

A Tracer Study in a Vertical Flow Constructed Wetland Treating Septage

Jason Jie Xiang Bui ¹, Yee Yong Tan ¹, Tang Fu Ee ^{1,*} and Carrie Ho Lee Ing ¹

¹ Department of Civil and Construction Engineering, Curtin University, Malaysia. CDT 250 98009, Miri, Sarawak, Malaysia; jason.bui@postgrad.curtin.edu.my (J.B.); tan.yee.yong@curtin.edu.my (Y.Y.); carrie.ho@curtin.edu.my (C.H.)

* Correspondence: tang.fu.ee@curtin.edu.my; Tel.: +6085 443939

Academic Editor: name

Received: date; Accepted: date; Published: date

Abstract

Purpose – This study aims to investigate the hydraulic behaviour of a pilot-scale, two-staged, vertical flow constructed wetland (VFCW) for septage treatment, in terms of factors such as hydraulic retention time and hydraulic loading rate, and its influence on the treatment dynamics. Due to intermittent feeding mode of VFCW systems and variation in its loading, its hydraulic behaviour is highly variable, and need to be understood to optimize its treatment performance.

Design/methodology/approach – Tracer test were carried out using bromide ion with varying hydraulic loading rates (HLR) of 6.82 cm/d, 9.09 cm/d and 11.40 cm/d (i.e. equivalent to 75 L/d, 100L/d, and 125 L/d respectively). Tracer data is then analysed using the Residence Time Distribution (RTD) method.

Findings – RTD analysis showed that the increase in HLR increases the average hydraulic retention time (HRT). Subsequently, the increase in HLR results in a lower recovery of effluent, resulting in poor productivity in treatment. The study also showed that the removal of nitrogen and organic matter improved with increasing HRT. However, observations shows no correlation between HRT and total solids removal.

Originality/value – A performance evaluation method (by tracer) is proposed to understand the hydraulics and dynamics of treatment in VFCWs treating septage.

Keywords hydraulic retention time; tracer test; hydraulic loading rate; vertical flow constructed wetland; residence time distribution, septage treatment

Paper type Research paper

1. Introduction

Domestic wastewater in Malaysia is mostly segregated into greywater and blackwater. Blackwater is mostly treated in individual septic tanks (ISTs) (Bradley and Dhanagunan, 2004). ISTs effectively prevent the direct discharge of sewage by providing primary treatment. However, to operate ISTs at optimum, the accumulated sludge in the tanks needs to be removed periodically. This is because the sludge contains high concentrations of solids, organic matter, and nutrient. Construction of conventional treatment plants to manage the significant amounts of generated sludge is possible, but tend to be expensive and impractical for smaller towns and cities. Hence, a sustainable solution such as the vertical flow constructed wetland (VFCW) is proposed for management of septage.

Constructed wetlands have been used in the treatment of a variety of wastewater including agricultural wastewater (Tanner et al., 1995), industrial wastewater (Vrhovšek et al., 1996), and septage (T Koottatep et al., 2001; Paing and Voisin, 2005; Jong and Tang, 2016). Septage treatment using VFCW systems is complex due to the contaminants in septage being at least 10 – 100 times

45 stronger (Cofie et al., 2006) than domestic wastewater. Unlike other typical VFCW systems treating
46 wastewaters (Kadlec and Wallace, 2008), the filters on VFCW systems treating septage do not
47 incorporate a sand filter layer at the top. Instead, the substrate consists of larger particles sizes
48 compared to typical VFCW systems (treating wastewater or stormwater) to prevent clogging issues,
49 due to high concentrations of solids from septage (Jong and Tang, 2016).

50 The hydraulic behaviour of the VFCW, which is subject to factors such as its hydraulic retention
51 time (HRT) and water distribution within its substrate, is important towards understanding its
52 treatment processes and optimizing its efficiency. The study of hydraulic behaviour includes the
53 study of the influence of the hydraulic loading rate (HLR) on treatment efficiency, and HRT of the
54 system (Ghosh and Gopal, 2010), whereas the treatment performance of the system relies on its ability
55 to maintain its hydraulics (i.e. liquid motion) over its life span. The pollutant removal mechanism is
56 an integrated system in which physical, chemical, and biological processes are involved. In VFCWs,
57 removal of solids mostly occur through filtration on the surface of the substrate (Vymazal et al., 1998;
58 Kadlec and Wallace, 2008). Furthermore, microbial degradation within the substrate media removes
59 organic matter, whereby the removal efficiency increases with extended hydraulic retention time
60 (HRT) (Sirianuntapiboon et al., 2006). Similarly, the removal of nitrogen increases with increasing
61 HRT resulting in a more complete nitrification process. HLR may be utilized instead of solid loading
62 rate (SLR) due to a high level of variation in solids content (Koottatep et al., 2005). This is because
63 controlling SLR would require monitoring and measurement of total solids (TS) content before each
64 loadings, whereas HLR requires measurement of volume, which is easily obtainable on site.

65 Usually, the VFCW system is fed intermittently with alternating feedings allowing drainage and
66 full emptying of the system, which makes its hydraulic behaviour highly dynamic. During the
67 acclimatization stage, a sludge deposit layer is formed over the top layer of the system due to the
68 accumulation of organic matter and solids through physical filtration as the influent infiltrates
69 through the substrate medium of the system (Lana et al., 2013; Molle, 2014). According to Molle
70 (2014), the sludge deposit layer enhances filtration and water distribution on the system's surface, by
71 reducing the wetland's effective porosity and permeability. However, the intermittent feeding regime
72 increases the system's oxygenation efficiency, which improves microbial degradation of organic
73 matter accumulated at the top layer of the filter, avoiding clogging (Molle et al., 2006). Also, increased
74 degradation and dewatering of the sludge deposit layer between feedings results in formations of
75 cracks (Jong and Tang, 2016), which would reduce the overall HRT caused by preferential flows.
76 Ultimately, the reduced contact time would deteriorate effluent quality. Furthermore, dead zones
77 may also form throughout the operation resulting in reduced HRT and treatment efficiency of the
78 system (Cota et al., 2011). Nevertheless, shorter resting periods between loadings coupled with high
79 hydraulic loads reduces the probability of cracks formation as dewatering and mineralisation of the
80 sludge deposit layer is reduced. This is because it decreases re-oxygenation in the system, which
81 reduces aerobic biodegradation of the sludge deposit layer (Molle et al., 2006; Jong and Tang, 2016).
82 As a result, HRT increases and the treatment efficiency of the system is enhanced. Therefore, the
83 understanding of the hydraulic behaviour and the effects of different operational parameters on HRT
84 is crucial in optimizing treatment.

85 Tracer testing can be conducted as a means to understand the hydraulic behaviour of water in
86 the VFCW system (Kadlec and Wallace, 2008). Testing involves tracing the progress of solute
87 transport through the wetland system by addition of substances such as salt ions, fluorescent dyes or
88 titrated water. From the test, the actual residence time distribution (RTD) in the system can be
89 obtained. The RTD curve is the probability density function for residence time of water in the wetland
90 (Kadlec and Wallace, 2008). In simple terms, the curve represents the time that various portions of
91 the fluid spend in the system. Additionally, the overall HRT of the system can be obtained from the
92 RTD analysis.

93 In many studies, the efficiency of VFCW system is evaluated based on an influent-effluent
94 monitoring procedure, where the overall treatment performance is determined according to the
95 difference between influent and effluent quality (Paing and Voisin, 2005; Sirianuntapiboon et al.,
96 2006; Lana et al., 2013). Hence, the design of such systems still remain at a "black-box" level, in which

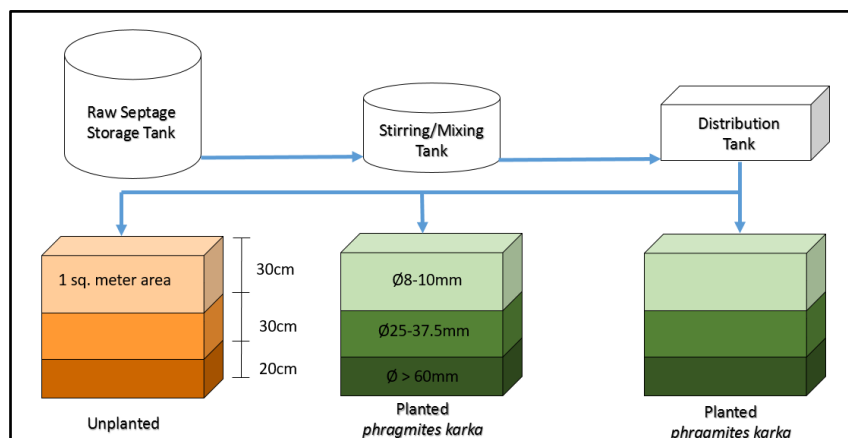
97 “rules-of-thumb” are still used as design criteria. Moreover, the overall removal efficiency is
98 commonly used to determine the capacity and operational strategies of the wetland beds (Kumar and
99 Zhao, 2011).

100 Therefore, this paper presents a study of the hydraulic behaviour of a pilot-scale VFCW, which
101 was aimed at determining the correlation between treatment dynamics and hydraulic behaviour in a
102 treatment cycle. In particular, the retention time analysis (RTD) is carried out by performing a tracer
103 test to determine the influence of HLR on the hydraulic behaviour of the VFCW.

104 2. Materials and Methods

105 2.1. Experimental Setup

106 The experimental setup of the VFCW system is shown in Figure 1 below. Each VFCW cell consist
107 of similar substrate configurations in which only two cells were planted with *phragmites karka*. Planted
108 cells were expected to have high treatment efficiency. From literature, macrophytes play a vital role
109 in enhancing treatment performance by providing surfaces and oxygen for microorganism growth in
110 the rhizosphere for better nitrification. In addition, they release carbon from photosynthesis, which
111 optimizes denitrification and organic matter removal (Langergraber, 2005; Saeed and Sun, 2012).
112 Hence, this paper presents results from planted cells.
113



114
115 **Figure 1** The design configuration of the first stage of the VFCW located in the university, which is
116 the main focus in this study. Raw septage was obtained from residential sources and delivered to the
117 raw septage storage tank. From the storage tank, septage is transferred to a stirring/mixing tank to be
118 mixed homogeneously before transferring to a distribution tank and distributed to the individual
119 VFCW beds via peripheral pumps.

120 Each cell consist of a 20 cm drainage layer built using large gravels ($\varnothing > 6.00$ cm) at the bottom
121 of the bed. The main layers consist of two different sized crushed gravels ($\varnothing 2.5 - 3.75$ cm and $\varnothing 0.80$
122 $- 1.00$ cm), with the smaller-sized gravels stacked on top of the larger-sized gravels, each with a depth
123 of 30 cm. The cells have a surface area of 1.1 m². Two vertical ventilation pipes were installed along
124 the wetland beds to enhance reaeration. The septage used in this study was collected and delivered
125 from residential sources by a local environmental servicer. The septage was filtered to remove any
126 gross solids such as plastic material, clothing, hair, and others, to prevent clogging in the pipes
127 without altering its original characteristics.

128 2.2. Experimental Tracer

129 The tracer test was carried out using sodium bromide (NaBr), due to its biological stability and
130 conservative nature (Kadlec and Wallace, 2008). The tracer was injected into the septage and the
131 mixture was homogenised before loading, similar to that of a step input injection, resulting in
132 constant tracer concentrations in the influent (Fogler and Brown, 1986).

133 Intermittent feeds was utilized to ensure sufficient oxygen level in the wetland bed for enhanced
 134 nitrogen and organic matter removal. Variations in the HLR was achieved by controlling the volume
 135 of septage added. Low, medium, and high HLR (i.e. 6.82 cm/d, 9.09 cm/d, and 11.4 cm/d, equivalent
 136 to 75 L/d, 100 L/d, and 125 L/d respectively) cases were studied. Due to high amounts of organic
 137 content and solids in the septage, a resting period between loadings was required to prevent clogging
 138 of the system.

139 Hua et al. (2014) states that for a resting period of 3, 6, and 10 days, the hydraulic conductivity
 140 and effective porosity of the substrate media would improve significantly. However, for a resting
 141 period of 10 days, a significant increase in effective porosity could occur, which would lead to short-
 142 circuiting. Hence, the feeding regime incorporates a 6-day resting period between loadings. 3 days
 143 resting is expected to be insufficient as the system would need longer time to recover due to the high
 144 solids and organics content in septage. Table 1 below presents the HLRs used for this study. A total
 145 of 12 experimental runs were conducted, with 4 runs conducted for each HLR case.

146 **Table 1** Feeding regime throughout operation of VFCW.

HLR (L/d)	HLR (cm/d)	Resting Period (days)
75	6.82	6
100	9.09	6
125	11.04	6

147 2.3. Sampling and Testing

148 The effluent flow rate was determined by measuring the volume collected at various time
 149 intervals during each loading. A total of 200 mL of effluent was sampled for each time interval to
 150 carry out the quality test. The concentrations of ammonium (NH₄⁺-N), nitrate (NO₃⁻-N), dissolved
 151 oxygen (DO), pH, and temperature were measured on site using an HQ40d portable multi-parameter
 152 meter with specific probes. The laboratory analysis includes the measurements of Total Nitrogen
 153 (TN) and Chemical Oxygen Demand (COD) using HACH DR2800 – spectrophotometer. The
 154 concentration of total solids (TS) was determined using the oven drying method. The concentration
 155 of bromide was measured using Hach® MM340 radiometer with bromide ion selective electrode.

156 Determination of the removal efficiencies is in accordance to (Liu et al., 2013) by comparing the
 157 volume and concentration of the influent to the volume and quality of the effluent. However, a
 158 conservative approach is conducted whereby the total volume of effluent replaces the volume of
 159 influent. The removal efficiency equation is given as:

$$E = \frac{C_i \sum_{i=1}^N V_e - \sum_{i=1}^N C_e V_e}{C_i \sum_{i=1}^N V_e} \times 100\%, \quad (1)$$

160 such that, C_i and C_e are the influent and effluent concentrations [ML⁻³] respectively, and V_i and V_e are
 161 the volume of influent and effluent [L³] respectively.

162 2.3. Tracer Data Analysis

163 This study utilized the method proposed by (Fogler and Brown, 1986) to analyse the tracer data
 164 for step inputs. The variables determined from this method includes the average retention time,
 165 variance, and tracer mass recovered to describe the effect of HLR on hydraulic behaviour of the
 166 wetland system. Equations (2) to (4) below are equations for pulse input RTD analysis:

$$E(t) = \frac{C(t)}{\int_0^{\infty} C(t) dt'} \quad (2)$$

$$\tau = \int_0^{\infty} tE(t) dt \quad (3)$$

$$\sigma^2 = \int_0^{\infty} t^2 E(t) dt - \tau^2 \quad (4)$$

167 such that, $E(t)$ is the residence time distribution function [T^{-1}], $C(t)$ is the concentration of tracer at
 168 time, t [ML^{-3}], τ is the average residence time [T], σ^2 is the variance [T^2] and σ is the standard
 169 deviation [T]. Equation (5) below relates the information to suit step input conditions:

$$E(t) = \frac{d}{dt} \left[\frac{C(t)}{C_0} \right]_{\text{step}} \quad (5)$$

170 such that, C_0 is the concentration of tracer in the feed [ML^{-3}]. Since flow is unsaturated in the VFCW
 171 system, the varying flow rate patterns could significantly affect the tracer response curve (Headley
 172 and Kadlec, 2007). Thus, to suit the unsaturated flow conditions, modifications to Equation (5) was
 173 required. To easily compare and analyse tracer data from unsaturated flow, the tracer mass was used
 174 instead of tracer concentrations (Headley and Kadlec, 2007). The new expression is given as:

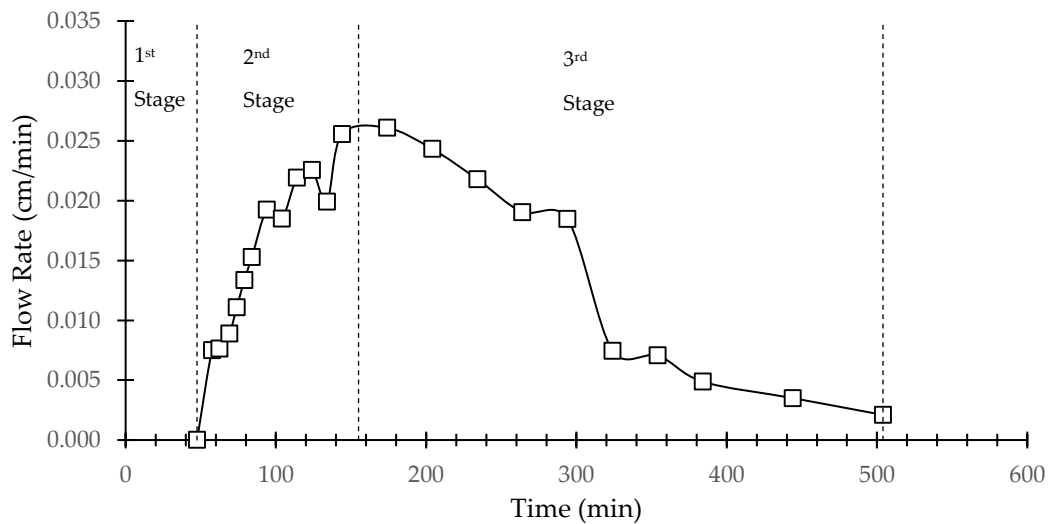
$$E(t) = \frac{d}{dt} \left[\frac{m(t)}{M_0} \right]_{\text{step}} \quad (6)$$

175 such that, $m(t)$ is the tracer mass at time t [M], and M_0 is the total recovered tracer mass [M].

176 3. Results and Discussion

177 3.1. Effect of Hydraulic Loading Rate (HLR) on Flow Pattern, Maximum Flow Rate, and Water Recovery

178 The flow characteristics of the system with respect to variation in HLRs are presented here. Due
 179 to space limitations, only one case was chosen and presented here. Furthermore, HLRs of 75 L/d, 100
 180 L/d, and 125 L/d were examined to study the effects of low, moderate, and high HLR cases
 181 respectively. Figure 2 below shows the typical effluent flow profile, which comprises of three stages
 182 for all HLR cases. Also, a summary of the analysis are shown in Table 2.
 183



184

185 **Figure 2** Typical effluent flow profile due to varying HLR cases, which consist of three (3) stages in
 186 flow. The first stage is described by the delay in flow, followed by a transition to the second stage in
 187 which a significant amount of flow was observed that increases to a maximum. The third stage is
 188 observed as a steady decrease in flow after reaching a maximum flow.

189

Table 2 Maximum effluent flow rate due to varying HLR and solids content.

HLR (L/d)	HLR (cm/d)	Average Sludge Thickness throughout operation (cm)	Total Solids Concentration (g/L)	Solids Content (g)	Maximum Flow Rate (cm/min)
-----------	------------	--	----------------------------------	--------------------	----------------------------

75	6.82	5.00 – 6.00	2.00 – 5.00	150 – 375	0.015 – 0.065
100	9.09	4.00 – 7.00	8.00 – 12.80	800 – 1280	0.020 – 0.042
125	11.04	6.00 – 9.00	4.00 – 7.50	500 – 940	0.004 – 0.007

190 The first stage is determined as the period before effluent flow initiates. This delay may be
191 attributed to the time required for the influent to infiltrate the sludge deposit layer on the wetland
192 surface due to the low permeability of the layer before being discharged (Molle, 2014). It is during
193 this stage that significant water ponding was observed with negligible change in water depth. For
194 low, moderate, and high HLR cases, the duration of the first stage on average were 37 minutes, 59
195 minutes, and 29 minutes respectively. Comparison between low and moderate HLR cases shows that
196 the slower infiltration rate for moderate HLR cases is likely to be due to the difference in the solids
197 content of the septage, in which the highest solids content for the low and moderate HLR cases were
198 determined to be 375 gm and 1280 gm respectively. As a result, the effective porosity and
199 permeability reduces, resulting in a slower infiltration rate (Jong and Tang, 2016). On the contrary,
200 high HLR cases indicated the highest infiltration rate compared to the low and moderate HLR cases.
201 The increased infiltration rate may be driven by the significant hydraulic head difference (Molle et
202 al., 2006), although, solids content is generally high (as compared to the low HLR case), in addition
203 to having the greatest overall sludge deposit layer thickness throughout the operation. The first stage
204 in the effluent flow profile ends when a significant amount of effluent flow was observed, thus,
205 transitioning to the second stage of flow.

206 The transition into the second stage in the effluent flow profile occurs when a significant flow
207 rate was observed. It is during this stage that a rapid increase in flow rate was observed before
208 reaching a maximum outflow. Also, a significant change in water depth was observed compared to
209 that of the first stage in the flow profile. For low, moderate, and high HLR cases, the peak outflow
210 ranges from 0.015 – 0.065 cm/min, 0.020 – 0.042 cm/min, and 0.004 – 0.007 cm/min respectively. On
211 average, it was observed that low HLR cases have the highest flow velocity. Higher solids content as
212 well as a thicker sludge deposit layer may cause the slower flow velocity for moderate and high HLR
213 cases. The reduction in maximum flow rate indicated that the wetland is more susceptible to clogging
214 with a higher solids content, which was a result of increasing the HLR intensity (Molle, 2014). In
215 addition, the accumulation of the sludge deposit layer would increase the clogging tendencies in the
216 substrate medium, resulting in a reduced flow velocity (Langergraber et al., 2003; Rajabzadeh et al.,
217 2015). Moreover, the thicker sludge deposit layer would retain more water in the system, as well as
218 increase the capillary action, which would reduce the flow rate of water (Cota et al., 2011). In contrast
219 with the first stage of flow, in terms of controlling flow rate, the significance of solids content and
220 sludge thickness is more apparent than the hydraulic head difference for high HLR cases.
221 Nevertheless, the effect of hydraulic head difference reduces with decreasing water depth over time.

222 The third and final stage in the flow profile occurs when flow steadily decreases after reaching
223 a maximum outflow. This continues until no significant flow was visually observed. The steady
224 decrease of flow could be related to the decrease in hydraulic head over time, resulting in reduced
225 flow rate (Molle et al., 2006).

226 Furthermore, the results also indicated that the water recovery varied significantly for all HLR
227 cases. The average recovery for low HLR cases was approximately 76%, amounting to 57.1 L of
228 effluent. The percentage recovery for low HLR was the highest, followed by moderate, and high HLR
229 with 53% and 9% recovery (amounting to 53.0 L and 11.2 L) respectively. The low water recovery
230 may be due to the increase in sludge deposit and solids content. The higher solids content would
231 result in the system's tendency to clog due to reduction in effective porosity, hence, retaining more
232 water in the system (Langergraber et al., 2003). Nonetheless, higher hydraulic and organic loads
233 would decrease biosolids mineralisation of the sludge deposit layer, impeding the flow of water
234 through the system (Jong and Tang, 2016).

235 3.2. Treatment Performance

236 Table 3 below shows the overall treatment performance of the system throughout the study.
237 Firstly, the average removal of COD increases with increasing HLR intensity. This may be due to

238 enhanced filtration of particulate organic matter from the sludge deposit layer. The increasing solids
 239 content with increased HLR intensity reduces the effective porosity of the sludge deposit layer,
 240 resulting in enhanced filtration action (Molle, 2014). The increase in sludge deposit layer thickness
 241 and solids content from increasing HLR intensity would result in reduced flow rate (Langergraber et
 242 al., 2003; Rajabzadeh et al., 2015) resulting in increased HRT. The increase in HRT would enhance
 243 aerobic degradation of organic matter. Aerobic degradation is more likely to occur due to the high
 244 oxygen transfer of the VFCW system (Saeed and Sun, 2012). Similarly, total solids (TS) removal was
 245 observed to increase with increasing HLR intensity. This would suggest enhanced filtration of solids
 246 from the sludge deposit layer. The increase in solids content and thickness of the sludge deposit layer
 247 would reduce its effective porosity, hence improving the filtration of solids. However, it should be
 248 noted that removal of TS is highly dynamic with average removal percentages ranging from 42.9% -
 249 87.5%, 78.1% - 91.3%, and 71.4% - 97.9% for low, moderate, and high HLR cases respectively. Large
 250 fluctuations in TS removal would indicate that some of the filtered solids were flushed out of the
 251 system due to size reduction from resting between loadings (Sharma and Yortsos, 1987). Hence, the
 252 removal of TS is governed by the resting period and flow velocity.

253 **Table 3** Summary of overall treatment performance for each experimental runs.

HLR (L)	Influent (Inf.) and effluent (Eff.) contaminants mass (g), and removal efficiencies (RE)											
	COD			TS			NH ₄ ⁺ -N			TN		
	Inf.	Eff.	RE	Inf.	Eff.	RE	Inf.	Eff.	RE	Inf.	Eff.	RE
75	76.0	6.0	92.1	247.8	75.4	69.6	2.6	0.4	84.6	6.5	1.2	81.5
	85.2	5.5	93.5	86.1	10.8	87.5	1.9	0.4	78.9	2.4	0.7	70.8
	65.6	5.5	91.8	90.2	51.5	42.9	2.9	0.4	86.2	5.2	0.8	84.6
	56.0	4.2	92.5	78.6	11.2	85.7	2.0	0.6	70.0	4.4	1.1	75.0
100	528.0	15.5	97.1	902.8	197.5	78.1	4.4	1.5	65.9	17.1	2.0	88.3
	417.1	21.7	94.8	610.7	96.9	84.1	4.1	1.0	75.6	9.8	2.0	79.6
	294.6	11.9	96.0	322.5	28.0	91.3	3.4	1.0	70.6	10.5	5.1	51.4
	117.4	1.9	98.4	243.4	41.0	83.2	3.7	0.2	94.6	5.0	0.8	84.0
125	54.6	0.5	99.1	130.6	36.5	72.1	0.9	0.03	96.7	4.5	0.9	80.0
	29.5	0.3	99.0	67.0	6.8	89.9	0.3	0.01	96.7	2.0	0.1	95.0
	118.1	0.7	99.4	173.4	3.7	97.9	1.1	0.04	96.4	2.8	0.6	78.6
	33.7	0.5	98.5	52.5	15	71.4	0.9	0.02	97.8	1.6	0.2	87.5

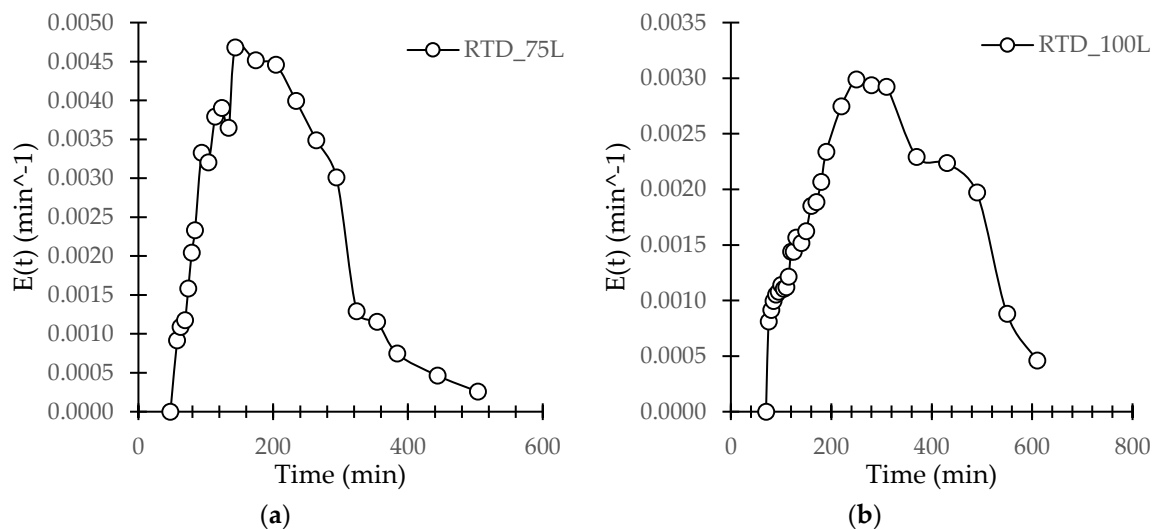
254 Moreover, no significant differences were observed for the removal of NH₄⁺-N between low and
 255 moderate HLR cases. The average removal efficiencies for low and moderate HLR cases were
 256 approximately 80%. However, high HLR cases was observed to have average removal efficiencies of
 257 97%. The sludge deposit layer may favour NH₄⁺-N adsorption and subsequently, nitrifying
 258 ammonium during resting (Molle, 2014). A thicker sludge deposit layer, as that of high HLR cases
 259 indicates that the adsorption site for NH₄⁺-N is larger as compared to those of low and moderate HLR
 260 cases. Nevertheless, a more complete nitrification of NH₄⁺-N would have occurred due to the reduced
 261 flow rate for high HLR cases as compared to that of low and moderate HLR cases (Sirianuntapiboon
 262 et al., 2006). Likewise, low and moderate HLR cases show no significant differences for the removal
 263 of TN with average removal efficiencies of approximately 77%, high HLR cases showed better
 264 efficiency in TN removal with efficiencies of approximately 85%. Although removal of TN was highly
 265 dependent on denitrification process in constructed wetlands (Saeed and Sun, 2012), denitrification
 266 in VFCW is assumed to be insignificant due to the system's ability to provide high levels of oxygen.
 267 Also, TN in septage is the sum of organic nitrogen and NH₄⁺-N (USEPA, 1999). Therefore, the
 268

269 concentrations of TN would be highly affected by the removal of $\text{NH}_4^+\text{-N}$. Hence, the decrease in TN
270 concentration over time was likely to be influenced by nitrification of ammonium, whereby the
271 removal is further enhanced with increasing HRT. Furthermore, the TN removal rate is comparable
272 to those in literature with removal efficiencies exceeding 80% (T. Koottatep et al., 2001; Paing and
273 Voisin, 2005).

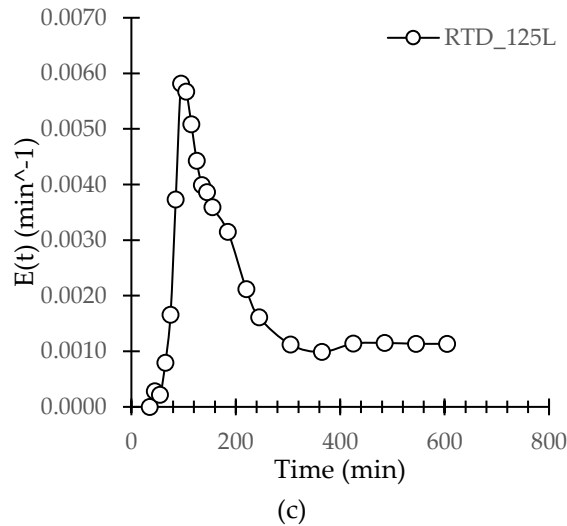
274 3.3. Retention Time Distribution (RTD) Analysis

275 In addition to the established influent-effluent monitoring method, a better description of the
276 treatment performance of the VFCW can be obtained by studying the correlation between its
277 treatment performances with the hydraulic behaviour of the water in the system. This provides a
278 better insight to the mass loss of pollutant in the system. The relationship between the mass loss of
279 pollutant in the system is correlated to the HRT by RTD curves of pollutant concentration, where the
280 RTD curves represent the time which various portion of fluid spends in the system. Previous studies
281 have shown that increasing HRT would result in better treatment performance (Cota et al., 2011; Jong
282 and Tang, 2016; Molle et al., 2006)

283 Figure 3 below shows the RTD curve plots for low, moderate, and high HLR cases. The RTD
284 curves were observed to conform to the effluent flux profiles (as shown in Figure 2) for unsaturated
285 conditions. This was expected as the tracer concentration was injected using a step input method. As
286 the tracer is conservative in nature, its mass would be consistent, thus, the RTD curves produced
287 would be expected to have a similar profile to that of effluent flux curves for individual HLR runs.
288 The obtained RTD curves confirms the assumption that tracer is homogenised in the liquid, and
289 follows the same flow pattern, giving it a reasonable reflection of the hydraulic RTD (Headley and
290 Kadlec, 2007).
291



292



293
294

295
296
297

Figure 3 Representative RTD curves presented for varying HLR cases: (a) low HLR; (b) moderate HLR; (c) high HLR. The RTD curves observed conforms to that of the effluent flow profile of all HLR cases.

298
299
300
301
302
303

Still, the RTD curves observed do not show a typical bell shaped curve as those found in literature (Kadlec and Wallace, 2008; Giraldi et al., 2009). Instead, the asymmetry and long tail observed is similar to those found in (Cota et al., 2011). Hence, it is in all likelihood that the asymmetry and long tail observed in the RTD curves is due to diffusion of water into dead zones in the system, which is gradually released over time. Also, the long tail may be related to the adsorption of tracer in the biomass (Levenspiel, 2000).

304
305
306
307
308
309

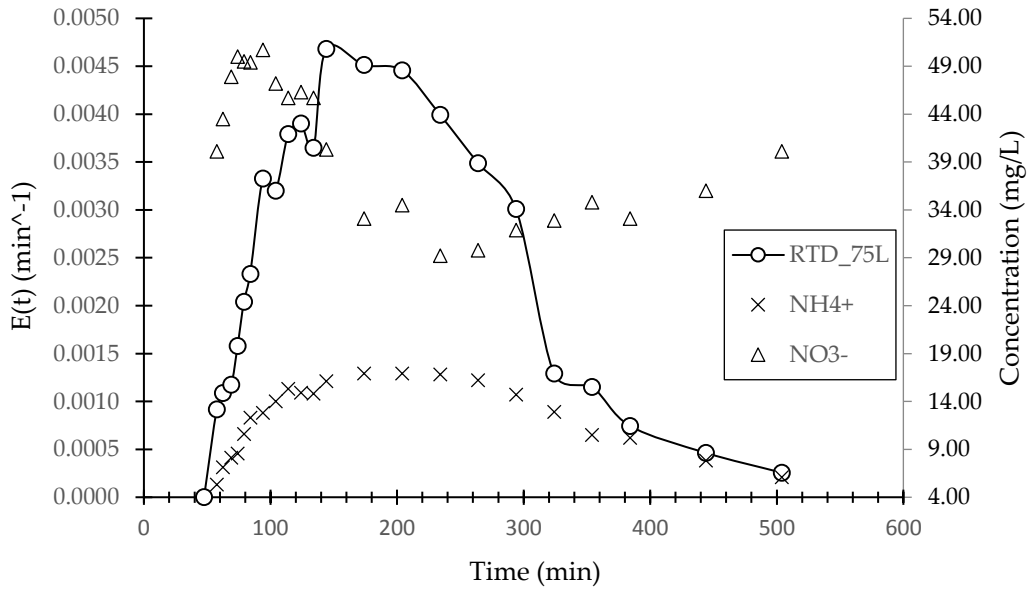
Further analysis shows that the average HRT for low, moderate, and high HLR cases are 183 minutes, 263 minutes, and 288 minutes respectively. The increase of HRT may be related to the increase in solids content and sludge deposit layer thickness, which would have reduced the flow rate of effluent due to reduced effective porosity and capillary effect respectively (Molle, 2014). Moreover, the effect of increased HRT for high HLR cases was observed with the increase in COD, NH₄⁺-N and TN removal.

310
311
312
313
314
315
316
317

Additionally, the degree of mixing (i.e. variance), which characterises a distribution of residence times in the wetland (i.e. the parcel of water travelling through the substrate media of the wetland reaches the output at different times) (Headley and Kadlec, 2007), increased as HLR increased. The average variances of the low, moderate, and high HLR cases were 7047 min², 9062 min², and 17577 min² respectively. Similar observations were reported in (Giraldi et al., 2009), which stated that the degree of mixing in the system is controlled by HLR intensities, in which higher HLR would ultimately result in a more thorough mixing of fluid in the VFCW system. Therefore, resulting in greater treatment performance.

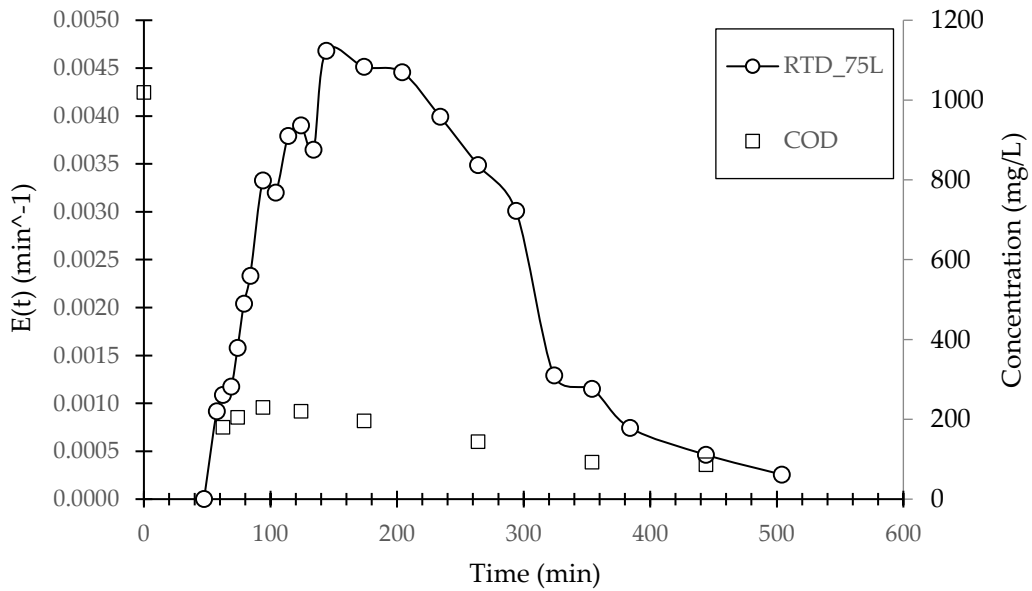
318
319
320
321

A correlation between treatment dynamics and hydraulic behaviour can be observed by plotting RTD curves with the concentration of pollutants. Figure 4 below shows the concentration of pollutants, namely nitrogen compound, COD, and TS, plotted against RTD curves.



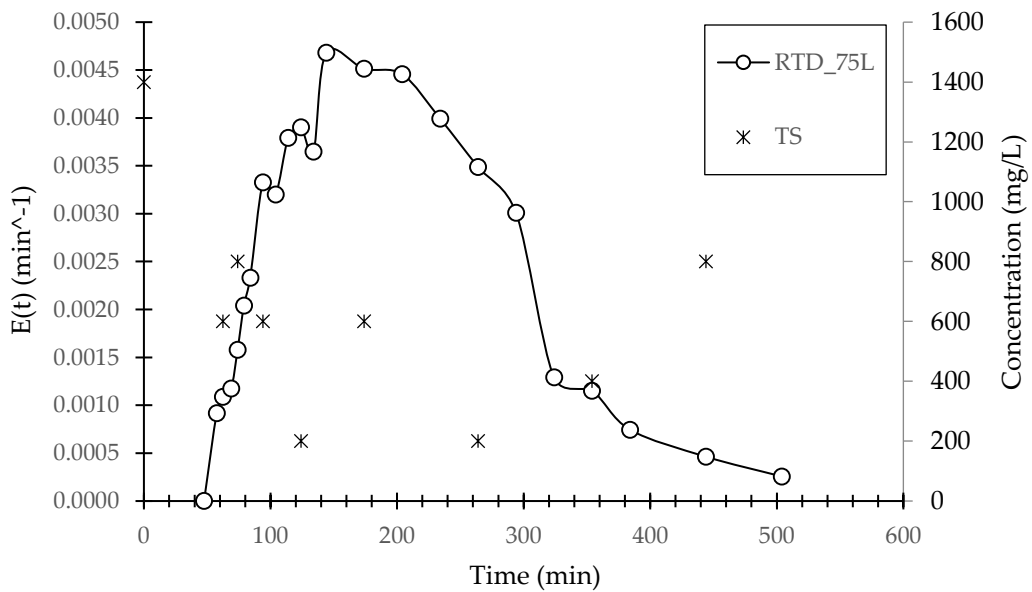
322
323

(a)



324
325

(b)



326

327

(c)

328

Figure 4 Representative RTD curves due to Low HLR cases with pollutant concentrations: (a) Nitrogen compound; (b) COD; (c) TS. The RTD shows a relationship with nitrogen compound and COD, but no relationship was observed with TS.

329

330

331

Figure 4(a) indicates that the amount of time effluent spends in the system highly affects $\text{NH}_4^+\text{-N}$ and $\text{NO}_3^-\text{-N}$ removal. The $\text{NH}_4^+\text{-N}$ concentration decreases as the time spent by the effluent in the wetland system increases. However, it is interesting to note that at the initial stages of flow, the concentration of $\text{NH}_4^+\text{-N}$ increases significantly with HRT before stabilizing and decreasing again. This could result from the flushing out of adsorbed $\text{NH}_4^+\text{-N}$ in the biofilms. The lower concentrations of $\text{NH}_4^+\text{-N}$ indicated that most of the adsorbed $\text{NH}_4^+\text{-N}$ underwent nitrification during the resting period. Likewise, the increase in $\text{NO}_3^-\text{-N}$ concentration conforms that most of the adsorbed $\text{NH}_4^+\text{-N}$ underwent nitrification. At the initial stages of flow, $\text{NO}_3^-\text{-N}$ concentration increases significantly which suggest that $\text{NO}_3^-\text{-N}$ is flushed out. Over time, the concentration of $\text{NO}_3^-\text{-N}$ decreases before increasing again with increasing HRT. The decrease would suggest that the flushing rate of nitrified $\text{NH}_4^+\text{-N}$ adsorbed in the biofilm is greater than the rate of adsorption. Thus, the results are consistent with literature, which states that increasing HRT would increase nitrogen removal (Sirianuntapiboon et al., 2006).

332

333

334

335

336

337

338

339

340

341

342

343

344

The effect of HRT is also prominent in the removal of organic matter as seen in Figure 4(b). The concentration of COD showed significant reduction from its initial values, followed by a gradual decrease in concentrations with increasing HRT. The significant drop in concentration may imply enhanced filtration from the sludge deposit layer (Molle, 2014). Moreover, improvement in filtration efficiency may also result from a thicker sludge deposit layer as observed from the higher removal efficiency in high HLR cases. Subsequently the increased contact time between contaminants and the substrate would improve aerobic degradation (Saeed and Sun, 2012), resulting in the gradual decrease in concentration with increasing HRT.

345

346

347

348

349

350

351

352

Finally, no correlation between TS removal and HRT was observed. This is indicated by the degree of fluctuation in TS concentration with increasing HRT. However, as previously discussed, the removal of TS may be related to the resting period and flow velocity.

353

354

355

4. Conclusions

356

This study examined the effect of HLR on the hydraulic behaviour of VFCWs designed for septage treatment, and its correlation with the treatment dynamics. RTD analysis was conducted to understand the hydraulic characteristics of the system by means of analysing the average HRT as well as the treatment dynamics due to varying HLR intensity.

357

358

359

360

Effluent flow patterns for each loading resulted in a predictable trend, categorized by three stages of flow. The outflow velocity observed in all experimental runs suggest that solids content and thickness of sludge deposit layer was the controlling factor, with reduced outflow velocity as solids content and thickness of sludge deposit layer increases. Water recovery varied significantly for all HLR cases. A reduction in average recovery was observed with increasing HLR. The system's ability to recover water was observed to be related to the solids content and sludge deposit layer.

361

362

363

364

365

366

Overall removal of organic matter and nitrogen compound improved with increased HRT. However, no correlation between HRT and total solids removal was observed. The effects of HRT on treatment dynamics was further analysed by plotting RTD curves with pollutant concentrations. It was determined that the sludge deposit layer may have played a vital role in the removal of organic matter, nitrogen compounds and total solids. However, total solids removal was highly dynamic and easily influenced by resting periods between loadings and flow velocity.

367

368

369

370

371

372

It is expected that this study would contribute to a better understanding of the hydraulic behaviour and the treatment dynamics for a VFCW system designed for septage treatment as well as to support the modelling and calculation of pollutant removals. Further emphasis should be made to understand the role of sludge deposit layer in terms of hydraulics and treatment efficiency.

373

374

375

376 **Acknowledgments:** The authors would like to acknowledge the Faculty of Engineering and Science, and Curtin
377 University Malaysia for supporting this study.

378 **Author Contributions:** All authors contributed equally to this work.

379 **Conflicts of Interest:** The authors declare no conflict of interest.

380 **References**

381

382 Bradley, R. M. and Dhanagunan, G. R. (2004), 'Sewage sludge management in Malaysia', *International Journal of*
383 *Water*, 2(4), 267-283.

384

385 Cofie, O. O., Agbottah, S., Strauss, M., Esseku, H., Montangero, A., Awuah, E. and Kone, D. (2006), 'Solid-liquid
386 separation of faecal sludge using drying beds in Ghana: Implications for nutrient recycling in urban
387 agriculture', *Water Research*, 40(1), 75-82.

388

389 Cota, R. S., von Sperling, M. and Penido, R. C. S. (2011), 'Tracer studies and hydraulic behaviour of planted and
390 un-planted vertical-flow constructed wetlands', *Water Science and Technology*, 64(5), 1056-1063.

391

392 Fogler, H. S. and Brown, L. (1986), 'Distributions of residence times for chemical reactors', *Elements of chemical*
393 *reaction engineering*, 708-758.

394

395 Ghosh, D. and Gopal, B. (2010), 'Effect of hydraulic retention time on the treatment of secondary effluent in a
396 subsurface flow constructed wetland', *Ecological Engineering*, 36(8), 1044-1051.

397

398 Giraldi, D., de'Michieli Vitturi, M., Zaramella, M., Marion, A. and Iannelli, R. (2009), 'Hydrodynamics of vertical
399 subsurface flow constructed wetlands: Tracer tests with rhodamine WT and numerical modelling',
400 *Ecological Engineering*, 35(2), 265-273.

401

402 Headley, T. R. and Kadlec, R. H. (2007), 'Conducting hydraulic tracer studies of constructed wetlands: a practical
403 guide', *Ecohydrology & Hydrobiology*, 7(3), 269-282.

404

405 Hua, G., Zeng, Y., Zhao, Z., Cheng, K. and Chen, G. (2014), 'Applying a resting operation to alleviate bioclogging
406 in vertical flow constructed wetlands: An experimental lab evaluation', *Journal of Environmental*
407 *Management*, 136(Supplement C), 47-53.

408

409 Jong, V. S. W. and Tang, F. E. (2016), 'Contaminant removal in septage treatment with vertical flow constructed
410 wetlands operated under batch flow conditions', *Water Science and Technology*, 73(4), 909-915.

411

412 Kadlec, R. H. and Wallace, S. (2008) *Treatment wetlands*, CRC press.

413

414 Koottatep, T., Polprasert, C., Oanh, N. T. K., Heinss, U., Montangero, A. and Strauss, M. (2001), 'Septage
415 dewatering in vertical-flow constructed wetlands located in the tropics', *Water Science and Technology*,
416 44(2-3), 181-188.

417

418 Koottatep, T., Polpraserta, C., Oanha, N., Heinssb, U., Montangerob, A. and Straussb, M. (2001), 'Potentials of
419 vertical-flow constructed wetlands for septage treatment in tropical regions', *Advances in Water and*
420 *Wastewater Treatment Technology: Molecular Technology, Nutrient Removal, Sludge Reduction, and*
421 *Environmental Health*, 315.

422

423 Koottatep, T., Surinkul, N., Polprasert, C., Kamal, A. S. M., Koné, D., Montangero, A., Heinss, U. and Strauss, M.
424 (2005), 'Treatment of septage in constructed wetlands in tropical climate: lessons learnt from seven
425 years of operation', *Water Science and Technology*, 51(9), 119-126.
426

427 Kumar, J. L. G. and Zhao, Y. Q. (2011), 'A review on numerous modeling approaches for effective, economical
428 and ecological treatment wetlands', *Journal of Environmental Management*, 92(3), 400-406.
429

430 Lana, L. C. O., Moraes, D. C., von Sperling, M., Morato, M. L. N., Vasconcellos, G. R., Paraense, M. O. and
431 Moreira, T. P. A. (2013), 'Performance of a single stage vertical flow constructed wetland system treating
432 raw domestic sewage in Brazil', *Water Science and Technology*, 68(7), 1599-1606.
433

434 Langergraber, G. (2005), 'The role of plant uptake on the removal of organic matter and nutrients in subsurface
435 flow constructed wetlands: a simulation study', *Water Science and Technology*, 51(9), 213-223.
436

437 Langergraber, G., Haberl, R., Laber, J. and Pressl, A. (2003), 'Evaluation of substrate clogging processes in vertical
438 flow constructed wetlands', *Water Science and Technology*, 48(5), 25-34.
439

440 Levenspiel, O. (2000). *Chemical Reaction Engineering*. 3rd ed. New Jersey: United States, p.688. ISBN: 047125424X.
441

442 Liu, L., Zhao, X., Zhao, N., Shen, Z., Wang, M., Guo, Y. and Xu, Y. (2013), 'Effect of aeration modes and influent
443 COD/N ratios on the nitrogen removal performance of vertical flow constructed wetland', *Ecological
444 Engineering*, 57(Supplement C), 10-16.
445

446 Molle, P. (2014), 'French vertical flow constructed wetlands: a need of a better understanding of the role of the
447 deposit layer', *Water Science and Technology*, 69(1), 106-112.
448

449 Molle, P., Liénard, A., Grasmick, A. and Iwema, A. (2006), 'Effect of reeds and feeding operations on hydraulic
450 behaviour of vertical flow constructed wetlands under hydraulic overloads', *Water Research*, 40(3), 606-
451 612.
452

453 Paing, J. and Voisin, J. (2005), 'Vertical flow constructed wetlands for municipal wastewater and septage
454 treatment in French rural area', *Water Science and Technology*, 51(9), 145-155.
455

456 Rajabzadeh, A. R., Legge, R. L. and Weber, K. P. (2015), 'Multiphysics modelling of flow dynamics, biofilm
457 development and wastewater treatment in a subsurface vertical flow constructed wetland mesocosm',
458 *Ecological Engineering*, 74(Supplement C), 107-116.
459

460 Saeed, T. and Sun, G. (2012), 'A review on nitrogen and organics removal mechanisms in subsurface flow
461 constructed wetlands: Dependency on environmental parameters, operating conditions and
462 supporting media', *Journal of Environmental Management*, 112(Supplement C), 429-448.
463

464 Sharma, M. M. and Yortsos, Y. C. (1987), 'Transport of particulate suspensions in porous media: Model
465 formulation', *AIChE Journal*, 33(10), 1636-1643.
466

467 Sirianuntapiboon, S., Kongchum, M. and Jitmaikasem, W. (2006), 'Effects of hydraulic retention time and media
468 of constructed wetland for treatment of domestic wastewater', *African Journal of Agricultural Research*,
469 1(2), 027-037.
470

471 Tanner, C. C., Clayton, J. S. and Upsdell, M. P. (1995), 'Effect of loading rate and planting on treatment of dairy
472 farm wastewaters in constructed wetlands—I. Removal of oxygen demand, suspended solids and
473 faecal coliforms', *Water Research*, 29(1), 17-26.
474

475 United States Environmental Protection Agency (USEPA) (1999), *Decentralized Systems Technology Fact Sheet*,
476 *Septage Treatment/Disposal*. Washington, DC, USA: USEPA.
477

478 Vrhovšek, D., Kukanja, V. and Bulc, T. (1996), 'Constructed wetland (CW) for industrial waste water treatment',
479 *Water Research*, 30(10), 2287-2292.
480

481 Vymazal, J., Brix, H., Cooper, P. F., Haberl, R., Perfler, R. and Laber, J. (1998), 'Removal mechanisms and types
482 of constructed wetlands', *Constructed wetlands for wastewater treatment in Europe*, 17-66.
483

484