

Citation

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1 **Model for Analytical Investigation on Meta-lattice Truss for Low-frequency** 2 **Spatial Wave Manipulation**

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4 **Abstract**

5 This study proposes an analytically unprecedented model of a meta-lattice truss with local
6 resonators to generate a broader low-frequency bandgap. By leveraging the mass-spring model,
7 a new equivalent meta-unit cell considering the elastic shear springs is developed to accurately
8 predict the performance of the meta-lattice truss in suppressing stress wave propagations.
9 Theoretical analyses and numerical simulations are conducted to examine the effectiveness of
10 the proposed model. Sensitivity analyses are also performed to investigate the influences of
11 masses and spring parameters on the bandgap characteristics of the meta-lattice truss. Based on
12 the theoretical prediction, the system transmission coefficient is utilized to examine the
13 transmissibility effect among the resonators. A three-dimensional finite element model of meta-
14 lattice truss is also built and its accuracy in predicting the stress wave propagations is verified
15 against the analytical predictions. The structural responses in the time domain and time-
16 frequency domain demonstrate the superiority of meta-lattice truss in suppression of wave
17 transmission as compared to that predicted by the conventional counterparts.

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18 **Keywords:** Metamaterials; Wave manipulation; Programmable design; Low-frequency
19 bandgaps; Locally resonant, Meta-lattice model.

20 **1. Introduction**

21 In the last decade, the field of wave propagation has been revolutionized by the discovery of
22 man-made materials that have the potential of wave manipulation functionalities beyond the
23 limits of naturally available materials [1], [2]. These new concepts of artificial materials are
24 labeled as metamaterials due to their rather exciting and exotic properties [3]. It is often taken
25 into consideration that metamaterial is a material that contains artificial microstructures with
26 unique characteristics that are not found in nature. This terminology originated from the field
27 of electrodynamics, now has been extended to other branches of engineering disciplines such
28 as the fields of acoustic and elastic materials [4], [5], [6]. Metamaterials demonstrate some
29 superior dynamic characteristics owing to not only the constituent compositions of materials
30 but also the engineered microstructure of configurations. At its early stage, researchers
31 concentrated on the achievement of unconventional values of effective index [7], [8], [9].
32 However, it rapidly evolved towards the demonstration of exotic wave manipulation
33 functionalities [10]. Previous studies of metamaterials exert various beneficial applications
34 from its extraordinary characteristics, for example, seismic protection [11], [12], sound
35 isolation [13], [14], vibration suppression [15], [16], and blast/impact mitigation [17], [18],
36 [19]. Nonetheless, not until recently, the concept of metamaterials was extended to the context
37 of manipulation of elastic waves in structural elements. Its application, however, still remains
38 limited with even fewer examples of experimental verifications.

39 Based on their operating mechanisms [20], metamaterials are often classified into two
40 categories, including non-resonant and locally-resonant types. The locally resonant
41 metamaterials are generally made of inclusions in the form of hardcores coated with soft
42 material layers, which are periodically (but not necessarily) distributed in a host matrix of
43 dissimilar material [21], [22]. On the other hand, the non-resonant metamaterials are often made
44 of hardcores only that are buried in a host matrix [23]. There are two mechanisms that can be

45 utilized for metamaterials including Bragg scattering and localized resonance [24]. The
46 bandgap behavior of non-resonant structures relies on the phenomena of wave diffraction and
47 destructive interference with each other [25], i.e. depends on the Bragg scattering effect to form
48 the bandgap. On the other hand, the bandgap in localized resonances is essentially independent
49 of periodicity and symmetry, but governed by the natural frequency of the resonators.

50 The bandgap, which is the specific range of frequencies where propagation of an applied wave
51 is stopped, is the most crucial features of metamaterials [26]. Therefore, much research effort
52 primarily contributed to metamaterials' fundamental mechanism with an attempt to seek
53 approaches to broaden the bandgap of metamaterials or make it tunable [27], [28], [29]. To
54 investigate the relation between the effective dynamic mass density and the oscillation
55 frequency, Milton and Willis [30] proposed a rigorous model of metamaterials utilizing the
56 typical motion equations for a rigid bar and Newton's second law to simulate the dynamic
57 effective mass density as a function of the resonant frequency. The single mass-in-mass model
58 was originally introduced by Huang and Sun [10] offering the negativity of mass property over
59 a specific frequency range and this model was applied to lattice systems to broaden the bandgap
60 by Liu et al. [31]. Motivated by the abovementioned studies, an analytical dual-resonator lattice
61 model which was utilized to investigate the transient response of the meta-lattice truss structure
62 was proposed by Liu et al. [32], hereafter referred as the conventional model, to further broaden
63 the bandgap and improve the suppression of incident waves. Subsequently, the strategy of
64 diatomic mimicking lattice systems [28] was also utilized to broaden the bandwidths of the
65 meta-lattice truss. Besides, to investigate the effect of damping on asymmetric elastic-wave
66 transmission, Alamri et al. [33] proposed and designed the dissipative diatomic acoustic lattice
67 system possessing the bandwidth broadening effect. This study investigated the damping effect
68 on the bandgaps of the lattice system while the influences of other parameters such as mass and
69 stiffness, especially shear stiffness have not been investigated. The conventional analytical

70 model with dual-resonator did not fully consider the importance of the shear stiffness between
71 multilayers within the meta-lattice truss, i.e. the shear stiffness between the inner core and the
72 coating. As will be demonstrated in the present study, this shear stiffness affects the bandgap
73 in the low-frequency range. The accuracy of the model in predicting the transient response is
74 therefore compromised if the shear stiffness is neglected in the analytical model. In particular,
75 as will be proven later in this study through numerical simulations, stress wave caused by an
76 excitation with a low range frequency, i.e. 300 Hz, is successfully mitigated in the numerical
77 model, while the corresponding stress wave attenuation is not captured by the conventional
78 analytical model. In other words, the conventional analytical model cannot accurately predict
79 the response of the dual-resonator meta-lattice truss, particularly in the low-frequency range
80 because of neglecting the shear stiffness between the inner core and the coating. Therefore, it
81 is necessary to develop an analytical model that is able to more accurately predict the response
82 of meta-lattice truss with dual-resonators. In the present study, an additional shear spring is
83 introduced into the conventional analytical model, and the analytical results show the stress
84 wave caused by the excitation with a frequency of 300 Hz is well attenuated as also observed
85 in the numerical investigation, which demonstrates the accuracy of the proposed analytical
86 model.

87 In brief, this research proposes an analytical model for the dual-resonator meta-lattice truss by
88 adopting a locally resonant mechanism and taking the shear stiffness of all multilayers into
89 consideration. The widely utilized mass-in-mass spring lattice model, with added shear spring
90 to connect the inner resonator and the soft coating, is utilized to derive the analytical solutions.
91 In this article, firstly, the analytical predictions of an infinite lattice truss member calculated by
92 two models including the proposed model and the conventional one are derived and compared
93 to demonstrate differences regarding the predicted bandgaps from these two models. Analytical
94 results show that the proposed model predicts a wider bandgap in the low-frequency range, the

95 same as the numerical model, which could not be accurately predicted by the conventional
96 model. The comparisons with the numerical predictions based on a finite element analysis
97 demonstrate the accuracy of the developed numerical model in this study. Specifically, if the
98 shear stiffness is neglected, the analytical model may not accurately predict the actual response
99 of the meta-lattice truss. The numerical model has shown an incident wave that is mitigated but
100 the existing analytical model (without considering the shear stiffness) does not prohibit this
101 incident wave from propagating through the truss. Therefore, this study incorporates the shear
102 stiffness in the analytical derivation and the derived model yields good predictions as compared
103 with the numerical results, demonstrating the need to consider the shear stiffness of the inner
104 resonator in the analytical model. To investigate the influence of various parameters of the
105 meta-lattice truss on wave propagation, a comprehensive parametric study is carried out and
106 the influences of masses and spring stiffness on the behavior of the bandgap are examined.
107 Finally, the superb stress wave attenuation ability of the meta-lattice truss with dual resonators
108 is demonstrated.

109 **2. Design of the dual-resonator lattice model**

110 Without loss of generality, the example 3D meta-lattice truss model utilized in this investigation
111 consists of 7 unit cells in which each cell comprises of five parts: the outer tube, 2 soft coats,
112 and 2 resonators as shown in Fig. 1(a). The compositions and dimensions of each unit cell are
113 presented in Figs. 1(b) and 1(c), respectively. Aluminium and lead are respectively selected for
114 the outer tube and the resonators, and the two soft coatings are made from rubber. In the
115 analytical model, the matrix is represented by material 1, i.e., the outer aluminium tube.
116 Meanwhile, material 2 is modelled by two springs including the outside shear spring k_2
117 connecting the resonator with the outer shell and the axial spring k_1 connecting the adjacent
118 resonators (refer to Fig. 3(b) for more details). Similarly, material 4 is modelled by the axial

119 and shear springs connecting the internal hardcore mass and external hardcore mass, namely k_3
120 and k_4 , respectively. The numerical analysis in the following sections indicates that the
121 analytical model without considering k_4 does not reflect the actual response of the meta-lattice
122 truss as observed in the numerical simulation presented in this study. Acting as resonators,
123 material 3 and material 5 are represented by the external mass m_1 and internal mass m_2 ,
124 respectively. It should be noted that this study is dedicated to investigate the dynamic
125 performance of the elastic meta-lattice truss under the elastic stress wave. The properties of all
126 the materials are summarized in Tables 1, 2 and 4. These material properties are also used in
127 the numerical model in this study.

128 The inner mass and outer mass can be estimated by Eq. (1) where ρ_j and V_j are the material
129 density and volume of the j^{th} material, and the length and radius of j^{th} unit are denoted by l_j and
130 r_j , respectively.

$$m_j = \rho_j V_j = \rho_j \pi r_j^2 l_j \quad j = 1, 2 \quad (1)$$

131 Similarly, the spring of each stiffness can be estimated as follows

$$k_1 = \frac{E_3 A_1}{l_2}, \quad k_2 = \frac{G_3 A_2}{l_1}, \quad G_3 = \frac{E_3}{2(1+\nu_3)} \quad (2)$$

$$k_3 = \frac{E_3 A_3}{l_3}, \quad k_4 = \frac{G_3 A_4}{l_4}$$

132 in which E and G are the Young's modulus and shear modulus of the soft material, respectively.

133 The values of A_i ($i=1,2,3,4$) which are the nominal cross-sections of the distinct segments of the
134 soft layer presented in the appendix are obtained by FEA due to the shape complexity. The
135 detailed calculation of the spring stiffness is also presented in the appendix. Based on the
136 material properties and dimensions, the relevant estimations of equivalent mass and stiffness
137 are computed as $m_1 = 14.2 \times 10^{-3}$ kg, $m_2 = 17.7 \times 10^{-3}$ kg, $k_1 = 424,655$ N/m, $k_2 = 102,531$ N/m, k_3
138 $= 280,526$ N/m, and $k_4 = 61,425$ N/m.

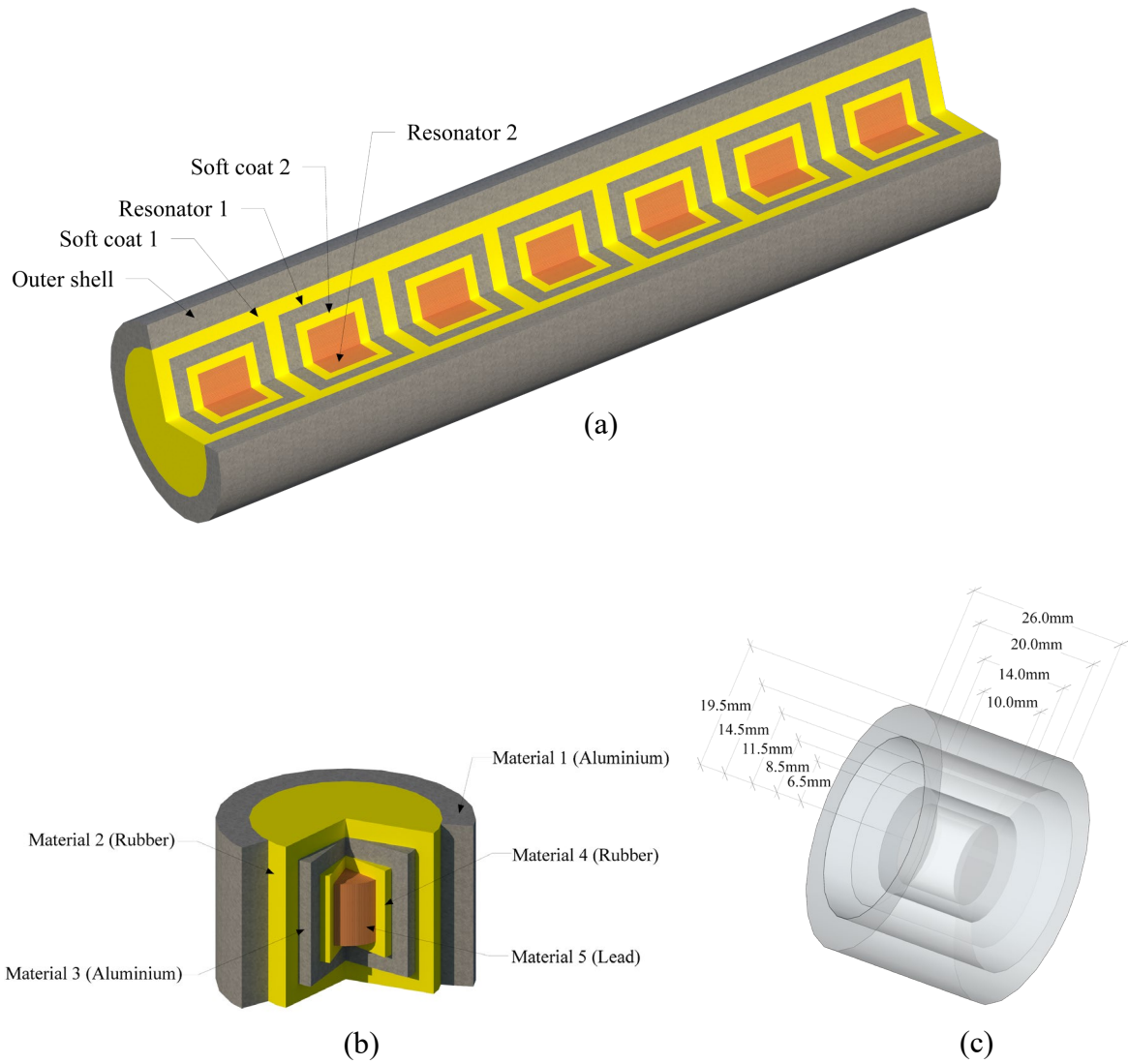


Fig. 1. (a) Schematic view of 3D lattice truss (b) Single unit cell and (c) Dimension of the single unit cell.

139 Table 1. Elastic material properties used in the numerical simulation [34]

Properties	Materials 1 and 3	Materials 2 and 4	Material 5
	Aluminium	Rubber	Lead
Density ρ (kg/m ³)	2770	1200	11340
Young's modulus E (Pa)	70×10^9	780×10^3	16×10^9
Poisson's ratio ν	0.33	0.47	0.45

140 **3. Analytical models**

141 Firstly, the conventional 1D mass-spring chain model with locally resonant microstructures is
 142 briefly revisited (Section 3.1). Then, a shear spring is introduced into the unit cell, and an
 143 unprecedented model is proposed in Section 3.2. The comparisons with the conventional model
 144 in terms of transmissibility are also made in this section. Comprehensive parametric studies are
 145 further carried out in Section 5 to analytically examine the influences of mass and spring
 146 stiffness on the bandgaps.

147 **3.1 Conventional mass-in-mass spring model of meta-lattice truss**

148 The meta-lattice truss can be represented in the mass-in-mass formation comprising of masses
 149 and springs [32]. An infinite 1D spring-mass lattice system including the resonators is depicted
 150 in Figs. 2(a) and 2(b), in which the inner mass m_2 and outer mass m_1 are connected to each other
 151 by an axial spring k_3 . The shear spring with the stiffness k_2 constrains the displacement of the
 152 mass m_1 which is periodically linked with each other by the axial spring k_1 .

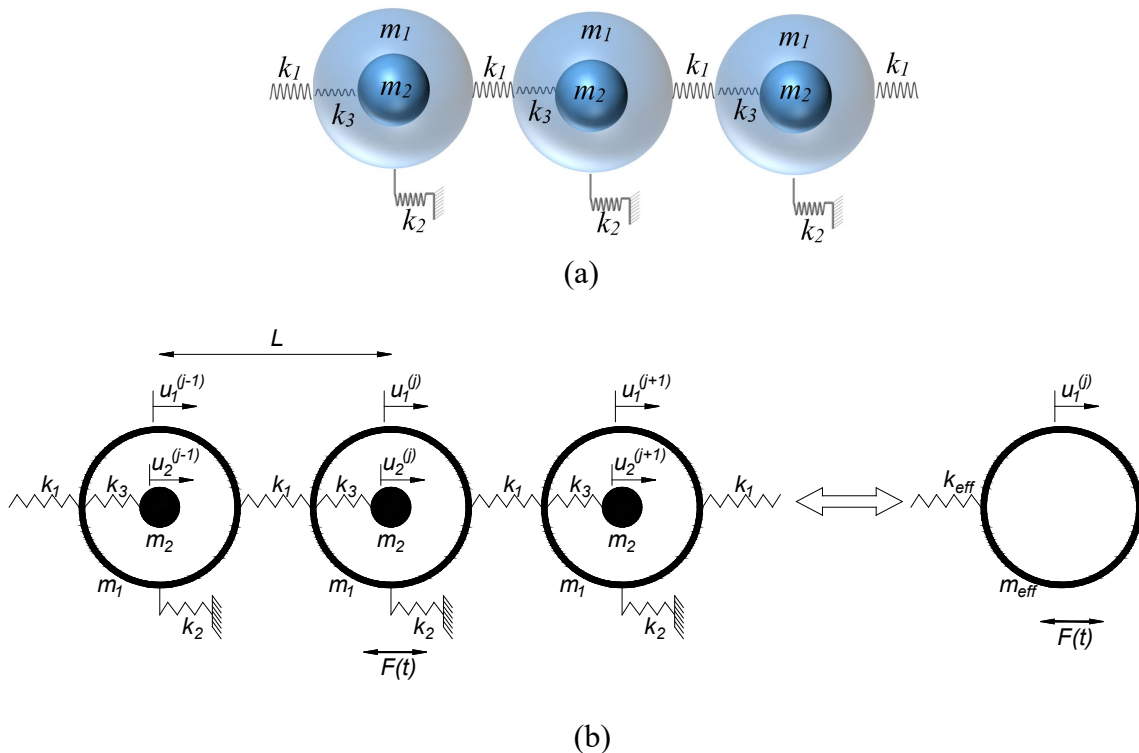


Fig. 2. (a) Schematic microstructure of the infinite conventional model of meta-lattice truss and (b) Equivalent effective spring-mass model.

153 In this one-dimensional meta-lattice truss, the internal and external mass displacements are
 154 denoted by u_1 and u_2 , respectively, and the motion equations of the j^{th} unit cell can be derived
 155 as follows:

$$m_1 \ddot{u}_1^{(j)} + k_1 (2u_1^{(j)} - u_1^{(j+1)} - u_1^{(j-1)}) + k_3 (u_1^{(j)} - u_2^{(j)}) + k_2 u_1^{(j)} = 0 \quad (3)$$

$$m_2 \ddot{u}_2^{(j)} + k_3 (u_2^{(j)} - u_1^{(j)}) = 0 \quad (4)$$

156 Based on the Floquet-Bloch theorem [35], the solution of harmonic wave of the $(j+n)^{\text{th}}$ and j^{th}
 157 unit cells can be expressed in the form of

$$\mathbf{u}^{(j+n)} = U e^{i(jqL + nqL - \omega t)} \quad (5)$$

$$\mathbf{u}^{(j)} = U e^{i(jqL - \omega t)} \quad (6)$$

158 where U is the displacement amplitude, q is the wavenumber, ω is the angular frequency, L is
 159 the length of the unit cell.

160 By substituting Eqs. (5) and (6) into Eqs. (3) and (4), the dispersion relation of the lattice system
 161 can be derived as follows:

$$\cos qL = 1 - \frac{m_1 \omega^2 - (k_2 + k_3) + \frac{k_3^2}{k_3 - m_2 \omega^2}}{2k_1} \quad (7)$$

162 Herein, the lattice system is monatomic, therefore, the following effective mass equation of the
 163 microstructure must be satisfied

$$\omega^2 = 2 \frac{k_1}{m_{eff}} (1 - \cos qL) \quad (8)$$

164 Based on Eqs. (7) and (8), the effective mass (m_{eff}) of the lattice system can be obtained as:

$$m_{eff} = m_1 - \frac{k_2 + k_3}{\omega^2} + \frac{k_3^2}{k_3 \omega^2 - m_2 \omega^4} \quad (9)$$

165 When the unit cell is regarded as homogeneous with the effective mass m_{eff} and effective
166 stiffness k_{eff} (Fig. 2(b)), the effective stiffness can be calculated as follows [32]:

$$k_{eff} = k_1 - \frac{1}{4} m_{eff} \omega^2 = k_1 + \frac{1}{4} (k_2 + k_3) - \frac{1}{4} \left(m_1 \omega^2 + \frac{k_3^2}{k_3 - m_2 \omega^2} \right) \quad (10)$$

167 To define the width of the bandgap, the dispersion in Eq. (7) can be solved and the expression
168 of the angular frequency can be obtained as follows:

$$\omega^2 = \frac{m_2 k_2 + (m_1 + m_2) k_3 + 2k_1 m_2 (1 - \cos qL) \pm \sqrt{\beta}}{2m_1 m_2} \quad (11)$$

169 where $\beta = (m_2 k_2 + (m_1 + m_2) k_3 + 2k_1 m_2 (1 - \cos qL))^2 - 4m_1 m_2 [2k_1 k_3 (1 - \cos qL) + k_2 k_3]$

170 Substituting $qL=0$, the angular frequency at the starting points of two passbands can be obtained
171 as:

$$\omega^2 = \frac{m_2 k_2 + (m_1 + m_2) k_3 \pm \sqrt{m_2^2 k_2^2 + (m_1 + m_2)^2 k_3^2 + 2k_2 k_3 (m_2^2 - m_1 m_2)}}{2m_1 m_2} \quad (12)$$

172 and substituting $qL=\pi$, the angular frequency at the two ending points of the passband can be
173 expressed as:

$$\omega^2 = \frac{(m_1 + m_2) k_3 + 4m_2 (k_1 + k_2) \pm \sqrt{(m_2 k_2 + (m_1 + m_2) k_3 + 4k_1 m_2)^2 - 4m_1 m_2 [4k_1 k_3 + k_2 k_3]}}{2m_1 m_2} \quad (13)$$

174 **3.2 Proposed mass-in-mass spring model of meta-lattice truss**

175 As shown in Fig. 2 and also discussed in the introduction, the conventional meta-lattice model
 176 proposed by Liu, Shen, Su and Sun [32] only considered the shear spring connected the external
 177 mass m_1 and the soft layer (material 2 in Fig. 1), and it is represented by k_2 . The shear spring
 178 linking the internal mass m_2 and the corresponding soft layer (material 4 in Fig. 1) was,
 179 however, neglected. It is obvious that the inner mass and the outer mass of a unit cell bear
 180 similar characteristics, and the negligence of this stiffness may result in inaccurate bandgap
 181 predictions. It is therefore worth considering the shear stiffness of the inner mass to enhance
 182 the accuracy of the model. This study proposes an improved mass-in-mass spring meta-lattice
 183 model, in which besides the spring with the stiffness k_2 constrains the displacement of the mass
 184 m_1 to the matrix, the inner mass m_2 is also restrained by the shear spring stiffness k_4 . Figs. 3(a)
 185 and 3(b) show the corresponding analytical model.

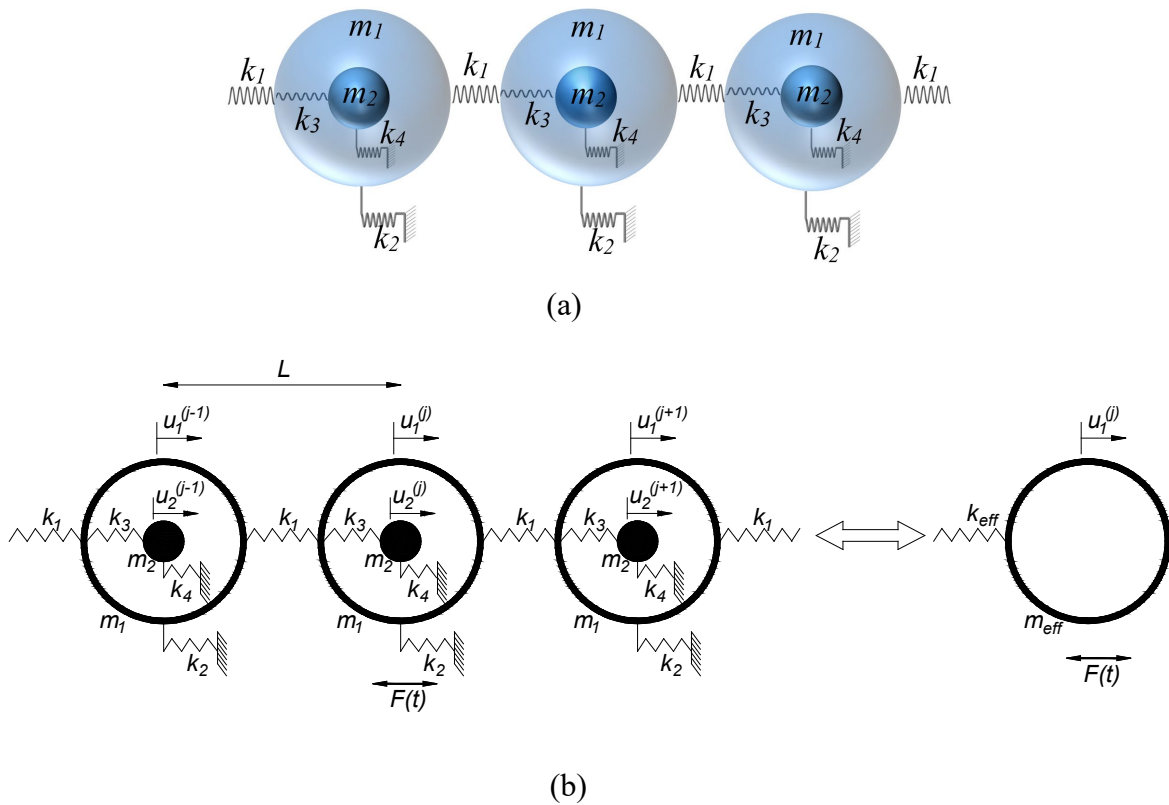


Fig. 3. (a) Schematic microstructure of the proposed model of meta-lattice truss and (b) Equivalent effective mass-spring model.

186 Similar to the conventional mass-in-mass spring model as shown in Fig. 2, the equations of
187 motion of the j^{th} unit cell in Fig. 3 can be expressed as follows:

$$m_1 \ddot{u}_1^{(j)} + k_1 \left(2u_1^{(j)} - u_1^{(j+1)} - u_1^{(j-1)} \right) + k_3 \left(u_1^{(j)} - u_2^{(j)} \right) + k_2 u_1^{(j)} = 0 \quad (14)$$

$$m_2 \ddot{u}_2^{(j)} + k_3 \left(u_2^{(j)} - u_1^{(j)} \right) + k_4 u_2^{(j)} = 0 \quad (15)$$

188 To derive the dispersion curves, a similar strategy is adopted and the solution of harmonic wave
189 of the $(j+n)^{\text{th}}$ and j^{th} unit cells can be represented by Eq. (5) again, and the derivative function
190 of the solution can be obtained as follows

$$\ddot{u}^{(j)} = -\omega^2 U e^{i(jqL - \omega t)} = -\omega^2 u^{(j)} \quad (16)$$

191 Substituting Eq. (16) into Eq. (15), the relation between the inner mass and outer mass can be
192 obtained as follows:

$$u_2^{(j)} = \frac{k_3}{k_3 + k_4 - m_2 \omega^2} u_1^{(j)} \quad (17)$$

193 It is worth noting that the Bloch-Floquet theory consequence is adopted in the present study, in
194 which the motion must satisfy the Bloch periodicity condition. Hence, by substituting Eqs. (16)
195 and (17) into Eq. (14), one obtains

$$-m_1 \omega^2 u_1^{(j)} + k_1 \left(2u_1^{(j)} - u_1^{(j)} e^{-iqL} - u_1^{(j)} e^{iqL} \right) + k_3 \left(1 - \frac{k_3}{k_3 + k_4 - m_2 \omega^2} \right) u_1^{(j)} + k_2 u_1^{(j)} = 0 \quad (18)$$

196 By applying the identity $e^{-iqL} + e^{iqL} = 2 \cos(qL)$, Eq. (18) can be rewritten to form the dispersion
197 relation as follows:

$$\cos qL = 1 - \frac{m_1\omega^2 - (k_2 + k_3) + \frac{k_3^2}{(k_3 + k_4) - m_2\omega^2}}{2k_1} \quad (19)$$

198 Eq. (19) can also be rearranged into the following form

$$\omega^2 = 2 \frac{k_1}{m_{eff}} (1 - \cos qL) \quad (20)$$

199 where

$$m_{eff} = m_1 - \frac{k_2 + k_3}{\omega^2} + \frac{k_3^2}{(k_3 + k_4)\omega^2 - m_2\omega^4} \quad (21)$$

200 and the effective stiffness can also be conveniently formulated due to the homogeneity of the
201 unit cell

$$k_{eff} = k_1 + \frac{1}{4}(k_2 + k_3) - \frac{1}{4} \left(m_1\omega^2 + \frac{k_3^2}{(k_3 + k_4) - m_2\omega^2} \right) \quad (22)$$

202 With an attempt to find the dispersion relation for this system, the angular frequency can be
203 calculated by solving Eq. (19) as follows:

$$\omega^2 = \frac{2m_2(1 - \cos qL)k_1 + m_2k_2 + (m_1 + m_2)k_3 + m_1k_4 \pm \sqrt{\gamma - \eta}}{2m_1m_2} \quad (23)$$

204 where $\gamma = (2m_2(1 - \cos qL)k_1 + m_2k_2 + (m_1 + m_2)k_3 + m_1k_4)^2$ and

205 $\eta = 4m_1m_2 [2k_1(k_3 + k_4)(1 - \cos qL) + k_2(k_3 + k_4) + k_3k_4]$.

206 The above derivations are based on the assumption of infinite unit cell. In practice, the number
207 of unit cells is always finite. In this case, the wave transmission coefficient of the spring-mass
208 chain, which depicts the displacement amplitude ratio of the last unit cell to the input excitation
209 is normally defined, and it can be calculated as follows Yao et al. [36]:

$$T = \left| \prod_{j=1}^N T^{(j)} \right| \quad (24)$$

210 where $T^{(j)} = u^{(j)} / u^{(j-1)}$

211 From Eq. (20), by applying the identities $e^{-iqL} + e^{iqL} = 2 \cos(qL)$ and rearranging the equation
 212 the following form can be obtained:

$$(2k_1 - \omega^2 m_{eff}) u^{(j)} = k_1 (u^{(j+1)} + u^{(j-1)}), \quad j = 1, 2, \dots, N-1 \quad (25)$$

$$(k_1 - \omega^2 m_{eff}) u^{(j)} = k_1 u^{(j-1)}, \quad j = N \quad (26)$$

213 Substituting $T^{(j)} = u^{(j)} / u^{(j-1)}$ into Eqs. (25) and (26) gives:

$$2k_1 - \omega^2 m_{eff} = k_1 \left(T^{(j+1)} + \frac{1}{T^{(j)}} \right) \quad (27)$$

214 Therefore, the wave transmission coefficient can be formulated as follows:

$$T^{(j)} = \frac{k_1}{k_1 (2 - T^{(j+1)}) - \omega^2 m_{eff}}, \quad j = 1, 2, \dots, N-1 \quad (28)$$

$$T^{(N)} = \frac{k_1}{k_1 - \omega^2 m_{eff}}, \quad j = N \quad (29)$$

215 4. Numerical simulation

216 To verify the accuracy of the proposed and conventional analytical models, a 3-D finite element
 217 model of the meta-lattice truss is built and validated in this section.

218 4.1 Numerical model development

219 The 3-D numerical model is built to investigate the wave transmission characteristics of the
 220 meta-lattice truss and verify its accuracy against the analytical predictions by utilizing

221 commercial software LS-DYNA (Fig. (1)). Contact definitions, the prevention of reflected
 222 waves, material models, and simulation of prescribed displacement are presented in this section.
 223 In this study, all elements are modelled by solid elements and the minimum meshing size is
 224 0.2mm after a convergence test. To define the property of aluminium considering the plastic
 225 deformation, *MAT_JOHNSON_COOK is utilized while *MAT_ELASTIC material model is
 226 applied to simulate the dynamic behaviour of rubber elements due to their distinguished
 227 properties [34]. Johnson-cook material model requires an equation of state in order to initialize
 228 the thermodynamic state of the material [37]. The elastic and plastic material properties are
 229 summarized in Tables 1 and 2, respectively. In this study, the equation of state of Johnson-cook
 230 model is defined by the card *EOS_LINEAR_POLYNOMIAL in which the pressure and
 231 initial relative volume are denoted by coefficients C_0 - C_6 and V_0 , respectively. The parameters
 232 for the equation of state are presented in Table 3. Furthermore, for simulation of the lead core,
 233 the material properties as implemented in *MAT_PLASTIC_KINEMATIC, are given in Table
 234 4 [38]. The contact between the metals and rubber is modelled by the keyword
 235 *TIED_SURFACE_TO_SURFACE and the keyword *CONTACT_INTERIOR is utilized for
 236 the rubber to eliminate the negative volume issue which often occurs due to large deformation
 237 of soft materials. Additionally, to eliminate the stress wave reflection at the end surface, the
 238 keyword *NON_REFLECTING_BOUNDARY is applied at one end. In the numerical model,
 239 the far-end of the outer tube is fixed in all directions while the excitation is defined by the
 240 *PRESCRIBED_MOTION_SET card, which is applied to the entire near-end surface.

Table 2. Johnson-cook material parameters for aluminium [34]

Density (kg/m ³)	Poisson's ratio	Young's Modulus (GPa)	A (Pa)	B (Pa)	C	m	n	T _m	$\dot{\epsilon}_0$ (1/s)
2770	0.33	70	0.369	0.675	0.007	1.5	0.7	800	1.0

241 Table 3. Equation of state for aluminium used in the numerical simulation [37]

C_0 (Pa)	C_1 (Pa)	C_2 (Pa)	C_3 (Pa)	C_4	C_5	C_6	E_0 (Pa)	V_0 (m^3/m^3)
0	74.2×10^9	60.5×10^9	36.5×10^9	1.96	0	0	0	1

242 Table 4. Plastic kinematic material parameters for lead [38]

Density (kg/m^3)	Poisson's ratio	Young's Modulus (GPa)	SIGY (MPa)	ETAN (MPa)	BETA	SRC	SRP	FS	VP (1/s)
11340	0.45	16	20	50	10^9	10^9	1	0	1

243 4.2 Numerical model verification

244 Based on the Bloch-Floquet theory and the derivation from Eq. (28), a visible manifestation of
 245 the theoretical transmittance of the proposed model is shown in Fig. 4. To verify the model, the
 246 meta-lattice truss comprising of 7 unit cells described above is built in LS-DYNA. The model
 247 is used to simulate wave transmissions of the meta-lattice truss. The transmittance is defined
 248 by a ratio between the output and the input signals of the structure. Fig. 4 shows the results from
 249 the conventional model, the proposed model, and the numerical simulation. It can be seen that
 250 both conventional and the proposed models capture three bandgaps, and the corresponding
 251 ranges are: [0-289.5], [645-995] and [1945-5000] Hz from the conventional model, and [0-375]
 252 Hz, [700-1100] Hz and [1945-5000] Hz from the proposed model. The numerical simulation
 253 also gives three bandgaps in the range of [0-375] Hz, [895-1400] Hz and [1965-5000] Hz. These
 254 results indicate that, generally speaking, both the conventional and the proposed model can
 255 predict the frequency bandgaps, but compared with the results from the numerical simulations,
 256 the proposed model yields more accurate results than the conventional model, especially for the
 257 1st bandgap in the low-frequency range. For example, the proposed model predicts the same 1st
 258 bandgap as compared to the numerical model, whereas the conventional model substantially

259 under predicts the upper frequency of the first bandgap, i.e., 289.5 Hz and 375 Hz, i.e., a
 260 substantially narrower first bandgap by the conventional model. These results demonstrate that
 261 neglecting the stiffness k_4 into the conventional analytical model leads to inaccurate predictions
 262 of the bandgap width at the low-frequency range. The comparison also shows that certain
 263 discrepancy exists between the analytical and numerical predictions, especially for the second
 264 bandgap. This is because the theoretical results are based on the infinite number of unit cells,
 265 while the numerical results are obtained from the finite number of cells (7 in the present study).
 266 Moreover, the estimations of the spring stiffness and lumped masses in the analytical
 267 derivations may also contribute to this variation.

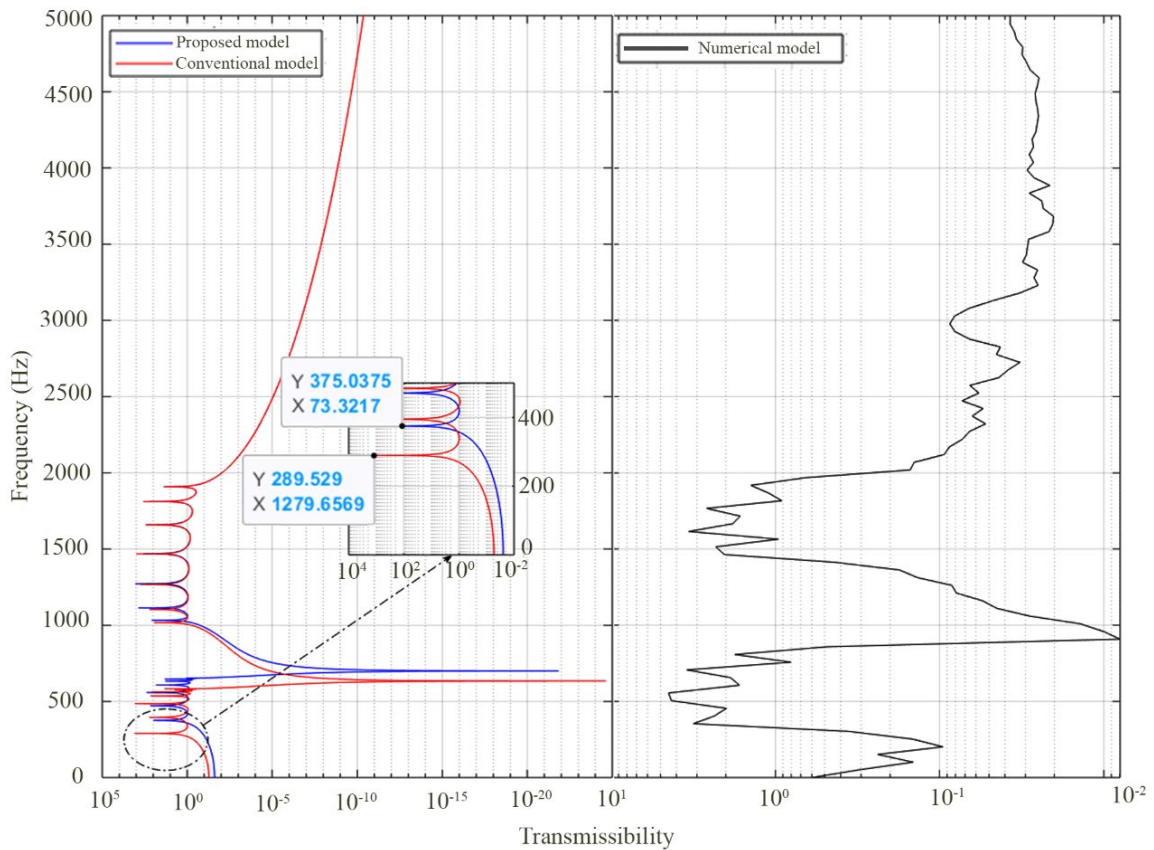


Fig. 4. Transmittance profiles of meta-lattice truss obtained by the proposed model, conventional model, and numerical simulation model.

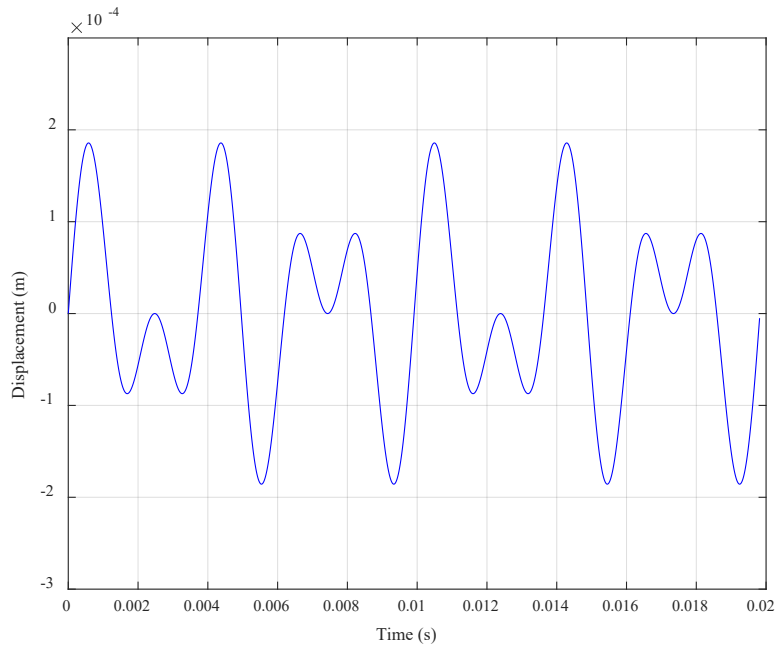
268 4.3 Accuracy of the proposed analytical model

269 The above results show that the inclusion of k_4 in the proposed model has almost no influence
270 on the third bandgap because the third bandgaps is mainly controlled by the external mass and
271 axial stiffness which will be discussed in the following section. For the second bandgap, the
272 lower bound of the proposed model results in a slightly higher value, while its influence on the
273 upper bound is negligible. The most evident effect of the proposed model is on the first bandgap,
274 and the inclusion of k_4 obviously widens the bandgap in the low-frequency range. As shown,
275 the first bandgap expands from [0-289.5] Hz to [0-375.0] Hz. This result is expected, since the
276 first bandgap is related to the local resonance frequency of the inner mass m_2 which is defined
277 by $\omega = \sqrt{(k_3 + k_4) / m_2}$, and the inclusion of k_4 results in an increase in the stiffness in the
278 conventional model. Moreover, the bandwidth of the first bandgap in the low-frequency range
279 is determined by two points including the constant value at zero and a certain value which is
280 linearly dependent on the local resonance frequency. Therefore, introducing the shear stiffness
281 of the internal mass k_4 increases the stiffness of the internal coating layer and resonant frequency
282 ω accordingly, which leads to the increase of the first bandgap range by the reciprocal
283 relationship between the first bandgap and the resonant frequency. This manifestation indicates
284 that the proposed analytical model with considering the shear stiffness of the soft coating leads
285 to a wider bandgap estimation in the low-frequency range than the conventional model, which
286 implies the proposed analytical model would have wider practical applications for stopping the
287 low-frequency wave propagations. It is worth mentioning that, besides varying the stiffness, the
288 low-frequency bandgap can also be changed by altering the resonator's geometry since it is
289 related to the local resonance as discussed above, and will be further discussed in the following
290 investigations.

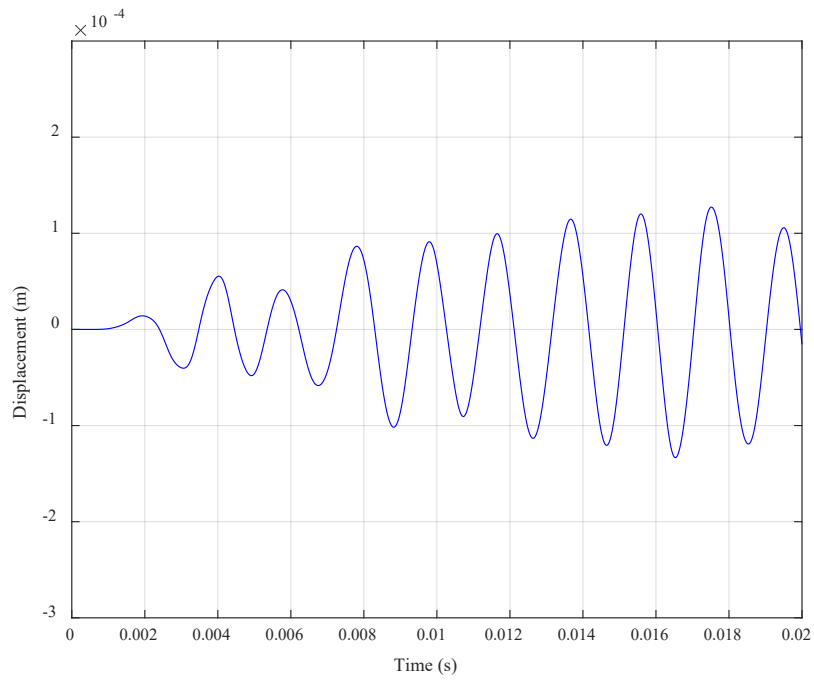
291 To further demonstrate the higher accuracy of the proposed analytical model in predicting the
292 bandgap in the low-frequency range compared to the conventional model, the analytically

293 predicted bandgap are compared with the result from the numerical analyses. As discussed
294 above, the inclusion of k_4 most evidently changes the bandgap in the low-frequency range,
295 therefore only the first bandgap is investigated in this section. For the other two bandgaps, more
296 detailed discussions will be given in Section 5. However, it is worth noting that the soft material
297 layer (material 4 in Fig. 1) is modelled by the solid elements in the numerical simulation, which
298 means the contribution from the shear stiffness of this layer (i.e. k_4) is considered in the
299 numerical model.

300 In the numerical simulation, the meta-lattice truss presented in Section 2 is subjected to a
301 displacement time history with two frequency components $u(t)=10^{-4}[\sin(2\pi f_1 t) + \sin(2\pi f_2 t)]$,
302 where $f_1=300$ Hz and $f_2=500$ Hz. Fig. 5(a) shows the displacement time history of the excitation
303 at the left end of the truss. It can be seen that f_1 is deliberately desinged to fall within the first
304 bandgap of the proposed model but beyond that of the conventional model, while f_2 is within
305 the passband range of both the models. Fig. 5(b) shows the displacement time history at the
306 right end of the meta-lattice truss (i.e. the output) obtained from the numerical simulation, and
307 Fig. 6 shows the Fourier spectrum of the output data. The numerical results have shown that
308 only one input signal with the frequency of 500 Hz passes through the meta-lattice truss while
309 the conventional model predicts both input signals pass through the structure. This observation
310 shows that the predictions of the conventional model and numerical model are different.
311 Meanwhile, the proposed model predicts only the signal with the frequency of 500 Hz can pass
312 the meta-lattice truss while the other one with the frequency of 300 Hz is filtered out, which
313 matches well with the numerical results. This results demonstrates again that neglecting the
314 shear stiffness k_4 in the conventional model leads to inaccurate estimation of the bandgap width
315 in the low-frequency range.



(a)



(b)

Fig. 5. Displacement time history of meta-lattice truss in numerical simulation (a) Input, (b) Output.

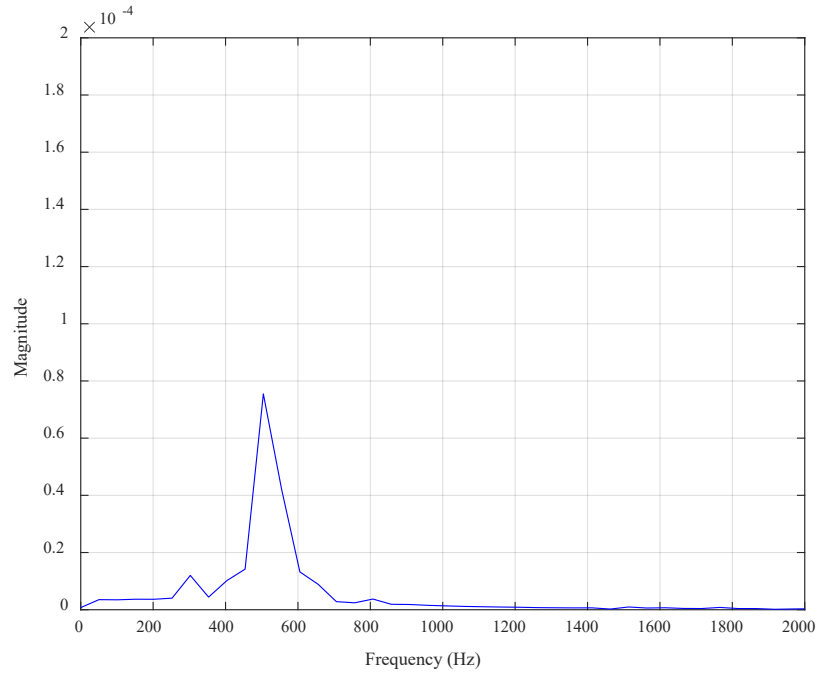


Fig. 6. The Fourier spectrum of the output data at the right end of the truss of the numerical model.

317 **5. Sensitivity of the bandgap characteristics to mass and stiffness based on the proposed**
 318 **analytical model**

319 The accuracy of the proposed analytical model has been verified against the numerical
 320 simulation and thus it is utilized to investigate the mitigation effects of the meta-lattice truss. It
 321 is worth mentioning that the sensitivity analysis of those parameters has not been presented in
 322 the literature yet.

323 **5.1 Effect of mass on bandwidth and bandgap position**

324 Herein, the attenuation effect of mass including the inner and outer masses on the overall
 325 bandwidth of the meta-lattice model is investigated utilizing the proposed analytical model.
 326 Based on the Bloch-Floquet theorem, the analytical dispersion curves for the lattice model are
 327 obtained and featured in Fig. 7 through the theoretical calculation of Eq. (19). It should be noted

328 that to calculate the theoretical starting and ending frequencies of the passbands the conditions
 329 $qL=0$ and $qL=\pi$ are applied to Eq. (23). It can be seen that there is an unequivocal manifestation
 330 from the figure showing that there are two passbands including the first passband at the
 331 frequency range of approximately 375–700 Hz and the second passband at a relatively higher
 332 frequency range of 1000–1945 Hz.

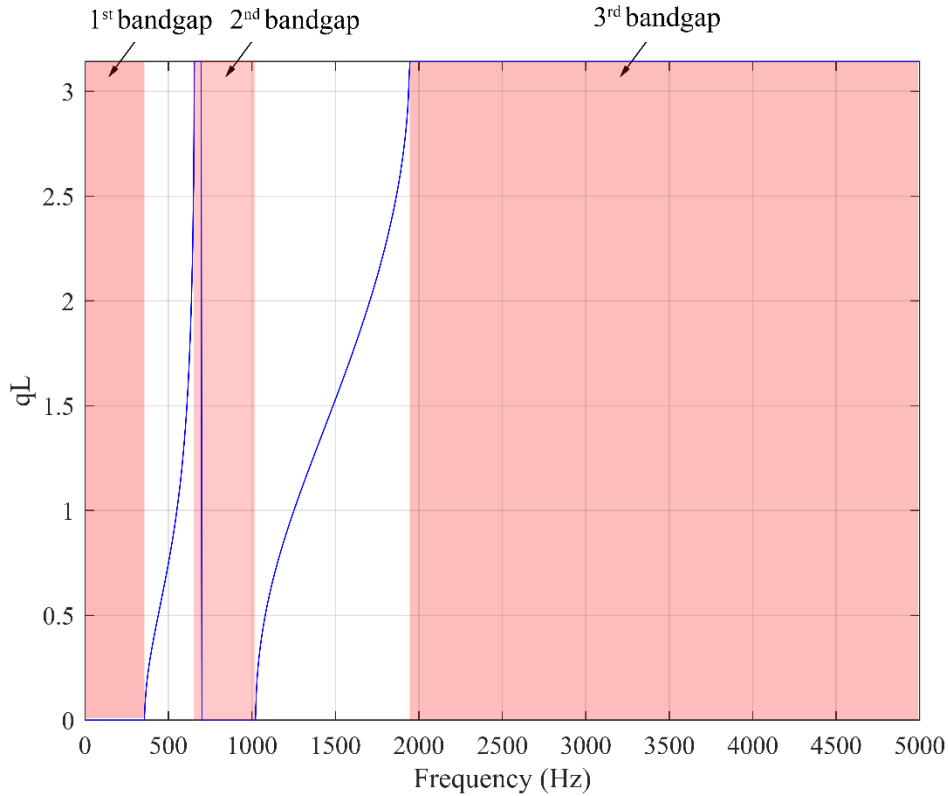
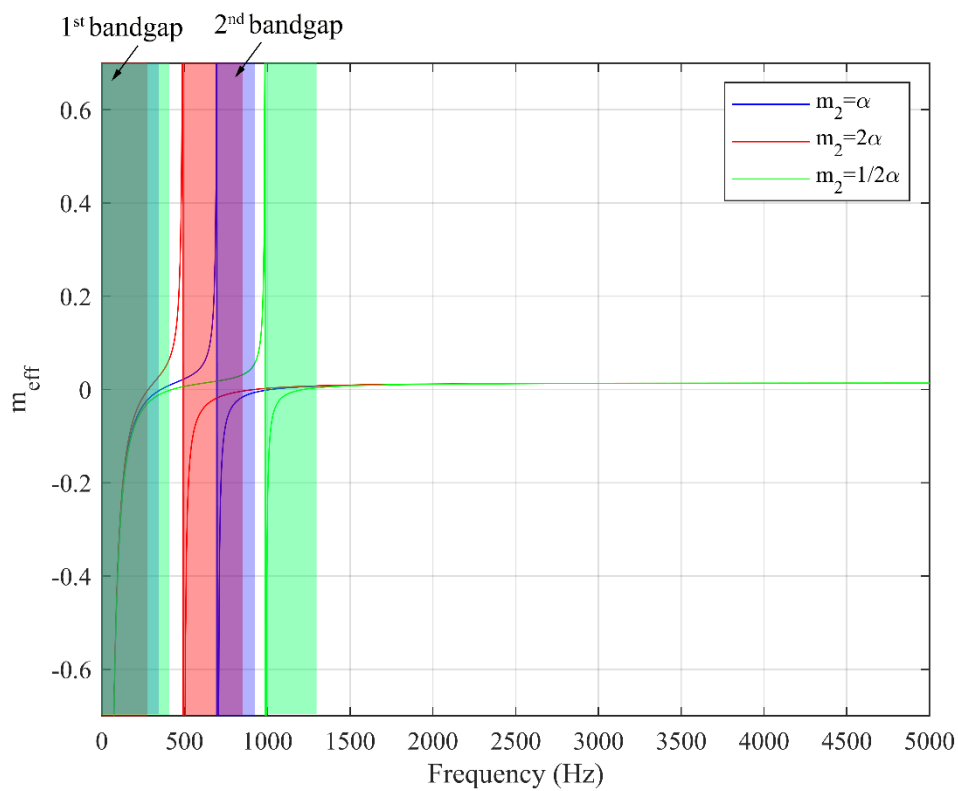


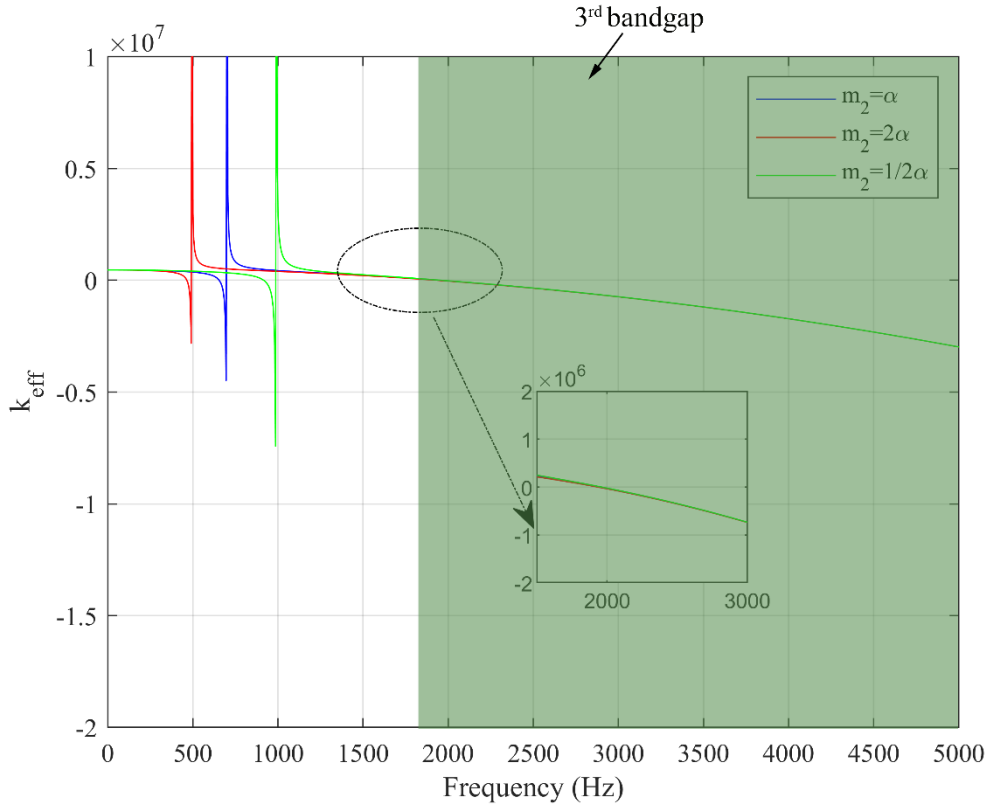
Fig. 7. Non-dimensionalized dispersion curves obtained by the proposed analytical model.

333 The bandgap behavior of meta-lattice truss is affected remarkably by the peculiar nature
 334 of local resonators consisting of the internal mass and external mass. Therefore, it is
 335 pivotal to examine the influence of the resonator on the meta-lattice truss bandgap with
 336 respect to critical masses by utilizing the proposed model. Figs. 8(a) and 8(b) show the two
 337 integral features of the locally resonant meta-lattice truss, i.e. the effective mass and the
 338 effective stiffness, by varying the internal mass m_2 (0.5α , α and 2α , where $\alpha= m_2$). It is obvious
 339 that the bandwidth and the position of the first two bandgaps (Fig. 8(a)) associated with lower

340 frequency are affected by the mass m_2 while the third bandgap (Fig. 8(b)) with higher frequency
 341 resulting from the stiffness remains unchanged. The analytical results also indicate that the
 342 inextricable relationship between the position of the bandgap and the local resonance frequency
 343 is a function of m_2 . Fig. 8(a) clearly exhibits that the location of the first two bandgaps
 344 drastically shifts to the left with an increase of the internal mass. On the contrary, it is clear that
 345 the negativity of effective stiffness which forms the third bandwidth shown in Fig. 8(b) remains
 346 unchanged, irrespective of the changing value of m_2 .



(a) Effective mass



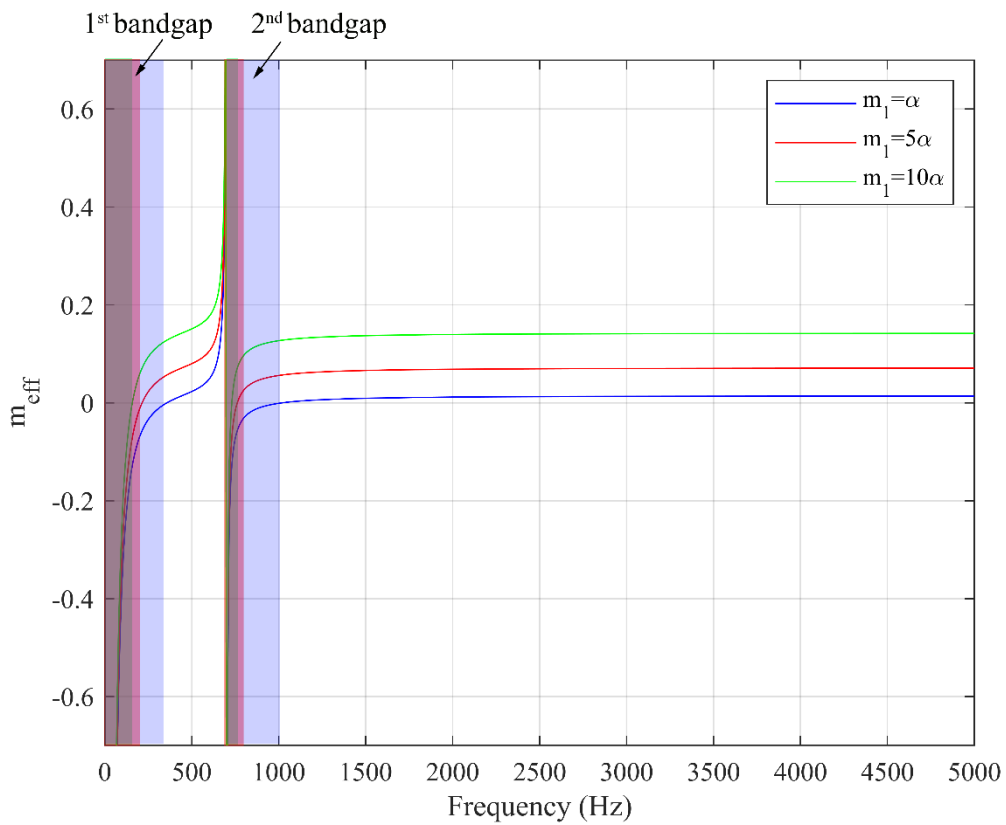
(b) Effective stiffness

Fig. 8. Effect of the internal mass m_2 on the bandgap characteristics.

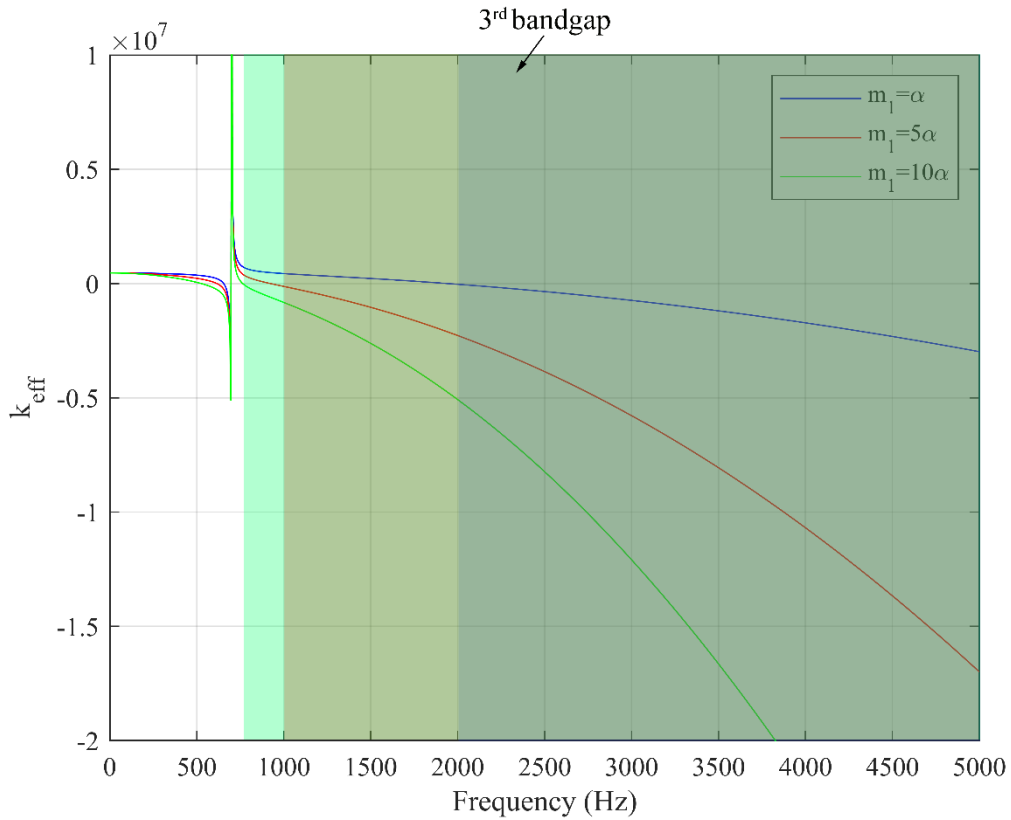
347 Figs. 9(a) and 9(b) show the influence of the outer mass m_1 on the effective mass and stiffness,
 348 respectively. The other parameters are exactly the same as those in Table 5. Primarily, the
 349 bandgap position which is determined by the local resonance frequency has not exerted any
 350 effects by varying the value of m_1 . An increase of m_1 results in a reduction in the first and second
 351 bandwidths in which the effective mass becomes negative as shown in Fig. 9(a) but increase
 352 significantly the third bandwidth which results from the negativity of the effective stiffness
 353 (Fig. 9(b)). In general, the negativity of the effective mass and effective stiffness relates to the
 354 bandgap region of the system in terms of wave propagation.

355 The above analytical results clearly indicate that the bandgaps could be controlled by varying
 356 the values of the internal mass m_2 and external mass m_1 to achieve the desired optimal wave
 357 manipulation. Moreover, the outer mass m_1 is more sensitive to the third bandgap associated
 358 with higher frequency while the inner mass m_2 shows a more significant influence on the first

359 and second bandgaps which are located in a lower-frequency region. It is noted that the
 360 sensitivity can be qualitatively predicted by analyzing the relationship between m_1 and m_2 with
 361 m_{eff} and k_{eff} in Eqs. (21) and (22), considering that m_{eff} is related to the first and second bandgap
 362 while k_{eff} governs the third bandgap. As shown in Figs. 8 and 9, in which the value of m_1 is
 363 varied 10 times while that of m_2 is only varied 2 times to show the variation in the bandgap
 364 characteristic. This observation indicates that the internal mass which significantly influences
 365 the local resonance frequency of the meta-lattice truss is more sensitive, compared to the
 366 external mass, in terms of the bandgap characteristics in wave propagation.



(a) Effective mass



(b) Effective stiffness

Fig. 9. Effect of the internal mass m_1 on the bandgap characteristics.

367 5.2 Effect of spring stiffness on the bandwidth and bandgap position

368 The proposed model includes the additional parameter k_4 which represents the shear stiffness
 369 of the inner core while the other factors that affect the bandgap k_1 , k_2 , and k_3 remain the same.

370 The effect of the stiffness k_4 on the bandwidth and the bandgap position is investigated in this

371 section. Fig. 10 illustrates the typical wave dispersion relations of the lattice system with respect

372 to different values of k_4 . From Fig. 10, the following three primary findings can be summarized:

373 (1) the internal resonance frequency is affected considerably due to the contribution of the

374 stiffness k_4 ; (2) dissimilar to the conventional model, the characteristic of the bandgap generated

375 by the proposed model has a wider frequency bandgap at low-frequency range, for instance, the

376 upper bound of the first bandgap increases from 375 Hz to 655 Hz by varying k_4 from α to 10α ;

377 and (3) the bandgap in the high frequency range mostly formed by the negativity of the effective
 378 stiffness remains unchanged regardless of the varying k_4 .

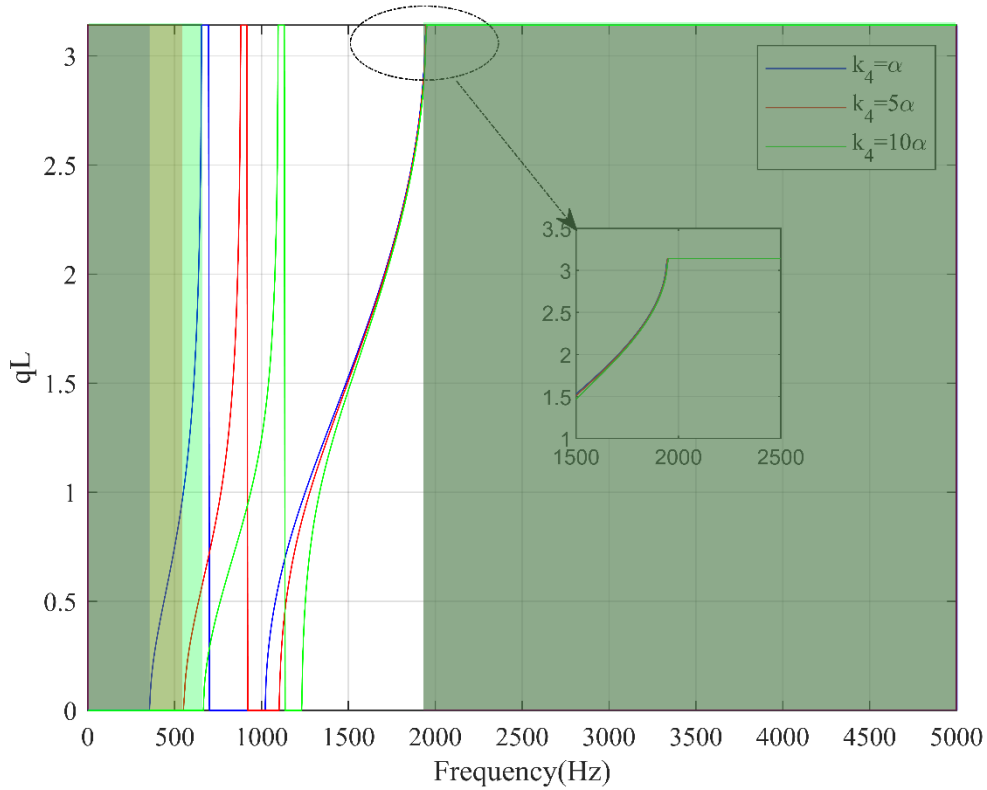


Fig. 10. Dispersion relations of meta-lattice truss embedded with the resonator with varied values of k_4 .

379 Analogously, the effects of the parameters k_1 , k_2 , and k_3 on the bandgap behavior are examined
 380 and the results are shown in Table 5. It is clear that increasing the shear spring stiffness k_2
 381 narrows the frequency region of the third bandgap, but results in a surge of the other two
 382 bandgaps. On the other hand, for the axial stiffness k_1 and k_3 , while increasing the stiffness
 383 exerts no effect on the first bandgap, they narrow the third bandgap, and result an increase and
 384 stability on the second bandgap by increasing k_3 and k_1 , respectively. In summary, the third
 385 bandgap associated with high frequencies is more sensitive to the stiffness k_1 , k_2 and k_3 , while
 386 the axial stiffness exhibits no influence on the first bandgaps. It is also noted that the sensitivity

387 of the spring stiffness to the bandgaps can be qualitatively predicted using Eqs. (21) and (22),
 388 as mentioned previously.

389 Table 5. Meta-lattice truss characteristics with varied stiffness k_1 , k_2 , and k_3 .

Stiffness	Value	1 st Bandgap	2 nd Bandgap	3 rd Bandgap
k_2	α	0-375 Hz	700-1100 Hz	1945-5000 Hz
	5α	0-550 Hz	700-1250 Hz	2100-5000 Hz
	10α	0-620 Hz	700-1610 Hz	2305-5000 Hz
k_1	α	0-375 Hz	700-1100 Hz	1945-5000 Hz
	5α	0-375 Hz	700-1100 Hz	3500-5000 Hz
	10α	0-375 Hz	700-1100 Hz	3945-5000 Hz
k_3	α	0-375 Hz	700-1100 Hz	1945-5000 Hz
	5α	0-375 Hz	1400-2100 Hz	2700-5000 Hz
	10α	0-375 Hz	2000-2900 Hz	3305-5000 Hz

390 6. Transient response of meta-lattice truss based on numerical simulation

391 The above analytical derivation and solution are valid for the meta-lattice truss with some
 392 assumptions, i.e., infinite unit cells and harmonic wave solution. In practice, a meta-lattice truss
 393 is applied with a finite number of unit cells and may be subjected to dynamic loading such as
 394 impact and blast which possess a wide range of frequencies. Deriving an analytical solution for
 395 the structural response of such meta-lattice truss is not straightforward. To surmount this
 396 limitation of the analytical solution, a finite element model of the meta-lattice truss is built in
 397 LS-DYNA to investigate the stress wave propagation in the structure.

398 In this section, the transient response of the meta-lattice truss under harmonic excitation is
 399 further examined with two cases including a sweep excitation [1-5000] Hz in Section 6.1 and a
 400 dominant frequency at 500 Hz in Section 6.2. The excitation is in the form of
 401 $u(t) = 10^{-4} \sin(2\pi ft)$. The finite element model developed above is adopted again to carry out
 402 the analyses. The stress waves in the time domain at the far end are captured to demonstrate the
 403 extraordinary characteristics of the meta-lattice truss.

404 **6.1 Transient response to sweep excitation**

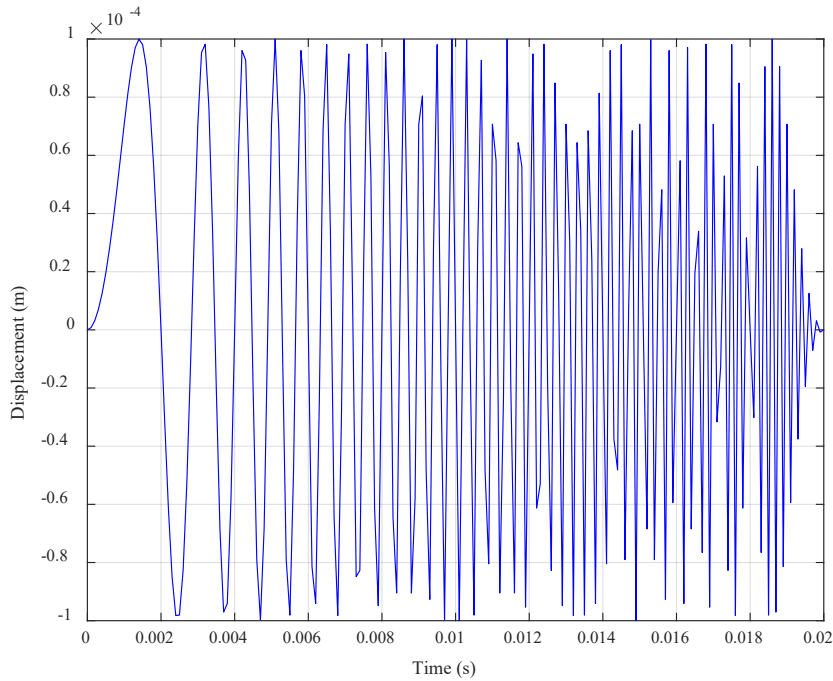
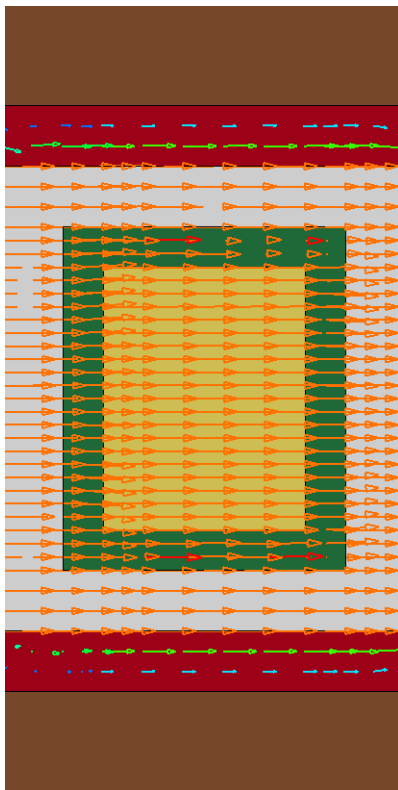
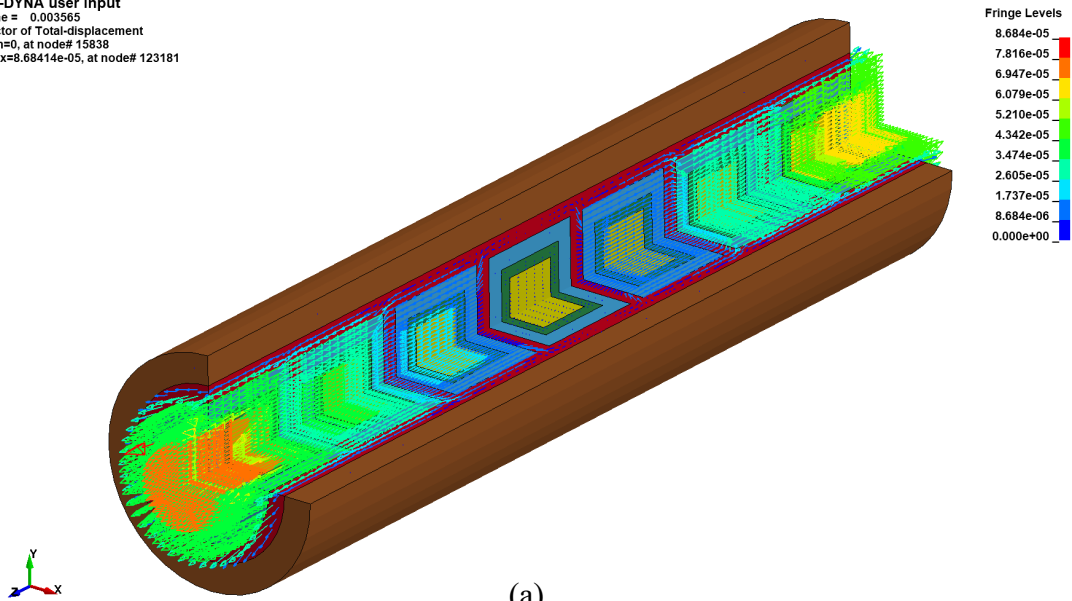


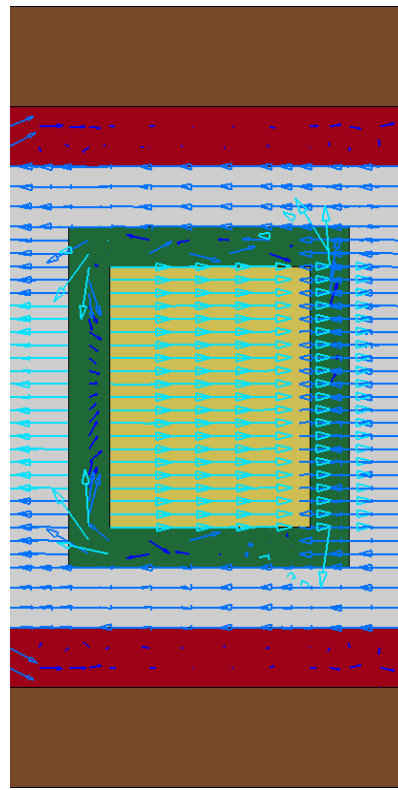
Fig. 11. Sweep excitation input profiles in time-domain.

405 Fig. 11 shows the sweep excitation at one end of the meta-lattice truss and Fig. 12 depicts the
406 movement vector of each part of the entire structure at a typical instant. Fig. 12 (a) shows the
407 displacement contour of each component of the 3D meta-lattice truss in which local resonators
408 m_1 and m_2 do not have synchronized motions due to the local resonant mechanism that the
409 hardcore acts as an oscillator. Specifically, the interaction of these two resonators (resonator 1
410 in white color and resonator 2 in yellow color) includes the in-phase motions (Fig. 12(b)) and
411 the out-of-phase motions (Fig. 12(b)) working as energy absorbers can significantly mitigate
412 the stress wave propagating through the structure.

LS-DYNA user input
Time = 0.003565
Vector of Total-displacement
min=0, at node# 15838
max=8.68414e-05, at node# 123181



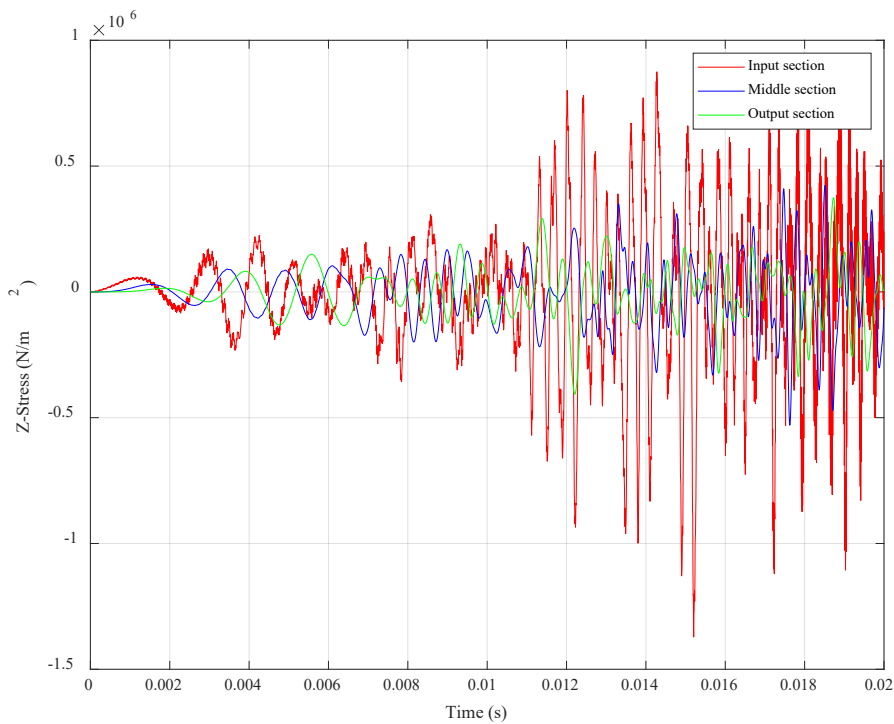
(b)



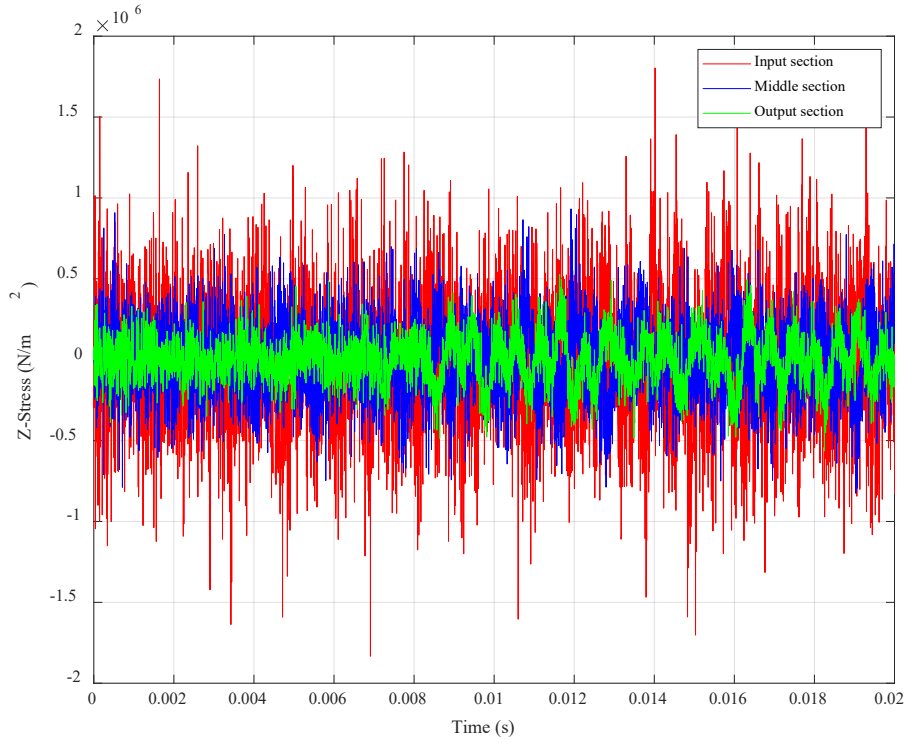
(c)

Fig. 12. Snapshots of the interaction displacement of the resonators (a) 3D Meta-lattice truss, (b) Cross section of unit 1 at $t = 4.299$ ms, and (c) Cross section of unit 1 at $t = 6.449$ ms.

413 To more explicitly show the wave attenuation effect, the Z-stress waves at different section of
 414 the outer mass aluminium (3rd layer in Fig. 1) and outer coating element (2nd layer in Fig. 1) are
 415 compared in Figs. 13(a) and 13(b), respectively. It can be seen that the amplitudes of the element
 416 close to the input excitation (input section in the figure) are largest while the smallest
 417 amplitudes belong to the element at the far-end position (the output section). The absolute
 418 maximum amplitudes of the stress waves at the three sections of the aluminum outer mass are
 419 -1.4×10^6 , -0.5×10^6 , -0.3×10^6 N/m², respectively, and the corresponding results in the external
 420 layer of rubber are -1.7×10^6 , -0.8×10^6 , -0.4×10^6 N/m². It is evident that both figures exhibit the
 421 stress wave attenuation from the beginning to the end of the meta-lattice truss subjected to the
 422 sweep frequency excitation.
 423



(a) Outer mass aluminium



(b) Outer coating

Fig. 13. Stress waves time histories at different sections of the lattice truss subjected to excitation with sweep frequency ranging from 1-5000 Hz.

424 To further validate the proposed model, the continuous wavelet transform (CWT) is applied to
 425 analyze the output displacements in the time-frequency domain. In this study, a Gabor wavelet
 426 transform is chosen as the mother wavelet function owing to its multiresolution analysis
 427 capability. Figs. 14 depicts the multi-frequency CWT profiles of the far-end surface data in the
 428 case of sweep excitation. As shown, no energy exists in the output signal within three frequency
 429 ranges which are shaded in the figure, which mean the three bandgaps are formed. These
 430 bandgaps are well agreed with the analytical results as discussed above.

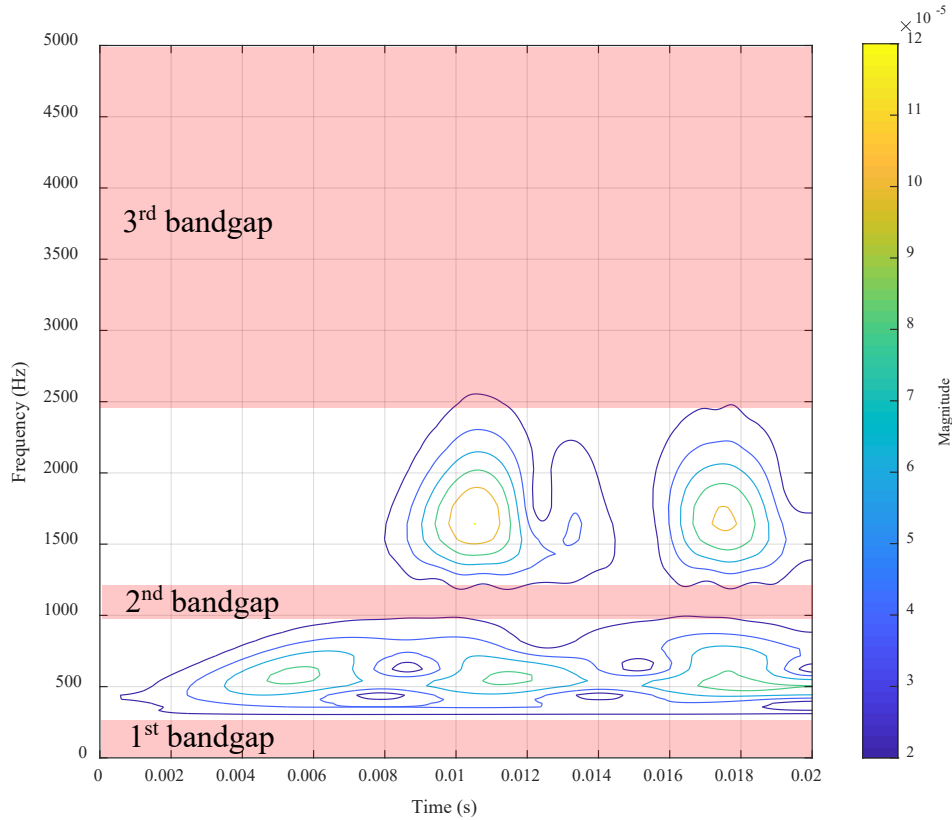
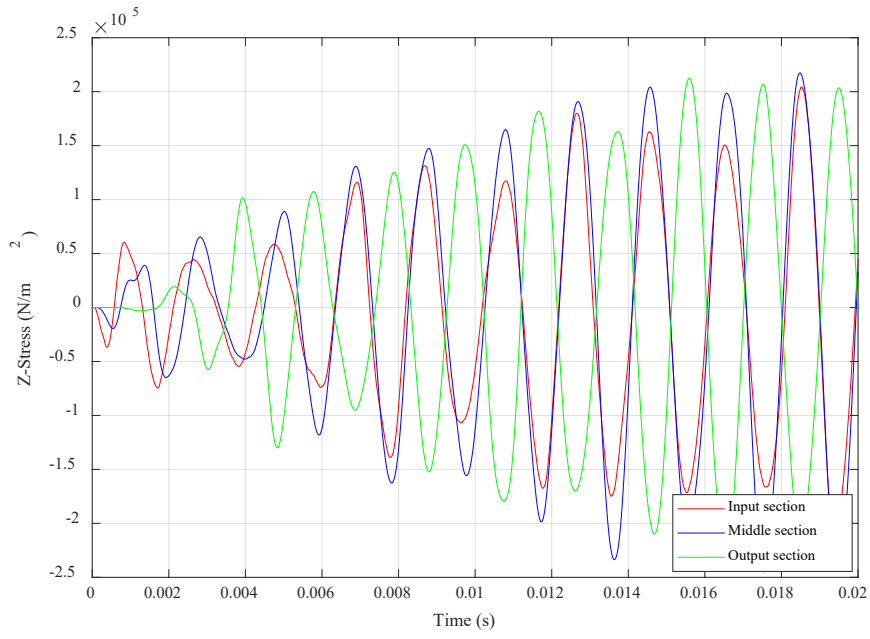


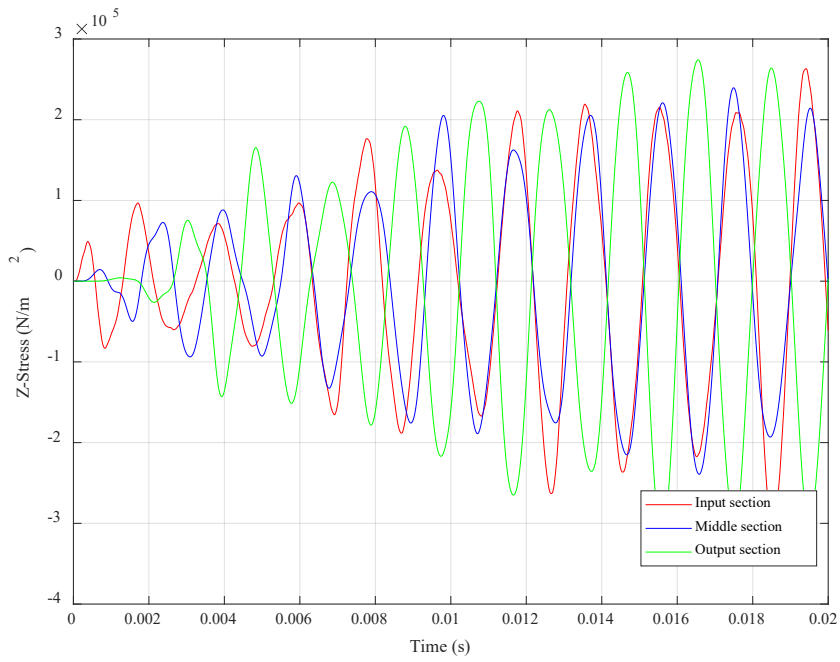
Fig. 14. Transient response profiles of the output displacement obtained by the CWT method in the time-frequency domain under the sweep excitation.

431 6.2 Transient response to a single frequency inside the passband

432 The dynamic response of the meta-lattice truss is further studied by applying a prescribed
 433 displacement with a frequency that falls outside the bandgap range. In the numerical simulation,
 434 a frequency of 500 Hz is chosen. By applying a similar procedure, the stress waves of an
 435 element in the lead core (5th layer in Fig. 1) and the inner coating (4th layer in Fig. 1) at the input
 436 end, middle part and output end of the model are compared in Figs. 15(a) and 15(b),
 437 respectively. It can be seen that no wave attenuation occurs because the wave frequency is
 438 outside the bandgap of the meta-lattice truss. In other words, the stress wave can propagate
 439 through the meta-lattice truss without any internal obstructions, there is no prominent change
 440 in the stress amplitude.



(a) Lead core



(b) Inner coating

Fig. 15. Stress waves time histories at different sections of the meta-lattice truss subjected to harmonic excitation with frequency out of the bandgap range.

441 Figs. 16 depicts the multi-frequency CWT profiles of the far-end surface subjected to a single
442 frequency excitation (i.e. with the frequency of 500 Hz). As shown in Fig. 16, the dominant
443 frequency of the transmitted signal remains unchanged at 500 Hz, which means no wave
444 attenuation phenomena occurs in this area. This is because 500 Hz is within the passband of the
445 meta-lattice truss as discussed above.

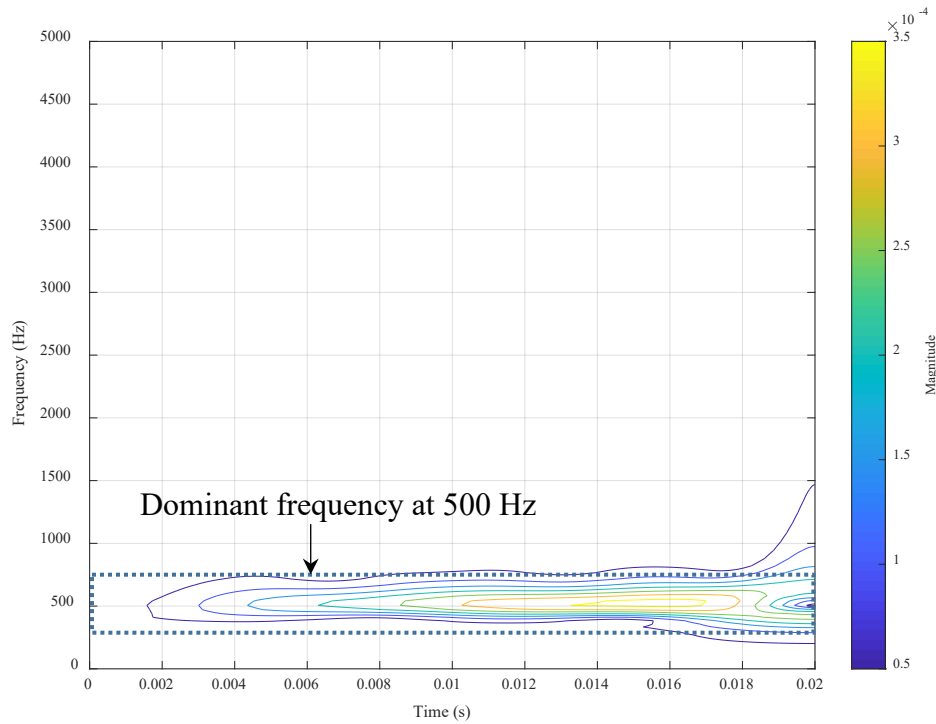


Fig. 16. Transient response profiles of the output displacement obtained by the CWT method in the time-frequency domain under the excitation with single frequency of 500 Hz.

446 7. Conclusions

447 In this study, an analytical mass-in-mass spring model is developed to improve the accuracy of
448 the commonly used analytical model for the dynamic behaviors of the meta-lattice truss system.
449 In the proposed model, one more spring representing the shear stiffness between the most inner
450 core and the corresponding coating is taken into consideration. From the analytical and
451 numerical investigations, the following conclusions can be drawn:

452 1. The proposed model results in a broader low-frequency bandgap for the meta-lattice truss,
453 while this low-frequency bandgap width is under predicted by the conventional model owing
454 to neglecting the shear stiffness of the second-layer coating connecting the inner and outer mass.
455 2. Parametric studies reveal that the first two bandgaps can be broadened by either increasing
456 the internal mass m_1 or decreasing m_2 while the third bandgap remains unchanged irrespective
457 of the value of m_2 but increases with m_1 .
458 3. Increasing the axial stiffness k_1 , and k_3 has no effect on the first bandgap but narrows the
459 third bandgap. Increasing shear spring stiffness k_2 narrows the third bandgap, but widens the
460 other two bandgaps. Increasing the shear stiffness k_4 , which is neglected in the previous study,
461 has no effect on the bandgap in the high-frequency range but widens the bandgap in the low-
462 frequency range.

463 In general, the investigated meta-lattice truss with dual resonators exhibits excellent
464 performance on stress wave mitigation so that it possesses a great potential to be deployed in
465 protective structures or energy absorbers. The proposed analytical model can predict the
466 performance of the meta-lattice truss with a high level of accuracy in the low-frequency range.

467 **Acknowledgments**

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469 Council via Laureate Fellowships FL180100196 and the Research Training Program
470 Scholarship (RTP) from Curtin University.

471 **Appendix**

472 With an attempt to estimate the accurate values of the spring stiffness k_i ($i=1,2,3,4$), the
473 commercial software COMSOL MULTIPHYSICS was leveraged to conduct a numerical
474 simulation. A constant force F which is depicted in Fig. 17(a) is applied to the model to calculate
475 the value of shear spring stiffness k_4 of the internal core and while two constant force F was put
476 in two directions of the model to estimate the values of k_3 shown in Fig. 18(a). Similarly, the

477 calculation of value k_2 and k_1 is carried out with the same procedure but different dimensions.
 478 As seen in Fig. 17(a) and 18(a), the average displacements monitored at the yellow surface are
 479 denoted as u_i ($i=1,2,3,4$) and captured by commercial software which is observed in Fig. 17(b)
 480 and 18(b). The boundary condition for all edges of the outer shell is clamped. The equilibrium
 481 equations of the unit model are as follows [34]:

$$k_1(u_1 + u_2) + k_2 u_1 = F \quad (30)$$

$$k_2 u_3 = F$$

$$k_3(u_4 + u_5) + k_4 u_4 = F$$

$$k_4 u_6 = F$$

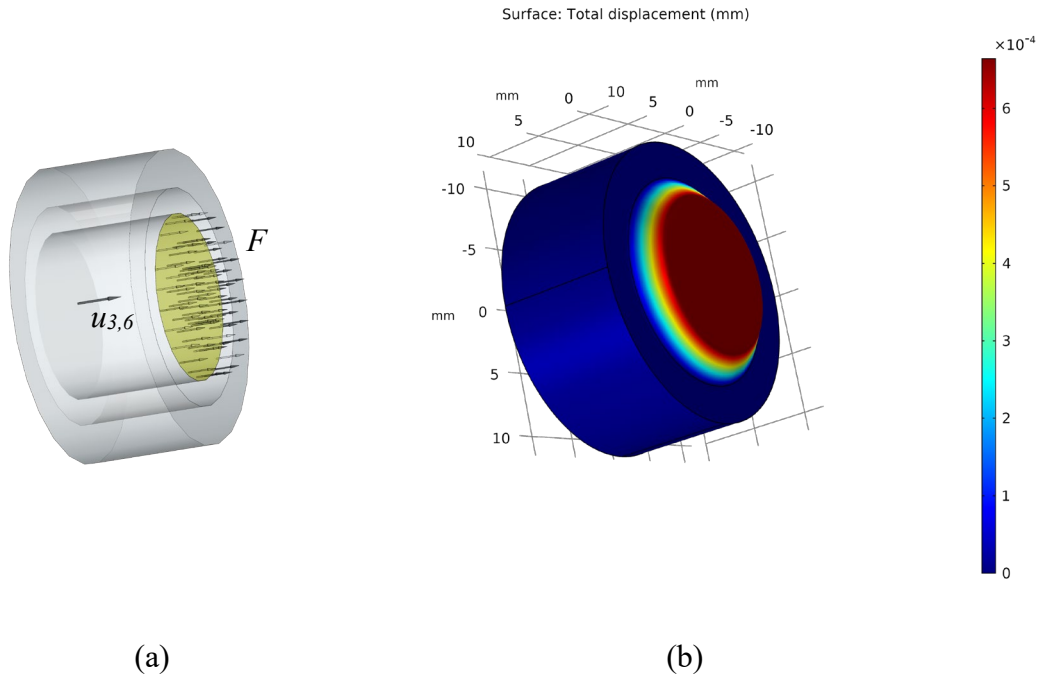


Fig.17. Simulated model utilized for the calculation of k_2 and k_4 (a) Undeformed model (b) Deformed model.

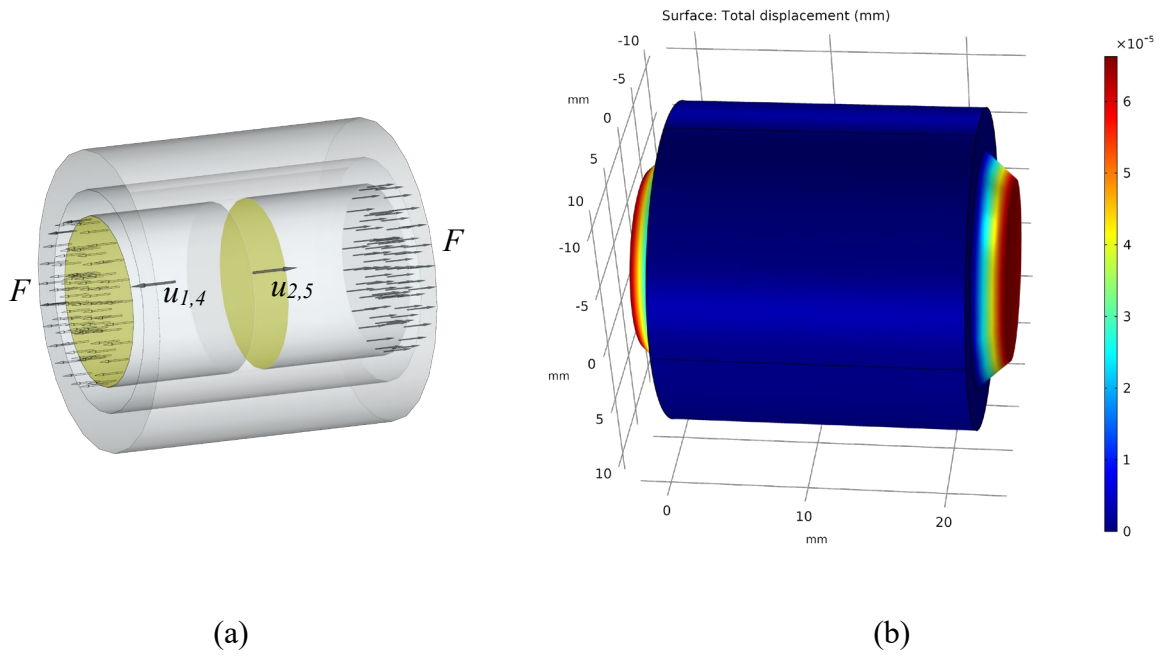


Fig.18. Simulated model utilized for the calculation of k_1 and k_3 (a) Undeformed model (b) Deformed model.

482 The approximate value of the stiffness k_i ($i=1,2,3,4$) can be estimated by Young's modulus E
 483 and shear modulus G based on the relevant cross-sections of different parts of rubber A_i
 484 ($i=1,2,3,4$) which is presented in Figs. 19(a) and 19(b).

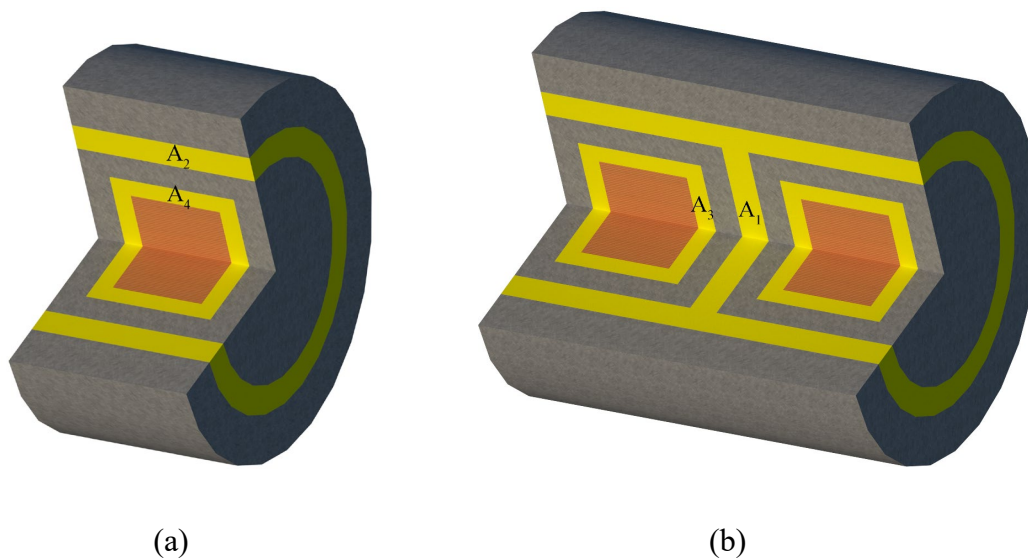


Fig.19. Schematic diagram for the calculation of the cross-section value (a) A_2 and A_4 and (b) A_1 and A_3 .

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