak PXR activation. P-gp induction	0.96 ± 0.05	NA	NA	0.96 ± 0.02	NA	NA
Progesterone	P-gp blocker	<b>1.47 ± 0.06**</b>	<b>1.71 ± 0.18**</b>	<b>1.52 ± 0.08**</b>	<b>1.46 ± 0.23**</b>	<b>1.64 ± 0.14**</b>	NA

Drugs known to inhibit the activity of active efflux proteins were incubated with the confluent Caco2 cell cultures for 30 min prior to the bacterial co-incubation, while drugs known to induce efflux proteins were incubated for 48 to 72 hours prior to the bacterial co-incubation. Concentrations of each of the drugs used was as follows: INHIBITORS; PSC833 (4 μM), GF120918 (4 μM), MK571 (25 μM), Probenecid (500 μM), Fumitremorgin C (10 μM), Glyburide (200 μM), Genestein (100 μM), Quercetin (50 μM): 48 hour incubations; Carbamazepine (50 μM), Rifampicin (20 μM) and Progesterone (10 μM). PXR = pregnane X receptor

All Caco2 results shown are in quadruplicate ± SEM.

Significant differences in the binding of each species of bacteria to Caco2 cells incubated or exposed to drugs compared to control Caco2 cells at 180 min are shown with p<0.05 (\*) and p<0.005(\*\*).

Table 2.

**Bacterial adherence to MCF7 and RKO cells:**

The effect of modifiers to a range of known active efflux proteins on the fluorescence associated with bacterial adherence to MCF7 and RKO cells after 180 min of exposure in 96 well plates. Fluorescence is reported as a ratio of the fluorescence attained in concurrent control cultures of these human cell lines exposed to the same fluorescently labelled bacterial cultures. The higher the ratio, the more bacteria have attached to the MCF7 or RKO cells in 180 min.

Modifier	Efflux protein modified	<i>Escherichia coli</i>	<i>Staphylococcus aureus</i>	<i>Salmonella typhimurium</i>	<i>Pseudomonas aeruginosa</i>	<i>Klebsiella pneumoniae</i>	<i>Clostridium sporogenes</i>
MCF7		Ratio to control	Ratio to control	Ratio to control	Ratio to control	Ratio to control	Ratio to control
None - control		1.00 ± 0.04	1.00 ± 0.05	1.00 ± 0.04	1.00 ± 0.05	1.00 ± 0.03	1.00 ± 0.05
PSC833	P-gp blocked	1.08 ± 0.05	1.08 ± 0.05	0.94 ± 0.02	NA	0.99 ± 0.02	1.10 ± 0.02
GF120918	P-gp & BCRP blocked	<b>1.60 ± 0.03**</b>	1.14 ± 0.04	<b>1.57 ± 0.04**</b>	<b>1.30 ± 0.05*</b>	1.07 ± 0.04	<b>1.42 ± 0.03**</b>
Fumitremorgin	BCRP blocked	1.19 ± 0.02	<b>1.29 ± 0.06*</b>	1.21 ± 0.04	1.07 ± 0.05	1.14 ± 0.03	NA
Rifampicin	PXR activation. P-gp induction	<b>1.24 ± 0.09**</b>	1.01 ± 0.07	0.87 ± 0.16	1.03 ± 0.03	0.92 ± 0.05	0.78 ± 0.10

RKO							
None-control	MRP family blocked	1.00 ± 0.01	1.00 ± 0.01	1.00 ± 0.04	1.00 ± 0.04	1.00 ± 0.04	1.00 ± 0.02
PSC-833	P-gp blocked	1.03 ± 0.08	0.87 ± 0.03	1.01 ± 0.04	1.09 ± 0.02	1.01 ± 0.04	1.17 ± 0.01
Rifampicin	PXR activation. P-gp induction	1.04 ± 0.02	<b>0.71 ± 0.05**</b>	0.94 ± 0.03	0.92 ± 0.01	0.86 ± 0.01	1.16 ± 0.03

Drugs known to inhibit the activity of active efflux proteins were incubated with the confluent Caco2 cell cultures for 30 min prior to the bacterial co-incubation, while drugs known to induce efflux proteins were incubated for 48 to 72 hours prior to the bacterial co-incubation. Concentrations of each of the drugs used was as follows: INHIBITORS; PSC833 (4 μM), GF120918 (4 μM), MK571 (25 μM), Probenecid (500 μM), Fumitremorgin C (10 μM), Glyburide (200 μM), Genestein (100 μM), Quercetin (50 μM): 48 hour incubations; Carbamazepine (50 μM), Rifampicin (20 μM) and Progesterone (10 μM). PXR = Pregnane X receptor

All MCF7 and RKO results shown are in quadruplicate ± SEM.

Significant differences in the binding of each species of bacteria to either MCG7 or RKO cells incubated or exposed to drugs compared to control MCF7 or RKO cells at 180 min are shown with p<0.05 (\*) and p<0.005(\*\*).

Figure 1

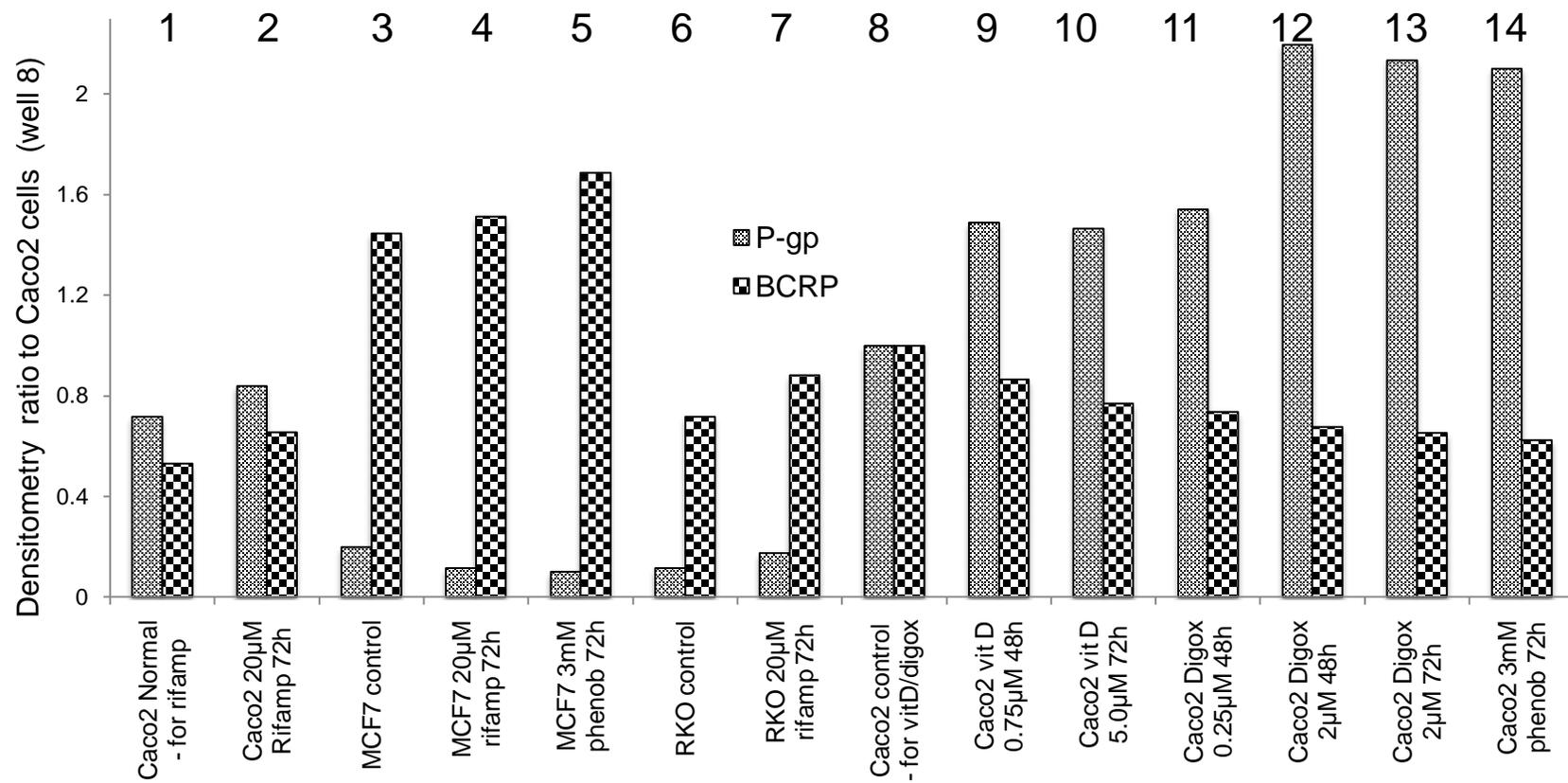
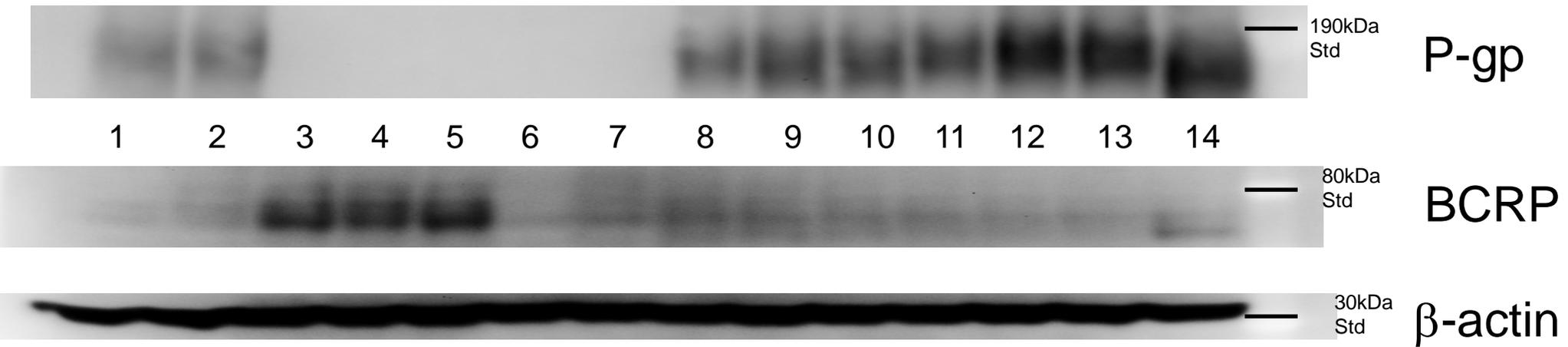


Figure 2

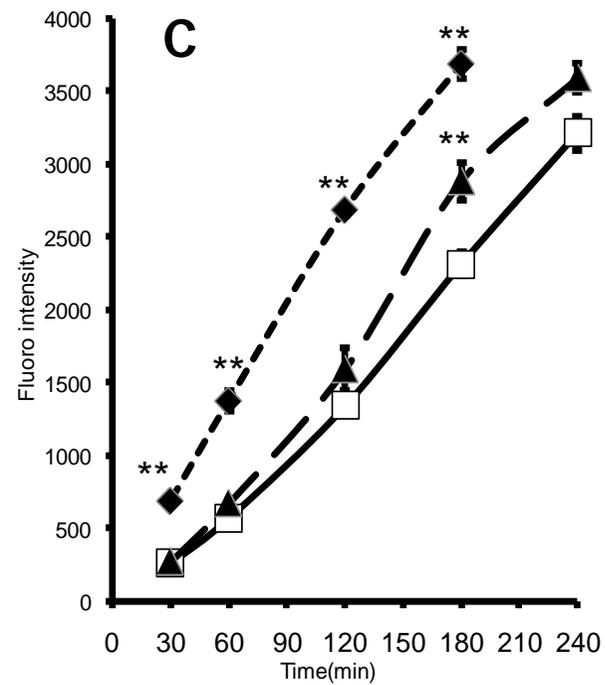
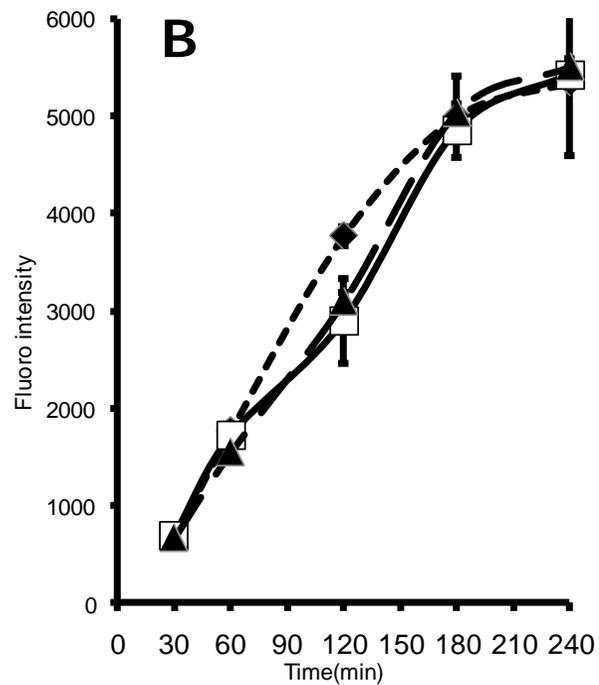
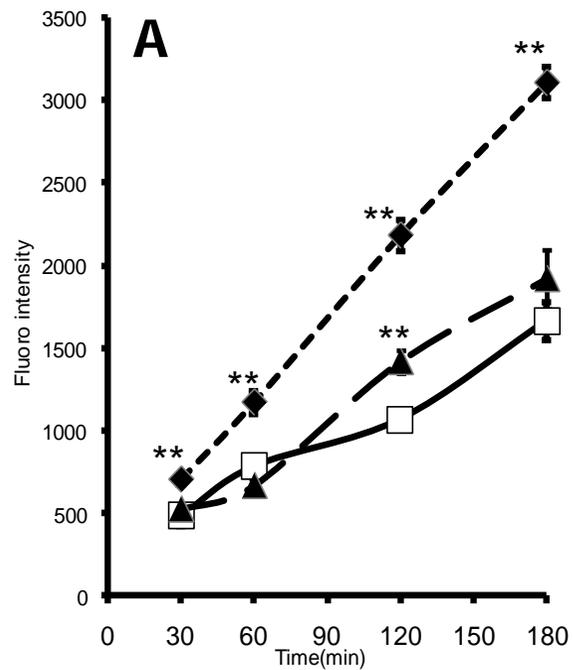


Figure 3

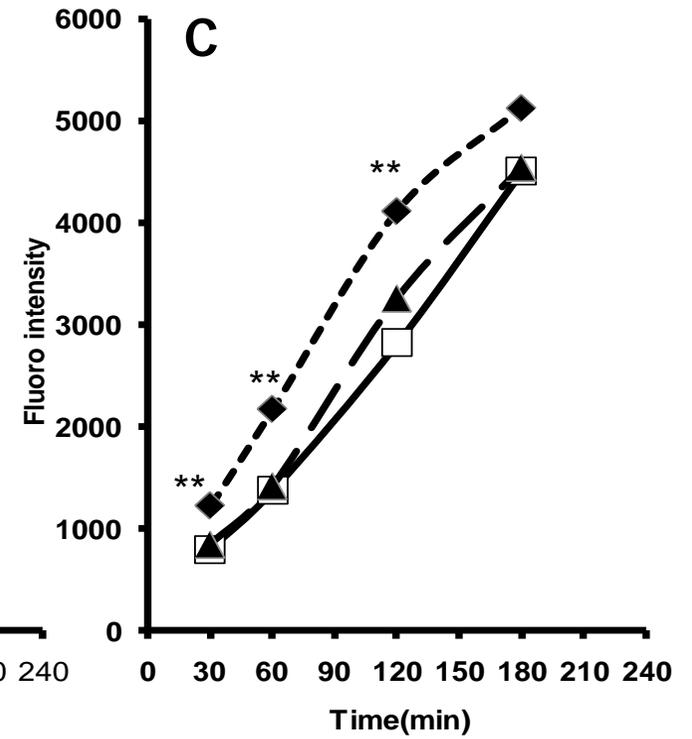
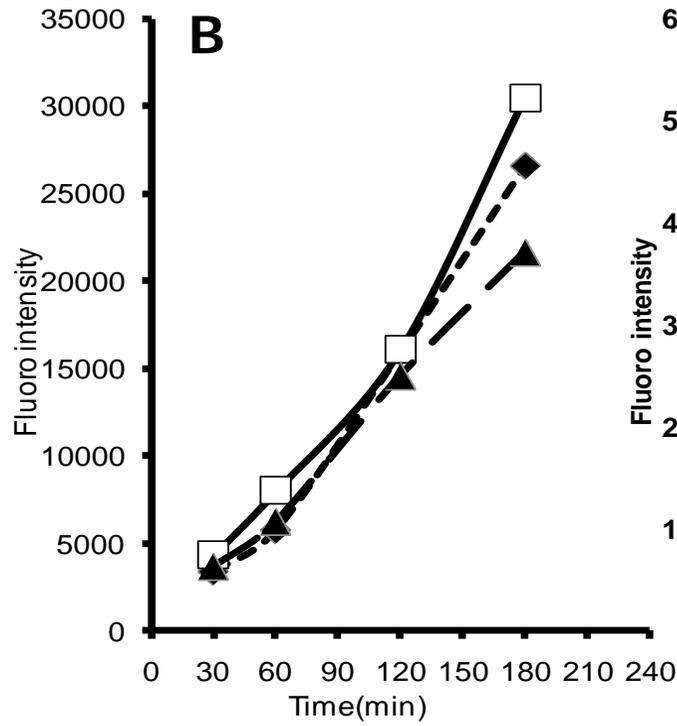
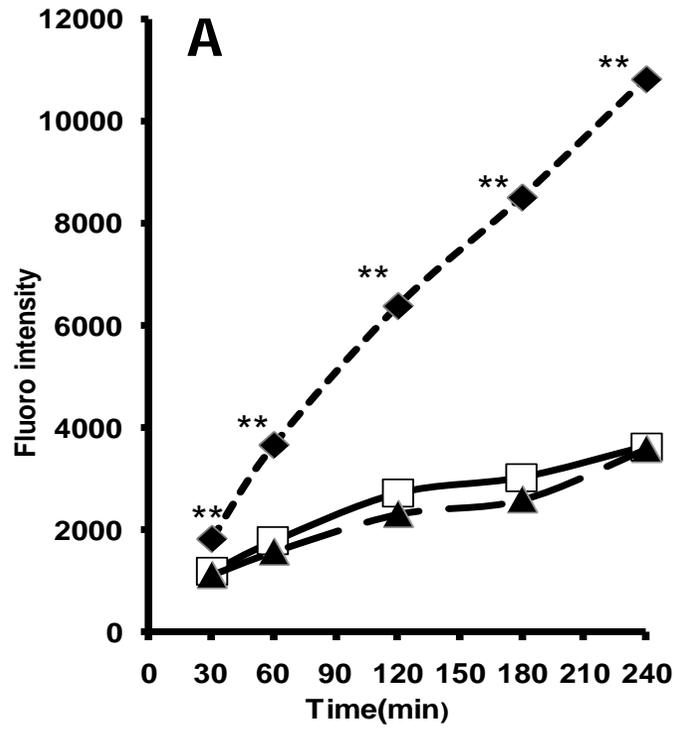


Figure 4

