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1 **The role of P-glycoprotein and breast cancer**
2 **resistance protein (BCRP) in bacterial**
3 **attachment to human gastrointestinal cells**

4

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17 Part of this work was presented as a poster presentation at the World Pharma
18 Conference in Copenhagen, Demark in July 2010

19

20

21 Short title:

22 P-gp expression reduces bacterial attachment

23

24 **Abstract**

25 **Background and aims.** Active efflux proteins such as P-glycoprotein (P-gp) are
26 thought to have a protective role in the intestinal tract by preventing xenotoxin
27 absorption. Some bacteria also need to adhere to the intestinal tract before causing
28 disease through adhesion secretion. Thus, this study was initiated to examine
29 whether any association exists between bacterial adhesion and P-gp expression.

30 **Methods.** Three human cell lines (Caco2, RKO, MCF7), and 6 species of bacteria
31 were used in this study (*Escherichia coli*, *Staphylococcus aureus*, *Salmonella*
32 *typhimurium*, *Klebsiella pneumoniae*, *Clostridium sporogenes* and *Pseudomonas*
33 *aeruginosa*). Following incubation of our cells with active efflux inhibitors, bacteria
34 incubated with a stable fluorescent dye were co-incubated at 37°C for various times
35 up to 240 min. Fluorescence intensity was used to compare bacterial attachment to
36 these cell lines with either normal efflux protein expression or with induction or
37 inhibition of efflux proteins. **Results.** P-gp inhibition by either PSC-833 or GF120918
38 resulted in a significant increase of all bacterial attachment to Caco2 cells upto 3 fold.
39 RKO cells and MCF7 cells did not alter their bacterial attachment with PSC-833.
40 Fumitremorgen C, a dedicated BCRP inhibitor had no effect. In addition, rifampicin, a
41 P-gp inducer, resulted in some limited reduction in *Salmonella* and *Klebsiella*
42 attachment only. **Conclusions.** These results indicate P-gp expression may
43 contribute to the resistance of potential bacterial toxicity, by preventing them
44 adhering to human enterocytes cells in the gastrointestinal tract, which may reduce
45 the risk or intensity of gastrointestinal disorders.

46

47

48 Key Words: Caco2, MDR1, *E.coli*, BCRP, IBD

49 **Introduction:**

50

51 The gastrointestinal tract is resident to over 300 different species of bacteria ¹. The
52 process of their bacterial adhesion has two-phases which are comprised of an initial,
53 instantaneous, and reversible physical phase followed by a time-dependent and
54 irreversible molecular and cellular phase ². It is well recognized that the adhesion of
55 bacteria to biological surfaces is a prerequisite to invasion and is the first step in
56 pathogenesis ³. After attachment, in most cases pathogens will penetrate the
57 epithelial layer, interacting with leukocytes and macrophages to induce an immune
58 response. Bacterial adherence is also an important factor in the development of
59 inflammatory bowel disease, as it has been shown that the number of bacteria
60 attached to the intestinal tract is higher in IBD than in those of the normal population ⁴.
61 ⁵.

62

63 The etiology of IBD remains unresolved, however the persistent inflammation seen in
64 IBD may be a result of enhanced immunological response to natural constituents of
65 the gut or an autoimmune dysregulation or imbalance ⁶. Despite these proposed
66 causes it remains evident that intestinal flora are an important co-factor in the
67 pathogenesis of intestinal inflammation, given that broad-spectrum antibiotics can
68 prevent initiation of IBD and reverse colitis in humans and animal models ⁷⁻⁹.
69 Moreover patients with IBD, appear to have an increased reactivity to their resident
70 intestinal flora ⁷.

71

72 Intestinal epithelial cells are known to express the multi drug resistance (MDR1)
73 protein also known as the ABCB1 gene product or P-glycoprotein ⁷. In humans, P-

74 glycoprotein is concentrated at the apical surfaces of superficial columnar epithelial
75 cells of the colon and the jejunum, the liver and pancreas ¹⁰. It is also found in the
76 surface of the epithelium of the choroid plexus, which forms the blood-cerebrospinal
77 fluid barrier as well as the blood brain barrier ⁶.

78

79 Panwala and colleagues showed that one quarter of *mdr1a*(-/-) knockout mice
80 developed loose stools and had reduced growth rates ^{7, 11}. Furthermore these mice
81 developed extra-intestinal manifestations of inflammation in the kidney, the liver and
82 the spleen. These signs and symptoms have also been observed in human patients
83 with inflammatory bowel disease. The similar characteristics of colitis in *mdr1a* (-/-)
84 mice to that of patients with IBD suggested a link between reduced activity of P-
85 glycoprotein in intestinal epithelial cells and pathogenesis of IBD. The prevention or
86 reversal of this condition in these mice by antibiotic treatment further emphasized the
87 link between bacteria and P-gp ⁷. In addition, other research teams have started
88 examining which bacteria are likely to induce this pathology in *mdr1*(-/-) mice, such
89 as some species of *Helicobacter* ¹². Recent studies also confirm that patients with
90 active IBD have reduced P-gp expression in the gastrointestinal tract ¹³.

91

92 The purpose of this study was to investigate whether P-glycoprotein was able to alter
93 bacterial adherence to Caco2 cells and then to compare Caco2 binding with a 2nd
94 gastrointestinal cell line with no active P-gp expression or BCRP, or a human cell line
95 with high BCRP expression, MCF7 with very low P-gp expression (although in this
96 case a breast cancer cell line). Caco2 cells are commonly used models for the
97 differentiated human intestine. The cells are derived from colon carcinoma and are
98 able to differentiate spontaneously after confluence and show epithelial cell
99 polarization and a fully developed apical brush-border membrane two weeks

100 postconfluence ¹⁴. They are also able to form microvilli and express small intestinal
101 like characteristics both biochemically and morphologically, including high P-
102 glycoprotein expression ^{15, 16}. The RKO colorectal carcinoma cell line has virtually no
103 detectable P-gp activity and minimal BCRP activity, as shown from this study, and
104 previously ¹⁷, while MCF-7 which is an oestrogen receptor positive, tumour derived
105 breast cancer cell model ¹⁸, that also shows no functional expression of P-gp, but
106 does have high BCRP expression ¹⁹.

107 Six bacterial species were used for this project, from Gram negative rod shaped
108 *Escherichia coli*, *Salmonella typhimurium*, *Klebsiella pneumoniae* and *Pseudomonas*
109 *aeruginosa* to Gram positive rod shaped *Clostridium sporogenes* (anaerobe) and
110 Gram positive cocci shaped *Staphylococcus aureus*.

111

112

113

114 **Materials and Methods**

115 **Chemicals**

116 PSC 833 was a kind donation from Novartis Pharmaceuticals (Basel, Switzerland),
117 GF 120918 was kindly donated from GlaxoSmithKline (Victoria, Australia). MK571
118 and Glyburide were purchased from Biomol International biochemicals.
119 Fumitremorgin C was purchased from Alexis Biochemicals. BacLight Green was
120 obtained from Molecular Probes (Eudene, Oregon, USA) while rifampicin,
121 progesterone, Rhodamine 123 (Rh123), and most other fine chemicals used were
122 purchased from Sigma-Aldrich (Castle Hill, NSW, Australia).

123 Dulbecco's Modified Eagles Medium (DMEM) and Dulbecco's Phosphate buffered
124 saline (PBS) were also purchased from Sigma Aldrich (Castle Hill, NSW Australia.)
125 Penicillin G (10,000U/mL), Streptomycin sulphate (10,000 µg/mL) and L-glutamine
126 were from Gibco (Melbourne, Australia.) Non-essential amino acid solution (NEAA)
127 was obtained from Trace Biosciences (Castle Hill, NSW, Australia,) while fetal calf
128 serum (FCS) was supplied by Australian Commonwealth Serum Laboratories
129 (Parkville, Vic, Australia.)

130 Caco2 cells growth medium contained 10% FCS, 1mM non-essential amino acid
131 (NEAA), 100U/mL Penicillin/Streptomycin and 2mM L-glutamine in DMEM.

132 Micro BCA protein assay chemicals were obtained in a kit from Pierce (Illinois, USA.
133 Western blotting reagents (antibody wash and chemiluminescent substrate) were
134 obtained from Invitrogen and were part of the Western Breeze detection kit. Ponceau
135 S solution and protease Inhibitor tablets were purchased from Sigma Aldrich (Castle
136 Hill, NSW, Australia.) The P-gp Mdr (G-1) mouse monoclonal, MRP1 (QCRL-1)
137 mouse monoclonal, MRP2 (M2 III-6) mouse monoclonal antibodies were obtained

138 from Santa Cruz Biotechnology. The BCRP (BXP-21) mouse monoclonal antibody
139 was purchased from Chemicon (Invitrogen, Mulgrave, Vic, Australia).
140 Nutrient agar, nutrient broth and Thioglycate medium were from Oxoid Australia
141 (Thebarton, Adelaide, South Australia).

142

143 **Bacterial culture**

144 The aerobic bacteria were stored in bottles of nutrient broth. The aerobic bacteria
145 (*Escherichia coli* W (ATCC 9637), *Staphylococcus aureus* (ATCC 6538), *Salmonella*
146 *typhimurium* (ATCC 7823), *Klebsiella pneumoniae* var *aerogenes* (NCDC 379-68)
147 and *Pseudomonas aeruginosa* (NCTC 7244)) were inoculated onto agar plates and
148 incubated for 48 hours at 37°C. *Clostridium sporogenes* (NCTC 533) was also
149 inoculated onto agar plates and grown in anaerobic conditions for 72 hours.

150

151 **BacLight Green preparation**

152 Preliminary studies were conducted on BacLight Green stain (dissolved in DMSO to
153 form 1 mM stock concentrations) to identify its potential to inhibit bacterial growth.

154 Colonies of bacteria were scraped from agar plates and suspended in cold sterile
155 PBS. The bacteria were then centrifuged at 3000 g for 10 minutes. Resuspending the
156 pellet in 2x500µL cold PBS, 8µL of a 100µM BacLight Green solution in DMSO was
157 added to one tube for each of the bacteria to give a final dye concentration of 1.60
158 µM. These tubes were incubated for 45 minutes at room temperature then
159 centrifuged at 12000 g for 6 min, aspirated and washed three times with cold PBS.
160 After the final wash, the pellets were re-suspended and plated on nutrient agar plates.
161 The nutrient agar plates were incubated at 37°C for 24 hours (72 hours for
162 *Clostridium sporogenes*) and were compared to controls to determine whether any

163 growth retardation has occurred either with colony counts or general growth
164 characteristics.

165 **Fluorescence method**

166 A 96 well fluorescence plate reader (Fluostar Optima) from BMG LabTech
167 (Mornington, Victoria, Australia) was used to detect fluorescent bacteria in black 96
168 well plates. A 485 nm Excitation filter and 520nm Emission filter were used for
169 detection using both top excitation and emission.

170

171 **Determining a rapid cell count**

172 In order to count the number of colony forming units on the same day as the
173 fluorescence study, standard curves were developed for each of the 6 bacteria.
174 Firstly a test was done to ensure that the absorbance measurement was not altered
175 by adding the fluorescent dye to the bacteria. Stained and unstained bacterial
176 suspensions in PBS were serially diluted in 96 well plates from stock, to 1/256th of
177 stock. Absorbance measurement was carried on these samples at 415nm
178 wavelength using a Tecan Sunrise 96 well plate reader using the Magellan 3
179 software for Windows 2000. There was no significant difference between the
180 absorbance for the bacterial suspensions with or without BacGreen Light staining.
181 Samples from each well of bacteria was diluted 1000 fold in PBS and spread over
182 4.7cm agar plates and allowed to grow for up to 48 hours. Dilutions of bacteria that
183 showed between 40 and 1000 colony forming units per plate were used for
184 generation of standard curves. After incubation, the colonies on each of the plates
185 were counted using a Chemilmager™ 4400 from AlphaInnotech (Cell Biosciences,
186 Santa Clara, CA, USA) with the assistance of the colony counting module with the
187 AlphaEaseFC program. This enabled linear regression analysis of the absorbance vs

188 cell count and provided a formula to estimate cell count from absorbance to be
189 determined for all individual bacterial species ensuring equivalent bacterial addition
190 to the human cell lines. In addition, previous studies had already shown that BacLight
191 Green accumulated inside the bacteria did not leak back out into the culture
192 environment ²⁰, which is a key characteristic needed to ensure no non-specific
193 binding of our human cells during the attachment studies.

194

195 **Human cell growth.**

196 Caco-2 cells, RKO and MCF7 cells were grown in 25 cm² flasks. Cells were grown in
197 'growth medium' (high glucose DMEM with 25 mM Hepes (pH 7.4), 2 mM glutamine,
198 1 mM non-essential amino acids, 100 U/ml penicillin-streptomycin and 10% fetal calf
199 serum (FCS)) in a 37°C incubator with 5% CO₂.

200 Caco-2 cells were incubated for 19 days to allow full maturation of the monolayer of
201 cells, including active P-gp expression, while the other cell lines were used 6-7 days
202 after splitting at 20,000 cells per mL (2000 cells per well). The bacterial adhesion
203 studies were conducted using 'assay medium' consisting of HBSS supplemented
204 with both glucose (Ajax chemicals, NSW, Australia) and HEPES to give final
205 concentrations of 25 and 10 mM respectively. The pH was adjusted to 7.4 using 1M
206 NaOH and 10% FCS was added to the medium to prevent the cells lifting off the
207 base of 96 well plates during the extended 5 hour incubation in this buffered salt
208 solution. A key difference between growth medium and assay medium was the
209 absence of antibiotics in assay medium.

210 **P-gp and other transport inhibition/enhancement:**

211 In studies where inhibition of P-gp, MRP1, MRP2 or BCRP were performed in
212 conjunction with known substrates, cells were pre-incubated in HBSS containing the
213 inhibitors for 30 min before initiation of the study. The P-gp inhibitors included 4 μ M
214 PSC-833 and 4 μ M GF120918 (although this P-gp inhibitor is also known to inhibit
215 BCRP). Fumitremorgin C at 10 μ M was used as a potent BCRP inhibitor, and
216 Glyburide (200 μ M) was used as broad MRP and ABCA1 inhibitor, although was
217 subsequently discovered to inhibit P-gp also. The general MRP inhibitors 500 μ M
218 probenecid or for MRP1, MK571 at 25 μ M were also used, to provide comparative
219 non-Pgp efflux inhibition data.

220 In studies where induction of active efflux proteins was attempted, cells were
221 incubated with 20 μ M rifampicin, 10 μ M β -estradiol, 50 μ M carbamazepine or 10 μ M
222 progesterone for 48 hours (Progesterone is a known P-gp inhibitor, however other
223 research suggested that it could induce BCRP and P-gp over the long term)^{21,22}.
224 Our data suggested that the only significant outcome of 48h pre-incubation with
225 progesterone was binding of progesterone to P-gp that was not washed off with cold
226 PBS, with little evidence of induction via western blotting (results not shown).

227

228 **Confirmation of P-gp induction**

229 To confirm that P-gp inducers such as rifampicin, methylprednisolone or
230 progesterone increased the expression of active efflux proteins, western blotting was
231 performed to measure protein levels.

232 Caco2 cells, RKO or MCF7 cells used for protein determination were incubated in 25
233 cm² flasks with potential inducers concurrently with the cells of the same passage
234 number in the 96 well plates for bacterial adhesion studies. Lysis buffer (20mM tris

235 HCl, 120mM NaCl, 1% non-idet P40 substitute, 0.1% SDS and a protease inhibitor
236 cocktail (SigmaAldrich)) was added to the Human cell lines and left for 10 minutes.
237 These samples were then placed in a sonicating water bath for 10 minutes, to assist
238 with membrane disruption. Samples were centrifuged at 10,000g for 10 min, and the
239 supernatant collected for protein analysis. A modified Lowry assay using 96 well
240 plates was used for total protein calculations. Standards using bovine serum albumin
241 were prepared on the plate in duplicate between 10-1500 µg/mL.

242
243 **Rhodamine 123 transport:**

244
245 Caco-2 cells were seeded onto Millicell polycarbonate 0.6 cm² filter inserts in 24 well
246 plates at 65,000 cells/cm². Cells were grown in 'growth medium' (as above) in a 37°C
247 incubator with 5% CO₂.

248 Cells were incubated for 21 days to allow full maturation of the monolayer of cells,
249 including active P-gp expression and increased trans-epithelial electrical resistance
250 (TEER) formation²³. The TEER was measured both before and immediately after the
251 study using an EVOM meter and the ENDOHM 12 chamber (World Precision
252 Instruments, Sarasota, FL, USA) with readings between 400-600 Ω.cm² for all cells in
253 this study. Resistance readings at the end of each experiment were not significantly
254 different from initial values.

255 Filter inserts were transferred to fresh 24 well plates for the studies. The studies were
256 conducted using 'assay medium' consisting of HBSS supplemented with both
257 glucose (Ajax chemicals, NSW, Australia) and HEPES to give final concentrations of
258 25 and 10 mM respectively. The pH was adjusted to 7.4 using 1M NaOH. For pH 6.0
259 studies, 10 mM Bis-Tris (USB, Cleveland, Ohio, USA) was used instead of HEPES
260 and the pH adjusted with 1 M HCl. No Phenol red was present in the Assay medium,
261 which was deemed important for fluorescence analysis of rhodamine 123 (Rh123)

262

263 Rifampicin was added at a 20 μ M concentration to the Caco-2 cells every 24 hours
264 for 72 hours prior to the commencement of the Rh123 transport study. Cells were
265 washed 3 times in HBSS prior to the transport study to remove rifampicin from the
266 solution. Other Caco-2 cells were incubated in pre-warmed assay medium +/- PSC-
267 833 for only 30 min prior to the study. TEER was measured and assay medium +/-
268 PSC-833 were placed in the receiver chambers. Rh123 were added to the donor
269 chamber of each well. The apical (Ap) and basolateral (Bas) chambers received 0.3
270 and 0.6 ml of medium respectively. Sample was removed from the receiver chamber
271 at various times over a three hour period. Constant volumes were maintained by
272 adding pre-warmed medium to the receiver chambers in order to maintain an
273 equilibrium pressure differential between the volumes in the donor and receiver
274 chambers. Rh123 was detected using the FluoStar Optima 96 well fluorescence plate
275 reader. The excitation filter was 485 nm and emission filter was 520 nm. Standard
276 curves were generated using dilutions of the stock 10 μ M Rh123 solution in HBSS
277 using the same volumes collected in the experiment. Fluorescence was detected of
278 aliquots collected in black fluorescence 96 well plates.

279 Drug transport through cell monolayers was calculated both as a simple amount
280 passing the monolayer per min, which would vary depending on the concentration
281 used in the donor compartment, and as an apparent permeability co-efficient as
282 calculated previously^{24, 25}. Briefly, this calculation allows for a modification to the
283 original Artursson equation²⁶, where the concentration in the donor compartment (C_o)
284 is re-calculated after every 30 min time point to compensate for that already present
285 in the receiver chamber to ensure a greater accuracy in calculating the rate of
286 movement into the opposing chamber.

287

288 **Western blotting for efflux protein detection**

289 Forty micrograms of proteins were added to each well of 3-8% Tris-Acetate gels from
290 Novex (Invitrogen) and electrophoresis conducted. Once the proteins had been
291 transferred onto Immuno-blot PVDF membranes, they were washed in TBST (Tris
292 buffered saline + 0.05% Tween 20).

293 Total protein was checked using the Ponceau S staining method, prior to blocking the
294 membranes. Invitrogen's Western Breeze western blotting kit was used for all
295 subsequent protocols prior to viewing the immunoblots in an Alpha-Innotech
296 Chemilmager 4400 with chemiluminescent detection and a Coolsnap HQ camera.

297 Monoclonal primary antibodies included P-gp Mdr1 (G-1) mouse monoclonal, MRP1
298 (QCRL-1) and MRP2 (M2 III-6) monoclonals were supplied from SantaCruz
299 biotechnologyn(Santa Cruz, California, USA). BCRP monoclonal antibody (BXP-21)
300 was purchased from abcam antibodies (Cambridge, UK) or Chemicon (Invitrogen,
301 Mulgrave, Victoria, Australia). Monoclonal antibodies were diluted to a final
302 concentration of 1µg/mL (usually a 200 fold dilution) and added alongside mouse
303 anti-β-actin (Sigma-Aldrich) at 1:10,000 dilution onto the membrane and rocked at
304 room temperature for 1.5 hours. After addition of the AP labelled 2nd antibody
305 (supplied in WesternBreeze kit), Chemiluminescent reagent was added for 5 min
306 before placing in the Chemilmager dark environment. The membrane was left for 10-
307 20 minutes while chemiluminescence was captured on the Coolsnap HQ 14bit 1.3
308 MP -30°C cooled digital camera. AlphaEase software was used to generate
309 integrated density values of the proteins detected using chemiluminescence.

310 **Bacterial attachment study**

311 Prior to initiation of this study, fresh batches of bacterial broths were prepared and
312 then plated to ensure no contamination has occurred. A number of these colonies

313 were scraped from the culture plates, suspended in PBS and washed. BacLight
314 Green was added to each of the bacterial solutions to produce a concentration of 800
315 nM and incubated for 45 minutes. After incubation, solution was centrifuged at 12000
316 rpm for 6 minutes, washed 3 times with PBS and made up with PBS to a final volume
317 of 1mL. 100 μ L of each sample was then diluted in 2 fold steps along a row of a 96
318 multi-well plate and absorbance measured using a Tecan sunrise plate reader with a
319 415 nm filter. From the readings, concentrations of each bacterial species could be
320 calculated.

321
322 PSC 833 and GF 120918 inhibit P-gp function by blocking the ATPase pump in a
323 competitive manner, therefore these inhibitors must be present at all times during the
324 bacterial attachment study ²⁷⁻²⁹. Previous studies from our laboratory have shown
325 both of these P-gp inhibitors to be very effective at the concentrations used in this
326 study to block P-gp activity in the same Caco2 cell line used here ³⁰⁻³². The
327 concentration of each of the bacteria calculated from the standard curves was then
328 used to produce solutions with a final bacterial concentration of 10⁷CFU/100 μ L made
329 up in DMEM containing either 4 μ M of GF 120918 or PSC 833. Likewise, studies
330 conducted with 25 μ M MK571, 500 μ M probenecid, 5 μ M fumitremorgen C, 100 μ M
331 genestein, 50 μ M quercetin and 200 μ M glyburide were prepared in the same way.

332
333 Unlike our proposed inhibitors of active efflux proteins, the agents we considered as
334 potential inducers needed 48 to 72 hours preincubation. When rifampicin,
335 carbamazepine, progesterone or β -estradiol were used our confluent human cell
336 cultures needed to be pre-incubated with these inducers 48 hours before the
337 commencement of the bacterial attachment study as they had been shown in other
338 studies, with different cells lines to increase P-gp function by enhancing its

339 expression^{33, 34}. However, our western blot results were not conclusive in illustrating
340 increased P-gp expression (results not shown). Nevertheless, cells preincubated with
341 these agents we washed free of the drugs before initiating our hour bacterial
342 adhesion studies to reduce the possibility that some of the potential inducing agents
343 could have also had short term functional blocking ability. Some of the inducers of P-
344 gp protein do so by blocking function of the protein, which encourages cells to
345 upregulate expression of P-gp to compensate for the loss of existing function^{35, 36}.
346 More recent studies with 1 μ M digoxin, 3 mM Phenobarbital and 5 μ M 1, 25
347 dihydroxyvitamin D have shown some increase in protein expression.

348
349 Human cells grown in black 96 multi-well plates were then prepared by aspirating
350 and incubating them with Buffered salt solution containing efflux protein inhibitors for
351 up to 30 minutes in the 5% CO₂ incubator. After the inhibitor solutions were
352 aspirated, the cells were rinsed with PBS once and then fresh HBSS were loaded
353 back into each of the wells. The bacterial solutions at 100 μ L per well were then
354 added at the corresponding time points ranging from 30 to 240 minutes and
355 incubated at 37°C in the 5% CO₂ incubator during this time period. Time points
356 exceeding 4 hours were not used to limit any bacterial influence on direct pathogenic
357 effects on the human cells³⁷, as this study was focused on the attachment process of
358 bacteria. Once the addition of bacterial solution to the Human cells at the required
359 times had been completed, the cells were rinsed 3 times with cold PBS. A FLUOstar
360 Optima fluorescent plate reader (BMG Labtechnologies) was used to measure
361 fluorescence emitted and the data derived corresponded to the number of bacteria
362 attached to the cell lines. The conditions set for fluorescence reading were as
363 follows: A 485 nm excitation filter and a 520 nm emission filter, using an orbital

364 detection protocol to average the measurement over 20 different locations in each
365 well, and each assay was done with quadruplicate individual wells at each time point.

366 **Test to confirm that P-gp inhibitors do not affect growth of bacteria**

367 To exclude the possibility of the P-gp inhibitors having a direct effect on the growth of
368 the bacteria, parallel studies were conducted where co-incubation with the active
369 efflux inhibitors was followed by culturing on nutrient agar plates and placing at 37°C
370 overnight (72 hours for *Clostridium*.) The visible colonies on the plates were counted
371 and compared to the bacterial samples without inhibitors present. We did not observe
372 any inhibition of bacterial growth with the concentration of efflux inhibitors used in this
373 study in concert with the bacterial solutions.

374

375 **Statistical analysis**

376 Student two-tailed unpaired t-tests were carried out on each set of quadruplicate
377 results for each time point. Significant differences were considered to have occurred
378 with a P value of less than 0.05. One way ANOVA with Dunett post hoc analysis was
379 also conducted to compare the significance of inhibitors and inducers for each
380 bacterial species and each human cell line. Statistical significance was reached if p
381 values were less than 0.05.

382

383

384

385 **Results**

386 Individual efflux proteins were determined by Western blot analysis. Of the three cell
387 lines examined, Caco2 cells proved to be the only one with significant quantities of P-
388 gp (ABCB1) expressed (Figure 1). In addition, cells pre-incubated for 48 hours with
389 rifampicin showed a small increased expression of P-gp when matched to cells
390 passaged at the same time (wells 1 and 2), although this was only a minor increase.
391 1, 25 dihydroxy vitamin D at both 0.75 μM and 5.0 μM concentrations for 72 hours
392 were able to increase P-gp expression to a greater amount than 20 μM rifampicin.
393 These Caco2 cells had relatively low expression of BCRP (ABCG2) (Figure 1), with
394 the P-gp inducers appearing to decrease expression of BCRP further in the Caco2
395 cell line. The RKO cell line was used as a 2nd human gastrointestinal cell line,
396 however it was clear from these Western Blots that protein expression of both MDR1
397 and BCRP was very low in this cell line (Figure 1). The human breast cancer cell line
398 MCF7 had the highest expression of BCRP protein from the three cell lines used in
399 this study (Figure 1). Expression of BCRP appeared to be unaffected by 48 hour
400 preincubation with rifampicin, or 72 hour incubation with vitamin D or Phenobarbital
401 (Figure 1). It has also been shown in our laboratory that RKO cells show some MRP1
402 expression, Caco2 cells show MRP2 expression, while MCF7 cells have very little
403 MRP1 or MRP2 expression (results not shown). The attachment of bacteria to these
404 three human cell lines was subsequently examined in our cell lines with different
405 BCRP and P-gp expression to find an association with either BCRP or MDR1.
406
407 Bacterial fluorescence increased in intensity over the course of the 3 to 4 hour
408 studies shown here, and these values represent the bacteria unable to be washed
409 from the human cell layers coating the wells (Figures 2 and 3). Depending on the

410 bacterial species, adhesion started to reach a plateau by 3 hours. Examples of
411 *Escherichia coli* (Figure 2) and *Staphylococcus aureus* are shown here (Figure 3),
412 however the general trend was similar for all six species of bacteria examined.
413 Bacterial attachment from blank wells without confluent cell layers was very low and
414 did not increase with increasing incubation time. Bacteria were allowed to adhere for
415 between 30 min to 4 hours and the fluorescence determined after washing the cells
416 three times in ice cold PBS. Initial studies were conducted within a 1 min to 30 min
417 time frame, but this period was found to be too short for adhesion to be meaningful in
418 fluorescence analysis. The Pgp inhibitors PSC833 and GF120918 were incubated
419 with Caco2 cells for only 30 min prior to the 1st bacterial incubation period to allow P-
420 gp transport sites to be blocked prior to exposure to bacteria.

421 The Rhodamine 123 bidirectional transport study shown here illustrates the
422 effectiveness of PSC-833 at blocking P-gp function as evidenced by the increased
423 apical to basolateral transport and decreased bacterial to apical transport of the
424 known P-gp substrate rhodamine 123³⁴. Our previous studies with GF120918 also
425 show similar effectiveness of GF120918 in Caco-2 cells at blocking functional P-gp
426 activity^{16, 30}.

427 It was evident that an increasing bacterial load occurred over a 3 to 4 hour time
428 course. However, RKO and MCF7 cells, with little to no P-gp expression, had much
429 greater absolute fluorescence than the Caco2 cells (Figures 2 and 3). When P-gp
430 was blocked with GF120918, as shown in figures 2 and 3, this allowed bacterial
431 attachment in Caco2 cells to start increasing to that of the other cell lines. Very
432 similar results were obtained using PSC833, another common P-gp inhibitor, which is
433 equally effective towards P-gp without affecting BCRP activity (Table 1). Rifampicin
434 pre-incubation was not significantly effective at reducing *Escherichia coli* associated
435 with our human cell lines. Only one bacteria, *Staphylococcus aureus*, showing any

436 reduced binding to Caco2 cells with rifampicin pre-exposed cells (Figure 3, Table 1).
437 Minimal increases in P-gp expression shown in Figure 1, and no change in
438 bidirectional Rh123 transport (Figure 4) indicate that little change had occurred with
439 P-gp expression, so it was not surprising that irrespective of Caco2 exposure to
440 rifampicin, bacterial adhesion results were similar in the majority of cases.

441
442 Time course experiments were repeated with numerous co-incubated active efflux
443 inhibitors to further the hypothesis that P-gp was responsible for altering bacterial
444 adhesion. For clarity the 180 min data is shown due to the trend in adhesion
445 differences being similar for all time points. MK571 is a specific MRP1 inhibitor and it
446 did have a small effect on increasing accumulation of *Escherichia coli* and
447 *Staphylococcus aureus*, but did not affect *Salmonella typhimurium* or *Clostridium*
448 *sporogenes* in Caco2 cells (Table 1). Probenecid is a multiple MRP inhibitor, yet had
449 no effect at all on any bacterial adhesion. Quercetin and genestein are also thought
450 to modify the MRP family of transporters^{38, 39}, yet they also had no effect on any
451 bacterial adhesion of Caco2 cells here (Table 1). As GF120918 has the potential to
452 block BCRP in addition to P-gp, a potent specific BCRP blocking agent
453 (Fumitremorgin C)⁴⁰ was tested at concentrations known to be effective against
454 BCRP *in vitro*⁴¹ to elucidate the mechanisms of GF120918. This agent had no effect
455 on bacterial binding to Caco2 cells (Table 1), although their BCRP protein level is low
456 (Figure 1). Importantly, it did have some effect on bacteria remaining associated with
457 MCF7 cultures (Table 2), which have much higher expression of BCRP (Figure 1),
458 but this only resulted in 30 to 60% increases in bacterial loading, while blocking the
459 activity of P-gp increased some of the bacterial association with Caco2 cells up to 3
460 fold higher.

461 Progesterone was used for 48 hour pre-incubations of the human cell lines as one
462 report stated that long term exposure to 10 μ M progesterone could increase BCRP in
463 some oestrogen sensitive cells lines²² and P-gp levels in other cell lines by 2 fold²¹,
464⁴². However, progesterone is one of the few potent P-gp blocking agent that is not
465 transported by P-gp, and thus, is likely to block using mechanisms that do not involve
466 the active site, and may persist for some time⁴³, and although the Caco2 cells in this
467 study were washed 3 times in cold PBS before initiating bacterial adhesion, it is likely
468 that much of the progesterone bound to the P-gp receptor remained attached and
469 therefore continued to act as a blocking agent while adhesion studies were
470 conducted, and this was the likely reason significant increases in bacterial adhesion
471 were observed in this particular section of the study (Table 1). The RKO cell line,
472 which had almost no P-gp expression, also had much higher total fluorescence, and
473 thereby total bacterial association with the RKO cells compared to Caco-2 cells,
474 mirroring the relative P-gp expression differences between these cells (Figures 2 and
475 3). Rifampicin is well known as a P-gp inducer⁴⁴ through activation of the pregnane
476 X receptor (PXR) and was successful at limiting the binding of some bacteria to
477 Caco2 cells. It is known that Caco2 cells have only low level PXR expression⁴⁵, and
478 that rifampicin does not have the same level of increase that can occur in cell lines
479 with greater PXR levels⁴⁶. Nevertheless, it was able to limit the binding of
480 *Salmonella typhimurium* and *Klebsiella sporogenes* to a moderate extent in Caco2
481 cells, and these bacteria are both capable of inducing gastrointestinal infections.
482 Further work is needed with other P-gp inducers such as Vitamin D, digoxin or
483 Phenobarbital to examine definitive reduction in bacterial adhesion as a
484 consequence of increased P-gp activity. Incubation with rifampicin was able to limit
485 the binding of *Staphylococcus aureus* to RKO gastrointestinal cells, although these
486 cells have almost no expression of P-gp. MCF7 cells went in the other direction by

487 increasing binding of *Escherichia coli* with the use of 20 μ M rifampicin for 48 hours
488 (Table 2), but none of the other bacteria showed this effect, and it is not clear what
489 the significance of the 24% increase in bacterial binding represents, given that much
490 greater changes occurred with BCRP inhibition in the MCF7 cell line. In addition, the
491 rhodamine 123 bidirectional transport study did not show any increased basolateral
492 to apical transport after preincubation of rifampicin, which would have been expected
493 if P-gp was working with greater effectiveness on this P-gp substrate (Figure 4).
494 However, unlike functional blocking assays where drugs will have a relatively specific
495 targets such as P-gp, when trying to induce expression using various drugs, it is
496 likely that many parameters are being changed beyond induction of P-gp alone,
497 which makes examination of reduced binding of bacteria as a response of P-gp more
498 challenging to prove into the future, than the evidence of increased binding through
499 functional P-gp blockage which is a much clearer conclusion from the data of this
500 study.

501

502

503 **Discussion**

504 This study has shown compelling evidence that P-gp expression, and possibly BCRP
505 expression to some degree, has a significant ability to prevent close association of
506 bacteria with human gastrointestinal cells. This is the first stage of pathogenic
507 bacterial cellular invasion by creating an environment from which to cause an
508 infection, and thus low P-gp expression may allow an increased risk of pathological
509 outcomes.

510
511 There are two phases of bacterial adhesion to hosts surfaces. Phase one involves
512 overcoming physical forces such as Brownian motion, van der Waals attraction
513 forces, gravitational forces, surface electrostatic charge and hydrophobic interactions
514 ^{2, 47}. Phase two of the adhesion process requires the union of bacterial surface
515 adhesins with the complementary human gastrointestinal cell receptors. Adhesins
516 can take the form of bacterial cell wall components (polysaccharides, glycoproteins,
517 glycolipid), cell capsules or fimbriae ^{2, 47}. It is here that we would expect any
518 interactions between P-gp and bacterial adhesion to occur.

519
520 Our results showed the P-gp blocking agents PSC 833, GF 120918, progesterone
521 and to a limited extent, glyburide, all increase bacterial attachment to Caco2 cells,
522 which indicates the involvement of P-gp in limiting the attachment of bacteria to these
523 cells. We have used PSC-833 and GF120918 in many previous bidirectional drug
524 transport studies with Caco2 cell monolayers and find them to both give excellent P-
525 gp blocking ability at the concentrations used in this study. In addition, rhodamine
526 123 bidirectional studies were repeated in this study to show the effectiveness of
527 PSC-833 as a potent P-gp blocking agent ^{25, 30, 31}.

528 Glyburide was initially used in other labs as an ABCA1 inhibitor ⁴⁸, however, it was
529 clear from other publications that this agent has moderate P-gp blocking ability as
530 well ⁴⁹. Thus, although glyburide was not as potent as PSC-833, or GF120918 in this
531 study at increasing bacterial attachment, this would be keeping within its likely
532 potency range against P-gp.

533

534 Some of the bacterial species, such as *Staphylococcus aureus* were able to increase
535 their foothold on Caco2 cells as active P-gp was depleted to a far greater extent than
536 other bacteria. *Staphylococcus aureus* incubation resulted in much higher cell
537 fluorescent counts compared to the other five examined, suggesting better binding to
538 the human cells, and P-gp blockage also produced the greatest fold increases for this
539 bacteria as well as other bacteria known to invade the gastrointestinal environment,
540 such as *Clostridium sporogenes* and *Salmonella typhimurium*, especially when
541 compared to the more pulmonary infective agents such as *Pseudomonas* and
542 *Klebsiella*. Interestingly, *Salmonella typhimurium* has been shown previously to
543 interact with P-gp, downregulating its expression ⁵⁰, which has been suggested can
544 increase its own infectiveness. Other bacteria used in this study, such as *E.coli W*
545 are not overtly pathogenic ⁵¹, and this may have explained why the fold increase of
546 bacterial fluorescence was not up to the level of the other gastrointestinal infective
547 bacteria. The use of more virulent *E.coli* bacteria in more stringent PC3 lab facilities
548 may assist in providing answers in this area.

549 However, using a virulent strain of *Salmonella typhimurium*, a research group
550 recently showed canine MDCKII cells overexpressing human P-gp to internalise less
551 than 20% of the bacteria compared to the same MDCKII cell line not overexpressing
552 P-glycoprotein ⁵⁰. Their data matches the response of *Salmonella typhimurium* in this
553 current study using human Caco2 cells very closely. In their study all bacteria

554 external to the MDCKII cells were killed, and the internalised cells were extracted and
555 plated for colony forming units to be counted, showing an 80% reduction in
556 internalised *Salmonella*. In this current study fluorescence associated with the cells
557 was determined simply using a 96 well plate reader. Remarkably, their study and
558 these current results come to the same conclusion, being that the expression of
559 functional human P-gp will limit close association with bacteria capable of inducing
560 potential infections.

561

562 Other human cell lines that expressed much lower amounts of P-gp, or expressed
563 other efflux proteins indicated that the influence of other efflux proteins, such as
564 BCRP, may have a small role to play, but it was P-gp that appeared to limit the
565 bacterial adhesion when comparing the combination of cells lines examined and
566 inhibitors used. For example, in the MCF7 cell line, which has BCRP as its efflux
567 protein of greatest expression, the P-gp inhibitor PSC-833 had no effect, which was
568 not surprising given the lack of P-gp in the cell line, while GF120918 was more
569 effective, but not to the same level in Caco-2 cells. In these cells GF120918 would be
570 blocking P-gp to a larger extent than BCRP, as Caco2 cells were shown here to have
571 much less BCRP than the MCF7 cell line. In addition, the BCRP specific inhibitor
572 Fumitremorgin was very limited in its effectiveness to increase bacterial adhesion.
573 This evidence reinforces the role of P-gp in preventing bacterial attachment. Thus,
574 when the use of inhibitors of different efflux proteins are compared in a cell line with
575 high P-gp expression (Caco2), high BCRP expression (MCF7), and little expression
576 of either (RKO), it became clear that only drugs known to inhibit P-gp in the cell line
577 that expressed it – showed vastly significant increases in binding. The lack of PSC-
578 833 induced binding in the MCF7 and RKO cell lines confirmed that this drug itself
579 was not primarily responsible for the increased bacterial attachment. Ideally, reduced

580 binding with elevated P-gp levels would add more weight to the evidence for P-gp
581 efflux associated with reduced binding of bacteria. Certainly, the Caco2 cells had less
582 fluorescence, and thereby less bacteria attached at any given time than the MCF7
583 and RKO cell lines, which does conform with this hypothesis of P-gp enacted
584 defence against gastrointestinal bacteria. Attempting to increase P-gp expression in
585 the Caco2 cells with rifampicin exposure only slightly increase P-gp protein
586 expression in Caco2 cells, with no additional bidirectional transport activity of Rh123,
587 yet was also associated with a slight decrease in bacterial binding, for two of the 6
588 species. Nevertheless, the previous publication from McCormick's group showing
589 significantly decreased invasion of Salmonella with a transfected canine cell line with
590 human MDR1⁵⁰ would support the notion that increased P-gp expression should
591 decrease adhesion of the bacterial species examined here.

592

593 Bacteria have been shown to have multiple adhesins, especially peptide based
594 molecules for attaching to different surfaces or receptors². It is known that some
595 polysaccharides and proteins are P-gp substrates^{52, 53}, which forms the basis of this
596 study's proposal that bacterial adhesion factors that are comprised of these materials
597 may interact with P-gp and in turn the attachment process may be affected due to
598 this interaction. P-gp is able to recognize foreign substrates, in this case the bacterial
599 attachment factors, preventing the bacteria from attaching by dislodging these factors
600 from the cell surface.

601

602 A recent clinical study showed decreased P-gp protein expression in the colon of
603 patients, and the lower the expression, the greater the clinical inflammation from
604 Ulcerative colitis. Their conclusion was that IL-8 and other cytokines had reduced the
605 MDR1 protein¹³. Our data in this current study conforms with this clinical experiment,

606 except that our data would suggest that the clinical inflammation in IBD (similar to
607 that seen in previous *mdr1a* knockout mice studies ⁷) may be a result of the lower P-
608 gp expression, rather than the low P-gp expression coming from the increased
609 clinical inflammation ¹³. Thus, time course studies that follow when low expression
610 has occurred would be the next step to confirming this hypothesis.

611
612 The data in this study supports the concept that P-gp not only is protective of
613 xenotoxic compounds, but also protects from the bacteria themselves getting close
614 enough to initiate a cascade of toxic or inflammatory events that leads to clinical
615 diseases such as ulcerative colitis. It has been suggested that in the gastrointestinal
616 tract if a person has a homozygous CC polymorphism at position 3435 of the ABCB1
617 (MDR1) code this would provide up to 2 fold greater defence against xenobiotics, and
618 that this is the rationale behind the TT homozygous allele only representing 6% of
619 the African population ^{54, 55}. They are thought to have increased resistance to
620 gastrointestinal illness, and our data would support this resistance being a
621 combination of allowing bacteria to be flushed through the gut more rapidly and
622 having delayed attachment that would otherwise lead to subsequent gastrointestinal
623 damage, in addition to xenobiotic compound efflux from foods consumed in their diet.

624

625 **Conclusions:**

626 In conjunction with a recent publication examining *Salmonella typhimurium*
627 interactions with P-gp expression, and the ability of P-gp to block uptake of
628 *Salmonella* in MDCK cells ⁵⁰, this current study shows that functional P-gp reduces
629 adhesion of many species of bacteria directly to human cells endogenously
630 expressing this efflux protein, suggesting a mechanism to explain increased intestinal

631 colitis in *mdr1(-/-)* knock-out mice from studies conducted over a decade ago⁷, and
632 providing potential insights into our understanding of gastrointestinal disorders
633 initiated by bacterial adhesion in humans.

634 The next step in the examination of this P-gp and bacterial adhesion association will
635 be to examine key adhesion molecules and their interaction with P-gp directly, with
636 bidirectional transport studies needed to elucidate the transporter affinity of these
637 peptides for active efflux transport. In addition, with current data showing low P-gp
638 expression in patients with active inflammatory bowel disease¹³, time course studies
639 should be conducted to examine whether P-gp expression in these patients is lower
640 before or after the induction of an acute attack. This information would assist in
641 determining the causative nature of acute attacks, and whether P-gp is acting to
642 defend the colon from bacterial induced inflammation or not.

643

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652

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806
807

808 **Figure legend:**

809

810 Figure 1.

811 Western blots and densitometry analysis of Caco2, RKO and MCF7 cells for ABCB1
812 (MDR1) and ABCG2 (BCRP) efflux proteins. A: Wells 1-2 include matched 19 day old
813 Passage 80 Caco2 cells with and without 20 μM rifampicin exposure for 48 hours.
814 Wells 3-5 include 9 day old MCF7 cells with and without 20 μM rifampicin for 48
815 hours and 3.0 mM Phenobarbital exposure for 72 hours. Wells 6-7 include 7 day old
816 RKO cells with or without 20 μM rifampicin exposure for 48h. Caco2 cell data is
817 contained in wells 8-14. Well 8 has Passage 86 Caco2 cells as control data for
818 inducers shown in wells 9-14. Wells 9-10 contains 0.75 μM and 5.0 μM 1, 25
819 dihydroxy Vitamin D respectively for 72h. Wells 11-12 have 0.25 and 2.0 μM digoxin
820 for 48h, while Well 13 shows the effects of 2.0 μM digoxin exposure for 72h. Well 14
821 has Caco2 cells exposed to 3.0mM Phenobarbital for 72 h. β -actin was used as the
822 loading marker protein for these blots. 40 μg of protein was loaded onto these blots.
823 Densitometry analysis is shown under each well. Results have been normalised to
824 Caco2 control well 8.

825

826 Figure 2.

827 Four hour time course study of *E. coli* attachment to A: Caco-2, B: RKO and C:
828 MCF7 cells. *E.coli* that absorbed the BacLight Green dye fluoresced with emission of
829 485 nm and excitation of 520 nm. Each of the human cells lines was tested in either
830 normal culture conditions (squares) or with co-exposure with 4 μM GF120918
831 (diamonds) or with a 48 hour pre exposure with 20 μM rifampicin (triangles), where

832 rifampicin was removed before bacteria were allowed to attach. Results shown are
833 the mean \pm SEM of quadruplicate wells at each time point
834 Significant differences between active efflux modified cells and control cells at each
835 time point are shown with $p < 0.05$ (*) and $p < 0.005$ (**).

836

837

838 Figure 3.

839 Four hour time course study of *Staphylococcus aureus* attachment to B: Caco-2, C:
840 RKO and D: MCF7 cells. *Staph. aureus* that absorbed the BacLight Green dye
841 fluoresced with emission of 485 nm and excitation of 520 nm. Each of the human
842 cells lines was tested in either normal culture conditions (squares) or with co-
843 exposure with 4 μ M GF120918 (diamonds) or with a 48 hour pre exposure with 25
844 μ M rifampicin (triangles), where rifampicin was removed before bacteria were
845 allowed to attach. Results shown are the mean \pm SEM of quadruplicate wells at each
846 time point
847 Significant differences between active efflux modified cells and control cells at each
848 time point are shown with $p < 0.05$ (*) and $p < 0.005$ (**).

849

850

851 Figure 4.

852 Bidirectional transport of 10 μ M Rhodamine 123 through Caco2 monolayers. Apical
853 to basolateral direction (\square, \blacksquare) and basolateral to apical direction (\diamond, \blacklozenge), with (\square, \diamond)
854 and without ($\blacksquare, \blacklozenge$) the presence of 4 μ M PSC-833, a potent P-glycoprotein inhibitor,
855 on both sides of the membrane. In addition, 72 h preincubation with 20 μ M
856 Rifampicin was conducted (O). Rifampicin was washed off and Rh123 was added

857 alone without any other drugs. The dashed line shows apical to basolateral transport
858 and the small/large dashed line shows basolateral to apical transport.
859

Table 1

Bacterial adherence to Caco2 cells:

The effect of modifiers to a range of known active efflux proteins on the fluorescence associated with bacterial adherence to Caco2 cells after 180 min of exposure in 96 well plates. Fluorescence is reported as a ratio of the fluorescence attained in concurrent control cultures of Caco2 cells exposed to the same fluorescently labelled bacterial cultures. The higher the ratio, the more bacteria have attached to the Caco2 cells in 180 min.

Modifier	Efflux protein modified	<i>Escherichia coli</i>	<i>Staphylococcus aureus</i>	<i>Salmonella typhimurium</i>	<i>Pseudomonas aeruginosa</i>	<i>Klebsiella pneumoniae</i>	<i>Clostridium sporogenes</i>
		Ratio to control	Ratio to control	Ratio to control	Ratio to control	Ratio to control	Ratio to control
None - control		1.00 ± 0.02	1.00 ± 0.03	1.00 ± 0.02	1.00 ± 0.04	1.00 ± 0.03	1.00 ± 0.02
PSC833	P-gp blocked	1.87 ± 0.03**	2.82 ± 0.01**	2.83 ± 0.05**	1.71 ± 0.06**	1.67 ± 0.02**	3.2 ± 0.03**
GF120918	P-gp & BCRP blocked	2.42 ± 0.02**	2.55 ± 0.02**	2.34 ± 0.03**	NA	1.77 ± 0.08**	2.85 ± 0.02**
Glyburide	ABCA1 and P-gp blocked	1.30 ± 0.03**	2.18 ± 0.04**	1.49 ± 0.03**	1.33 ± 0.02**	NA	NA
Fumitremorgin	BCRP blocked	1.38 ± 0.02**	1.45 ± 0.04**	1.05 ± 0.08	1.30 ± 0.08	1.23 ± 0.04	NA
MK571	MRP1 blocked	1.31 ± 0.06*	1.34 ± 0.13*	1.17 ± 0.03	NA	NA	1.12 ± 0.02
Probenecid	MRP family blocked	0.97 ± 0.05	1.06 ± 0.03	1.15 ± 0.04	NA	NA	1.01 ± 0.04
Quercetin	MRP family blocked	1.24 ± 0.05	NA	NA	1.15 ± 0.10	1.18 ± 0.07	NA
Genestein	MRP family	1.07 ± 0.05	NA	NA	0.97 ± 0.09	1.29 ± 0.08	NA

blocked							
Rifampicin	PXR activation. P-gp induction	1.15 ± 0.09	0.86 ± 0.09	0.61 ± 0.18*	1.11 ± 0.07	0.72 ± 0.09*	0.85 ± 0.01
Carbamazepine	Weak PXR activation. P-gp induction	0.96 ± 0.05	NA	NA	0.96 ± 0.02	NA	NA
Progesterone	P-gp blocker	1.47 ± 0.06**	1.71 ± 0.18**	1.52 ± 0.08**	1.46 ± 0.23**	1.64 ± 0.14**	NA

Drugs known to inhibit the activity of active efflux proteins were incubated with the confluent Caco2 cell cultures for 30 min prior to the bacterial co-incubation, while drugs known to induce efflux proteins were incubated for 48 to 72 hours prior to the bacterial co-incubation. Concentrations of each of the drugs used was as follows: INHIBITORS; PSC833 (4 μM), GF120918 (4 μM), MK571 (25 μM), Probenecid (500 μM), Fumitremorgin C (10 μM), Glyburide (200 μM), Genestein (100 μM), Quercetin (50 μM): 48 hour incubations; Carbamazepine (50 μM), Rifampicin (20 μM) and Progesterone (10 μM). PXR = pregnane X receptor

All Caco2 results shown are in quadruplicate ± SEM.

Significant differences in the binding of each species of bacteria to Caco2 cells incubated or exposed to drugs compared to control Caco2 cells at 180 min are shown with p<0.05 (*) and p<0.005(**).

Table 2.

Bacterial adherence to MCF7 and RKO cells:

The effect of modifiers to a range of known active efflux proteins on the fluorescence associated with bacterial adherence to MCF7 and RKO cells after 180 min of exposure in 96 well plates. Fluorescence is reported as a ratio of the fluorescence attained in concurrent control cultures of these human cell lines exposed to the same fluorescently labelled bacterial cultures. The higher the ratio, the more bacteria have attached to the MCF7 or RKO cells in 180 min.

Modifier	Efflux protein modified	<i>Escherichia coli</i>	<i>Staphylococcus aureus</i>	<i>Salmonella typhimurium</i>	<i>Pseudomonas aeruginosa</i>	<i>Klebsiella pneumoniae</i>	<i>Clostridium sporogenes</i>
MCF7		Ratio to control	Ratio to control	Ratio to control	Ratio to control	Ratio to control	Ratio to control
None - control		1.00 ± 0.04	1.00 ± 0.05	1.00 ± 0.04	1.00 ± 0.05	1.00 ± 0.03	1.00 ± 0.05
PSC833	P-gp blocked	1.08 ± 0.05	1.08 ± 0.05	0.94 ± 0.02	NA	0.99 ± 0.02	1.10 ± 0.02
GF120918	P-gp & BCRP blocked	1.60 ± 0.03**	1.14 ± 0.04	1.57 ± 0.04**	1.30 ± 0.05*	1.07 ± 0.04	1.42 ± 0.03**
Fumitremorgin	BCRP blocked	1.19 ± 0.02	1.29 ± 0.06*	1.21 ± 0.04	1.07 ± 0.05	1.14 ± 0.03	NA
Rifampicin	PXR activation. P-gp induction	1.24 ± 0.09**	1.01 ± 0.07	0.87 ± 0.16	1.03 ± 0.03	0.92 ± 0.05	0.78 ± 0.10

RKO							
None-control	MRP family blocked	1.00 ± 0.01	1.00 ± 0.01	1.00 ± 0.04	1.00 ± 0.04	1.00 ± 0.04	1.00 ± 0.02
PSC-833	P-gp blocked	1.03 ± 0.08	0.87 ± 0.03	1.01 ± 0.04	1.09 ± 0.02	1.01 ± 0.04	1.17 ± 0.01
Rifampicin	PXR activation. P-gp induction	1.04 ± 0.02	0.71 ± 0.05**	0.94 ± 0.03	0.92 ± 0.01	0.86 ± 0.01	1.16 ± 0.03

Drugs known to inhibit the activity of active efflux proteins were incubated with the confluent Caco2 cell cultures for 30 min prior to the bacterial co-incubation, while drugs known to induce efflux proteins were incubated for 48 to 72 hours prior to the bacterial co-incubation. Concentrations of each of the drugs used was as follows: INHIBITORS; PSC833 (4 μM), GF120918 (4 μM), MK571 (25 μM), Probenecid (500 μM), Fumitremorgin C (10 μM), Glyburide (200 μM), Genestein (100 μM), Quercetin (50 μM): 48 hour incubations; Carbamazepine (50 μM), Rifampicin (20 μM) and Progesterone (10 μM). PXR = Pregnane X receptor

All MCF7 and RKO results shown are in quadruplicate ± SEM.

Significant differences in the binding of each species of bacteria to either MCG7 or RKO cells incubated or exposed to drugs compared to control MCF7 or RKO cells at 180 min are shown with p<0.05 (*) and p<0.005(**).

Figure 1

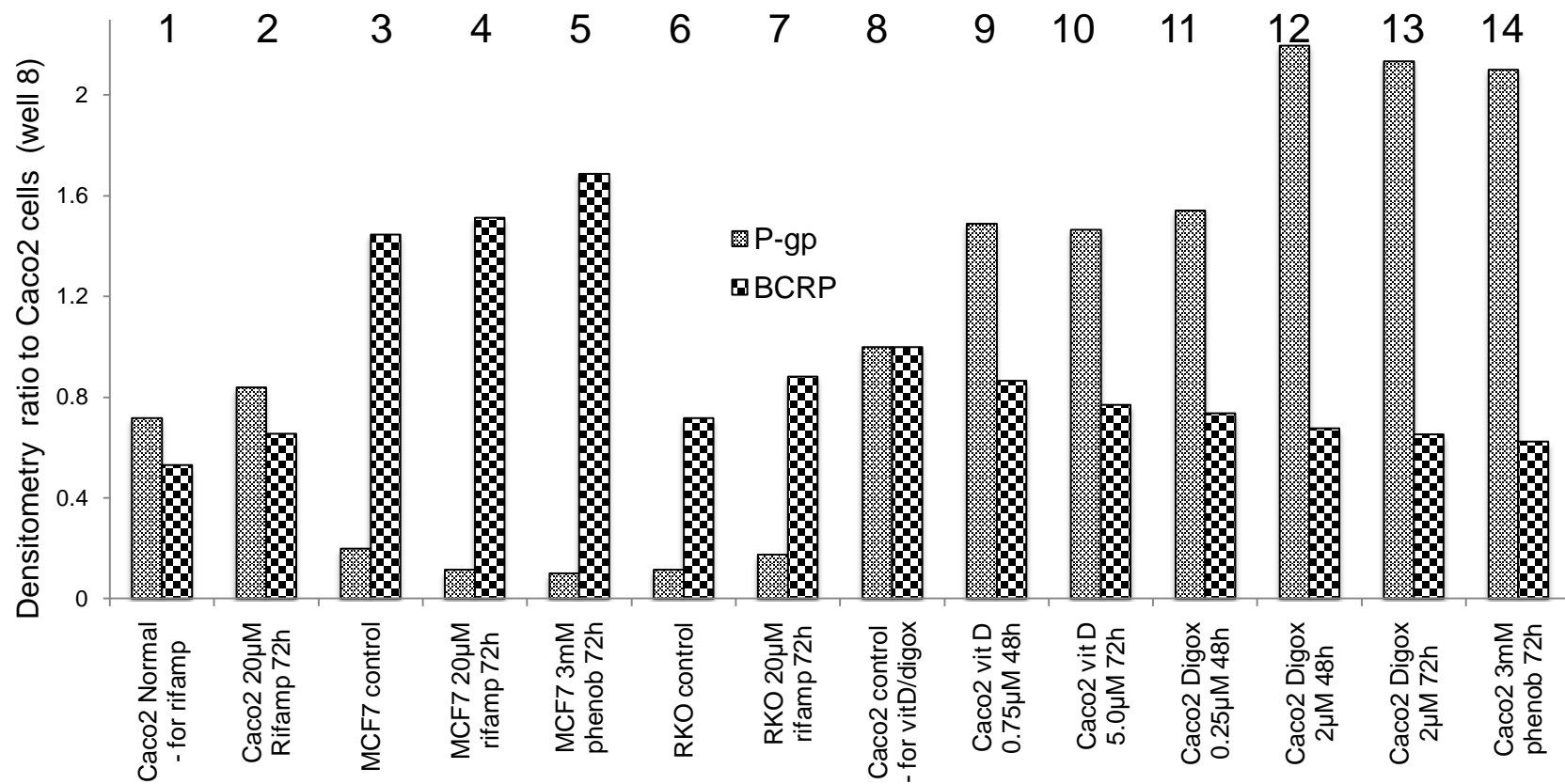
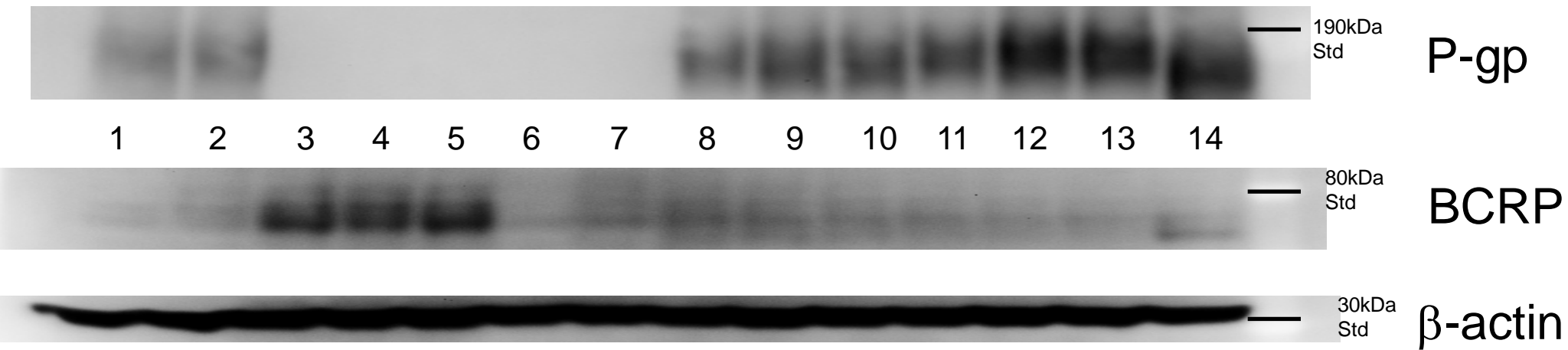


Figure 2

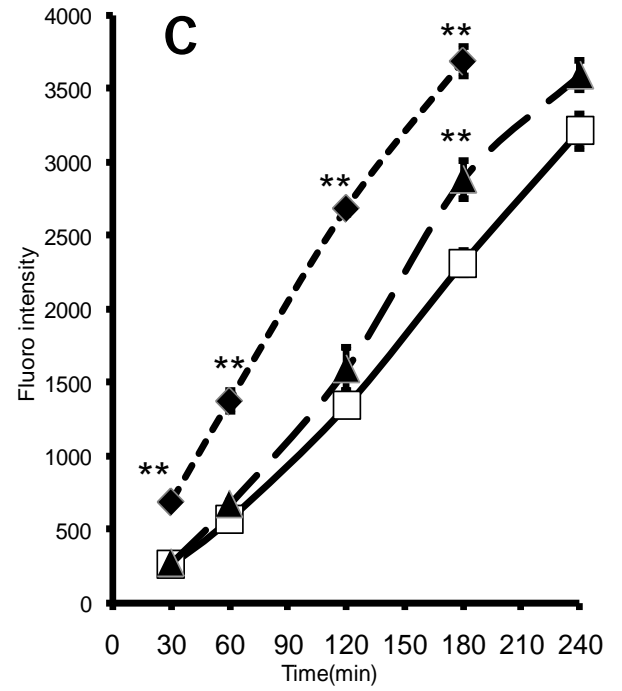
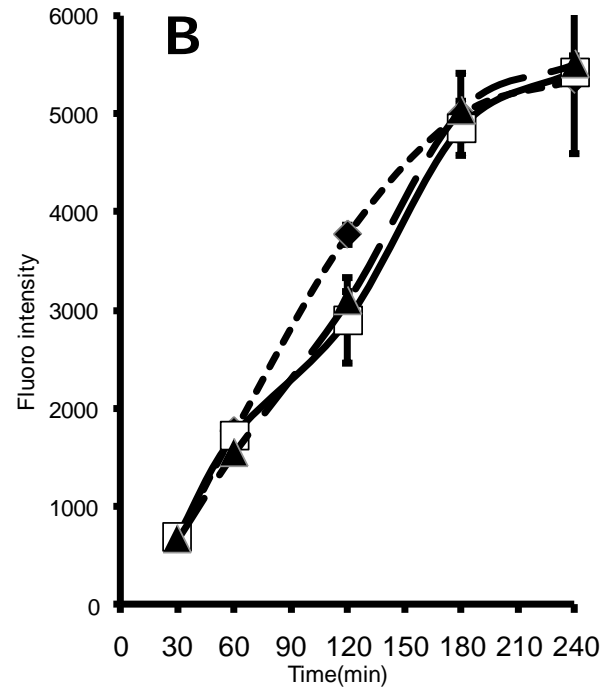
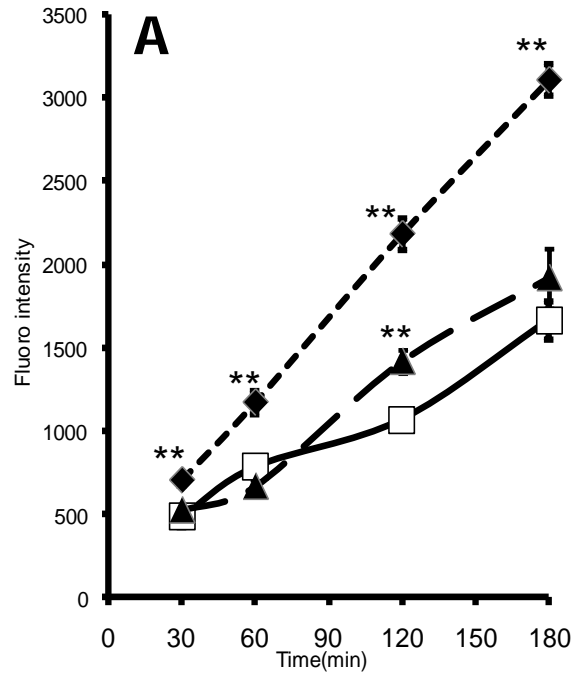


Figure 3

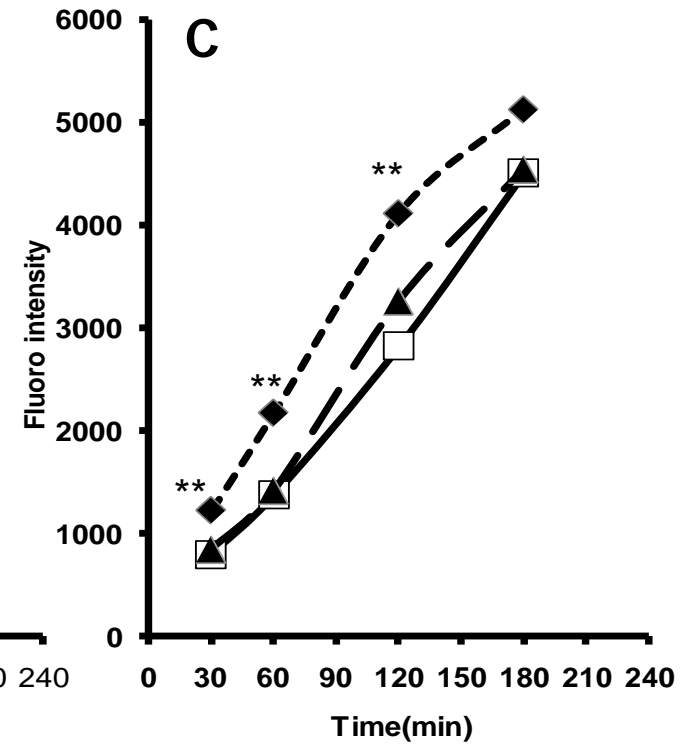
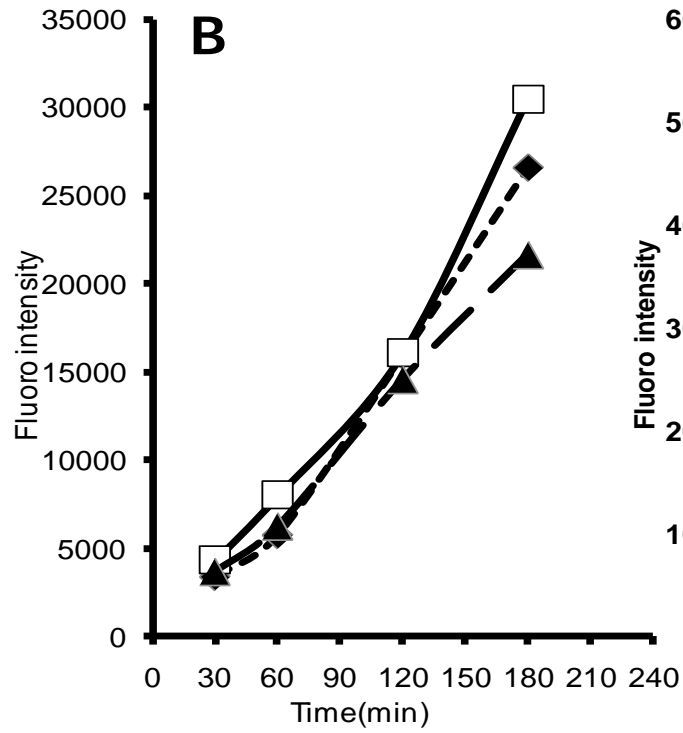
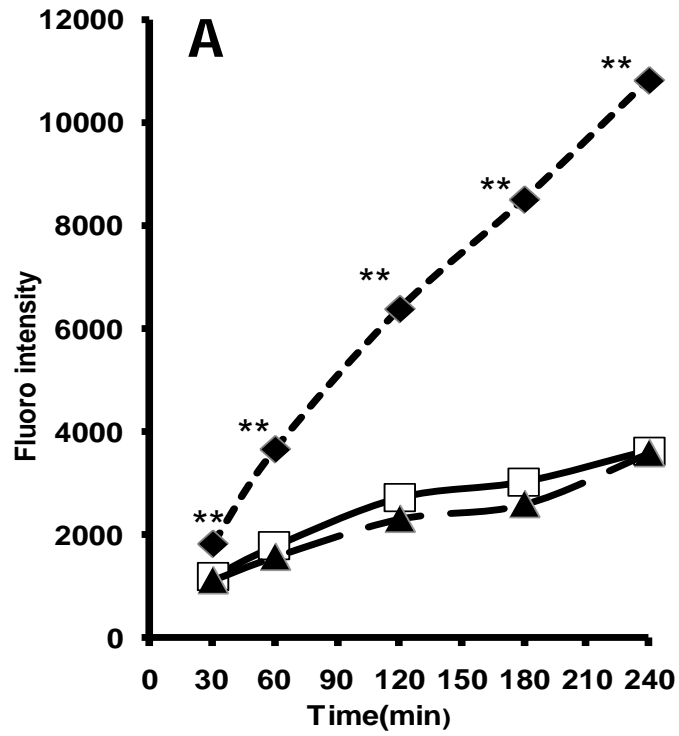


Figure 4

