

1 Earlier initiation of community-based palliative care is associated with fewer unplanned  
2 hospitalisations and emergency department presentations in the final months of life: a  
3 population-based study amongst cancer decedents.

4 Cameron M. Wright MSc, BPharm (Hons) <sup>1,2</sup>, David Youens BHSci. <sup>1</sup>, Rachael E. Moorin  
5 PhD, MMRS, Grad Cert Health Economics <sup>1,3</sup>.

6 1. Health Systems and Health Economics, School of Public Health, Faculty of Health  
7 Sciences, GPO Box U1987, Curtin University, Perth, Western Australia, 6845.

8 2. School of Medicine, University of Tasmania, Private Bag 26, Sandy Bay, Tasmania,  
9 Australia, 7001.

10 3. Centre for Health Services Research, School of Population and Global Health, Faculty  
11 of Medicine, Dentistry and Health Sciences, 35 Stirling Highway, University of  
12 Western Australia, Crawley, Perth, Western Australia, 6009.

13

14 Corresponding author: Cameron M Wright, Address: Health Systems and Health Economics,  
15 School of Public Health, Curtin University, GPO Box U1987, Perth, Western Australia. Email:  
16 [Cameron.wright@curtin.edu.au](mailto:Cameron.wright@curtin.edu.au), Phone: +61 8 9266 4250 (Fridays).

17 Number of Figures: 3

18 Numbers of Tables: 2

19 Number of references: 42

20 Word count: 3,353

21

22 **Abstract**

23 *Context:* While community-based palliative care (CPC) is associated with decreased acute care  
24 use in the lead up to death, it is unclear how the timing of CPC initiation affects this association.

25 *Objectives:* We aimed to explore the association between timing of CPC initiation and hospital  
26 use, over the final 1, 3, 6 and 12 months of life.

27 *Methods:* We conducted a retrospective, population-based study in Perth, Western Australia.  
28 Linked administrative data including cancer registry, mortality, hospital admissions,  
29 emergency department (ED) and CPC records were obtained for cancer decedents from 1  
30 January 2001 to 31 December 2011. The exposure was month of CPC initiation; outcomes  
31 were unplanned hospitalisations, emergency department (ED) presentations and associated  
32 costs.

33 *Results:* Of 28,331 decedents residing in the CPC catchment area, 16,439 (58%) accessed CPC,  
34 mostly (64%) in the last three months of life. Initiation of CPC prior to the last six months of  
35 life was associated with a lower mean rate of unplanned hospitalisations in the last six months  
36 of life (1.4 versus 1.7 for initiation within six months of death); associated costs were also  
37 lower (\$(A2012) 12,976 versus \$13,959, comparing the same groups). However, those  
38 initiating CPC earlier did show a trend towards longer time in hospital when admitted,  
39 compared to those initiating in the final month of life.

40 *Conclusions:* When viewed at a population-level, these results argue against temporally  
41 restricting access to CPC, as earlier initiation may pay dividends in the final few months of life  
42 in terms of fewer unplanned hospitalisations and ED presentations.

43 *Key Words:* Palliative care; Hospital costs; Community health Services; linked administrative  
44 data

45 Running title: The timing of community-based palliative care initiation.

46

47 **Introduction**

48 The World Health Organization's definition of palliative care,<sup>1</sup> encourages its availability early  
49 in the illness course. A 2013 Cochrane review<sup>2</sup> assessing 23 studies found community-based  
50 palliative care (CPC) increased the likelihood of death at home, as opposed to in hospital, and  
51 reduced symptoms.<sup>4</sup> However, in some settings access to CPC is restricted by expected time  
52 until death. For example, expected time until death of three months or less is required in  
53 Queensland, Australia,<sup>3</sup> while many insurance plans in the United States, including Medicare,  
54 require an expected time to death of six months.<sup>4</sup>

55 Given an expected increasing need to provide palliative care through alternative non-hospital  
56 settings,<sup>5,6</sup> CPC may appeal to health planners.<sup>7</sup> This is partly because hospital care at the  
57 end-of-life also accounts for a disproportionate amount of health spending.<sup>8-10</sup> Cost analysis  
58 of the United States, Belgium, Canada, England, Germany, The Netherlands and Norway,  
59 shows between 33% and 50% of health-specific purchasing power parity adjusted hospital  
60 expenditure in the last six months of life is accounted for in the month prior to death.<sup>11</sup> Previous  
61 work has shown a similar scenario amongst cancer patients in Australia,<sup>12,13</sup> where people are  
62 likely to spend time in hospital in the lead up to death, and are most likely to die in hospital.<sup>14</sup>  
63 This is despite a preference for dying at home,<sup>15-19</sup> and for receiving out-of-hospital palliative  
64 care.<sup>8,9,20-12</sup> Admission complexity means costs may exceed activity-based funding  
65 reimbursements to Australian hospitals.<sup>21,22</sup><sup>15</sup>

66 <sup>7,89</sup>In Perth, Western Australia (WA), CPC is provided by a single non-Government provider  
67 free of charge at the point of care. This is an uncapped, home-based, multidisciplinary service  
68 available to those with a progressive, life-limiting illness requiring symptom management  
69 following medical practitioner referral. In a recent study using data from this service,<sup>22</sup> we  
70 found that the use of CPC, relative to no CPC, was associated with an increased odds of cancer  
71 decedents dying out of hospital (adjusted odds ratio of 3) and decreased unplanned

72 hospitalisation (adjusted hazard ratio of 0.94 in the last year of life). Unlike WA, in other health  
73 settings a limit is placed on CPC initiation based on expected time to death, to reduce service  
74 costs. Considering evidence from other health systems, studies from Canada have found that  
75 the initiation of home-base palliative care (CPC) greater than six months prior to death reduced  
76 the risk of needing acute care in the last fortnight of life, in a dose-dependent manner,<sup>23</sup> and  
77 that end-of-life nursing reduced emergency department (ED) presentations in the subsequent  
78 week over the final six months of life.<sup>24</sup>

79 <sup>5655</sup>If the majority of end-of-life acute care and associated costs are incurred in the immediate  
80 lead up to death, an important policy question that has not been adequately explored to date is:  
81 what is the added benefit in terms of unplanned hospitalisations and ED presentations, if any,  
82 from initiating CPC (i.e. home-based ) very much before this time? This is worth exploring,  
83 since the cost-effectiveness of CPC, from a health system perspective, is driven by offsetting  
84 costs elsewhere in the health system. To date, the majority of research on the impact of  
85 specialist palliative care has focused on hospital and hospice-based services. The aims of this  
86 study were therefore to: 1) examine the association between timing of initiation of CPC and  
87 unplanned hospital use, ED presentations and associated costs, and; 2) assess how this  
88 association is affected by the 'end-of-life' period over which these outcomes are measured.

## 89 **Methods**

90 The reporting of this population-based retrospective study was based on items in the REporting  
91 of studies Conducted using Observational Routinely-collected health Data (RECORD)  
92 statement (see Appendix 1).<sup>25</sup> The study was approved by the WA Department of Health  
93 Human Research Ethics Committee (2013/40), which exempted the study from requiring  
94 individual patient consent.

95 Data sources and linkage

96 Person-level linked data for WA cancer decedents who died between 1 January 2001 and 31  
97 December 2011 were extracted from the WA Cancer Registry, WA Mortality System, WA  
98 Hospital Morbidity Data Collection (HMDC), WA ED Data Collection and CPC records linked  
99 and extracted via the WA Data Linkage System.<sup>26</sup>

100 Description of participants

101 Only those living within the CPC catchment area in Perth and dying after one month of age  
102 were included.

103 Outcomes, exposure and covariates

104 Unplanned hospital admissions, ED presentations, length of stay and associated costs  
105 (outcomes)

106 Time prior to death was categorised to several look-back periods: 1, 3, 6 and 12 month(s) prior  
107 to the date of death. Hospitalisations were allocated to look-back periods based on the  
108 admission date for unplanned hospitalisation or presentation date for ED presentations. The  
109 admission status variable in the HMDC data was used to determine if hospitalisations were  
110 planned or unplanned. In this study hospitalisations coded as 'emergency' were classified as  
111 unplanned.<sup>27</sup>

112 Episodes of hospitalisation were constructed taking into account inter-hospital transfers to  
113 avoid double counting. Transfer adjusted lengths of stay in days<sup>28</sup>, for each inpatient  
114 hospitalisation were used to calculate: (i) the total number of bed days spent in hospital due to  
115 initiation of unplanned admissions to hospital during each look-back, and; (ii) the average  
116 length of stay (ALOS) of unplanned admissions to hospital initiated in each look-back period.  
117 Deceased on arrival or purely administrative ED presentations (e.g. 'placeholders' for transfers,  
118 not presenting) were excluded.

119 The cost of each episode of care was assigned based on average cost of the Australian Refined  
120 Diagnosis Related Group (AR-DRG) code recorded using the National Hospital Cost Data  
121 Collections for WA specific to the date of separation of each hospital record.<sup>29, 30</sup> ED  
122 presentations were costed using the Urgency Related Group values.<sup>30</sup> These reflect the costs  
123 paid to hospitals for admissions by the State Government. All costs were adjusted to 2012  
124 prices, using relevant health price indices<sup>31</sup>. In addition, an expected cumulative length of stay  
125 (LOS) was calculated (defined as the average length of stay recorded for the AR-DRG in the  
126 relevant national cost data collection table).<sup>30</sup>

#### 127 Community-based palliative care service (exposure)

128 CPC service data were used to identify which members of the cohort had accessed CPC  
129 (defined as having at least one in-home visit), the date of first access and the number of visits.  
130 For those who had “ever” used the service, the timing of first-time service utilisation was  
131 categorised in months prior to death ranging from less than one months prior to death,  
132 ascending to 12 months or earlier.

133 The exposure was also dichotomised as initiation before or after each look back period (e.g.  
134 within the final three months of life, versus prior to this for the three month look back). In  
135 summary, CPC provided by Silver Chain in Perth comprises a multi-disciplinary team  
136 providing palliative care services to patients at their ‘usual place of residence’, which may  
137 differ with time. The team is usually comprised of doctors with palliative care training, nurses  
138 and other allied health and people to provide non-health-related support (e.g. chaplains). The  
139 frequency of visits is based on clinical need and is uncapped.<sup>32</sup>

#### 140 Socio-demographic data and cancer history (covariates)

141 Sex, age, marital status, postcode-based residential location and type of cancer causing death  
142 were extracted from the WA Mortality system. Postcode-based Socio-economic Index for

143 Areas (SEIFA) index of relative social disadvantage <sup>33</sup>, CPC service catchment area (north,  
144 south, east), country of birth, whether more than one cancer was diagnosed, the length of time  
145 living with cancer and whether cancer was the cause of death were ascertained using the  
146 Cancer Registry. Indigenous status was determined via the WA Data Linkage Branch. <sup>34</sup>  
147 Comorbidity was ascertained using the Multipurpose Australian Comorbidity Scoring System  
148 (MACSS) <sup>35</sup> in the last 12 months of life using all principal and co-diagnosis codes on the  
149 HMDC, with the exclusion of cancer.

#### 150 Statistical analysis

151 The relationship between first-time use of the CPC (in months prior to death, and for initiation  
152 before or after the look back period) and the rate of unplanned hospitalisation and ED  
153 presentation was evaluated using multivariate negative binomial regression, due to the over  
154 dispersed nature of the data. Multivariable exponential Cragg-hurdle models with a lower limit  
155 of zero and no upper limit were used for bed days, ALOS and costs. Hurdle model combine  
156 two models: (i) a selection model that determines if an individual has an outcome of interest,  
157 and; (ii) an outcome model that determines the positive amount of that outcome (i.e. bed days,  
158 ALOS or cost). The covariates for the selection model were determined using binary logistic  
159 regression with unplanned hospitalisation as the dependent variable. The covariates deemed as  
160 significant ( $p < 0.05$ ) were used in the hurdle selection model. The Cragg-hurdle outcome model  
161 and the negative binomial regression model used the full set of potential covariates as follows:  
162 sex, year of death, age at death (<50 years, 50 – 74 years, 75+ years), born in Australia/New  
163 Zealand or elsewhere, Indigenous status, partnered at death, multiple cancer diagnoses, time  
164 between cancer diagnosis and death (in days), socio-economic status, CPC catchment area,  
165 comorbidity recorded on hospitalisations in previous 12 months (yes/no), cancer type causing  
166 death and the number of CPC home visits in the last 12 months of life. The inclusion of co-  
167 variates was determined based on the effect they had on the model, and reflected those in the



168 administrative data likely to have different distributions for those accessing CPC early and late.  
169 The average effect of initiation time was obtained by post estimation of the marginal effects.  
170 For the number of unplanned hospitalisations and ED presentations, the marginal estimates  
171 were reported as rates per person-time for the relevant lookback period (i.e. only whilst out of  
172 hospital were patients considered ‘at risk’). For total bed days, ALOS and cost, means at the  
173 person-level for each look back period were reported. The mean difference (coefficient)  
174 between actual and expected LOS (based on AR-DRG grouping) per person, between initiation  
175 before or after the lookback period was estimated using linear regression, adjusted for the above  
176 covariates.

177 Those not receiving CPC or with no CPC initiation date were excluded from the analyses,  
178 though we did perform a sub-analysis of the negative binomial and Cragg-hurdle modelling for  
179 months prior to death, with ‘no CPC use’ as the reference. Stata SE (Version 14, College  
180 Station, Texas) was used to conduct the analyses.

## 181 **Results**

182 During the study period, 39,247 people died from cancer in WA. Of those, 28,331 (72%)  
183 resided in the CPC catchment area at the time of death and had a recorded initiation date. The  
184 majority (58%, 16,439) accessed CPC at some time prior to death; differences in characteristics  
185 between those accessing and not accessing CPC have been discussed elsewhere.<sup>22</sup> For those  
186 who did access CPC, the majority (64%) initiated the service in the last three months of life  
187 (Table 1). Only 1,534 (9%) of those using CPC accessed the service earlier than nine months  
188 prior to death.

189 Assessing the last 12 months of life, there was not a clear association between the mean rate of  
190 unplanned hospitalisations per person-time at risk and the month of initiation prior to death  
191 (range 2.1 to 2.8 – Figure 1 a), Appendix 1), or of ED presentations (Figure 1 b), Appendix 2).

192 For the last 6 months of life, earlier initiation (before 6 months prior to death) of CPC was  
193 associated with a lower rate of unplanned hospitalisations and ED presentations; with a similar  
194 trend for the last three months of life. Table 2 shows the CPC initiation dichotomised to  
195 initiation within or before the look back period. Over each look back period, the mean rate of  
196 unplanned hospitalisation and ED presentation was less with earlier initiation.

197 Over the last year of life, patients who initiated earlier than in the final month of life spent more  
198 time in hospital for unplanned admissions (~ 20 – 27 days, Figure 2 a), Appendix 2). Earlier  
199 initiation did not seem associated with a lower ALOS (Figure 2 b), Appendix 2). Considering  
200 the number of unplanned hospitalisations and mean number of days in hospital for unplanned  
201 admissions/ALOS together (Figures 1 and 2), in the last six months of life, there was a lower  
202 number of hospitalisations for patients initiating >6 months prior to death, but relatively similar  
203 time spent in hospital (Table 2). Table 2 also shows that the mean ‘unexpected days’ spent in  
204 hospital per-person were greater for earlier initiation of CPC.

205 Figure 3 shows the estimated unplanned hospitalisation (a)) and ED presentations costs (b)).  
206 While earlier initiation seems in some cases associated with higher costs, Table 2 shows that  
207 broadly for early versus late initiation, there is a trend toward lower associated costs with earlier  
208 initiation of CPC.

209 Appendix 2 contains the marginal estimates used to construct Figures 1 to 3. We also ran the  
210 models including patients not initiating CPC and found the trends observed in the main analysis  
211 remained.

## 212 **Discussion**

213 The results of this study suggest an association between earlier initiation of CPC and fewer  
214 unplanned hospitalisations and ED presentations and associated costs in the final six months  
215 of life, with lower apparent reductions in the final 12 months of life. However, for those patients

216 initiating CPC earlier, there was an association with greater LOS, in terms of cumulative,  
217 average and mean days in excess of that expected based on AR-DRG-related reimbursements  
218 to hospitals over the relevant lookback period.

219 The marginal estimates for unplanned hospital admissions occurring in the last six months of  
220 life (Appendix 2) were between 1.2 and 1.9 admissions for the six month period per person-  
221 time at risk (time up to six months, as persons were only considered ‘at risk’ of hospitalisation  
222 when not admitted to hospital). Authors of a recent Australian study reported 3.1  
223 hospitalisations per-person in the last six months of life <sup>12</sup>. The discrepancy is likely due to the  
224 different study population and that our analysis considered only unplanned hospitalisations.  
225 The reason for including only unplanned hospitalisations, was that only admissions to specialist  
226 hospital-based palliative care services are coded as “palliative”. Thus, to reduce the risk of  
227 including admissions with curative intent, we restricted the analysis to only unplanned  
228 hospitalisations.

229 Twenty-five to 34% of estimated unplanned hospitalisation costs in the last six months of life  
230 in our study, occurred in the final month of life. The corresponding proportion was 40% in the  
231 study by Langton and colleagues <sup>12</sup>. Previous work by Moorin and Holman <sup>36</sup> showed a trend  
232 toward more expensive hospital admissions in the final month of life, particularly for patients  
233 aged under 85 years. <sup>36</sup> However, the marked peak in hospitalisation costs during the final  
234 month of life shown recently by Reeve and colleagues,<sup>13</sup> was not apparent in our study. The  
235 costing in our study was based on reimbursement to hospitals, which may under-estimate the  
236 actual cost to hospitals, and in part explain the different costing patterns observed. However,  
237 the DRG-related costs reflect those incurred by the State Government for hospital admissions.  
238 Previous research has demonstrated a peak in the use of hospital services immediately prior to  
239 the transition to palliative care. <sup>37</sup> This may partly explain the increase in hospitalisation in the

240 final 12 months for those initiating CPC at or around 12 months prior to death. The timing of  
241 CPC initiation/non-initiation in relation to time living with cancer (less time with cancer  
242 associated with less CPC) may also reflect that less aggressive cancer types/stages facilitate  
243 better planning of CPC. More aggressive cancer or cancer diagnosed later may lend itself more  
244 to hospital management in the lead up to death. While there is no staging information in the  
245 linked administrative data, in addition to type of cancer we adjusted for the number of CPC  
246 visits (i.e. intensity of CPC following initiation), presence of multiple cancer types, and the  
247 length of time between cancer diagnosis and death.

248 The use of person-level whole of population linked data reduces issues of recall bias, the single  
249 CPC provider in Perth reduces the risk of ‘contamination’ from other services and the risk of  
250 selection bias being reflected in the results is reduced by adjustment for several relevant  
251 covariates with potential to differ based on timing of CPC initiation. Though the study period  
252 extends to 2011, there have been no local policy changes to CPC access in the areas under  
253 study in the intervening period that would limit generalisability to the current day. Our study  
254 has several limitations. The assignment of some covariates at death does introduce the risk of  
255 changes from the beginning of each look back period. However any changes to modifiable  
256 covariates (such as a partnered person marrying in the lead up to death), are unlikely to affect  
257 interpretation. Inclusion of only metropolitan cancer decedents limits generalisability to  
258 patients palliated for non-cancer reasons, or living in a non-metropolitan area. The effect of  
259 potential survival non-equivalence between those accessing CPC at different times – an issue  
260 of contention in the literature <sup>38</sup> – increases with increasing time counting backwards from  
261 death. Thus, we have not examined the impact of CPC initiation before 12 months prior to date  
262 of death. The study of cancer decedents does introduce the risk of studying people prior to a  
263 diagnosis of cancer, particularly for aggressive cancer types and for the last 12 months of life,  
264 though we adjusted for length of time since cancer diagnosis for all analyses. This can affect

265 interpretation compared to prospective study forward from a date of diagnosis.<sup>39</sup> Our decision  
266 to consider four look back periods, consistent with the approach in a previous study using these  
267 data,<sup>22</sup> aimed to assess the robustness of different timing of initiation of unplanned  
268 hospitalisation and ED presentation. The adjustment covariates in the model were determined  
269 by those likely to be different between people initiating CPC at different times. While there  
270 may still be differences, this adjustment makes the comparison as robust as possible given the  
271 data available, and the analyses reflect observed trends amongst a large population of 16,439  
272 cancer decedents.

273 Our approach uses readily available data, similar to that available to health policy makers, and  
274 yields useful insights into patterns of CPC and unplanned hospital use. A previous study, also  
275 conducted in Perth<sup>40</sup> evaluated the effect of early (between 91 and 365 days before death)  
276 versus no or late admission (i.e. no admission or within 90 days of death). These authors found  
277 a reduced number of ED presentations in the 3 months before death.<sup>40</sup> However, evaluating  
278 timing of access in terms of early versus non/late access as undertaken in these authors' study  
279 does not allow the effect of early versus late access to be differentiated, as those using CPC  
280 have been found to have differing characteristics to those who do not.<sup>22</sup> Analyses from Canada  
281 have found that the initiation of home-base palliative care (CPC) greater than six months prior  
282 to death reduced the risk of needing acute care in the last fortnight of life, in a dose-dependent  
283 manner,<sup>23</sup> and that end-of-life nursing reduced emergency department (ED) presentations in  
284 the subsequent week over the final six months of life.<sup>24</sup> These results are consistent with these  
285 findings. Our study adds to these findings by analysing data from a different health system, and  
286 by assessing timing of initiation by month of initiation prior to death and with different  
287 lookback periods.

288 The important implications of this study are for health systems where CPC initiation is  
289 restricted to a certain time prior to death, as is the case for the United States' Medicare

290 program.<sup>4</sup> While it is simplistic to consider hospitalisation at the end of life a ‘problem’,<sup>41</sup>  
291 there is a strong body of evidence indicating the hospital use at the end of life is resource  
292 intensive,<sup>11</sup> and as populations age strategic planning of palliative care will be important to  
293 ensure quality and sustainability.

294 In conclusion, earlier CPC initiation (with more than six months to live) was associated with  
295 fewer unplanned hospitalisations in the last six months of life. Though we cannot suggest  
296 causation, these findings support a hypothesis that initiation of CPC at >6 months prior to death  
297 can reduce the number of unplanned hospitalisations at a population-level in the six months  
298 before death. Other considerations, such as patient preference are important,<sup>42</sup> but will require  
299 alternate study designs.

300

301 **Authors' contributions:** RM and DY conceived the study; RM and CW conducted the  
302 analyses and modelled the data; RM, DY and CW interpreted the data analysis; RM wrote the  
303 draft manuscript; CW revised the paper; RM, DY and CW critically appraised the manuscript  
304 for important intellectual content.

305 **Disclosures**

306 Associate Professor Rachael Moorin was employed as Principal Investigator at the Silver Chain  
307 Group which delivers the community based palliative care service evaluated in this study at the  
308 time the study was conducted.

309 **Acknowledgements**

310 The authors wish to thank Mr David Lamour Director of the Hospice Care Service at Silver  
311 Chain and Mr Mark Cockayne, General Manager, Health, Silver Chain Group for their support  
312 during this project. The authors wish to thank the staff at the Western Australian Data Linkage  
313 Branch, and the data custodians of the WA Cancer Registry, WA Mortality System, WA  
314 Hospital Morbidity Data System, and WA Emergency Department Data Collection.

315 **Funding**

316 This research received no specific grant from any funding agency in the public, commercial,  
317 or not-for-profit sectors.

318

319

320 **References**

- 321 1. World Health Organisation. WHO Definition of Palliative Care.  
322 <http://www.who.int/cancer/palliative/definition/en/> (2015, accessed 11 August 2017).
- 323 2. Gomes B, Calanzani C, Curiale V, McCrone P and Higginson I. Effectiveness and  
324 cost-effectiveness of home palliative care services for adults with advanced illness  
325 and their caregivers. *Cochrane Database Syst Rev.* 2013: DOI:  
326 10.1002/14651858.CD007760.pub2.
- 327 3. Sunshine Coast Hospital and Health Service, Queensland Health. Specialist Palliative  
328 Care Service, <https://www.health.qld.gov.au/sunshinecoast/community/pal-care>  
329 (2017, accessed 11 August 2017).
- 330 4. National Cancer Institute. Hospice care fact sheet, [https://www.cancer.gov/about-](https://www.cancer.gov/about-cancer/advanced-cancer/care-choices/hospice-fact-sheet)  
331 [cancer/advanced-cancer/care-choices/hospice-fact-sheet](https://www.cancer.gov/about-cancer/advanced-cancer/care-choices/hospice-fact-sheet) (2012, accessed 3 November  
332 2017).
- 333 5. Australian Government, Department of Health and Ageing. Primary Health Care  
334 Reform in Australia: Report to Support Australia's First National Primary Health Care  
335 Strategy, <http://catalogue.nla.gov.au/Record/4699071> (2009, accessed 11 August  
336 2017).
- 337 6. Gomes B and Higginson IJ. Where people die (1974--2030): past trends, future  
338 projections and implications for care. *Palliat Med.* 2008; 22: 33-41.
- 339 7. Rabow M, Kvale E, Barbour L, et al. Moving upstream: A review of the evidence of  
340 the impact of outpatient palliative care. *J Palliat Med.* 2013; 16: 1540-9.
- 341 8. Goldsbury D, O'Connell D, Girgis A, et al. Acute hospital-based services used by  
342 adults during the last year of life in New South Wales, Australia: a population-based  
343 retrospective cohort study. *BMC Health Serv Res.* 2015; 15.



- 344 9. Rosenwax LK, McNamara BA, Murray K, McCabe RJ, Aoun SM and Currow DC.  
345 Hospital and emergency department use in the last year of life: a baseline for future  
346 modifications to end-of-life care. *Med J Aust.* 2011; 194: 570-3.
- 347 10. Langton J, Blanch B, Drew A, Haas M, Ingham J and Pearson S. Retrospective studies  
348 of end-of-life resource utilization and costs in cancer care using health administrative  
349 data: A systematic review. *Palliat Med.* 2014; 28: 1167-96.
- 350 11. Bekelman JE, Halpern SD, Blankart CR, et al. Comparison of Site of Death, Health  
351 Care Utilization, and Hospital Expenditures for Patients Dying With Cancer in 7  
352 Developed Countries. *JAMA.* 2016; 315: 272-83.
- 353 12. Langton JM, Reeve R, Srasuebkul P, et al. Health service use and costs in the last 6  
354 months of life in elderly decedents with a history of cancer: a comprehensive analysis  
355 from a health payer perspective. *Br J Cancer.* 2016; 114: 1293-302.
- 356 13. Reeve R, Srasuebkul P, Langton JM, et al. Health care use and costs at the end of life:  
357 a comparison of elderly Australian decedents with and without a cancer history. *BMC*  
358 *Palliat Care.* 2017; 17.
- 359 14. McNamara B and Rosenwax L. Factors affecting place of death in Western Australia.  
360 *Health Place.* 2007; 13: 356-67.
- 361 15. Currow D, Burns C and Abernethy A. Place of death for people with noncancer and  
362 cancer illness in South Australia: a population-based survey. *J Palliat Care.* 2008; 24:  
363 144-50.
- 364 16. Foreman L, Hunt R, Luke C and Roder D. Factors predictive of preferred place of  
365 death in the general population of South Australia. *Palliat Med.* 2006; 20: 447-53.
- 366 17. Holdsworth L and Fisher S. A retrospective analysis of preferred and actual place of  
367 death for hospice patients. *Int J Palliat Nurs.* 2010; 16: 424-30.

- 368 18. Hays JC, Galanos AN, Palmer TA, McQuoid DR and Flint EP. Preference for place of  
369 death in a continuing care retirement community. *Gerontologist*. 2001; 41: 123-8.
- 370 19. Townshend J, Frank A, Fermont D, et al. Terminal cancer care and patients'  
371 preference for place of death: a prospective study. *Br Med J*. 1990; 301: 415-7.
- 372 20. Higginson I and Sen-Gupta G. Place of Care in Advanced Cancer: A Qualitative  
373 Systematic Literature Review of Patient Preferences. *J Palliat Med*. 2000; 3: 287-300.
- 374 21. Cassal JB, Kerr KM, Kalman NS and Smith TJ. The business case for palliative care:  
375 Translating research into program development in the US. *J Pain Symptom Manage*.  
376 2015; 50: 741-9.
- 377 22. Youens D and Moorin R. The Impact of Community-Based Palliative Care on  
378 Utilization and Cost of Acute Care Hospital Services in the Last Year of Life. *J*  
379 *Palliat Med*. 2017.
- 380 23. Seow H, Barbera L, Howell D and Dy SM. Using more end-of-life homecare services  
381 is associated with using fewer acute care services: a population-based cohort study.  
382 *Med Care*. 2010; 48: 118-24.
- 383 24. Seow H, Barberra L, Pataky R, et al. Does increasing home care nursing reduce  
384 emergency department visits at the end of life? A population-based cohort study of  
385 cancer decedents. *J Pain Symptom Manage*. 2016; 51: 204-12.
- 386 25. Benchimol EI, Smeeth L, Guttman A, et al. The REporting of studies Conducted  
387 using Observational Routinely-collected health Data (RECORD) statement. *PLoS*  
388 *Med*. 2015; 12: e1001885.
- 389 26. Holman CDAJ, Bass AJ, Rouse IL and Hobbs MST. Population-based linkage of  
390 health records in Western Australia: development of a health services research linked  
391 database. *Aust N Z J Public Health*. 1999; 23: 453-9.

- 392 27. Government of Western Australia: Department of Health. Hospital Morbidity Data  
393 System: HMDS reference manual,  
394 [http://www.health.wa.gov.au/healthdata/docs/Hospital Morbidity Data System Reference Manual.pdf](http://www.health.wa.gov.au/healthdata/docs/Hospital_Morbidity_Data_System_Reference_Manual.pdf)  
395 [reference Manual.pdf](http://www.health.wa.gov.au/healthdata/docs/Hospital_Morbidity_Data_System_Reference_Manual.pdf) (2014, accessed 10 November 2017).
- 396 28. Smith TJ, Temin S, Alesi ER, et al. The integration of palliative care into standard  
397 oncology care. *J Clin Oncol*. 2012; 30: 880-7.
- 398 29. Australian Government, Department of Health and Ageing. National Hospital Cost  
399 Data Collection Hospital Reference Manual: Western Australia 2010-2011,  
400 [https://www.ihsa.gov.au/sites/g/files/net636/f/publications/rd15-nhcdc-cost-report-](https://www.ihsa.gov.au/sites/g/files/net636/f/publications/rd15-nhcdc-cost-report-2010-11.pdf)  
401 [2010-11.pdf](https://www.ihsa.gov.au/sites/g/files/net636/f/publications/rd15-nhcdc-cost-report-2010-11.pdf) (2013, accessed 11 August 2017).
- 402 30. Independent Hospital Pricing Authority. National Hospital Cost Data Collection Cost  
403 Report 2011-2012, Round 16, [https://www.ihsa.gov.au/publications/nhcdc-australian-](https://www.ihsa.gov.au/publications/nhcdc-australian-public-hospitals-cost-report-2011-2012-round-16)  
404 [public-hospitals-cost-report-2011-2012-round-16](https://www.ihsa.gov.au/publications/nhcdc-australian-public-hospitals-cost-report-2011-2012-round-16) (2014, accessed 11 August 2017).
- 405 31. Australian Institute of Health and Welfare. Health expenditure Australia 2010-11,  
406 <http://www.aihw.gov.au/publication-detail/?id=10737423009> (2012, accessed 11  
407 August 2011).
- 408 32. Silver Chain Group. Palliative Care, [https://www.silverchain.org.au/health-](https://www.silverchain.org.au/health-care/palliative-care-2/)  
409 [care/palliative-care-2/](https://www.silverchain.org.au/health-care/palliative-care-2/) (2017, accessed 3 November 2017).
- 410 33. Australian Bureau of Statistics. Census of Population and Housing: Socio-Economic  
411 Indexes for Areas (2001, 2006 & 2011). Canberra: Australian Bureau of Statistics,  
412 2001, 2006, 2011.
- 413 34. Christensen D, Davis G, Draper G, et al. Evidence for the use of an algorithm in  
414 resolving inconsistent and missing Indigenous status in administrative data  
415 collections. *Australian Journal of Social Issues* 2014; 49.

- 416 35. Holman CDAJ, Preen DB, Baynham NJ, Finn JC and Semmens JB. A multipurpose  
417 comorbidity scoring system performed better than the Charlson index. *J Clin*  
418 *Epidemiol.* 2005; 58: 1006-14.
- 419 36. Moorin RE and Holman CD. The cost of in-patient care in Western Australia in the  
420 last years of life: a population-based data linkage study. *Health Policy.* 2008; 85: 380-  
421 90.
- 422 37. Obermeyer Z, Makar M, Abujaber S, Dominici F, Block S and Cutler D. Association  
423 Between the Medicare Hospice Benefit and Health Care Utilization and Costs for  
424 Patients With Poor-Prognosis Cancer. *Journal of the American Medical Association.*  
425 2014; 312: 1888-96.
- 426 38. Lockett T, Davidson PM, Lam L, Phillips J, Currow DC and Agar M. Do community  
427 specialist palliative care services that provide home nursing increase rates of home  
428 death for people with life-limiting illnesses? A systematic review and meta-analysis  
429 of comparative studies. *J Pain Symptom Manage.* 2013; 45: 279-97.
- 430 39. Bach PB, Schrag D and Begg CB. Resurrecting treatment histories of dead patients: a  
431 study design that should be laid to rest. *JAMA.* 2004; 292: 2765-70.
- 432 40. McNamara B, Rosenwax L, Murray K and Currow D. Early admission to community-  
433 based palliative care reduces use of emergency departments in the ninety days before  
434 death. *J Palliat Med.* 2013; 16: 774-9.
- 435 41. Robinson J, Gott M, Gardiner C and Ingleton C. The 'problematization' of palliative  
436 care in hospital: an exploratory review of international palliative care policy in five  
437 countries. *BMC Palliat Care.* 2016; 15: 64.
- 438 42. Alonso-Babarro A, Bruera E, Varela-Cerdeira M, et al. Can this patient be discharged  
439 home? Factors associated with at-home death among patients with cancer. *J Clin*  
440 *Oncol.* 2011; 29: 1159-67.

**Table 1.** Characteristics of decedents according to broad timing of first-time use of the community palliative care service.

Characteristic	Initiation of community based palliative care in last year of life											At 12 months or earlier	p-value <sup>b</sup>	
	Up to 1 month		> 1 to 3 months		> 3-6 months		> 6-9 months		> 9 to 12 months		At 12 months or earlier			
Median number of visits (IQR)	9 (4 – 17)		21 (12 – 36)		37 (22- 64)		53 (31 -89)		60 (35 – 107)		67 (38 – 118)			
		n	Percent <sup>a</sup>	n	Percent <sup>a</sup>	n	Percent <sup>a</sup>	n	Percent <sup>a</sup>	n	Percent <sup>a</sup>	n	Percent <sup>a</sup>	
Sex	Male	2,933	59.4	3,167	57.4	1,714	55.7	686	50.2	259	48.6	481	48.1	<0.0001
Age at Death	Under 50 years	407	8.2	441	8.0	268	8.7	116	8.5	29	5.4	85	8.5	<0.465
	50-74 years	2,470	50.0	2,816	51.0	1,550	50.3	710	52.0	285	53.5	509	50.8	
	75+ years	2,061	41.7	2,265	41.0	1,261	41.0	540	39.5	219	41.1	407	40.7	
Marital status at death	Partner recorded	3,126	63.3	3,292	59.6	1,834	59.6	794	58.1	309	58.0	539	53.8	<0.0001
Socio-economic status (at death)	Highest disadvantage	790	16.0	837	15.2	475	15.4	229	16.8	83	15.6	156	15.6	0.926
	High disadvantage	932	18.9	1,038	18.8	556	18.1	265	19.4	95	17.8	199	19.9	
	Moderate disadvantage	986	20.0	1,088	19.7	621	20.2	264	19.3	118	22.1	188	18.8	
	Less disadvantage	877	17.8	1,030	18.7	573	18.6	237	17.3	105	19.7	175	17.5	
	Least disadvantage	1,353	27.4	1,529	27.7	854	27.7	371	27.2	132	24.8	283	28.3	
Time living with cancer responsible for death	Less than 1 year	2,781	56.3	2,773	50.2	1,319	42.8	517	37.8	165	31.0	47	4.7	<0.0001
	1-5 years	1,541	31.2	2,003	36.3	1,302	42.3	603	44.1	263	49.3	689	68.8	
	More than 5 years	616	12.5	746	13.5	458	14.9	246	18.0	105	19.7	265	26.5	
Multiple cancers diagnosed	Yes	1,123	22.7	1,197	21.7	634	20.6	302	22.1	111	20.8	198	19.8	<0.0001
Type of cancer <sup>c</sup>	Female Breast	358	7.2	364	6.6	192	6.2	119	8.7	60	11.3	146	14.6	<0.0001
	Prostate	202	4.1	284	5.1	221	7.2	120	8.8	35	6.6	104	10.4	<0.0001
	Colorectal	588	11.9	707	12.8	412	13.4	172	12.6	76	14.3	123	12.3	0.364
	Lung, bronchus and Trachea	1,043	21.1	1,293	23.4	711	23.1	317	23.2	117	22.0	169	16.9	<0.0001
	Melanoma	231	4.7	284	5.1	129	4.2	38	2.8	14	2.6	15	1.5	<0.0001
<b>Total in exposure group<sup>d</sup></b>		<b>4,938</b>	<b>30.0</b>	<b>5,522</b>	<b>33.6</b>	<b>3,079</b>	<b>18.7</b>	<b>1,366</b>	<b>8.3</b>	<b>533</b>	<b>3.2</b>	<b>1,001</b>	<b>6.1</b>	

n = Number of decedents, IQR = interquartile range

a) Percent is percentage of total decedents in the exposure category having the characteristic specified. Totals may not add to 100 due to rounding.

b) Chi-squared test, comparing percentage in each category for each time period.

c) Selected cancer types shown in this table. Thus, total percentage does not add to 100. P-values compared proportion with to without that cancer type, by time period.

d) Percent is calculated as the percentage of the entire cohort (i.e. used the service at some time in the last 12 months, N = 16,439, 58% of total 28,331 decedents in cohort). Totals may not add to 100 due to rounding.

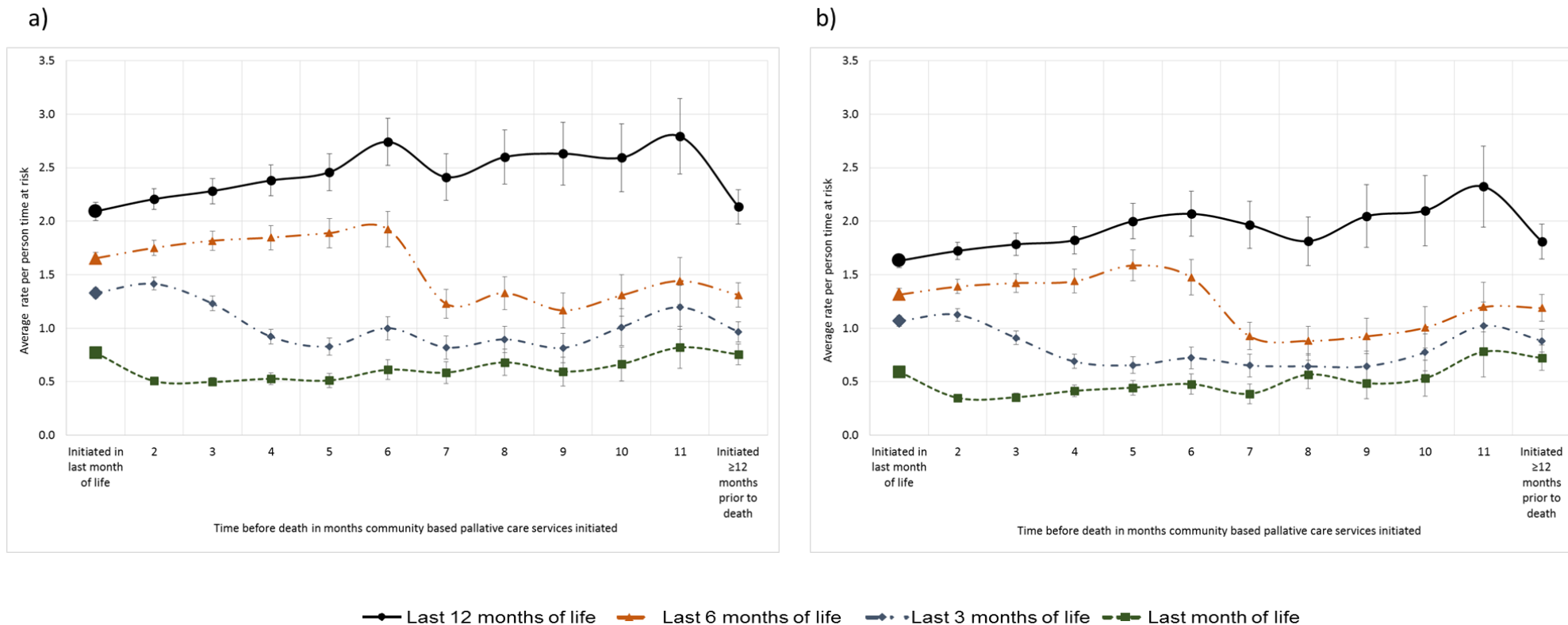
**Table 2.** Acute care rate and associated cost for cancer decedents enrolled with community-based palliative care (CPC) at some prior to death, by initiation of CPC before or after the lookback period. <sup>a</sup>

	Mean rate of unplanned hospitalisations per person-time at risk (95% CI) <sup>b</sup>	Mean rate of emergency department presentations per person-time at risk (95% CI) <sup>b</sup>	Mean cumulative length of stay in days, per person (95% CI) <sup>b</sup>	Average length of stay in days, per person (95% CI) <sup>b</sup>	Mean difference in actual versus expected length of stay in days (95% CI) <sup>b, c</sup> , per person	Mean cost of unplanned hospitalisations in 2012 Australian dollars, per person (95% CI) <sup>a</sup>	Mean cost of emergency department presentations in 2012 Australian dollars, per person (95% CI) <sup>b</sup>
<b>1. Last month of life</b>							
Initiation within last month	0.8 (0.8 – 0.8)	0.6 (0.6 – 0.7)	3.5 (3.3 – 3.7)	3.0 (2.8 – 3.1)	Ref	3,851 (3,703 – 3,998)	216 (208 – 224)
Initiation prior to last month	0.5 (0.5 – 0.6)	0.4 (0.4 – 0.4)	3.6 (3.4 – 3.7)	3.2 (3.1 – 3.4)	1.30 (1.1 – 1.5)	3,834 (3,706 – 3,963)	208 (201 – 214)
<b>2. Last 3 months of life</b>							
Initiation within last 3 months	1.4 (1.3 – 1.4)	1.1 (1.0 – 1.1)	10.3 (10.0 – 10.7)	6.6 (6.4 – 6.8)	Ref	9,311 (9,055 – 9,567)	511 (498 – 524)
Initiation at or prior to last 3 months	1.0 (1.0 – 1.0)	0.8 (0.7 – 0.8)	10.7 (10.3 – 11.1)	7.3 (7.1 – 7.6)	3.4 (2.9 – 3.9)	9,026 (8,753 – 9,299)	467 (453 – 480)
<b>3. Last 6 months of life</b>							
Initiation within last 6 months	1.7 (1.7 – 1.8)	1.4 (1.4 – 1.4)	16.1 (15.6 – 16.5)	8.3 (8.1 – 8.5)	Ref	13,959 (13,641 – 14,277)	761 (745 – 778)
Initiation at or prior to last 6 months	1.4 (1.3 – 1.5)	1.1 (1.0 – 1.2)	15.7 (14.9 – 16.5)	8.8 (8.5 – 9.2)	4.4 (3.5 – 5.2)	12,976 (12,433 – 13,519)	708 (681 – 734)
<b>4. Last 12 months of life</b>							
Initiation within last 12 months	2.3 (2.2 – 2.4)	1.8 (1.7 – 1.8)	21.2 (20.7 – 21.7)	8.9 (8.7 – 9.1)	Ref	18,642 (18,250 – 19,034)	1,040 (1,019 – 1,060)
Initiation at or prior to last 12 months	2.0 (1.9 – 2.2)	1.7 (1.6 – 1.9)	20.3 (18.7 – 22.0)	9.1 (8.6 – 9.7)	6.8 (5.1 – 8.5)	17,236 (16,037 – 18,436)	1,001 (939 – 1,062)

CI = confidence interval

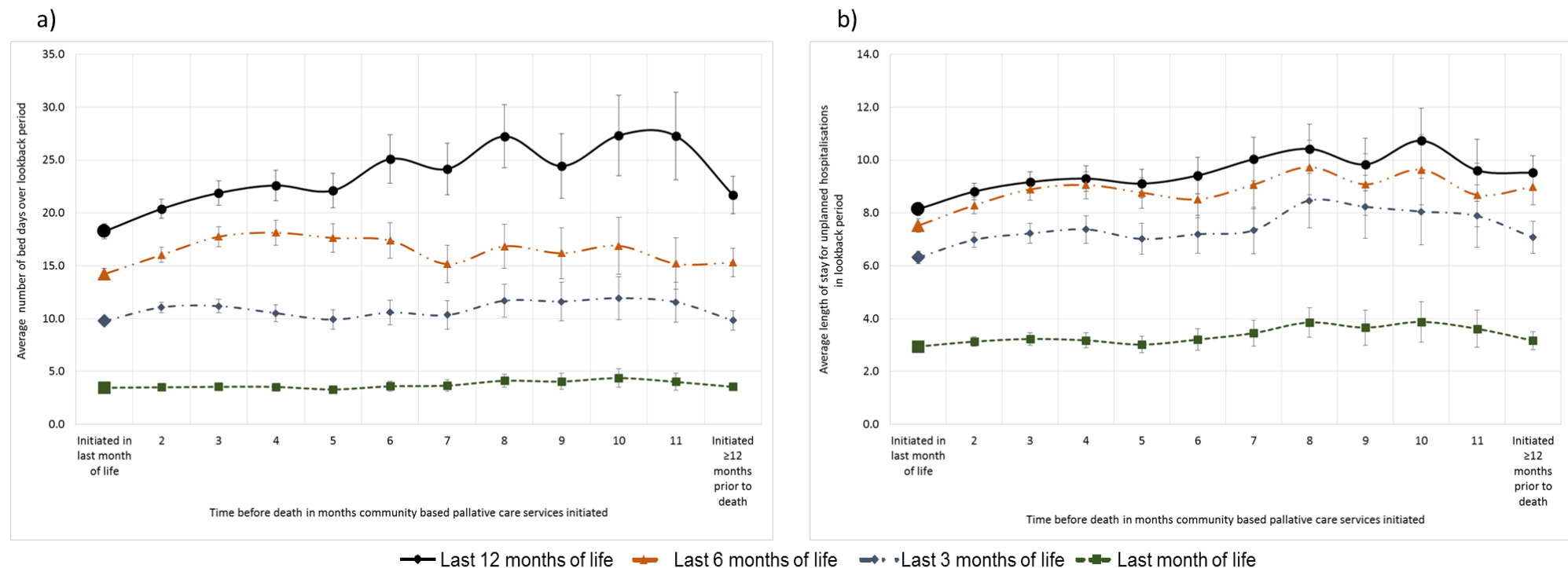
- For each look back period (1 – 4, highlighted in grey) initiation prior to the lookback (i.e. for 1. Initiation before the final month of life) is compared to initiation after the lookback (i.e. for 1. Initiation within the final month of life).
- Adjusted for, sex, year of death, age at death (<50 years, 50 – 74 years, 75+ years), born in Australia or New Zealand (yes/no), Indigenous (yes/no), partner at death (yes/no), multiple cancer diagnoses (yes/no), time between cancer diagnosis and death (in days), socio-economic status, CPC service centre (north, east or south), comorbidity recorded on hospitalisations in previous 12 months (yes/no), cancer type causing death ( dummy variables for Bladder/urinary tract, Breast, Unknown, Cervix, Colorectal, Kidney, Laryngeal, Leukaemia, Liver, Lung/Bronchial, Lymphoma, Melanoma, Mesothelioma, Myeloma, Oesophageal, Ovarian, Prostate, Stomach, Testicular, Thyroid, Uterine, Pancreas versus ‘other’ not entered into model), and the number of CPC home visits in the last 12 months of life.
- Coefficients represent the difference in actual versus expected stay in hospital based on diagnostic reference groupings, a positive coefficient indicates a greater positive difference (i.e. more unexpected days in hospital), with data modelled using linear regression adjusted for the covariates in b, only for patients admitted to hospital during the last 12 months of life.

Figure 1. Time of initiation of community based palliative care services by the mean rate per person-time at risk of a) unplanned hospitalisations, and; b) emergency department presentations in the last year of life.



Adjusted for, sex, year of death, age at death (<50 years, 50 – 74 years, 75+ years), born in Australia or New Zealand (yes/no), Indigenous (yes/no), partner at death (yes/no), multiple cancer diagnoses (yes/no), time between cancer diagnosis and death (in days), socio-economic status, CPC service centre (north, east or south), comorbidity recorded on hospitalisations in previous 12 months (yes/no), cancer type causing death ( dummy variables for Bladder/urinary tract, Breast, Unknown, Cervix, Colorectal, Kidney, Laryngeal, Leukaemia, Liver, Lung/Bronchial, Lymphoma, Melanoma, Mesothelioma, Myeloma, Oesophageal, Ovarian, Prostate, Stomach, Testicular, Thyroid, Uterine, Pancreas versus ‘other’ not entered into model), and the number of CPC home visits in the last 12 months of life.

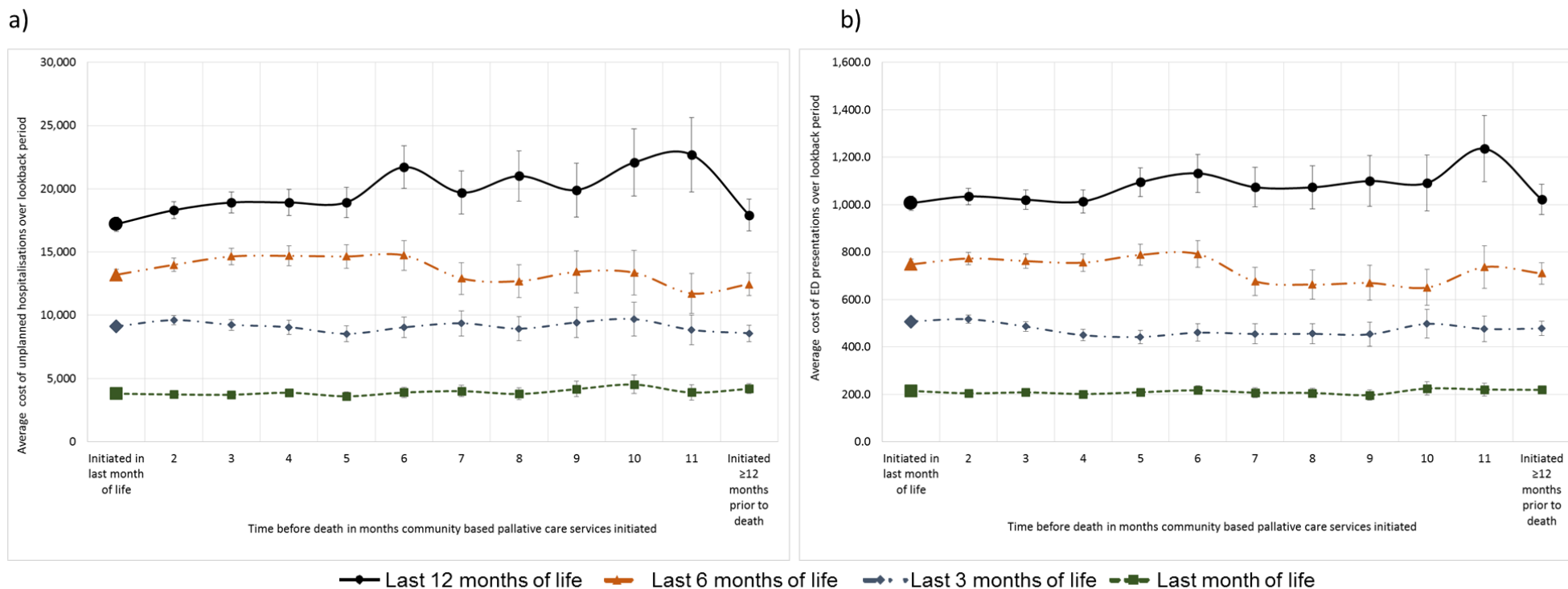
Figure 2. Time of initiation of community based palliative care services by: a) mean per-person total number of days spent in hospital, and; b) per-person average length of stay (in days) for unplanned admissions in the last year of life (note different scales).



Adjusted for, sex, year of death, age at death (<50 years, 50 – 74 years, 75+ years), born in Australia or New Zealand (yes/no), Indigenous (yes/no), partner at death (yes/no), multiple cancer diagnoses (yes/no), time between cancer diagnosis and death (in days), socio-economic status, CPC service centre (north, east or south), comorbidity recorded on hospitalisations in previous 12 months (yes/no), cancer type causing death ( dummy variables for Bladder/urinary tract, Breast, Unknown, Cervix, Colorectal, Kidney, Laryngeal, Leukaemia, Liver, Lung/Bronchial, Lymphoma, Melanoma, Mesothelioma, Myeloma, Oesophageal, Ovarian, Prostate, Stomach, Testicular, Thyroid, Uterine, Pancreas versus ‘other’ not entered into model), and the number of CPC home visits in the last 12 months of life.



Figure 3. Time of initiation of community based palliative care services by the mean per-person cost (A\$2012) of: a) unplanned hospitalisations, and; b) emergency department presentations (note different scales).



Adjusted for, sex, year of death, age at death (<50 years, 50 – 74 years, 75+ years), born in Australia or New Zealand (yes/no), Indigenous (yes/no), partner at death (yes/no), multiple cancer diagnoses (yes/no), time between cancer diagnosis and death (in days), socio-economic status, CPC service centre (north, east or south), comorbidity recorded on hospitalisations in previous 12 months (yes/no), cancer type causing death ( dummy variables for Bladder/urinary tract, Breast, Unknown, Cervix, Colorectal, Kidney, Laryngeal, Leukaemia, Liver, Lung/Bronchial, Lymphoma, Melanoma, Mesothelioma, Myeloma, Oesophageal, Ovarian, Prostate, Stomach, Testicular, Thyroid, Uterine, Pancreas versus ‘other’ not entered into model), and the number of CPC home visits in the last 12 months of life.

**Appendix 1. The RECORD statement – checklist of items, extended from the STROBE statement, that should be reported in observational studies using routinely collected health data.**

	<b>Item No.</b>	<b>STROBE items</b>	<b>Location in manuscript where items are reported</b>	<b>RECORD items</b>	<b>Location in manuscript where items are reported</b>
<b>Title and abstract</b>					
	1	(a) Indicate the study’s design with a commonly used term in the title or the abstract (b) Provide in the abstract an informative and balanced summary of what was done and what was found	Described in title and abstract.	RECORD 1.1: The type of data used should be specified in the title or abstract. When possible, the name of the databases used should be included.  RECORD 1.2: If applicable, the geographic region and timeframe within which the study took place should be reported in the title or abstract.	1.1 Title and in abstract/  1.2 Title and abstract.  1.3 Abstract.

				RECORD 1.3: If linkage between databases was conducted for the study, this should be clearly stated in the title or abstract.	
<b>Introduction</b>					
Background rationale	2	Explain the scientific background and rationale for the investigation being reported	Introduction.		
Objectives	3	State specific objectives, including any prespecified hypotheses	End of introduction.		
<b>Methods</b>					
Study Design	4	Present key elements of study design early in the paper	Methods section.		
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	Methods section.		

Participants	6	<p><i>(a) Cohort study</i> - Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up</p> <p><i>Case-control study</i> - Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls</p> <p><i>Cross-sectional study</i> - Give the eligibility criteria, and the sources and methods of selection of participants</p>	<p>Retrospective study with outcome of unplanned hospital/ED use and associated cost, with exposure of month of CPC initiation prior to death. Cohort defined at death (i.e. a study of decedents).</p>	<p>RECORD 6.1: The methods of study population selection (such as codes or algorithms used to identify subjects) should be listed in detail. If this is not possible, an explanation should be provided.</p> <p>RECORD 6.2: Any validation studies of the codes or algorithms used to select the population should be referenced. If validation was conducted for this study and not published elsewhere, detailed methods and results should be provided.</p> <p>RECORD 6.3: If the study involved linkage of databases, consider use of a flow diagram or other graphical display to demonstrate the data linkage process, including the</p>	<p>6.1 Data linkage used described in ‘data sources and linkage’ section of method.</p> <p>6.2 Appropriate references cited in the methods section.</p> <p>6.3. Data linkage used described in ‘data sources and linkage’ section of method.</p>
--------------	---	--	---	--	--

		<p>(b) <i>Cohort study</i> - For matched studies, give matching criteria and number of exposed and unexposed</p> <p><i>Case-control study</i> - For matched studies, give matching criteria and the number of controls per case</p>		number of individuals with linked data at each stage.	
Variables	7	<p>Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable.</p>	Defined in methods section.	<p>RECORD 7.1: A complete list of codes and algorithms used to classify exposures, outcomes, confounders, and effect modifiers should be provided. If these cannot be reported, an explanation should be provided.</p>	<p>Defined in methods section and again, in detail, below Figures 1, 2 and 3.</p>
Data sources/ measurement	8	For each variable of interest, give sources of data and details of methods of assessment (measurement).	Described in the methods section.		

		Describe comparability of assessment methods if there is more than one group			
Bias	9	Describe any efforts to address potential sources of bias	Adjustment described in the ‘statistical analysis’ part of the methods.		
Study size	10	Explain how the study size was arrived at	Population-based study, so all eligible records included (>16,000 patients).		
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen, and why	Described in the ‘statistical analysis’ part of the methods.		

Statistical methods	12	<p>(a) Describe all statistical methods, including those used to control for confounding</p> <p>(b) Describe any methods used to examine subgroups and interactions</p> <p>(c) Explain how missing data were addressed</p> <p>(d) <i>Cohort study</i> - If applicable, explain how loss to follow-up was addressed</p> <p><i>Case-control study</i> - If applicable, explain how matching of cases and controls was addressed</p> <p><i>Cross-sectional study</i> - If applicable, describe analytical methods taking account of sampling strategy</p> <p>(e) Describe any sensitivity analyses</p>	Described in the 'statistical analysis' part of the methods.		
---------------------	----	---	--	--	--

Data access and cleaning methods		..		<p>RECORD 12.1: Authors should describe the extent to which the investigators had access to the database population used to create the study population.</p> <p>RECORD 12.2: Authors should provide information on the data cleaning methods used in the study.</p>	<p>12.1 Data linkage used described in ‘data sources and linkage’ section of method.</p> <p>12.2 Described in the methods section, when defining people to be included in the analysis.</p>
Linkage		..		<p>RECORD 12.3: State whether the study included person-level, institutional-level, or other data linkage across two or more databases. The methods of linkage and</p>	<p>12.3 Linkage described in the ‘data sources and linkage section’,</p>



				methods of linkage quality evaluation should be provided.	person-level data used.
<b>Results</b>					
Participants	13	(a) Report the numbers of individuals at each stage of the study ( <i>e.g.</i> , numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed)  (b) Give reasons for non-participation at each stage.  (c) Consider use of a flow diagram	Described in the first part of the results section, with further detail in a previous study referenced.	RECORD 13.1: Describe in detail the selection of the persons included in the study ( <i>i.e.</i> , study population selection) including filtering based on data quality, data availability and linkage. The selection of included persons can be described in the text and/or by means of the study flow diagram.	13.1 Described in the first part of the results section, with further detail in a previous study referenced.
Descriptive data	14	(a) Give characteristics of study participants ( <i>e.g.</i> , demographic, clinical, social) and information on exposures and potential confounders	Described in the first part of the results section, with further detail in a previous study referenced.		

		<p>(b) Indicate the number of participants with missing data for each variable of interest</p> <p>(c) <i>Cohort study</i> - summarise follow-up time (<i>e.g.</i>, average and total amount)</p>			
Outcome data	15	<p><i>Cohort study</i> - Report numbers of outcome events or summary measures over time</p> <p><i>Case-control study</i> - Report numbers in each exposure category, or summary measures of exposure</p> <p><i>Cross-sectional study</i> - Report numbers of outcome events or summary measures</p>	Described in the results section, Figures 1- 3, Tables 1 – 3, Appendix 2 and 3.		
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted	Described in the results section, Figures 1- 3,		

		<p>estimates and their precision (e.g., 95% confidence interval). Make clear which confounders were adjusted for and why they were included</p> <p>(b) Report category boundaries when continuous variables were categorized</p> <p>(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period</p>	Tables 1 – 3, Appendix 2 and 3.		
Other analyses	17	Report other analyses done—e.g., analyses of subgroups and interactions, and sensitivity analyses	Described in the last sentence of the results section.		
<b>Discussion</b>					

Key results	18	Summarise key results with reference to study objectives	Discussed in the first paragraph of the discussion.		
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	Study limitations have been described in the discussion section.	RECORD 19.1: Discuss the implications of using data that were not created or collected to answer the specific research question(s). Include discussion of misclassification bias, unmeasured confounding, missing data, and changing eligibility over time, as they pertain to the study being reported.	19.1. Discussed in strengths and limitations section that single service provider reduces bias; some limitations also described in this section.
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	Conclusions drawn in discussion, taking into account study limitations.		

Generalisability	21	Discuss the generalisability (external validity) of the study results	Addressed in the study limitations section.		
<b>Other Information</b>					
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors.		
Accessibility of protocol, raw data, and programming code		..		RECORD 22.1: Authors should provide information on how to access any supplemental information such as the study protocol, raw data, or programming code.	Appendices provided, code is available upon request.

\*Reference: Benchimol EI, Smeeth L, Guttman A, Harron K, Moher D, Petersen I, Sørensen HT, von Elm E, Langan SM, the RECORD Working Committee. The REporting of studies Conducted using Observational Routinely-collected health Data (RECORD) Statement. *PLoS Medicine* 2015; in press.

\*Checklist is protected under Creative Commons Attribution ([CC BY](#)) license.

**Appendix 2.** Marginal estimates of: (a) mean rate per person-time at risk of unplanned hospital admissions; (b) mean rate per person-time at risk of ED presentations; (c) mean per-person total number of days spent in hospital; (d) per-person average length of stay (in days) for unplanned admissions; (e) mean per-person cost (A\$2012) of unplanned hospitalisations, and; (f) mean per-person cost (A\$2012) of emergency department presentations.

a) mean rate per person-time at risk of unplanned hospital admissions <sup>a</sup>

	Last month of life		Last 3 months of life		Last 6 months of life		Last 12 months of life					
	Lower 95% CI	Upper 95% CI	Lower 95% CI	Upper 95% CI	Lower 95% CI	Upper 95% CI	Lower 95% CI	Upper 95% CI				
<b>Initiation of community palliative care (months before death)</b>												
1	0.8	0.7	0.8	1.3	1.3	1.4	1.7	1.6	1.7	2.1	2.0	2.2
2	0.5	0.5	0.5	1.4	1.4	1.5	1.7	1.7	1.8	2.2	2.1	2.3
3	0.5	0.5	0.5	1.2	1.2	1.3	1.8	1.7	1.9	2.3	2.2	2.4
4	0.5	0.5	0.6	0.9	0.9	1.0	1.8	1.7	2.0	2.4	2.2	2.5
5	0.5	0.4	0.6	0.8	0.7	0.9	1.9	1.8	2.0	2.5	2.3	2.6
6	0.6	0.5	0.7	1.0	0.9	1.1	1.9	1.8	2.1	2.7	2.5	3.0
7	0.6	0.5	0.7	0.8	0.7	0.9	1.2	1.1	1.4	2.4	2.2	2.6
8	0.7	0.6	0.8	0.9	0.8	1.0	1.3	1.2	1.5	2.6	2.3	2.9
9	0.6	0.5	0.7	0.8	0.7	1.0	1.2	1.0	1.3	2.6	2.3	2.9
10	0.7	0.5	0.8	1.0	0.8	1.2	1.3	1.1	1.5	2.6	2.3	2.9
11	0.8	0.6	1.0	1.2	1.0	1.4	1.4	1.2	1.7	2.8	2.4	3.1
≥12	0.8	0.7	0.9	1.0	0.9	1.1	1.3	1.2	1.4	2.1	2.0	2.3

- a. Adjusted for: age at death, sex, number of hospice visits in last 12 months of life, year of death, place of birth (Australia/New Zealand, or elsewhere), Indigenous status, marital status, multiple cancer diagnoses (coded as yes/no), time between cancer diagnosis and death (in days), socioeconomic status, community palliative care catchment area (north, east or south), comorbidity recorded in previous 12 months (coded as yes/no) and cancer type causing death ((Bladder/urinary tract, Breast, Unknown, Cervix, Colorectal, Kidney, Laryngeal, Leukaemia, Liver, Lung/Bronchial, Lymphoma, Melanoma, Mesothelioma, Myeloma, Oesophageal, Ovarian, Prostate, Stomach, Testicular, Thyroid, Uterine, Pancreas) versus Other).
- b. CI = confidence interval



b) mean rate per person-time at risk of ED presentations <sup>a</sup>

	Last month of life		Last 3 months of life		Last 6 months of life		Last 12 months of life	
	Lower	Upper	Lower	Upper	Lower	Upper	Lower	Upper
	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI
<b>Initiation of community palliative care (months before death)</b>								
1	0.6	0.6	1.1	1.0	1.3	1.3	1.6	1.7
2	0.3	0.4	1.1	1.1	1.4	1.3	1.7	1.8
3	0.4	0.4	0.9	0.8	1.4	1.3	1.8	1.9
4	0.4	0.5	0.7	0.6	1.4	1.3	1.8	2.0
5	0.4	0.5	0.7	0.6	1.6	1.4	2.0	2.2
6	0.5	0.6	0.7	0.6	1.5	1.3	2.1	2.3
7	0.4	0.5	0.7	0.5	0.9	0.8	2.0	2.2
8	0.6	0.7	0.6	0.5	0.9	0.7	1.8	2.0
9	0.5	0.6	0.6	0.5	0.9	0.8	2.0	2.3
10	0.5	0.7	0.8	0.6	1.0	0.8	2.1	2.4
11	0.8	1.0	1.0	0.8	1.2	1.0	2.3	2.7
≥12	0.7	0.8	0.9	0.8	1.2	1.1	1.8	2.0

a. Adjusted for: age at death, sex, number of hospice visits in last 12 months of life, year of death, place of birth (Australia/New Zealand, or elsewhere), Indigenous status, marital status, multiple cancer diagnoses (coded as yes/no), time between cancer diagnosis and death (in days), socioeconomic status, community palliative care catchment area (north, east or south), comorbidity recorded in previous 12 months (coded

as yes/no) and cancer type causing death ((Bladder/urinary tract, Breast, Unknown, Cervix, Colorectal, Kidney, Laryngeal, Leukaemia, Liver, Lung/Bronchial, Lymphoma, Melanoma, Mesothelioma, Myeloma, Oesophageal, Ovarian, Prostate, Stomach, Testicular, Thyroid, Uterine, Pancreas) versus Other).

b. CI = confidence interval

c) mean per-person total number of days spent in hospital <sup>a</sup>

	Last month of life		Last 3 months of life		Last 6 months of life		Last 12 months of life					
	Lower	Upper	Lower	Upper	Lower	Upper	Lower	Upper				
	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI				
<b>Initiation of community palliative care (months before death)</b>												
1	3.5	3.3	3.6	9.8	9.4	10.2	14.2	13.7	14.8	18.2	17.5	18.9
2	3.5	3.3	3.7	11.1	10.6	11.6	16.0	15.3	16.7	20.4	19.5	21.3
3	3.6	3.3	3.8	11.2	10.5	11.8	17.8	16.8	18.7	21.9	20.7	23.0
4	3.6	3.2	3.9	10.5	9.7	11.3	18.1	16.9	19.3	22.6	21.1	24.1
5	3.3	3.0	3.7	9.9	9.0	10.8	17.6	16.3	19.0	22.1	20.5	23.7
6	3.6	3.1	4.1	10.6	9.4	11.7	17.4	15.7	19.1	25.1	22.8	27.4
7	3.7	3.1	4.2	10.3	9.0	11.7	15.2	13.4	16.9	24.2	21.7	26.6
8	4.1	3.5	4.7	11.7	10.1	13.2	16.8	14.8	18.9	27.2	24.2	30.2
9	4.1	3.3	4.8	11.6	9.8	13.4	16.2	13.8	18.6	24.4	21.4	27.5
10	4.4	3.5	5.3	11.9	9.9	14.0	16.9	14.2	19.6	27.3	23.5	31.2
11	4.0	3.2	4.8	11.6	9.6	13.5	15.2	12.8	17.6	27.3	23.1	31.4
≥12	3.6	3.2	3.9	9.8	8.9	10.8	15.3	14.0	16.6	21.7	19.9	23.5

a. Adjusted for: age at death, sex, number of hospice visits in last 12 months of life, year of death, place of birth (Australia/New Zealand, or elsewhere), Indigenous status, marital status, multiple cancer diagnoses (coded as yes/no), time between cancer diagnosis and death (in days), socioeconomic status, community palliative care catchment area (north, east or south), comorbidity recorded in previous 12 months (coded as yes/no) and cancer type causing death ((Bladder/urinary tract, Breast, Unknown, Cervix, Colorectal, Kidney, Laryngeal, Leukaemia, Liver, Lung/Bronchial, Lymphoma, Melanoma, Mesothelioma, Myeloma, Oesophageal, Ovarian, Prostate, Stomach, Testicular, Thyroid, Uterine, Pancreas) versus Other).

b. CI = confidence interval

d) per-person average length of stay (in days) for unplanned admissions<sup>a</sup>

	Last month of life		Last 3 months of life		Last 6 months of life		Last 12 months of life		
	Lower	Upper	Lower	Upper	Lower	Upper	Lower	Upper	
	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	
<b>Initiation of community palliative care (months before death)</b>									
1	2.9	3.1	6.3	6.1	7.5	7.3	8.1	7.9	8.4
2	3.1	3.3	7.0	6.7	8.3	8.0	8.8	8.5	9.1
3	3.2	3.5	7.2	6.8	8.9	8.5	9.2	8.8	9.6
4	3.2	3.5	7.4	6.9	9.1	8.5	9.3	8.8	9.8
5	3.0	3.3	7.0	6.4	8.8	8.2	9.1	8.6	9.7
6	3.2	3.6	7.2	6.5	8.5	7.8	9.4	8.7	10.1
7	3.4	3.9	7.3	6.5	9.1	8.2	10.0	9.2	10.9
8	3.8	4.4	8.5	7.4	9.7	8.7	10.4	9.5	11.4
9	3.7	4.3	8.2	7.0	9.1	7.9	9.8	8.8	10.8
10	3.9	4.6	8.1	6.8	9.6	8.3	10.7	9.5	12.0
11	3.6	4.3	7.9	6.7	8.7	7.5	9.6	8.4	10.8
≥12	3.2	3.5	7.1	6.5	9.0	8.3	9.5	8.9	10.2

a. Adjusted for: age at death, sex, number of hospice visits in last 12 months of life, year of death, place of birth (Australia/New Zealand, or elsewhere), Indigenous status, marital status, multiple cancer diagnoses (coded as yes/no), time between cancer diagnosis and death (in days), socioeconomic status, community palliative care catchment area (north, east or south), comorbidity recorded in previous 12 months (coded

as yes/no) and cancer type causing death ((Bladder/urinary tract, Breast, Unknown, Cervix, Colorectal, Kidney, Laryngeal, Leukaemia, Liver, Lung/Bronchial, Lymphoma, Melanoma, Mesothelioma, Myeloma, Oesophageal, Ovarian, Prostate, Stomach, Testicular, Thyroid, Uterine, Pancreas) versus Other).

b. CI = confidence interval

e) mean per-person cost (A\$2012) of unplanned hospitalisations <sup>a</sup>

	Last month of life		Last 3 months of life		Last 6 months of life		Last 12 months of life					
	Lower	Upper	Lower	Upper	Lower	Upper	Lower	Upper				
	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI				
<b>Initiation of community palliative care (months before death)</b>												
1	3,816	3,669	3,964	9,117	8,815	9,419	13,197	12,763	13,632	17,203	16,633	17,773
2	3,752	3,569	3,934	9,607	9,251	9,963	13,989	13,472	14,506	18,311	17,626	18,996
3	3,733	3,510	3,955	9,237	8,807	9,667	14,647	13,998	15,296	18,919	18,070	19,768
4	3,890	3,602	4,178	9,047	8,487	9,608	14,695	13,892	15,499	18,920	17,877	19,963
5	3,609	3,297	3,922	8,527	7,893	9,162	14,645	13,712	15,578	18,932	17,735	20,129
6	3,907	3,501	4,313	9,036	8,234	9,837	14,734	13,561	15,907	21,718	20,018	23,418
7	4,016	3,556	4,476	9,356	8,363	10,349	12,902	11,657	14,147	19,705	17,997	21,413
8	3,794	3,345	4,243	8,931	7,979	9,883	12,691	11,393	13,989	21,007	19,030	22,984
9	4,175	3,563	4,787	9,424	8,226	10,622	13,428	11,763	15,092	19,908	17,783	22,034
10	4,535	3,812	5,258	9,687	8,355	11,019	13,364	11,591	15,137	22,082	19,434	24,730
11	3,908	3,295	4,522	8,833	7,658	10,008	11,720	10,150	13,290	22,691	19,747	25,634
≥12	4,200	3,829	4,571	8,572	7,920	9,223	12,451	11,544	13,359	17,914	16,651	19,178

a. Adjusted for: age at death, sex, number of hospice visits in last 12 months of life, year of death, place of birth (Australia/New Zealand, or elsewhere), Indigenous status, marital status, multiple cancer diagnoses (coded as yes/no), time between cancer diagnosis and death (in days), socioeconomic status, community palliative care catchment area (north, east or south), comorbidity recorded in previous 12 months (coded as yes/no) and cancer type causing death ((Bladder/urinary tract, Breast, Unknown, Cervix, Colorectal, Kidney, Laryngeal, Leukaemia, Liver, Lung/Bronchial, Lymphoma, Melanoma, Mesothelioma, Myeloma, Oesophageal, Ovarian, Prostate, Stomach, Testicular, Thyroid, Uterine, Pancreas) versus Other).

b. CI = confidence interval

f) mean per-person cost (A\$2012) of emergency department presentations <sup>a</sup>

Initiation of community palliative care (months before death)	Last month of life		Last 3 months of life		Last 6 months of life		Last 12 months of life					
	Lower	Upper	Lower	Upper	Lower	Upper	Lower	Upper				
	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI				
1	215	207	222	507	492	523	748	726	770	1,006	976	1,037
2	204	195	213	516	499	534	773	747	799	1,034	999	1,069
3	208	197	219	486	466	506	762	732	792	1,021	980	1,062
4	201	189	213	450	425	474	755	719	791	1,014	964	1,063
5	209	195	223	442	414	470	788	744	832	1,094	1,033	1,156
6	217	199	235	460	423	497	791	735	848	1,132	1,052	1,212
7	207	186	227	455	413	497	677	618	736	1,073	991	1,156
8	206	186	225	456	412	499	663	601	725	1,073	981	1,164
9	197	175	219	453	403	503	670	597	743	1,100	993	1,206
10	224	196	252	497	437	557	651	575	727	1,091	974	1,208
11	220	193	247	476	422	530	737	646	827	1,236	1,096	1,376
≥12	219	204	234	478	447	508	710	665	755	1,021	958	1,085

a. Adjusted for: age at death, sex, number of hospice visits in last 12 months of life, year of death, place of birth (Australia/New Zealand, or elsewhere), Indigenous status, marital status, multiple cancer diagnoses (coded as yes/no), time between cancer diagnosis and death (in days), socioeconomic status, community palliative care catchment area (north, east or south), comorbidity recorded in previous 12 months (coded as yes/no) and cancer type causing death ((Bladder/urinary tract, Breast, Unknown, Cervix, Colorectal, Kidney, Laryngeal, Leukaemia, Liver, Lung/Bronchial, Lymphoma, Melanoma, Mesothelioma, Myeloma, Oesophageal, Ovarian, Prostate, Stomach, Testicular, Thyroid, Uterine, Pancreas) versus Other).

b. CI = confidence interval