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# 1           **Impact Load Mitigation of Meta-panels with Single Local Resonator**

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## 5   **Abstract**

6   This study investigates the influence of design parameters on the impact mitigation capacity of  
7   a new meta-panel that leveraged the coupled mechanisms of plastic deformation and local  
8   resonance to absorb energy from impact loading. The main objective is to minimize the force  
9   to be transmitted to the protected structures through mitigating the stress wave propagation by  
10   using local resonators. The meta-panel demonstrates the capability of filtering out the stress  
11   wave induced by impact loading with frequencies falling in its bandgaps. A numerical model  
12   is built and verified by the analytical solution with a good agreement in terms of the predicted  
13   frequency bandgaps. The meta-panel shows a substantial reduction in the mid-span deflection  
14   of the facesheets and an increase in the impact energy absorption as compared with the  
15   conventional sandwich panels. The peak reaction force of the meta-panel transmitted to the  
16   protected structure is also reduced significantly by more than 47% compared to its conventional  
17   counterparts. Furthermore, parametric studies are conducted to investigate the effects of the  
18   thickness of the hollow-truss bar, core material properties, and impact velocity on the meta-  
19   panels impact-resistant behaviour.

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20 **Keywords:** Meta-structure; Meta-panel; Resonator; Sacrificial structures; Stress wave  
21 mitigation; Impact-resistance.

### Nomenclature

$A$	Nominal cross-section of the soft layer ( $\text{m}^2$ )
$E$	Young's modulus of materials (GPa)
$E_c$	Young's modulus of soft layer (GPa)
$G$	Shear modulus of materials (kN/m)
$k_1$	Axial stiffness of the spring (kN/m)
$k_2$	Shear stiffness of the spring (kN/m)
$k_{\text{eff}}$	Dynamic effective stiffness (kN/m)
$l$	Length of the resonator (m)
$L$	Distance between two adjacent unit cells (m)
$m_1$	Mass of the resonator (kg)
$m_{\text{eff}}$	Dynamic effective mass (kg)
$q$	Wavenumber
$r$	Radius of the resonator (m)
$t$	Thickness of the outer tube (m)
$T$	Transmission coefficient
$u$	Displacement of resonator (m)
$v$	Velocity of the impactor (m/s)
$\rho$	Density of materials ( $\text{kg}/\text{m}^3$ )
$\rho_c$	Density of resonator ( $\text{kg}/\text{m}^3$ )
$\vartheta$	Poisson's ratio of materials
$\omega$	Angular frequency (rad/s)

## 23 **1. Introduction**

24 When structural elements, e.g., beams [1], [2], columns, and joints [3] are subjected to impulse  
25 loading, their failure/wreckages might cause major loss of human life and economy. It is,  
26 therefore, deemed important to develop protective systems to protect critical structures exposed  
27 to these threats. Amongst many mitigation strategies, the deployment of sacrificial cladding as  
28 a shock attenuator has attracted intensive researches due to its protective functionality and  
29 excellent behaviour [4], [5], [6], [7], [8]. Sacrificial claddings often consist of two components,  
30 namely the outer facesheets and the inner core [9], [10], [11]. While distributing the load more  
31 uniformly is the function of the outer facesheets, the inner core often deforms and absorbs most  
32 of the energy from the incident loading via plastic deformation, leading to load mitigation on  
33 the main protected structures. Many researches have proven that sandwich panels functioning  
34 as sacrificial claddings have a significantly higher dynamic resistance compared to the  
35 monolithic plates with the same mass per unit area [12].

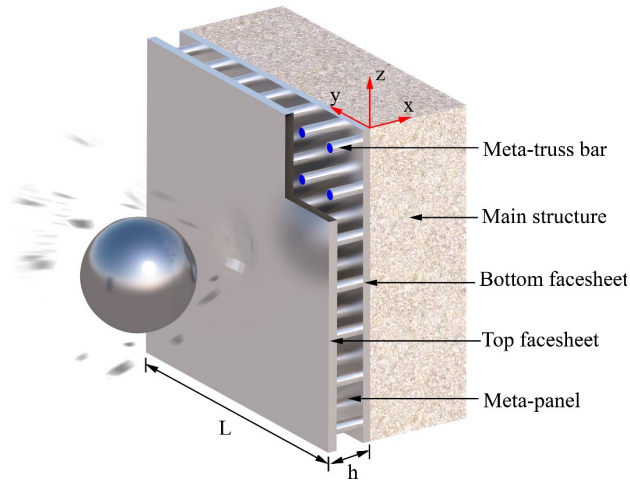
36 Regarding the dynamic mitigation, much effort has been devoted to exploring different forms  
37 of protective sandwich panels as sacrificial cladding. Relatively new materials that possess the  
38 protective capabilities against dynamic loading have been explored by a few researchers such  
39 as aluminium foam panels by Hanssen et al. [13], double-layer foam panels by Ma and Ye [14],  
40 and honeycomb core by Hazizan and Cantwell [15], etc. Besides, the superior behaviour of the  
41 lattice-truss panels under impact loading has also been explored [16], [17], [18], [19]. These  
42 studies proved that the lattice core-based sandwich panels outperform their conventional  
43 counterparts such as honeycomb sandwich panels regarding impulsive energy absorption  
44 capacity and mitigating effect. Besides, the space provision of the lattice sandwich structures is  
45 generally wider compared to honeycomb structures, which can be utilized for other purposes,  
46 e.g. heat transfer [20], [21], energy absorbers [22], and sound isolation [23], [24]. Generally,

47 the main mechanism of these types of sandwich panels is based on plastic deformation to absorb  
48 energy from the incident loading [25], [26], [6], [27], [28].  
49 More recently, increasing attention has turned to filter incident loading using the local  
50 resonances as energy absorbers, e.g. meta-lattice truss bar [29], [30], [31], meta-concrete [32],  
51 [33], [34], [35], [36] and metamaterials [37] resulting in the loading mitigation effect. It is worth  
52 mentioning that the prefix “meta” originates from the Greek preposition, which meant  
53 “beyond”, implying these exotic structural behaviour are superior to other natural counterparts  
54 [31]. To filter incident loading, Liu et al. [30] proposed the novel meta-truss bar comprising of  
55 single and dual resonators. Investigations have been carried out to manifest the exotic potential  
56 of the meta-truss bar in creating bandgaps to stop wave propagation. For practical applications,  
57 the wave propagation mitigation of the meta-structures has been demonstrated in meta-  
58 sandwich beam by Chen et al. [38]. The results showed that the local resonance of the embedded  
59 resonators in the meta-sandwich beam was activated when the frequencies of the incident  
60 loading fall into its bandgaps, thus trapping wave energy to attenuate stress wave propagation.  
61 Also, it has been proven that the bandgap is programmable by varying the resonator designs  
62 and thus allowing for tailoring the attenuation properties as required by practical applications  
63 [39]. A meta-foundation that can both attenuate seismic waves and withstand static loads was  
64 proposed by La Salandra et al. [40]. That study investigated the influence of both geometrical  
65 and mechanical properties of a foundation inspired by metamaterial concept on its dynamic  
66 performance as well as its capabilities of bearing gravity loads. Furthermore, the structural  
67 configuration of lattice core sandwich panels and the extraordinary characteristics of the meta-  
68 lattice truss bar to form a meta-panel, resulting in the impact/blast mitigation and higher energy  
69 absorption of the panels have been studied [31, 41]. In general, studies on applying meta-lattice  
70 truss bar in engineering structures are very limited and no systematic studies have been reported  
71 to determine the integral influence that affect the transient response of the meta-panel in

72 literature. In particular, the effects of the design parameters including material properties and  
73 truss-bar thickness, as well as the impact velocity on the protective effectiveness of the meta-  
74 panel have not been well investigated. Given the above considerations, there is thus a strong  
75 need to further study of this promising field towards practical applications.

76 The impact behaviour of the meta-panel with single resonators functioning as sacrificial  
77 cladding (Fig. 1) are examined in this study. It should be noted that the meta-panel adopts the  
78 coupled mechanisms of absorbing strain energy through plastic deformation of the outer tube  
79 and local resonance of the inclusions. The optimization analyses are carried out to enhance its  
80 mitigating effect through comprehensive parametric studies. The impact performances of the  
81 meta-panel are simulated using finite element software LS-DYNA to evaluate its impact  
82 mitigation capacity compared to those of the conventional panels. The numerical transmission  
83 coefficient is verified against the analytical results for validation. In this study, the dynamic  
84 responses of panels with various designs are evaluated through the criteria including the energy  
85 absorption capacity, the central deflections of the facesheet, and the boundary reaction forces.

86 Furthermore, parametric studies have been conducted by varying each parameter to investigate  
87 the effects of the truss-bar thickness, the material properties, and the impact velocity on the  
88 transient responses or the protective effect of the meta-panel. This study not only numerically  
89 and analytically demonstrates the dynamic mitigation mechanism of the meta-panel subjected  
90 to impact loads, but presents several favourable findings, which are beneficial for engineering  
91 applications. Experimental tests will be carried out in near future to further verify the  
92 performance of meta-panels designed according to these findings.



93

Fig. 1. Schematic illustration of the protection of meta-panels against impact loading.

94 **2. Geometric configuration**

95 For the investigated structure, two thin facesheets are bonded to four meta-truss bars to form a  
 96 symmetric meta-panel as sketched in Fig. 2(a). The distinctive feature of this design lies in the  
 97 meta-cores made of meta-lattice truss bars that consist of 7 unit cells (Fig. 2(b)). With this  
 98 configuration, the unit model comprises three components, i.e. the hollow truss bar, the soft  
 99 coat, and the resonator, whose dimensions are depicted in Figs. 2(b) while their materials are  
 100 shown in Fig. 2(c). To endure large deformation, polyurethane (PU) is selected for the soft  
 101 coating while aluminium 1060 and lead are respectively chosen for the truss bars and the  
 102 resonator. The two facesheets connected rigidly to the outer tubes to form an integral structure  
 103 are also made of aluminium 1060. The mechanical properties of all components are tabulated  
 104 in Table 1.

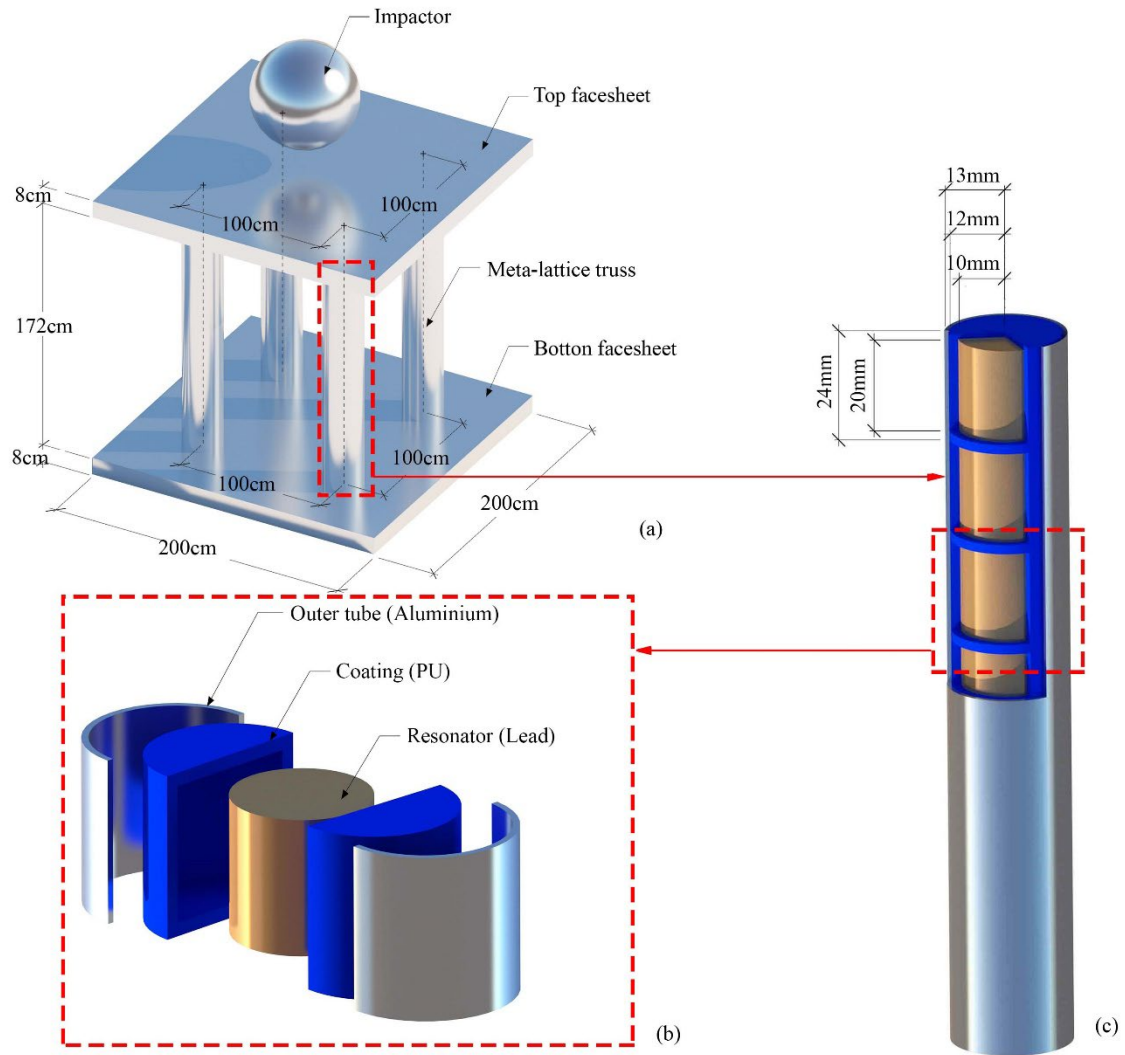


Fig. 2. Schematic diagrams of (a) the meta-panel under impact loads, (b) meta-truss bar, and (c) unit cell.

105

Table 1. Elastic material properties for all components

Materials	Density $\rho$ (kg/m <sup>3</sup> )	Young's modulus $E$ (GPa)	Poisson's ratio $\nu$
Aluminium 1060	2,770	70	0.33
PU	900	0.147	0.42
Lead	11,400	16	0.44
Steel	7,850	210	0.29

106 **3. Analytical predictions of the bandgaps**

107 The design can be conceptualized as the monotonic unit cells as shown in Fig. 3, which are  
 108 analytically described using the spring-mass model. The outer tube represents the matrix in the  
 109 model while the resonator is represented by the mass of  $m_1$ . The soft coating is modelled by  
 110 two springs including the axial spring and the shear spring, i.e.,  $k_1, k_2$ , respectively for the soft  
 111 coating. Without loss of generality, the mitigation effects on stress wave propagation of the  
 112 meta-truss bar are examined by analyzing the performance of elastic stress wave propagation  
 113 in the idealized meta-truss bar model.

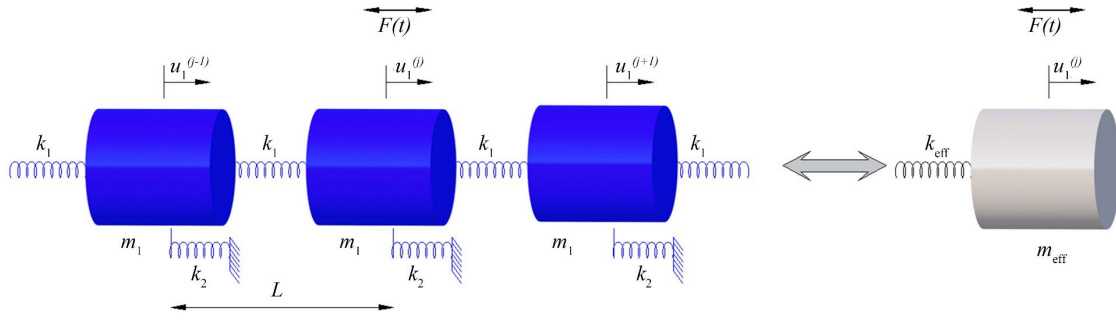


Fig. 3. Equivalent effective spring-mass model.

114 The mass of the resonator  $m_1$  (with an outer radius,  $r$ ) can be calculated as

$$m_1 = \rho \pi r^2 l \tag{1}$$

115 where  $\rho$  is the material density,  $r$  and  $l$  are the radius and length of the resonator.

116 The stiffness of the equivalent springs are estimated using the following equations:

$$k_1 = \frac{E_3 A_1}{l_1}, \quad k_2 = \frac{G_3 A_2}{l_2}, \quad G_3 = \frac{E_3}{2(1 + \nu_3)} \tag{2}$$

117 where  $G_3$  and  $E_3$  respectively denote shear and Young's modulus of the soft coating while  $\nu_3$  is  
 118 Poisson's ratio. The determination of the nominal dimension for calculating the equivalent axial  
 119 and shear spring stiffness, i.e.,  $A_i$  and  $l_i$  ( $i=1,2$ ),  $k_1$  and  $k_2$  are not straightforward due to the shape  
 120 complex geometry. Instead of calculating these equivalent geometrical dimensions, in this



121 study, the equivalent stiffness  $k_1$  and  $k_2$  are numerically calculated as presented in the appendix.  
 122 It should be noted that the investigation on the relationships between the numerically  
 123 determined stiffnesses with their theoretical values when varying the thickness  $l_1$  and  $l_2$   
 124 demonstrates that both numerical and analytical solutions yield similar estimations of stiffnesses  
 125 for the considered meta-truss bar, as proven in previous studies [29, 31, 41, 42]. The estimated  
 126 mass is given by  $m_1 = 7.16 \times 10^{-2}$  kg while the axial and shear stiffness are  $k_1 = 57,375$  kN/m,  
 127  $k_2 = 35,498$  kN/m, respectively.

128 The characteristics of the meta-truss bar are determined by a process of deduction starting with  
 129 applying the equation of motion and ending with the negative effective properties, as well as  
 130 the dispersion relation and transmission coefficients. The equation of motion for the  $j^{\text{th}}$  unit cell  
 131 can be derived as:

$$m_1 \frac{\partial^2 u_1^{(j)}}{\partial t^2} + k_1 \left( 2u_1^{(j)} - u_1^{(j+1)} - u_1^{(j-1)} \right) + k_2 u_1^{(j)} = 0 \quad (3)$$

132 in which  $u_1$  represents mass displacement.

133 The displacement for the harmonic wave of the  $j^{\text{th}}$  unit cell is expressed as:

$$u^{(j)} = U e^{i(jqL - \omega t)} \quad (4)$$

134 where  $\omega$  and  $L$  respectively denote the angular frequency and the distance between two adjacent  
 135 unit cells.  $U$  and  $q$  stand for the wave amplitude and wave number, respectively.

136 Substituting Eq. (4) into Eq. (3), the dispersion curve is expressed:

$$\cos(qL) = 1 + \frac{k_2 - m_1 \omega^2}{2k_1} \quad (5)$$

137 To simplify the model, a homogeneous unit cell [30] consisting of an effective mass connected  
 138 by an effective stiffness as shown in Fig. 3 can be derived and expressed as:

$$m_{eff} = m_1 - \frac{k_2}{\omega^2} \quad (6)$$

$$k_{eff} = k_1 - \frac{1}{4} \left( m_1 - \frac{k_2}{\omega^2} \right) \omega^2 \quad (7)$$

139 where  $m_{eff}$  and  $k_{eff}$  are the effective mass and effective stiffness, respectively. It is worth  
 140 mentioning that the underlying goal for developing the effective properties of the investigated  
 141 parameters including mass and stiffness in the analytical model is to establish the relationship  
 142 between the frequency of the incident force and the locally resonant frequency of the system.  
 143 In the local resonant phase, there is a relative and out-of-phase motion between the resonators  
 144 and the truss tube. This induces a change in the vibration properties of the system, meaning that  
 145 the effective parameters for the dynamic response are different from their physical parameters  
 146 owing to the local vibrations. The negative effective mass and stiffness are triggered with  
 147 incident frequencies falling into the bandgaps of the meta-truss bar, leading to the favourable  
 148 wave attenuation characteristics of the meta-system.

149 The dispersion relation in Eq. (5) is solved to define the width of the passband as:

$$\omega = \sqrt{\frac{2k_1(1 - \cos(qL)) + k_2}{m_1}} \quad (8)$$

150 The starting point of the passband can be obtained by substituting  $qL=0$ :

$$\omega = \sqrt{\frac{k_2}{m_1}} \quad (9)$$

151 and the ending point of the passband can be expressed by substituting  $qL=\pi$ , as:

$$\omega = \sqrt{\frac{4k_1 + k_2}{m_1}} \quad (10)$$

152 The transmission coefficients of the entire system can be given:

$$T = \left| \prod_{j=1}^N \frac{u^{(j)}}{u^{(j-1)}} \right| = \prod_{j=1}^N T^{(j)} \quad (11)$$

153 Based on the above derivations, Fig. 4(a) depicts the analytical dispersion relation of the meta-  
 154 truss bar whereas the effective parameters are also obtained and shown in Fig. 4(b). It is  
 155 observed that the theoretical first bandgap of the meta-truss bar is at [0 - 3,500] Hz, which is  
 156 generated by the negative effective mass (as shown in Fig. 4(b)) while the value of effective  
 157 stiffness becomes negative leading to the second bandgap at [ $> 9,500$ ] Hz. It is shown that the  
 158 bandgaps can be generated by both negative effective mass and stiffness.

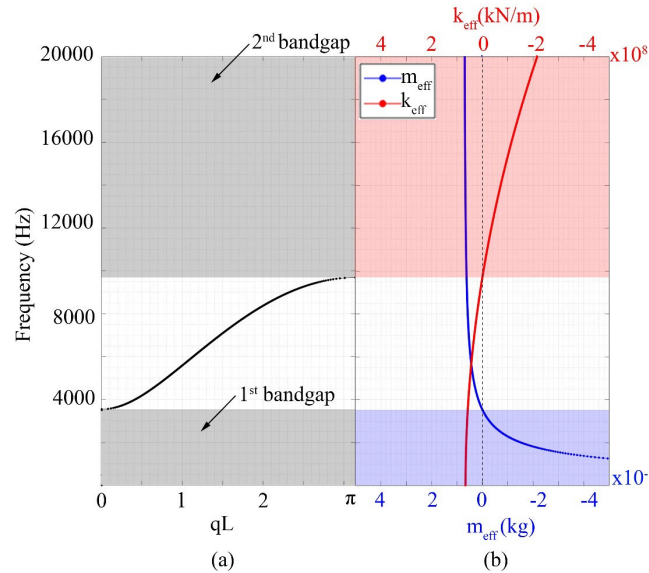


Fig. 4. (a) Dispersion curve and (b) effective parameters of the meta-truss bar.

#### 159 4. Numerical modeling

160 The bandgap frequencies of the meta-truss bar have been achieved by utilizing the analytical  
 161 solutions, based on the one-dimensional mass-in-mass model. However, the above theoretical  
 162 derivation is based on the assumption of the infinite number of unit cells under harmonic wave  
 163 input for solving the Eigen frequency and calculating the bandgaps. It is not straightforward to  
 164 obtain the closed-form theoretical solutions of the case with a finite number of cells, boundary

165 reflections, and subjected to different forms of input. Moreover, it is more difficult to derive  
166 the analytical solution of the structural behaviour of the meta-panel under impact load,  
167 especially when plastic deformation is considered. To surmount the limitations of the analytical  
168 solutions, a numerical investigation is conducted to evaluate the transient responses of the meta-  
169 panel subjected to impact loading. The results obtained from the above theoretical solutions  
170 based on idealized conditions are utilized to indirectly verify the accuracy of the numerical  
171 model of the meta-panel presented in Fig. 2 in Section 2.

## 172 **4.1 Numerical model calibrations**

173 The numerical simulation is conducted by the commercial software LS-DYNA [43] to evaluate  
174 the transient responses of the meta-panel subjected to impact loads. This section presents the  
175 constitutive material models, initial conditions, element types and sizes, and contact definition  
176 of the numerical model.

### 177 *4.1.1 Constitutive material models*

178 Johnson-Cook material model [44] as defined in Eq. 12 is adopted in LS-DYNA with the  
179 keyword \*MAT\_JOHNSON\_COOK material (Mat\_15) to exhibit the rate-dependence of  
180 aluminium material. The Johnson-Cook strength model, which is a phenomenological model  
181 based on various experimental results, has been widely used to capture the rate-dependent  
182 behaviour of aluminium alloy. The model has been successfully validated to describe the  
183 mechanical responses of Aluminium experiencing high-rate deformation or melting process  
184 [45].

$$\sigma_{eq} = [A + B\varepsilon_{eq}^n](1 + C \ln \dot{\varepsilon}^*)(1 - T^{*m}) \quad (12)$$

185 where the equivalent von Mises stress is denoted by  $\sigma_{eq}$  while the equivalent plastic strain is  
186 expressed by  $\varepsilon_{eq}$ . The plastic strain rate,  $\dot{\varepsilon}^*$  is defined by the ratio  $\dot{\varepsilon}/\dot{\varepsilon}_0$ , in which  $\dot{\varepsilon}_0$  is a

187 reference strain rate and is generally set to  $1.0 \text{ s}^{-1}$ . The ratio  $\frac{(T-T_r)}{(T_m-T_r)}$  defines the dimensionless  
188 temperature,  $T^*$ , in which the material reference temperature is  $T_r$  and the melting temperature  
189 is  $T_m$ . Besides, Table 3 gives the equation of state for the Johnson-cook model, which is adopted  
190 by card \*EOS\_LINEAR\_POLYNOMIAL. The card \*MAT\_MOONEY\_RIVLIN\_RUBBER  
191 in Eq. (13) is simulated the performance of the PU material model while for the lead cores, the  
192 keyword \*MAT\_PLASTIC\_KINEMATIC in Eq. (14) is chosen. It is because this material  
193 model is commonly used for modelling metal with bi-linear elastic-plastic constitutive  
194 relationship and isotropic or kinematic hardening plasticity which is defined by a hardening  
195 parameter  $\beta$ . In this study,  $\beta$  is set to 1 which represents isotropic hardening. The steel impact  
196 ball is assumed as rigid and modelled by the card \*MAT\_RIGID. The material properties used  
197 in the numerical simulation are listed in Table 2.

198 Soft materials have nonlinear stress-strain behaviour for relatively large deformations. Under  
199 such conditions, they are generally assumed as nearly incompressible. To model these  
200 hyperelastic materials through FE analysis, the Mooney-Rivlin model is adopted on the  
201 polynomial development of total strain energy. The Mooney-Rivlin material model has  
202 previously been used to successfully predict the behaviour of PE. The Mooney-Rivlin strain  
203 energy potential is adopted as follows [46]:

$$\sigma_{ij} = \frac{\partial W}{\partial \varepsilon_{ij}} \quad (13)$$

$$W = \sum_{k+m=1}^n C_{km} (I_1 - 3)^k + (I_2 - 3)^m + \frac{1}{2} k (I_3 - 1)^2$$

204 where  $W$  is the strain energy per unit of reference volume while  $I_1, I_2, I_3$  are the strain variants.  
205  $k$  is the bulk modulus and  $I_3=1$  for incompressible material behaviour;  $C_{km}$  is the constant of the  
206 Mooney-Rivlin material. Two Mooney-Rivlin parameters ( $C_{10}$  and  $C_{01}$ ) given in Table 2 are  
207 often used to describe the hyper-elastic rubber deformation.

208 The input parameters defined in the \*MAT\_PLASTIC-KINEMATIC model are based on quasi-  
 209 static material testing. The strain rate effect is taken into consideration by using the Cowper-  
 210 Symonds model whose equation is given as:

$$\frac{\sigma_d}{\sigma_s} = 1 + \left(\frac{\dot{\epsilon}}{C}\right)^{1/p} \quad (14)$$

211 where  $\sigma_d$  and  $\sigma_s$  are the dynamic yield stress and the static yield stress at the plastic strain rate  
 212  $\dot{\epsilon}$ , respectively. The constant strain rate parameters are expressed by Cowper  $C$  and Symonds  
 213  $P$ .

214 Table 2. Material properties in the numerical model

Category	Material models	Parameters	Value
Al 1060 [31]	MAT_JOHNSON_COOK	Density	2770 kg/m <sup>3</sup>
		Poisson's ratio	0.33
		Young's modulus	70 GPa
		Yield stress A	0.369 GPa
		Hardening constant B	0.675 GPa
		Strain rate constant C	0.007
		Thermal softening exponent m	1.5
		Hardening exponent n	0.7
		Melting temperature T <sub>m</sub>	800 K
		Ref. strain rate $\dot{\epsilon}_0$	1.0 (s <sup>-1</sup> )
Lead [47]	MAT_PLASTIC_KINEMATIC	Density	11,400 kg/m <sup>3</sup>
		Poisson's ratio	0.44
		Young's modulus	16 GPa
		Yield stress	20 MPa
		Tangent modulus	50 MPa
		Hardening parameter	10 <sup>9</sup>
		Strain rate parameter C	10 <sup>9</sup>
Strain rate parameter P	1		

		Failure strain	0
PU [48]	MAT_MOONEY_RIVLIN_RUB BER	Density	900 kg/m <sup>3</sup>
		Poisson's ratio	0.42
		Constant $C_{10}$	21.5 MPa
		Constant $C_{01}$	4.3 MPa

215 Table 3. Equation of state for aluminium [45]

$C_0$	$C_1$	$C_2$	$C_3$	$C_4$	$C_5$	$C_6$	$E_0$	$V_0$
(Pa)	(GPa)	(GPa)	(GPa)				(GPa)	(m <sup>3</sup> /m <sup>3</sup> )
0	74.2	60.5	36.5	1.96	0	0	0	1

216 4.1.2 *Modelling contacts and boundary conditions*

217 The model utilized to simulate the contact between the impactor and top facesheet of the panel  
218 is applied by the card \*AUTOMATIC\_SURFACE\_TO\_SURFACE while the contact definition  
219 between the metals and polyurethane is \*TIED\_SURFACE\_TO\_SURFACE to assume their  
220 perfect bond. Since it is assumed that the interfaces between PU and the metals of the meta-  
221 panel are perfectly bonded, hence no debonding analysis is carried out. Besides, the card  
222 \*TIED\_NODE\_TO\_SURFACE is adopted to simulate the joint between the facesheets and the  
223 meta-truss bars. All nodes along the perimeter of the bottom facesheet are fixed in all directions  
224 using the \*BOUNDARY\_SPC\_SET. In this study, solid hexahedron elements (SOLID 164) are  
225 utilized to model all the elements. LS-DYNA provides two types of bulk viscosity coefficients  
226 namely  $Q_1$  and  $Q_2$  to treat shocks. While  $Q_1$  helps to smear the shocks and also prevents the  
227 element from collapsing under high velocities,  $Q_2$ , called as a linear term, helps to rapidly damp  
228 out the oscillations. By default, these coefficients are fixed at  $Q_1=1.5$  and  $Q_2=0.06$  and both are  
229 active for solid elements in this study [49]. The gradient mesh size is employed after conducting  
230 a mesh size sensitivity analysis which will be presented in Section 4.2.

231 4.1.3 *Impactor*

232 The steel impactor is modelled as a rigid body. The impactor has a spherical shape of 20 mm  
233 radius and its weight is 1 kg. The initial velocity of the impactor against the panel is 3 m/s and  
234 is defined by the \*INITIAL\_VELOCITY\_GENERATION card, which is applied to all nodes  
235 of the impactor. The predicted impact force-time history is shown in Fig. 5(a) while Fig. 5(b)  
236 depicts the corresponding FFT spectrum. As shown, the peak impact force is nearly 10 kN with  
237 the dominant frequencies of impact loading up to approximately 3,000 Hz.

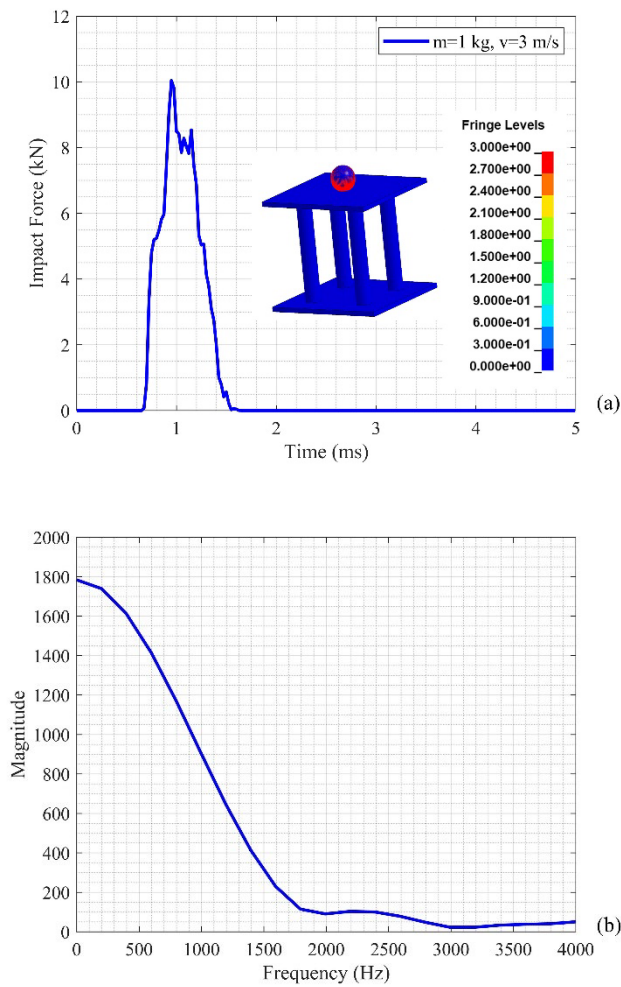
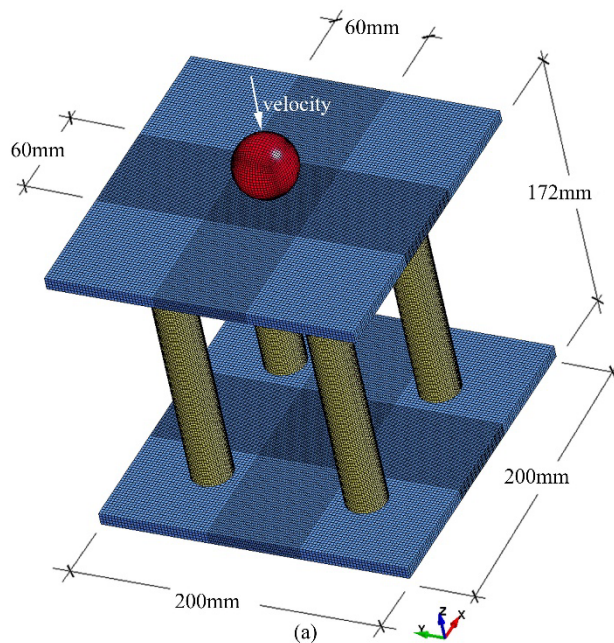


Fig. 5. (a) Time history of impact force and (b) frequency domain.



238 **4.2 Mesh convergence study**

239 Typically, to secure the accuracy of the numerical simulations, a mesh convergent study  
240 is conducted by varying mesh sizes, i.e. 3 mm, 2 mm, 1 mm, 0.5 mm, and gradient mesh  
241 which represents coarse, medium, and fine meshes. Fig. 6(a) shows the schematic  
242 diagram of gradient mesh sizes for the meta-panel, in which a uniform mesh size of 1 mm  
243 is adopted for the meta-truss bar while for the facesheets, the mesh sizes of 0.5 mm and 1  
244 mm are set for the impact area (60 x 60 mm<sup>2</sup> in the centre area) and the remaining area,  
245 respectively. The central point displacement of the top facesheet of the meta-panel and  
246 the computational cost corresponding to various mesh sizes are shown in Fig. 6(b). As  
247 observed, the mesh size of 0.5 mm and gradient mesh result in similar outcomes. The  
248 mesh size is considered to converge at about 0.5 mm while its computational cost is  
249 greatly higher than that of the gradient mesh sizes. Therefore, the gradient mesh size is  
250 utilized in the subsequent numerical simulations when considering both the accuracy and  
251 efficiency.



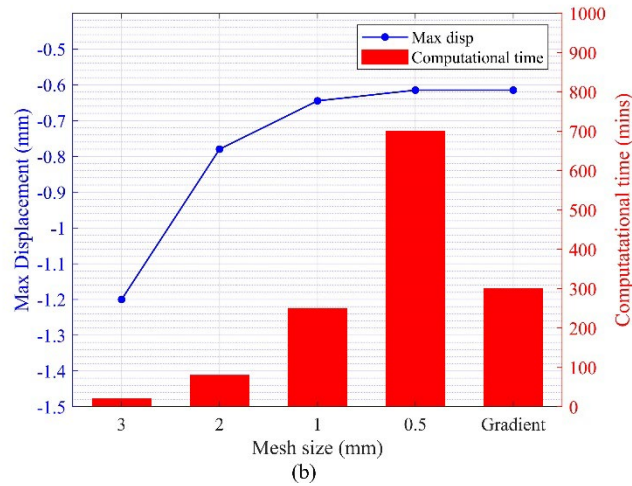


Fig. 6. Mesh convergence analysis (a) FE model and (b) mesh sensitivity.

#### 252 4.3 Model validation

253 The transmission coefficient from both numerical and analytical derivation is utilized for model  
 254 validation. One end of the meta-truss bar is excited by the input signal in a form of prescribed  
 255 displacement with a sweep frequency of [0 – 20,000] Hz while the output response is captured  
 256 at the other end to calculate the transmission coefficient. It is worth mentioning that the  
 257 prescribed displacement is generated by the sweep-frequency cosine function named “Chirp”  
 258 in Matlab. Then, it is applied to the meta-truss bar model in Ls-Dyna using the keyword  
 259 \*PRESCRIBED\_MOTION\_SET. As shown in Fig. 7, the numerical and the theoretical  
 260 transmission coefficients are in good agreement, implying the validity of the model. For the  
 261 numerical simulation, the frequency ranges of [0 - 3,600] Hz and [ $>9,000$ ] Hz are respectively  
 262 the 1<sup>st</sup> and the 2<sup>nd</sup> bandgap while the corresponding regions of the bandgap from the theoretical  
 263 results are [0 - 3,500] Hz and [ $>9,500$ ] Hz as presented above. It is observed that there are some  
 264 slight discrepancies between the two approaches. This is because, as discussed above, the  
 265 assumption of the infinite number of cells in the theoretical derivation of the meta-truss bar,  
 266 while in the numerical model only a finite length of the meta-truss bar is modelled. Furthermore,

267 boundary reflections of the wave propagating in the finite length truss bar also affect the  
 268 numerical results.

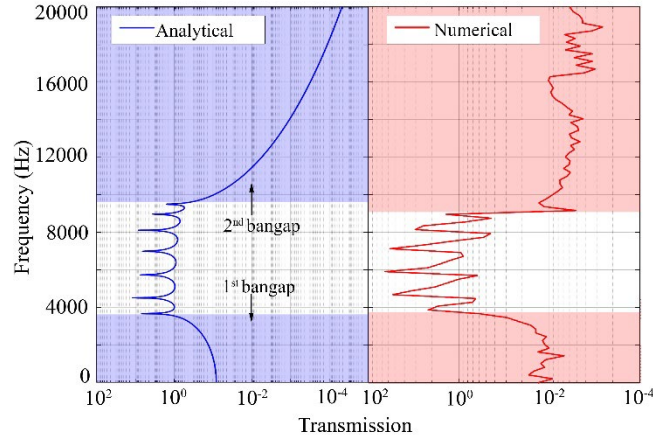


Fig. 7. Analytical and numerical transmission coefficients of the meta-truss bar.

269 To further validate the numerical simulation, a prescribed displacement with multi-frequency  
 270 components [50] is excited at one end of the meta-truss bar (as shown in Fig. 2(b)) to verify its  
 271 frequency suppression capacity as follows:

$$u(t) = 10^{-4} \sum_{n=1}^3 \sin[2\pi f_n t] H(t) \quad (15)$$

272 where  $H(t)$  is the unit-step function and given as

$$H(t) = \begin{cases} 1, & t \geq 0 \\ 0, & t < 0 \end{cases} \quad (16)$$

273 and  $f_n = [200; 1,000; 6,000]$  Hz,  $n = 1, 2, 3$ , respectively. The frequencies  $f_1$  and  $f_2$  are purposely  
 274 chosen at low frequencies which are often in the frequency range of impact loading and also  
 275 fall into the bandgap of the meta-truss bar while  $f_3$  is within its passband as shown in Fig. 7.  
 276 The input and output signals are compared by the displacement-time histories and the FFT  
 277 spectra, which are shown in Fig. 8 and Fig. 9, respectively. It is found that only the frequency  
 278 of 6,000 Hz can travel through the meta-truss bar whereas the frequencies of 200 Hz and 1,000  
 279 Hz, which fall into its bandgap as shown in Fig. 7 are completely suppressed. These results  
 280 indicate the filtering capacity of the meta-truss bar with frequencies falling in its bandgaps. In

281 summary, by introducing meta-cores inside the hollow truss bar, frequency bandgaps can be  
282 generated to effectively filter out stress waves propagating through the meta-lattice truss bar.

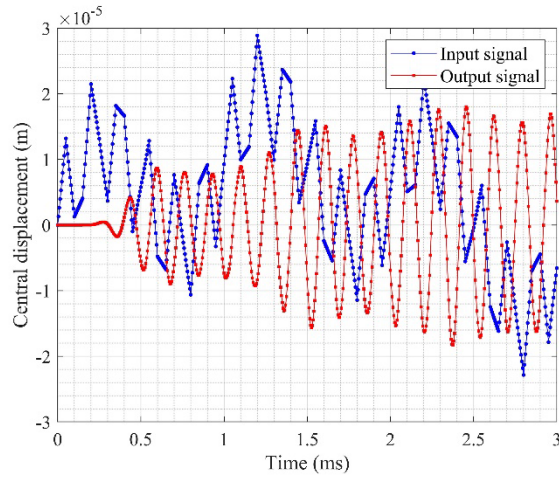


Fig. 8. Displacement-time histories at the center points of the meta-truss bar.

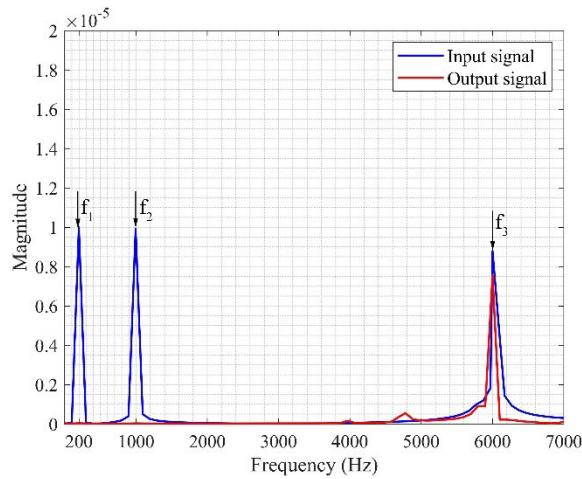


Fig. 9. FFTspectra of the displacements at the center points of the meta-truss bar.

#### 283 4.4 Results and discussions

284 The numerical model of the meta-panel (shown in Fig. 2) is developed by using the explicit  
285 finite element code LS-DYNA in this subsection to demonstrate its structural performance in  
286 withstanding impact loading. Two conventional panels comprising solid bars and hollow bars  
287 as respectively shown in Figs. 10(a) and 10(b) are built for comparison. These panels are

288 intentionally designed with the same geometric parameters as the meta-panel, and the only  
289 different component among them is the truss-cores connecting two facesheets. Specifically, the  
290 solid-truss bar, hollow-truss bar, and meta-lattice truss bar have the same diameter. In this study,  
291 the main aim is to examine the dynamic behaviour of the meta-truss bar in attenuating the  
292 impact load, therefore, the truss bar size remains the same instead of making the same weight  
293 due to two reasons. Firstly, if the hollow truss bar thickness and/or diameter is tailored to have  
294 a similar mass as the solid bar, its size could be very large which also influence its deformation  
295 and hence energy absorption. Secondly, to maintain the same weight, diameters of the solid  
296 truss and hollow truss bar have to be greater than the meta-truss bar due to the higher density  
297 of lead core than the aluminium core. This results in decreasing energy absorption of these  
298 panels. Therefore the same size of the three sacrificial panels is considered in the analysis in  
299 this study. The structural responses including the central displacement of the facesheets, the  
300 reaction force-time history, and energy absorption are evaluated among these three panels to  
301 validate the effectiveness of the meta-panel in mitigating the impact loading effects, which is  
302 described in Section 4.1.3.

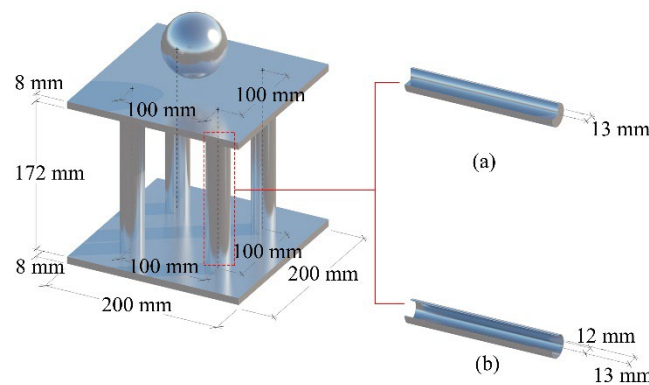


Fig. 10. Schematic diagram of panels comprising of (a) solid truss bar and (b) hollow truss bar.

#### 303 4.4.1 *Deformation analysis*

304 Figs.11 (a), (b), and (c) show the displacement contours of the bottom facesheet of the panels  
305 with solid truss bars, hollow truss bars, and meta-truss bars, respectively, and Fig. 12 (a) shows  
306 the displacement-time histories at the center of the bottom facesheet of the three panels. As  
307 shown in Fig. 12 (a), the meta-panel has a similar deformation pattern with the other two  
308 reference panels due to their similar configurations, but smaller maximum displacement at the  
309 bottom facesheet than the other two referenced panels. As indicated in Fig. 11, the maximum  
310 displacement of the meta-panel is 0.31 mm, which is 20% and 33% lower than those of the  
311 panel with hollow-truss bars and solid-truss bars, respectively. This is because the vibration of  
312 meta-cores, which generates bandgaps and filters the incident waves within its bandgaps, result  
313 in lower impulse transferring to the bottom facesheet of the panel. The FFT spectrum of  
314 displacement response of the three panels is illustrated in Fig. 12 (b). For the meta-panel, a  
315 reduction of the peak amplitude of the central displacement occurs in the 1<sup>st</sup> bandgap around 0  
316 – 3,500 Hz, which well agrees with the prediction in Section 3. However, as can be noted,  
317 unlike those shown in Fig. 9, only partial incident wave is mitigated within the bandgap, i.e.,  
318 wave energy is still transmitted in the bandgap of the meta-panel although some reductions are  
319 observed as compared to the other two reference panels. This is because only a portion of the  
320 incident wave propagates through the meta-core and thus is mitigated while other portions of  
321 wave energy travel through the outer tube of the truss bars. In the above section 4.3, the incident  
322 displacement is only applied to the core so that it is completely filtered within the bandgap  
323 while in the meta-panel, it is a combination of three components, i.e, the facesheets, the truss  
324 bars, and the meta-cores and only the meta-core has bandgaps to filter out wave energy. In  
325 general, the meta-panel has a smaller deformation compared to its conventional counterparts,  
326 indicating its effectiveness in mitigating the impact loading effect for structure protection.

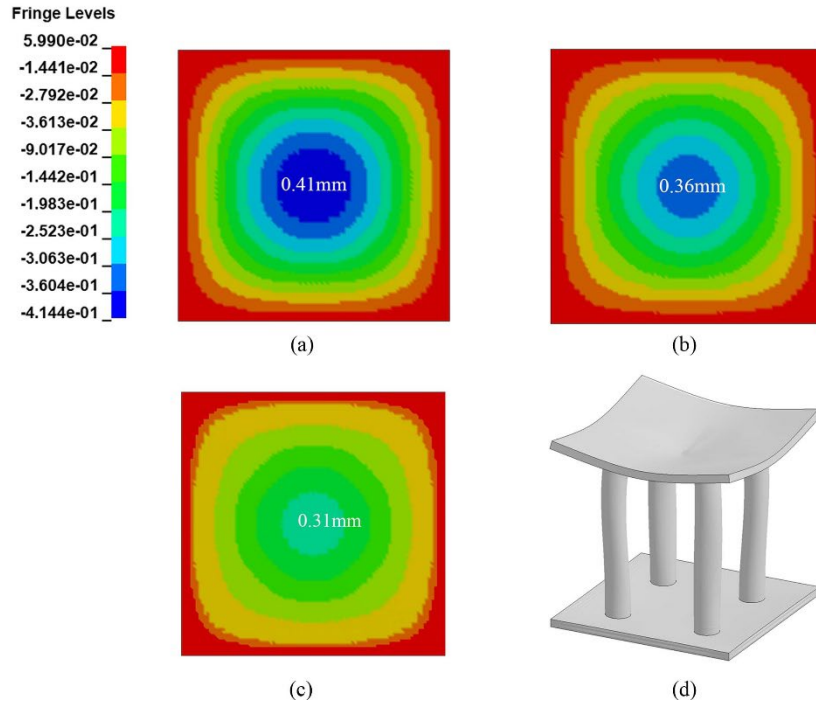
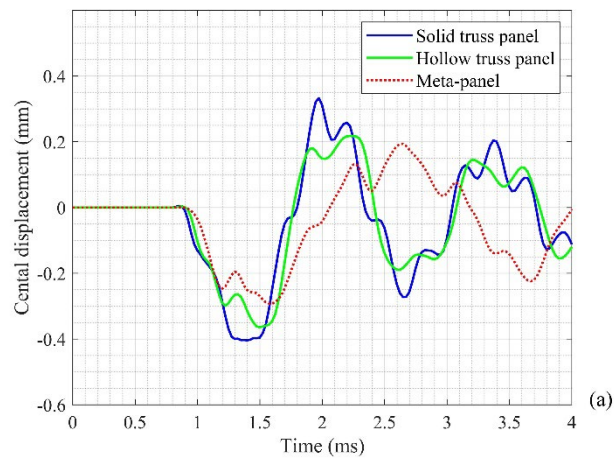


Fig. 11. Displacement contour of the bottom facesheets (a) solid-truss panel, (b) hollow-truss panel, (c) meta-panel, and (d) deformation pattern of the meta-panel.



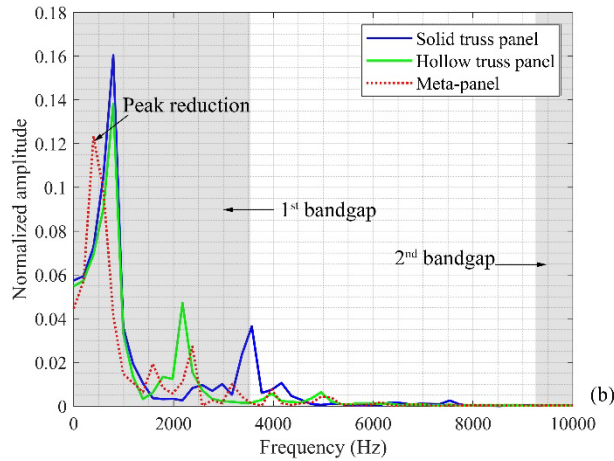


Fig. 12. Displacement at center of the bottom facesheet of the three panels (a) time histories, (b) frequency spectra.

#### 327 4.4.2 Energy absorption characteristics

328 To obtain an inclusive comprehension of its impact mitigation, analysis on the energy  
 329 absorption capacity of the meta-panel subjected to impact loads are conducted. Fig. 13(a) shows  
 330 the total energy while Figs. 13 (b) and (c) exhibit the kinetic energy, and the internal energy  
 331 absorbed by each constituent of the meta-panel under impact loads, respectively. As shown,  
 332 due to the existence of the soft coating, there is a relative movement between the lead cores and  
 333 the aluminium tube which absorbs a significant amount of energy. This movement is observed  
 334 because, as shown in Fig. 13(a), when the energy absorption by the coating and the core  
 335 increases to a peak value, the energy in the truss bars is at its minimum. This effect is very  
 336 obvious at a late stage when  $t$  is larger than about 1.5 ms as shown in the figure. At the beginning  
 337 of the impact, the energy absorbed by the core is relatively small since it takes time for the cores  
 338 to be activated. The obtained findings reveal the damage mitigation effect to the truss bars by  
 339 the impact load due to the local vibrations of the meta-cores which absorb energy. As shown in  
 340 Fig. 13 (c), the hollow tube deformation contributes significantly to the internal energy of the  
 341 meta-panel, while the motions of the meta-cores result in a significant amount of kinetic energy



342 (Fig. 13 (b)) and partially to the small internal energy through the elastic deformation of the  
 343 coatings (Fig. 13 (c)). It is worth mentioning that the initial energy of the impactor is 4.5 J and  
 344 entirely in the kinetic form before the impact with the velocity of 3 m/s. At 1.2 ms when the  
 345 velocity of the impactor equals 0, it changes direction, implying the deformation of the meta-  
 346 panel at the maximum value and the impactor starts to rebound. After the impact at around 1.5  
 347 ms, the velocity of the impactor slightly reduces but the change is very small due to the  
 348 extremely short duration of the impact event so that the residual velocity looks constant. In  
 349 general, these findings indicate that the meta-panel utilize a coupled mechanism of energy  
 350 absorption by combining the local resonance of the meta-cores and deformation of the outer  
 351 hollow tubes, leading to a high energy absorption capacity.

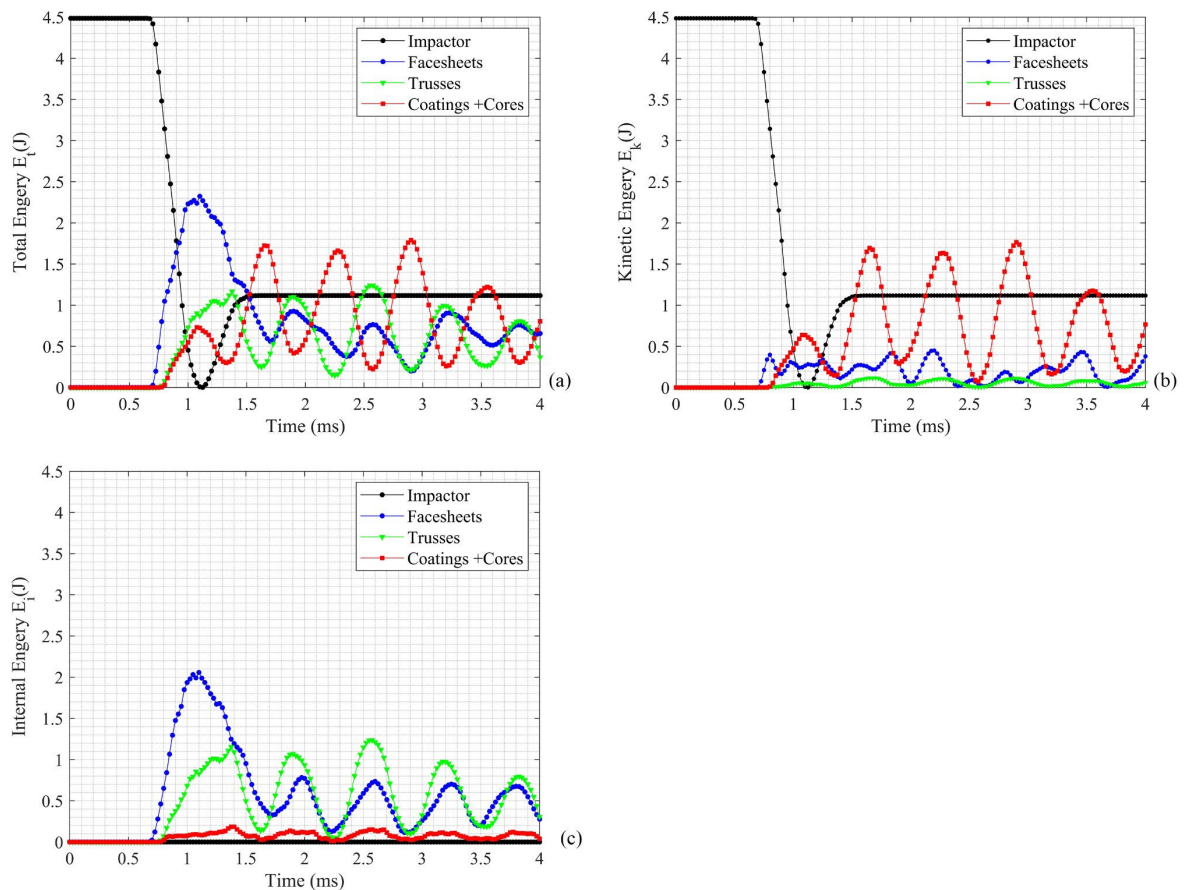


Fig. 13. (a) Total energy distribution of meta-panels, (b) kinetic energy, and (c) internal energy.

352 Fig. 14 depicts the total energy absorption of the three panels and each constituent in these  
 353 panels to evaluate the effectiveness of the meta-panel. As shown, the total energy absorption of  
 354 the meta-panel is the highest among these considered panels, indicating that the meta-panel has  
 355 more advantages in terms of energy absorption capacity. This is because the meta-panel absorbs  
 356 energy through the truss bars and the facesheets deformation, combined with local resonant of  
 357 the lead cores while both the reference panels absorb energy only through plastic deformation  
 358 of the truss bars and the facesheets. Compared to other truss elements, the solid truss bar panel  
 359 absorbs the least energy due to less deformation, implying the least protective performance.  
 360 Conversely, the energy absorbed by the hollow truss bars is the largest compared to other  
 361 panels, implying its largest plastic deformation. It is worth mentioning that although the total  
 362 energy absorption of the meta-panel is higher than the reference panels, the energy absorbed by  
 363 the facesheets is the smallest, indicating less damages to facesheets and outside hollow truss  
 364 bars. Therefore, the thickness of the facesheets and the hollow tubes of the meta-panel could be  
 365 reduced to absorb the same amount of energy compared to the referenced panels, meaning less  
 366 material consumption on the facesheets and the truss bars of the meta-panel. The above findings  
 367 further exhibit the superiority of the meta-panel in impact resistance.

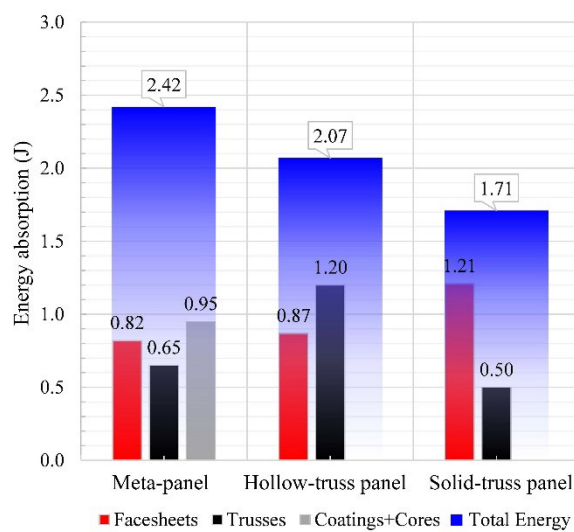


Fig. 14. Energy absorption of the three panels.

368 4.4.3 *Reaction force and Von Mises stress response*

369 The objective of utilizing sacrificial cladding is to mitigate the impact load and reduce the  
370 transmitted force to the protected structures. The transmitted force-time history is obtained from  
371 the numerical simulation by plotting the reaction force exerted on the base of the structure. The  
372 cumulative reaction force around the boundary of the bottom facesheet is set as a main criterion  
373 for the evaluation and is taken as the sum of nodal forces distributed around the boundary. As  
374 shown in Fig. 15 (a), the peak value of reaction force to the base structure from the meta-panel  
375 is respectively 46.7% and 33.4% less than the corresponding of other panels with hollow truss  
376 and solid truss, indicating its effectiveness in reducing the transmitted force to the base structure  
377 under impact loads. It can be attributed to the fact that the movements of the resonator and the  
378 soft coating generate the bandgap which can filter out the stress from the impact load, resulting  
379 in a reduction in stress transmission from the impact load to the bottom facesheet and then the  
380 supports. Furthermore, spectrum analysis of reaction forces in the frequency domain of the three  
381 panels is illustrated in Fig. 15 (b). As shown, a clear reduction of the peak amplitude of the  
382 reaction force of the meta-panel is observed in the 1<sup>st</sup> bandgap of 0 – 3,500 Hz, but the reaction  
383 force in this frequency band is not completely suppressed because the outer tube of the truss  
384 bars can transmit a certain amount of impact load as discussed above. Overall, the meta-panel  
385 outperforms the other two reference cladding panels by yielding a smaller reaction force which  
386 demonstrates its superiority over the two reference panels.

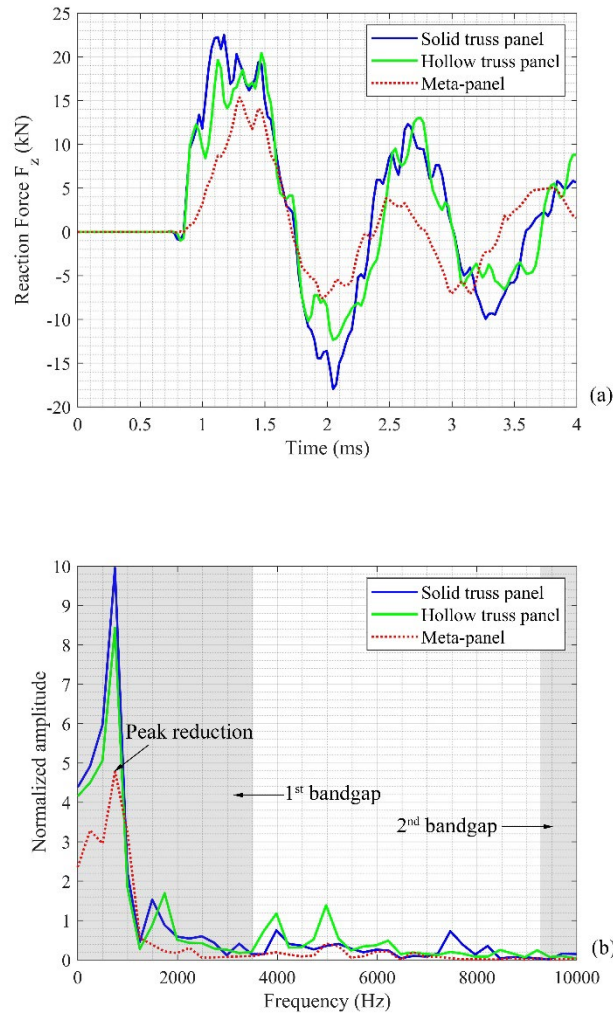


Fig. 15. Reaction force of the three panels under impact loading (a) time histories, (b) frequency spectra.

387 To obtain a better realization of the working mechanism, the von Mises stress distribution  
 388 occurring at the bottom facesheet is also used. The stress contours at bottom facesheets of all  
 389 considered panels are shown in Fig. 16. It is clear from the figure, the stress distribution is  
 390 similar for all the panels, and stress is concentrated at the connections between the cores and  
 391 the facesheets. The results also show that the bottom facesheet of the meta-panel experiences  
 392 the smallest von Mises stresses among the considered panels, followed by the hollow truss panel  
 393 solid truss panels, respectively. This means that the stresses transferred to the bottom facesheets

394 are effectively mitigated by the meta-cores, implying the superior performance of the meta-  
395 panel in terms of the stress wave mitigation capability.

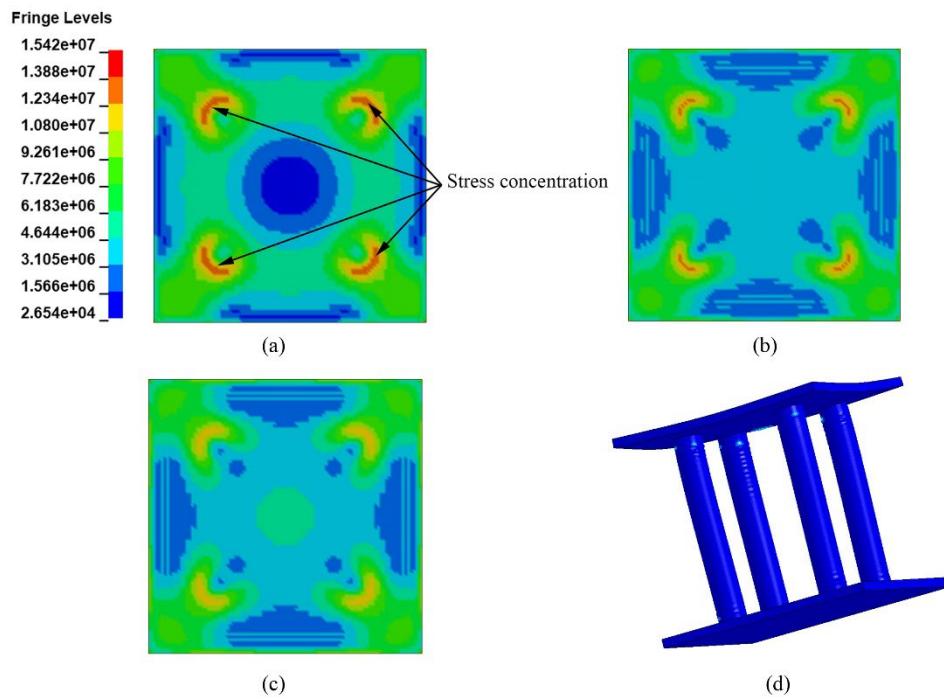


Fig. 16. Von Mises stress contours at the bottom facesheets of the investigated panels (a) solid-truss panel, (b) hollow-truss panel, (c) meta-panel, and (d) plastic deformation of the meta-panel.

#### 396 4.5 Parametric studies

397 The above finite element model of meta-panel is employed in this section to investigate the  
398 effects of the crucial factors, e.g., the truss bar thickness, meta-core properties, and impact  
399 velocity on its transient responses under impact loading.

##### 400 4.5.1 Effect of the truss bar thickness

401 To examine the influence of the thickness of the truss bar in the meta-panel, four different truss  
402 bar thicknesses, i.e. 4 mm, 3 mm, 2 mm, and 1 mm, with the same inner diameter of 24 mm  
403 (Fig. 17) are considered. While the truss thickness is varied, other dimensions of the meta-panel  
404 and the impactor (Section 4.1.3) are kept the same in this investigation.

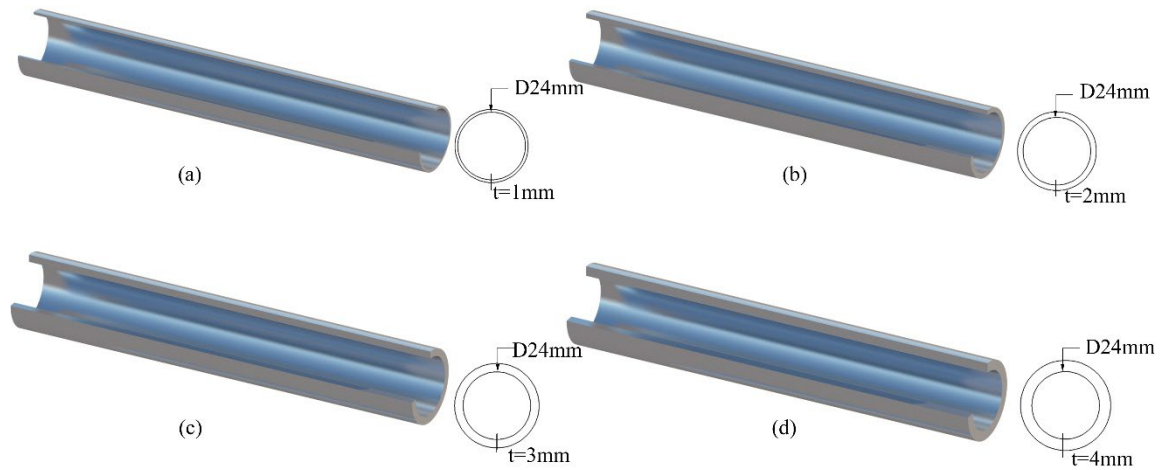


Fig. 17. Schematic diagram of various thickness configurations of the meta-lattice truss bar.

405 Figs. 18 (a) and (e) show the comparison of the bottom and top facesheet deflection of meta-  
 406 panel with varying truss thicknesses, respectively. As expected, there is a slight decrease in the  
 407 central deflection of the top facesheet while that of the bottom facesheet increases with the  
 408 increased thickness of the truss bar. This is because the ratio of stress propagating through the  
 409 hollow truss bar and the meta-core in the meta-truss bar critically relies on the ratios of the  
 410 cross-sectional area and stiffness. Increasing the thickness of the truss bar leads to less stress  
 411 waves from the impact load propagating through the meta-core, implying less efficiency of the  
 412 meta-panel. A significant reduction in the displacement of the bottom facesheet by decreasing  
 413 the truss tube thickness proves its impact mitigating effect. As observed in Figs. 18 (c) and (f),  
 414 the reaction force increases with the thickness of the truss bar increasing from 1 mm to 4 mm  
 415 while there is a substantial reduction of the total energy absorption, accordingly. This is  
 416 attributed to the fact that the less deflection of the facesheets and deformation of the truss bar,  
 417 indicating less energy absorption through their plastic deformations as well as fewer stress  
 418 waves passing through the meta-core, meaning less conversion of impact energy to the kinetic  
 419 energy of the meta-core. The FFT spectrum of displacement and reaction force of the three  
 420 panels are illustrated in Figs. 18 (b) and (d). For the meta-panel, a reduction of the peak  
 421 amplitude of the central displacement and reaction force occurs in the 1<sup>st</sup> bandgap at

422 approximately 0 – 3,500 Hz, which well agrees with the prediction in Section 3. In summary,  
 423 the reaction force, which is a critical criterion in designing sacrificial claddings, is significantly  
 424 affected by the truss thickness and it is suggested to utilize a thin truss bar in practice. Therefore,  
 425 the recommended configuration of the meta-panel should possess a relatively thin truss bar to  
 426 fully leverage its protective performance as a sacrificial cladding.

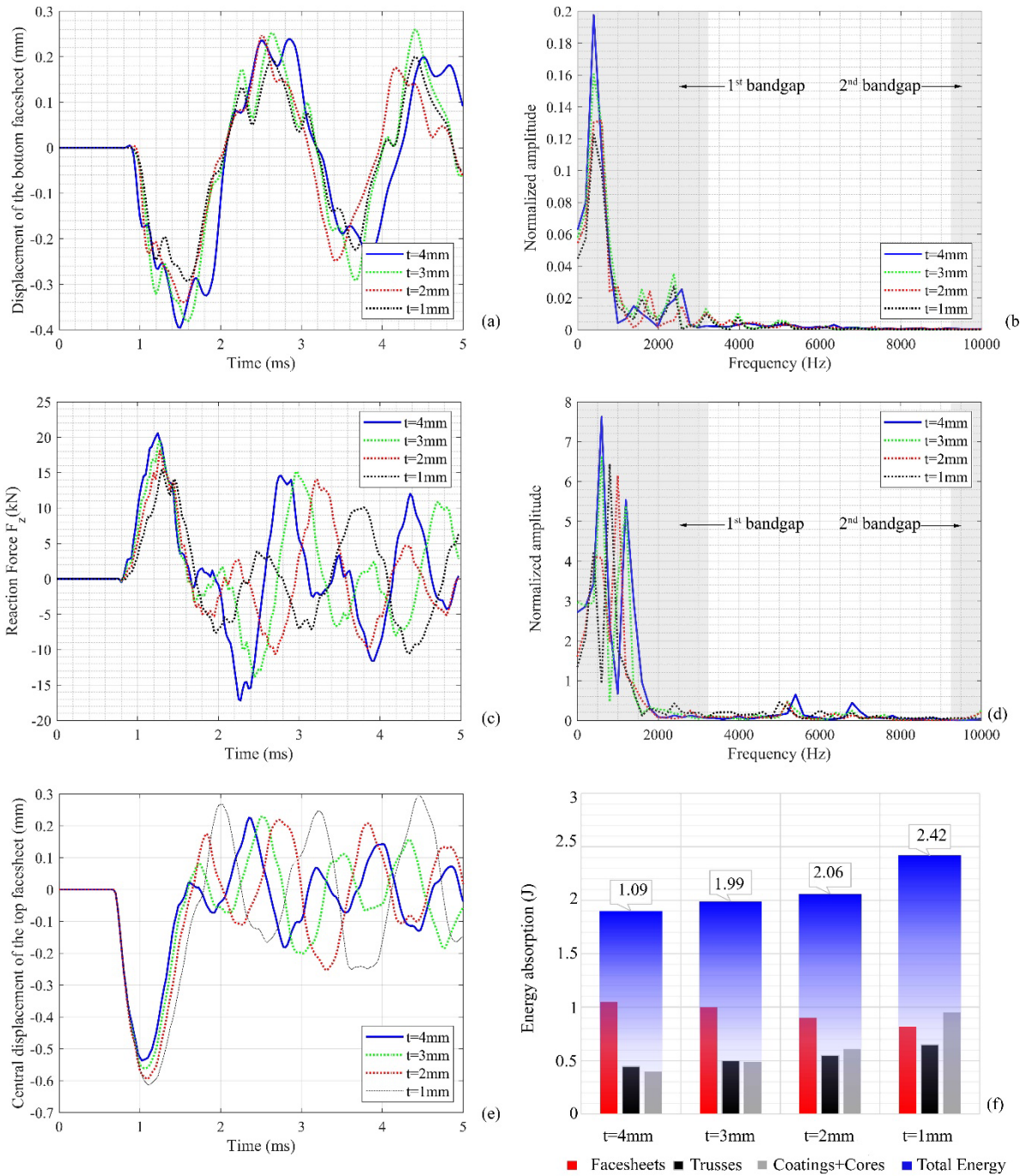


Fig. 18. Effects of the truss bar thickness (a-b) displacement of bottom facesheet in time histories and FFT spectra, (c-d) reaction force in time histories and FFT spectra, and (e-f) displacement of top facesheet and energy absorption.

#### 427 4.5.2 *Effects of meta-core properties*

428 The influence of the meta-core properties including coating modulus ( $E_c$ ) and core density ( $\rho_c$ )  
429 on the dynamic responses of the meta-panel under impact loads are examined in this section.  
430 The geometry of the panel and the impactor used in this section is the same as in Section 2 and  
431 Section 4.1.3.

##### 432 4.5.2.1 Effect of coating modulus ( $E_c$ )

433 To investigate the effect of the stiffness of the soft coating on the impact mitigating behaviour  
434 of the meta-panel, the coating modulus of  $E_{c1}=1.47 \times 10^1$  MPa,  $E_{c2}=1.47 \times 10^2$  MPa,  $E_{c3}=1.47 \times 10^3$   
435 MPa are considered, which represent very soft, medium, and hard polyurethane materials [33].  
436 In this section, only the soft coating modulus of the meta-core is changed while all other  
437 parameters are kept the same as defined in Section 2.

438 The displacement and velocity-time histories of core 1 with different Young's modulus of the  
439 coating are respectively shown in Figs. 19 (a) and (c) while their corresponding dominant  
440 frequencies are depicted in Figs. 19 (b) and (d). It is observed that the smaller the coating  
441 modulus, the larger displacement of the lead core would be. It is because the role of the soft  
442 coating in the meta-core is to allow relative movement of the lead core, accordingly, it would  
443 be easier to vibrate in the softer coating. Fig. 20 (f) depicts the energy absorption of each  
444 constituent in the meta-panel corresponding to the three elastic moduli of the soft coating. It is  
445 seen that the lead core has the highest energy absorption when  $E_{c2}=1.47 \times 10^2$  MPa although the  
446 displacement of core 1 with  $E_{c1}=1.47 \times 10^1$  MPa is the largest among all considered cases. This  
447 is attributed to the fact that with the very soft coating, the energy transmitted to the core is small  
448 even though the movements of the cores are ample but their vibrations are more slowly



449 compared to the case with medium elastic modulus. On the other hand, with the very hard  
 450 coating, i.e.,  $E_{c3}=1.47 \times 10^3$  MPa, the core is difficult to vibrate and the displacement of core 1  
 451 is relatively small, leading to small energy absorption by the meta-core. Hence, to obtain the  
 452 optimal performance of the meta-core of the meta-panel in mitigating impact loading, it is  
 453 necessary to carry out proper analysis to determine the optimal elastic modulus of the soft  
 454 coating. The best performing soft coating in this study is a polyurethane (PU) with an elastic  
 455 modulus of  $1.47 \times 10^2$  MPa. This result is consistent with other meta-related structures such as  
 456 metaconcrete [33].

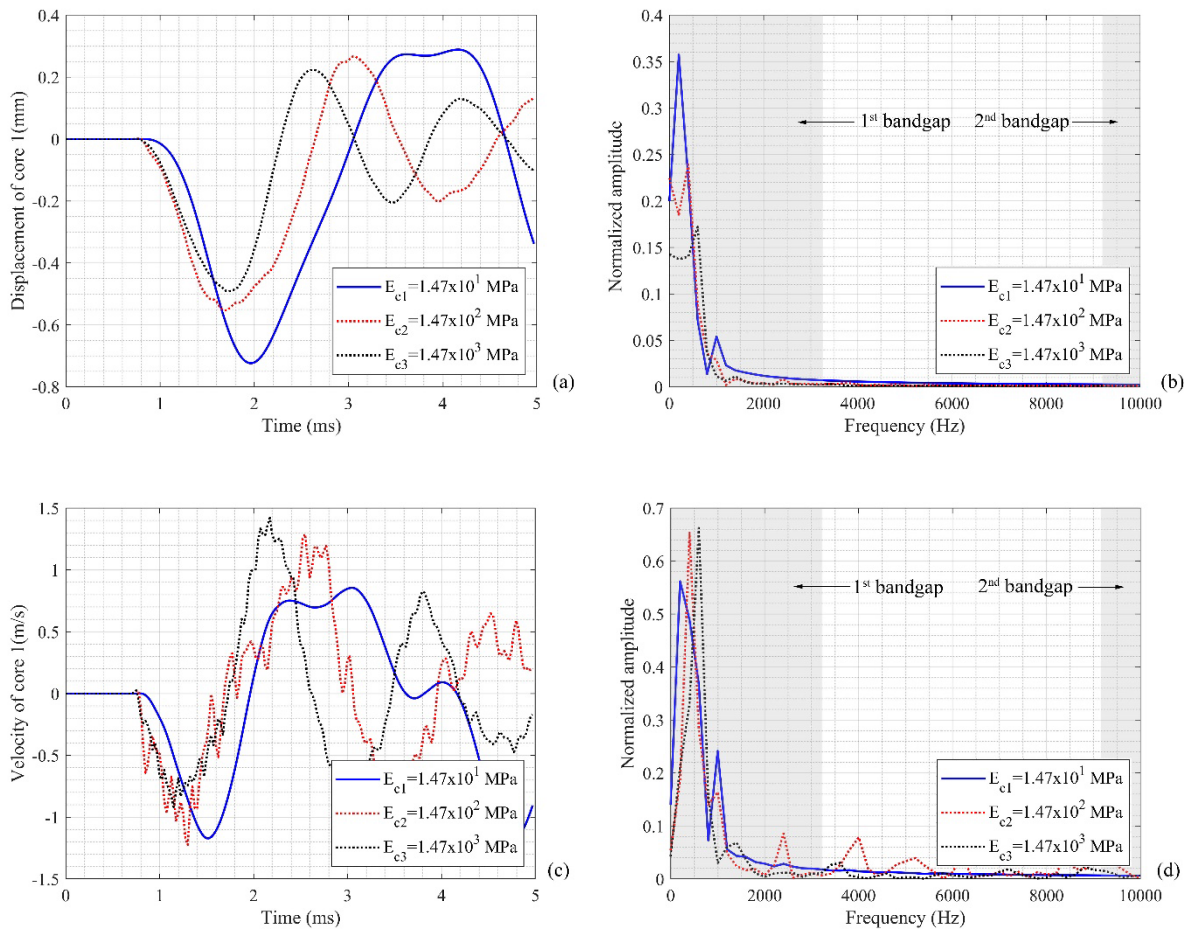


Fig. 19. Dynamic responses of core 1 (a-b) displacement of core 1 in time histories and FFT spectra, and (c-d) velocity of core 1 in time histories and FFT spectra.

457 When changing the coating elastic modulus, the displacement of the top facesheet of the meta-  
 458 panel is the same initially but becomes different subsequently as shown in Fig. 20 (e). This is

459 because the stress waves induced by the impact loading propagate orderly from the top  
460 facesheet to the bottom facesheet. Irrespective of the coating modulus, the top facesheet always  
461 resist the impact loading firstly, therefore, its displacement is not affected by the coating  
462 modulus of the meta-truss bars. Nonetheless, the top facesheet displacement becomes different  
463 after the first peak response because changing the coating stiffness is equivalent to changing  
464 the supporting stiffness of the top facesheet, and the supporting stiffness influence vibration  
465 responses of the facesheet. As shown in Figs. 20 (a) and (c), the smallest displacement at the  
466 bottom facesheet and the reaction force is observed when the coating elastic modulus is medium  
467 while the very soft and very hard coating is less effective in mitigating the stress wave  
468 propagation from the impact loading. The FFT analysis of displacement and reaction force  
469 response shown in Fig. 20 (b) and (d) indicates a reduction of the peak amplitude of the central  
470 displacement and reaction force that occurs in the predicted bandgap. These results, again,  
471 indicate that a properly selected elastic modulus of the meta-panel is necessary to achieve its  
472 optimal performance in mitigating the impact loading effect.

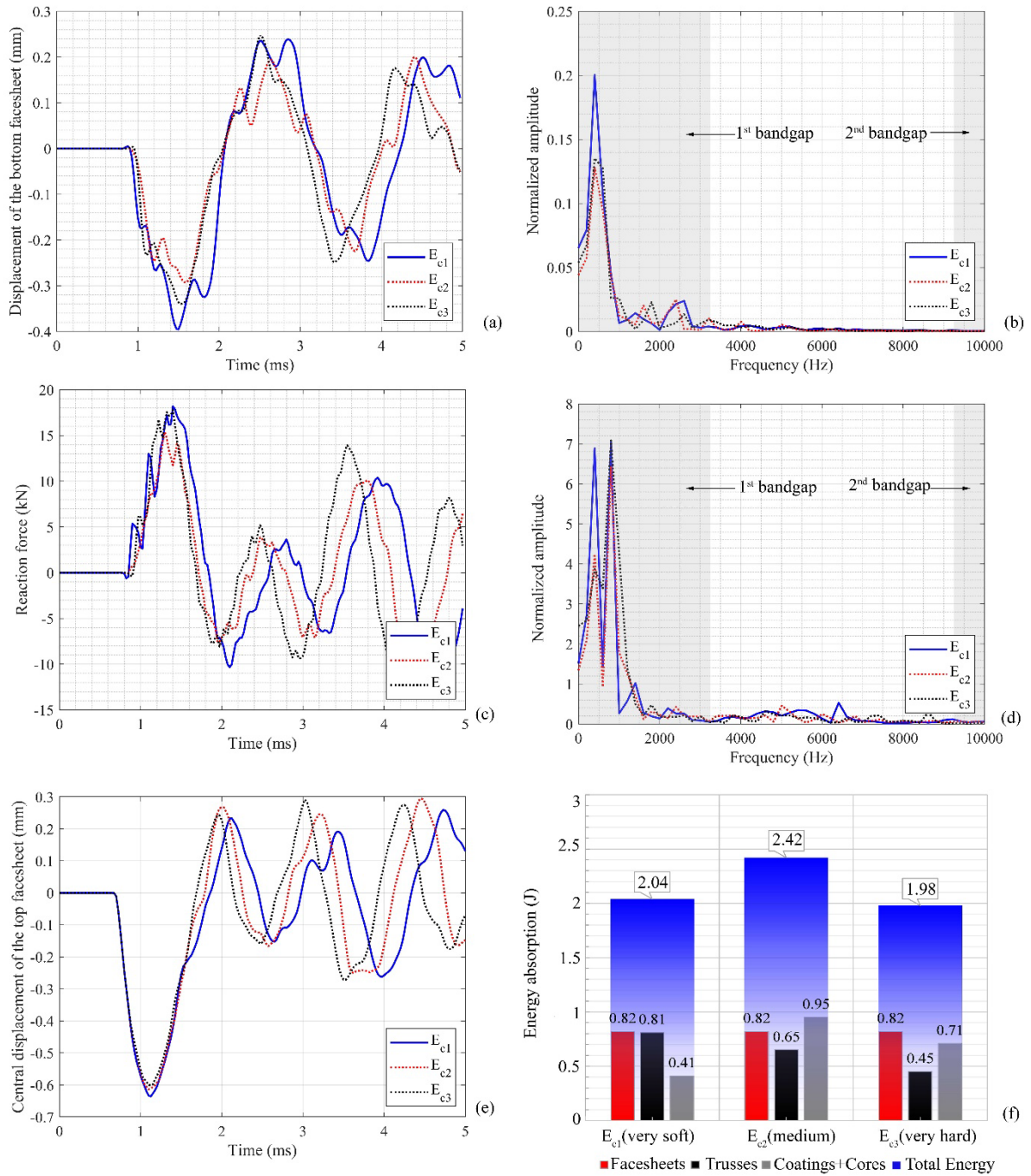


Fig. 20. Effects of the coating modulus (a-b) displacement of bottom facesheet in time histories and FFT spectra, (c-d) reaction force in time histories and FFT spectra, and (e-f) displacement of top facesheet and energy absorption.

473 4.5.2.2 Effect of core density ( $\rho_c$ )

474 To investigate the influence of the core density on the performance of the meta-panel, three  
 475 core material densities, i.e,  $\rho_{c1}=11,400 \text{ kg/m}^3$ ,  $\rho_{c2}=7,850 \text{ kg/m}^3$ , and  $\rho_{c3}=2,770 \text{ kg/m}^3$ , which

476 correspond to lead, steel, and aluminium, respectively, are considered herein. Other parameters  
477 such as the geometries of the panel and the impactor used in the model are the same as those  
478 defined above.

479 Fig. 21 depicts the transmission coefficient of the meta-lattice truss bar when the core densities  
480 are different. As shown, the region of the passband which is the range of frequency where the  
481 stress wave can propagate through becomes wider with the decreasing core density. In other  
482 words, the heavier the density of the core is, the narrower passband the meta-lattice truss bar  
483 would have, implying the more effective of the meta-panel. For instance, the passband width  
484 changes from [3,500 - 9,500] Hz to [7,500 - 19,000] Hz by changing  $\rho_{c1}$  to  $\rho_3$ , while the  
485 frequency passband of the case  $\rho_{c2}$  is [4,600 - 12,000] Hz. The reason causing changes in the  
486 passband range is that increasing the core density increases the mass of the core, resulting in a  
487 decrease in the upper bound frequency of the 1<sup>st</sup> bandgap and an increase in the lower bound  
488 frequency of the 2<sup>nd</sup> bandgap, which leads to a narrower passband width as shown in Fig. 21.  
489 Therefore, it can be concluded that the passband of the meta-lattice truss bar is sensitive to the  
490 variation of the core density and it decreases with the rising core density when the core size and  
491 the coating are unchanged. However, it is observed from Table 4 that the transient responses of  
492 the meta-panel are not prominently affected by the considered core densities. It is because  
493 although there is an increase in the bandgaps of the meta-core when increasing the core density,  
494 the dominant frequency of the impact loading as described in Fig. 5 ranging from [0 - 3,000]  
495 Hz falls in the 1<sup>st</sup> bandgap of all the considered cases. In general, increasing the core density  
496 results in a narrower 1<sup>st</sup> bandgap but a broader total region of the bandgap range of the meta-  
497 core while it has a limited effect on the transient performances of the meta-panel within the  
498 studied range of impact loading.

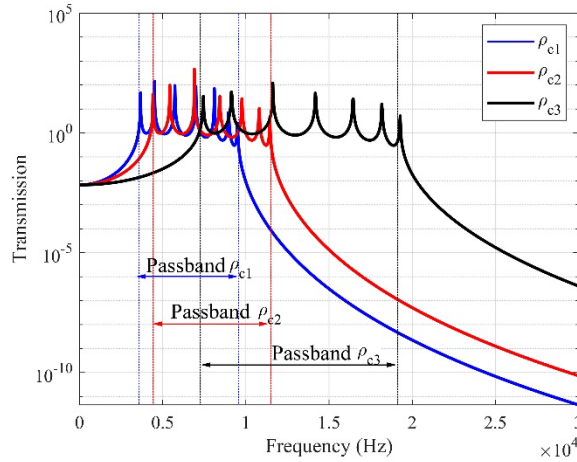


Fig. 21. Transmission coefficients of the meta-truss bar with different core densities.

499 Table 4. Effect of core density on displacements, reaction force, and energy absorptions.

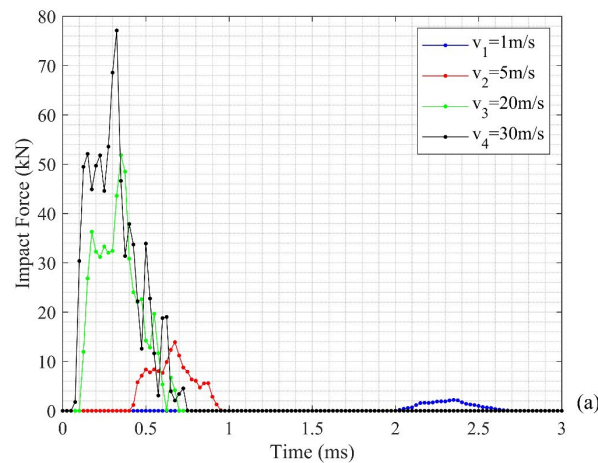
Core density	Displacement (mm)		Reaction force (kN)		Energy absorption (J)		
	Top facesheet	Bottom facesheet	$F_z$	Facesheets	Truss bars	Coating + Core	Total
$\rho_{c1}$	0.61	0.32	15.0	0.82	0.65	0.95	2.42
$\rho_{c2}$	0.61	0.33	15.3	0.82	0.65	0.91	2.38
$\rho_{c3}$	0.61	0.34	15.4	0.82	0.65	0.87	2.34

500 4.5.3 Effect of impact velocity

501 As reported in previous studies [51, 52], the impact velocity has a significant influence on the  
 502 performance of the sandwich panels. Therefore, a parametric study of the influence of the  
 503 impact velocity on the responses of the meta-panel is conducted. In this study, the impact is  
 504 performed by an impactor having the same mass but different velocities resulting in different  
 505 impact energies.

506 To comprehend the influence of different levels of impact velocity on a given meta-panel, four  
 507 impact scenarios with various velocities but the same mass are considered. The range of impact  
 508 energy levels is attained by utilizing four different impact velocities, i.e.  $v_1=1$  m/s,  $v_2=5$  m/s,  
 509  $v_3=20$  m/s, and  $v_4=30$  m/s with a constant impactor mass of 0.5 kg. The corresponding impact  
 510 energies are 0.25 J, 6.25 J, 100 J, and 225 J, respectively.

511 As shown in Fig. 22 (a), increasing impact velocity results in a higher impact force peak, but  
512 has limited influence on the duration of the impact loadings [53]. It should be noted that  
513 although the dominant frequencies of the impact forces of the considered examples are still in  
514 the 1<sup>st</sup> bandgap of [0 - 3,000] Hz, increasing impact velocity results in more impact force  
515 energies in the higher frequency range that fall into the passband of the meta-panel (Fig. 22  
516 (b)). The impact energy in the bandgaps of the investigated meta-truss bar is determined by the  
517 shaded area ( $A_{\text{bandgap}}$ ) as shown in Fig. 22 (b) enclosed by the FFT spectrum. Besides, Table 6  
518 gives the impact energy percentage corresponding to each bandgap which is estimated by the  
519 ratio between the energy in each bandgap and the total impact energy ( $A_{\text{total}}$ ). It is found that the  
520 impact load with lower velocities leads to more percentage of energy in the bandgaps, i.e.,  
521 100.0%, 80.9%, 75.5%, and 70.2% respectively for the loadings  $v_1$  to  $v_4$ , indicating the meta-  
522 panel is less effective in alleviating the impact load-induced from the high velocity.



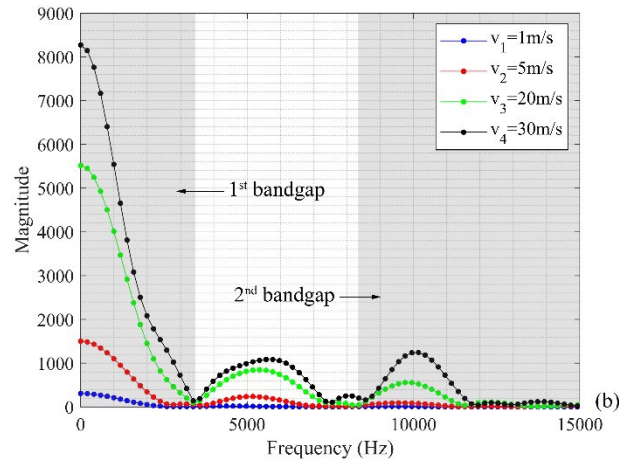


Fig. 22. Impact loading with various velocities, (a) time-histories, and (b) FFT.

523 The structural responses of the meta-panel under impact loads with various velocities are given  
 524 in Table 6 while Fig. 23 depicts the deformation contour of the meta-panel with various  
 525 velocities. As shown, transient behaviour of the meta-panel depend on the impact loading  
 526 impulse and the frequency band structure. Specifically, rising the loading impulse leads to the  
 527 increase of the facesheet displacements, the energy absorption, and the reaction forces of the  
 528 meta-panel. The case with velocity  $v_1$  corresponds to the highest proportion of impact energy  
 529 being absorbed by the coating and the core at  $0.045/0.121=37.1\%$  of the total energy as shown  
 530 in Table 5, followed by  $34.6\%$ ,  $30.9\%$ , and  $28.7\%$  respectively for the impact case with velocity  
 531  $v_2$ ,  $v_3$ , and  $v_4$  even though there is an increase in the total energy absorbed owing to the  
 532 increased impact energy from  $v_1$  to  $v_4$ . This is attributed to the decrease in the proportion of the  
 533 impact energy from case  $v_1$  to case  $v_4$  falling in the bandgap of the meta-panel, indicating the  
 534 more percentage of the impact loading falling in the bandgaps, the more effective of the meta-  
 535 panels in impact mitigation performance.

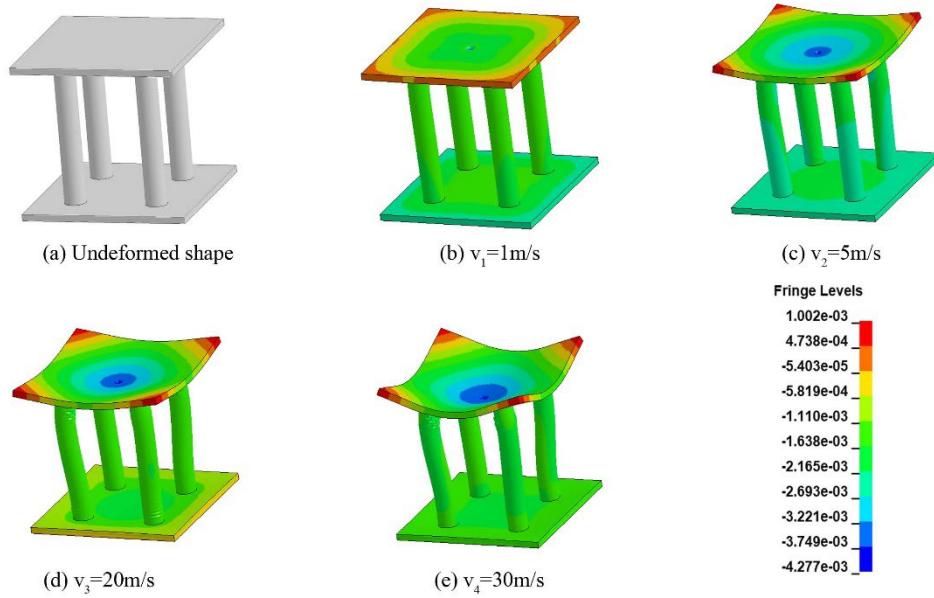


Fig. 23. Undeformed and deformed contour of the meta-panel under impact with various velocities.

536

Table 5. Proportion of impact energy with various velocities in the bandgaps.

Impact velocity	1 <sup>st</sup> bandgap		2 <sup>nd</sup> bandgap		Total %
	$\frac{A_{\text{bandgap}}}{A_{\text{total}}}$	%	$\frac{A_{\text{bandgap}}}{A_{\text{total}}}$	%	
	$v_1$	$\frac{502,861}{502,861}$	100.0%	$\frac{0}{502,861}$	
$v_2$	$\frac{2,232,767}{3,109,261}$	71.8%	$\frac{283,731}{3,109,261}$	9.1%	80.9%
$v_3$	$\frac{8,004,936}{12,410,755}$	64.5%	$\frac{1,373,717}{12,410,755}$	11.0%	75.5%
$v_4$	$\frac{10,410,843}{19,118,717}$	54.4%	$\frac{3,026,258}{19,118,717}$	15.8%	70.2%

537

Table 6. Effect of impact velocities on the transient response of the meta-panels.

Impact velocity	Displacement (mm)		Reaction force (kN)	Energy absorption (J)			
	Top facesheet	Bottom facesheet	$F_z$	Facesheets	Truss bars	Coating + Core	Total
	$v_1$	0.14	0.11	3.0	0.046	0.030	0.045
$v_2$	0.67	0.34	17.5	1.210	0.830	1.080	3.120
$v_3$	2.61	1.33	64.4	18.38	10.90	13.15	42.43



538 **5. Concluding remarks**

539 In this study, the transient responses of the sandwich panel with the meta-truss core leveraging  
540 the coupled mechanisms of plastic deformation and local resonance are investigated and  
541 compared with the conventional panels with solid truss and hollow truss core. The influence of  
542 key parameters on its mitigating effectiveness under impact loads are investigated using  
543 validated numerical models. Through these investigations, the following conclusions can be  
544 drawn:

545 1. Compared with the solid-truss and hollow-truss panels, the meta-panel exhibits excellent  
546 impact-resistant performances. Specifically, there are considerable decreases in the peak  
547 displacement of the bottom facesheet (33%) and the reaction force (up to 47%) of the meta-  
548 panel compared to the traditional panels subjected to the same impact load.

549 2. Utilizing a fairly thin hollow truss bar can lead to enhanced dynamic responses of the meta-  
550 panel. The effectiveness of the meta-panel is highly sensitive to the modulus of the soft coating.  
551 The properly selected coating can lead to better energy absorption capability of the meta-panel.  
552 Also, increasing the core density can lead to a broader bandgap region of the meta-core.

553 3. The impact velocity significantly affects the performance of the meta-panel because it  
554 changes the primary frequency band of impact energy distribution. Increasing impact velocity  
555 results in a higher impact force peak and more impact energy distribution in the higher  
556 frequency range. The meta-panel is the most effective in mitigating the impact loading effect  
557 when the primary frequencies of impact energy fall into the bandgap of the meta-panel.

558 In general, the results from this study demonstrate that the meta-panel can be more effective for  
559 structure protections than the conventional claddings with hollow and solid truss cores. It has a  
560 great potential to be deployed in protective structures or energy absorbers. However, further  
561 investigations need to be carried out to study the effects of possible debonding between the soft

562 coating and the metals, core materials, different core materials, core shapes, and coating  
563 materials on the performances of the meta-panel subjected to impact loading of different  
564 characteristics, and also to carry out laboratory and/or field tests to experimentally verify the  
565 performances of the meta-panels.

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742

743 **Appendix**

744 With an attempt to estimate the accurate values of the spring stiffness  $k_i$  ( $i=1,2$ ), the FE model  
 745 was built. A constant force  $F$  which is depicted in Fig. 24 (a) is applied to the model to calculate  
 746 the value of shear spring stiffness  $k_2$  between the core and the outer tube while two constant  
 747 force  $F$  are put in two directions of the model to estimate the values of  $k_1$  shown in Fig. 24(b).  
 748 As seen in Fig. 24 (a) and 24 (b), the average displacements monitored at the surfaces are  
 749 denoted as  $u_i$  ( $i=1,2,3$ ) and captured by commercial software. The boundary condition for all  
 750 edges of the outer shell is clamped. The relation between stiffness and displacement of the unit  
 751 model which is shown in will be achieved as following [31]:

$$k_1(u_1 + u_2) + k_2u_1 = F \tag{17}$$

$$k_2u_3 = F$$

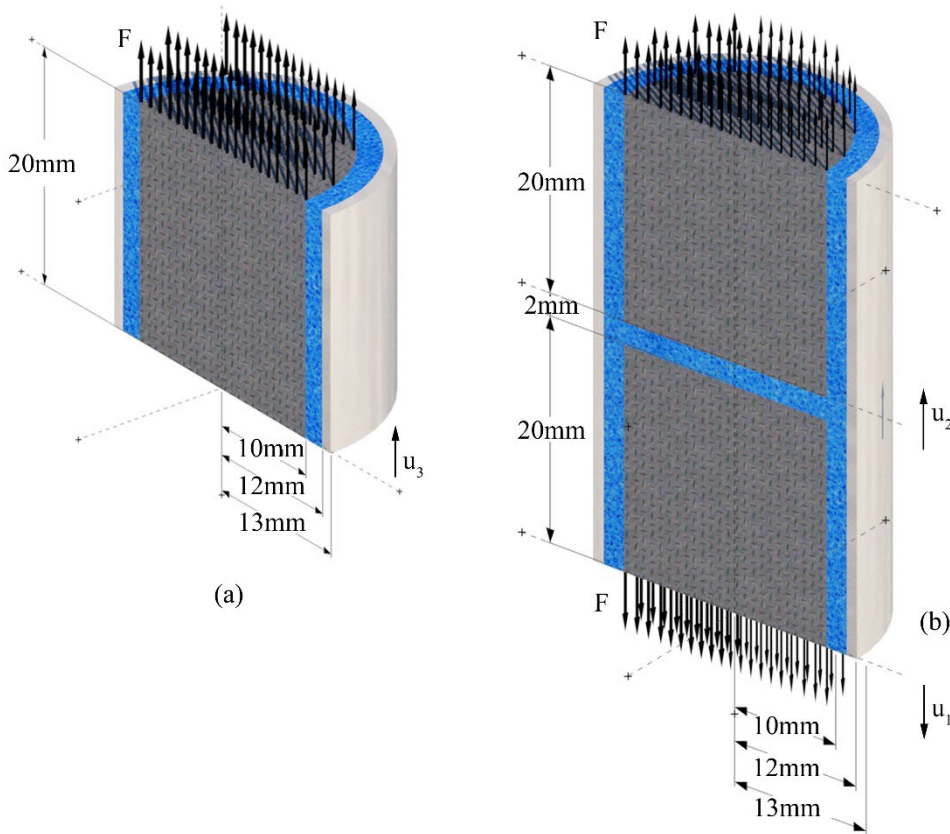


Fig. 24. Schematic diagrams of models to calculate (a)  $k_2$  and (b)  $k_1$ .

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