

Citation

Xu, C. and Chen, W. and Hao, H. and Pham, T.M. and Bi, K. 2022. Static mechanical properties and stress wave attenuation of metaconcrete subjected to impulsive loading. *Engineering Structures*. 263: ARTN 114382. <http://doi.org/10.1016/j.engstruct.2022.114382>

1 Static mechanical properties and stress wave 2 attenuation of metaconcrete subjected to impulsive 3 loading

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8 **Abstract**

9 To mitigate shock wave propagation, a conventional engineered aggregate (EA) consisting of
10 solid core coated with relatively soft material was designed to be tuned at targeted frequencies
11 based on the local resonance mechanism. Previous studies demonstrated that metaconcrete
12 consisting of conventional engineered aggregates (EAs) exhibited favourable attenuation
13 performance of impulsive loading effects on structures. However, it was also found that the
14 existence of the soft coating on conventional EA caused a reduction in the compressive strength
15 of metaconcrete. In this study, a new type of EA by adding a relatively stiff shell outside the
16 soft layer of the conventional EA was developed to overcome the issue of strength reduction
17 whilst keeping its favourable wave attenuation properties. Quasi-static mechanical properties
18 of metaconcrete consisting of conventional and newly developed EAs were examined through
19 standard compression tests. The dynamic responses of the cylindrical metaconcrete specimens
20 subjected to non-destructive and destructive impulsive loadings were also tested to investigate
21 its wave attenuation capacity. The failure processes and the failure modes of metaconcrete
22 made of different types of EAs under destructive tests were compared. It was found that adding
23 a stiffer shell to the conventional EAs can improve the mechanical properties of metaconcrete
24 while still keeping its good performance in mitigating stress wave propagation under both
25 destructive and non-destructive loads.

26 **Keywords:** Metaconcrete, Engineered aggregates, Stress wave attenuation, Quasi-static
27 loading, Impulsive loading.

28 **1 Introduction**

29 Concrete structures may experience different types of dynamic loads induced by accidental or
30 natural hazards in their service life, such as earthquakes, wind, accidental explosions and
31 vehicle collisions. Locally resonant metamaterials are the engineered materials designated to
32 manipulate the stress wave propagation, which has excited many researchers' curiosities to
33 apply it for mitigating damage to civil structures [1-5]. In particular, a newly developed
34 concrete-like metamaterial termed as metaconcrete can be used to protect structures from
35 vibration and shock wave loadings due to its favourable wave filtering capacity, which has
36 been intensively investigated in recent years [6-9]. The critical feature associated with
37 metaconcrete is the frequency-dependent attenuation property at the prescribed frequency
38 range induced by the local resonance of engineered aggregate (EA). The conventional EA is
39 made of a solid core coated with a relatively soft layer so that the solid core could oscillate at
40 specific frequencies under dynamic loading. This resonant behaviour triggers the overall
41 system to exhibit negative effective properties (i.e., negative effective mass) interacting with
42 stress waves induced by the dynamic loading. The local oscillation of the solid core could
43 convert the wave energy to its kinetic energy whilst energy imparted by dynamic loads can be
44 absorbed by the embedded resonant aggregates, resulting in the attenuation of stress wave
45 propagation [10-12]. Another feature of metaconcrete is that the tunable frequency range called
46 the "bandgap" can be customized by changing the configuration of resonant aggregates. For
47 instance, Tan et al. [13] numerically investigated the blast wave propagation in the
48 metaconcrete with periodically distributed engineered aggregates coated by different
49 viscoelastic compliant layers for effectively filtering the prescribed frequency range of loading
50 components. In addition, previous experimental studies [14-21] have demonstrated that a

51 metallic core coated with a compliant coating layer could suppress the propagation of waves
52 within the bandgap of metaconcrete. Nevertheless, no experimental study has been conducted
53 yet with respect to the mechanical properties such as the compressive strength of metaconcrete.
54 It is also a lack of experimental verification regarding the effectiveness in mitigating stress
55 wave propagations subjected to destructive impulsive loads. Jin et al. [7] developed high
56 fidelity mesoscale numerical models and performed intensive numerical simulation. The
57 numerical results demonstrated that metaconcrete composed of conventional engineered
58 aggregates (EAs) could reduce the compressive and spalling strengths due to the existence of
59 a soft coating layer. This adverse effect of metaconcrete material may limit its wide
60 applications despite its excellent capability in mitigating wave propagations. No experimental
61 study has been reported in literature yet concerning this issue and a solution to overcome this
62 problem has not yet been developed nor experimentally verified. Therefore, it is deemed
63 necessary to experimentally investigate the mechanical properties of metaconcrete material
64 besides verifying its effectiveness in mitigating stress wave propagations.

65 To modify the design of conventional engineered aggregates to enhance the strength of
66 metaconcrete and not to lose its wave-filtering capability, engineered aggregates with a
67 relatively stiff layer outside the soft material were developed in this study. Three types of EAs
68 including rubber-coated steel ball (RCSBs), 18 mm rubber-coated steel balls with an additional
69 steel layer (ERCSBs/18) and 15 mm rubber-coated steel balls enclosed in the steel shell
70 (ERCSBs/15) were fabricated, and they were randomly dispersed in cementitious mortar to
71 cast the metaconcrete specimens. Mechanical properties of plain mortar, concrete and
72 metaconcrete with EAs (i.e., RCSBs and ERCSBs) under quasi-static compressive tests and
73 their dynamic responses subjected to impulsive loadings were examined and reported. The
74 influences of adding an enhanced steel layer outside RCSBs on the compressive strength and
75 the wave attenuation performance of metaconcrete were assessed and compared. The frequency

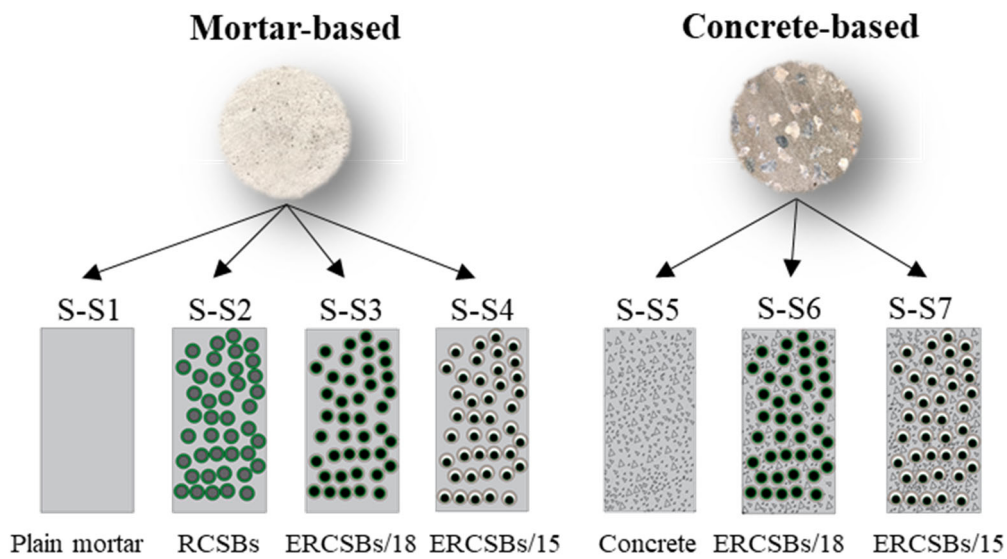
76 spectra obtained from the test data were processed to verify the existence of frequency-
77 dependent wave-filtering capacity. The attenuation mechanism of the metaconcrete with newly
78 proposed ERCSBs was revealed. Furthermore, the effectiveness of metaconcrete in mitigating
79 stress wave propagations induced by destructive impulsive loads with different intensities was
80 investigated. The failure process and failure modes under destructive dynamic loads of
81 metaconcrete specimens of different configurations were compared and discussed.

82 **2 Experiment program**

83 **2.1 Specimen preparation**

84 In this study, all specimens can be classified into two groups: mortar-based and concrete-based
85 specimens, the configuration of specimens is schematically illustrated in Fig. 1. S-S1 was made
86 by plain mortar only. S-S2, S-S3 and S-S4 were made of cementitious mortar with 10.6%
87 volume fraction of engineered aggregates (EAs). S-S5 was composed of cementitious mortar
88 and natural aggregates (NAs) of 41.8% in volume. S-S6 and S-S7 consisted of mortar, natural
89 and engineered aggregates. S-S6 contained 31.2% of NAs together with 10.6% of ERCSBs/18.
90 S-S7 included 31.2% of NAs and 10.6% of ERCSBs/15. Namely, the total volume percentage
91 of aggregates (including NAs and EAs) remained 41.8%, while a proportion of natural
92 aggregates (10.6% in total volume) were replaced by respective EAs. To fabricate mortar-based
93 specimens, high strength mortar was utilized as the matrix of metaconcrete. The mortar
94 consisted of Portland cement, fine sand and additives (calcium alumina-sulphate) [22]. The use
95 of high-strength mortar was to provide sufficient strength and avoid potential damage under
96 non-destructive impulsive loadings; hence the enhancement of stress wave attenuation as
97 compared with the plain mortar is mainly due to the local resonance mechanism instead of
98 material damage. The mix ratio of cement/sand/water/additives was 1/2/0.5/0.33. The mix
99 proportions are detailed in Table 1. Natural aggregates with a maximum size of 10 mm and
100 bulk density around 1522 kg/m³ (in accordance with [23]) were used in the plain concrete mix.

101 Natural aggregates in combination with engineered aggregates were adopted for concrete-
 102 based metaconcrete specimens. When the diameter of a cylindrical specimen is at least three
 103 times the maximum size of the natural aggregate, the heterogeneity owing to the existence of
 104 aggregates can be neglected in dynamic impact tests [24]. In this study, the diameter of the
 105 specimen (i.e., 100 mm) was five times the maximum aggregates size (i.e., 20 mm EAs),
 106 therefore the heterogeneity effect under dynamic tests can be neglected.



107
 108 Fig. 1: Specimen classification.

109 Three types of engineered aggregates (EAs) were utilized to cast metaconcrete specimens
 110 including RCSBs (rubber-coated steel balls) and two types of ERCSBs (RCSBs enclosed in a
 111 steel shell), i.e., ERCSBs/18 and ERCSBs/15. All EAs were designed to have an identical
 112 overall size of 20 mm in diameter. The configuration details of EAs, namely RCSBs and
 113 ERCSBs are given in Table 2. Conventional RCSBs were made of steel balls coated with
 114 silicone rubber. The dome-shaped rubber coating was prepared by using the moulding
 115 technique [20]. The steel ball was then encapsulated by the upper and lower dome-shaped
 116 rubber coating, followed by a curing process to form RCSBs. ERCSBs was made by enclosing
 117 RCSB with steel shell. Lazar-welding was used to seal steel shell for each ERCSB. Specifically,
 118 ERCSBs/18 was made of 18 mm RCSBs with an additional 1 mm-thick steel shell. Besides,

119 inspired by the granular dampers [25-27] and nonlinear spherical pendulum resonator [28],
 120 ERCSBs/15 was made by enclosing the RCSB inside a larger steel shell with a gap clearance,
 121 i.e., 15 mm diameter RCSB enclosed inside a 20 mm-diameter steel shell. Since the thickness
 122 of the steel shell is 1 mm for ERCSBs/15, there is a 3 mm clearance between the steel shell and
 123 the RCSB. Under dynamic loading, the RCSB can move inside the steel shell, which also could
 124 attract a certain amount of energy induced by the dynamics loading, besides the oscillation of
 125 the steel core in conventional EA. Therefore, this type of EA is expected to dissipate the
 126 considerable amount of energy via the combination of the motion-caused collisions, sliding
 127 and rolling between the inner inclusions and shell walls as well as local vibration of the solid
 128 core.

129 Table 1: Mix proportions.

Type	Water (kg/m ³)	Cement (kg/m ³)	Sand (kg/m ³)	NA ^b (<10mm) (kg/m ³)	EA ^c (kg/m ³)	Additive ^d (kg/m ³)
Mortar	204	408	816	-	-	136
Plain concrete	204	408	816	863	0	136
Metaconcrete ^a	204	408	816	554	637	136

130 Note: ^a: concrete-based metaconcrete; ^b: 41.8% volume fraction of natural aggregates (NAs) in
 131 plain concrete; ^c: NAs (10.6% in total volume) were replaced by EAs in concrete-based
 132 metaconcrete. ^d: Calcium alumina-sulphate was used as the additive.

133 The metaconcrete specimens were cast in accordance with ASTM C192/C192M-19 [29] using
 134 different inclusions such as RCSBs, ERCSBs/18 and ERCSBs/15. Besides, the attenuation
 135 mechanism of metaconcrete mainly relied on the local resonance effects of EAs instead of
 136 Bragg scattering. Since metaconcrete with randomly distributed EAs tended to be more
 137 practical in engineering applications [15], all inclusions (e.g., RCSBs and ERCSBs) were
 138 dispersed randomly rather than regular deposition in the cementitious mortar when casting. As
 139 listed in Table 3, a total of forty-two cylinders (i.e., six cylinders per configuration) with a
 140 height of 200 mm and a diameter of 100 mm were prepared. Plain mortar specimen (S-S1) with

141 0% EAs was regarded as the reference. In addition, S-S2, S-S3 and S-S4 were fabricated to
142 evaluate the effect of different embedded inclusions on the performance of metaconcrete.
143 Concrete-based specimens (i.e., S-S5 to S-S7) were designed to mix EAs in combination with
144 natural aggregates. Detailed information on the mix proportions, specimens and configuration
145 of EAs is given in Table 2 and Table 3, respectively. A steel rod was used to ram the specimen
146 to minimize the voids during casting. ASTM C192/C192M-19 [29] was followed for the
147 specimen curing.

148 2.2 Test setup

149 2.2.1 Quasi-static test

150 The quasi-static compressive test was conducted by using a MATEST testing machine. The
151 test setup is shown in Fig. 2. For the compressive test, three $\text{Ø}100 \times 200$ mm surface-grinded
152 cylinders per configuration were tested with a loading rate of 0.33 MPa/min following the
153 ASTM C39/C39M-21 guide [30] with the equivalent strain rate of 10^{-4} s^{-1} .



154
155 Fig. 2: Quasi-static compressive test setup (SG: strain gauge).

156 Modulus of elasticity and Poisson's ratio were determined based on the guidelines [31]. The
157 longitudinal strain was measured by using the longitudinal strain gauge SG1 attached to the

158 specimen, as shown in Fig. 2. To measure the transverse strain, another strain gauge SG2 with
 159 a length of 50 mm was attached perpendicularly to the direction of compression at the middle
 160 of the specimen. The reported results are the mean values of three identical specimens. The
 161 values of modulus of elasticity and Poisson's ratio can be calculated as follows [31]:

$$E = (S_2 - S_1) / (\varepsilon_2 - 0.000050) \quad (1)$$

162 where E is chord modulus of elasticity in MPa; S_2 is the stress corresponding to 40% of
 163 ultimate load; S_1 is the stress in MPa corresponding to a longitudinal strain ε_1 of 0.000050 and
 164 ε_2 is the longitudinal strain produced by stress S_2 .

$$\mu = (\varepsilon_{t2} - \varepsilon_{t1}) / (\varepsilon_2 - 0.000050) \quad (2)$$

165 where μ is Poisson's ratio; ε_{t2} is the transverse strain at mid-height of the specimen produced
 166 by stress S_2 , and ε_{t1} is the transverse strain at mid-height of the specimen produced by stress
 167 S_1 .

168 **2.2.2 Dynamic test**

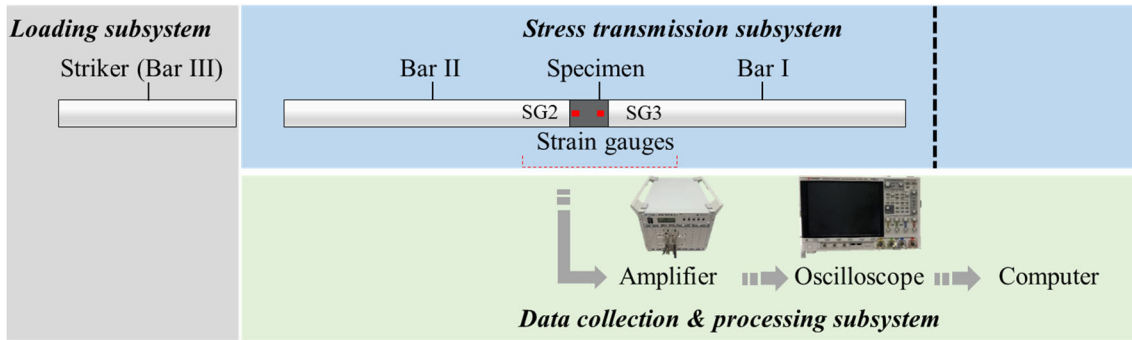
169 In this study, two types of dynamic tests including non-destructive (Fig. 3(a)) and destructive
 170 tests (Fig. 3(b)) were carried out. All the dynamic tests were conducted as consistently as
 171 possible by using a testing apparatus composed of striker bar, bar I, bar II and bar III with a
 172 diameter of 100 mm as well as the buffer system, as shown in Fig. 3. The bars were made of
 173 stainless steel with Young's modulus (E_{bar}) of 210 GPa [32]. It is worth noting that the
 174 purpose of using this apparatus is not to obtain dynamic material properties, instead, it is to
 175 examine the effectiveness in mitigating stress wave propagation of the metaconcrete specimens.

176 Under the non-destructive test, the impulsive load of the test was generated by manually sliding
 177 bar III as a striker to impact bar II, as demonstrated in Fig. 3(a). Two strain gauges (i.e., SG2
 178 and SG3) were attached close to the front and rear surface of the specimen to record the signal,
 179 i.e., 30 mm and 170 mm from the incident surface of the specimen, respectively. For the non-
 180 destructive test, only the signals of strain gauges attached to the specimen were recorded. The

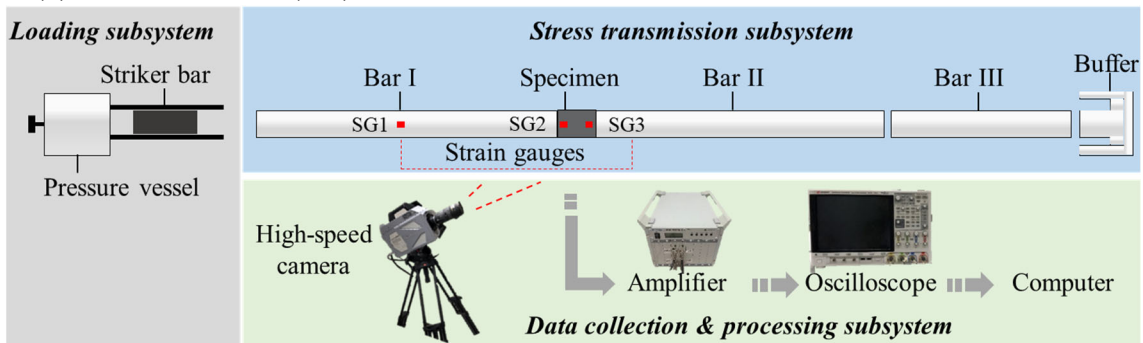
181 destructive test setup is shown in Fig. 3(b). The striker bar for the destructive test was launched
182 by a pressure vessel to generate intensive dynamic load in order to examine the inelastic
183 response of the specimen. Signal recorded on the bar I was used to determine the input
184 impulsive loads.

185 A high-speed camera as illustrated in Fig. 3(c) with a frame rate of 12500 frames per second
186 (FPS) was employed to measure the failure process of all specimens under destructive tests.
187 During the destructive tests, rubber pulse shapers with a diameter of 20 mm and thickness of 3
188 mm were applied to eliminate the high-frequency oscillation as suggested by the previous study
189 [32]. It is worth noting that the specimen was placed between two bars and hanged by two
190 nylon ropes in the actual test setup (Fig. 3(c)). Two nylon ropes were tied near two ends of the
191 specimen. The purpose of using nylon rope was to hold the specimen and align it to the testing
192 apparatus. The specimen using nylon ropes instead of using other supports can minimize
193 unwanted wave dispersion caused by the interaction between the support and stress wave [20].

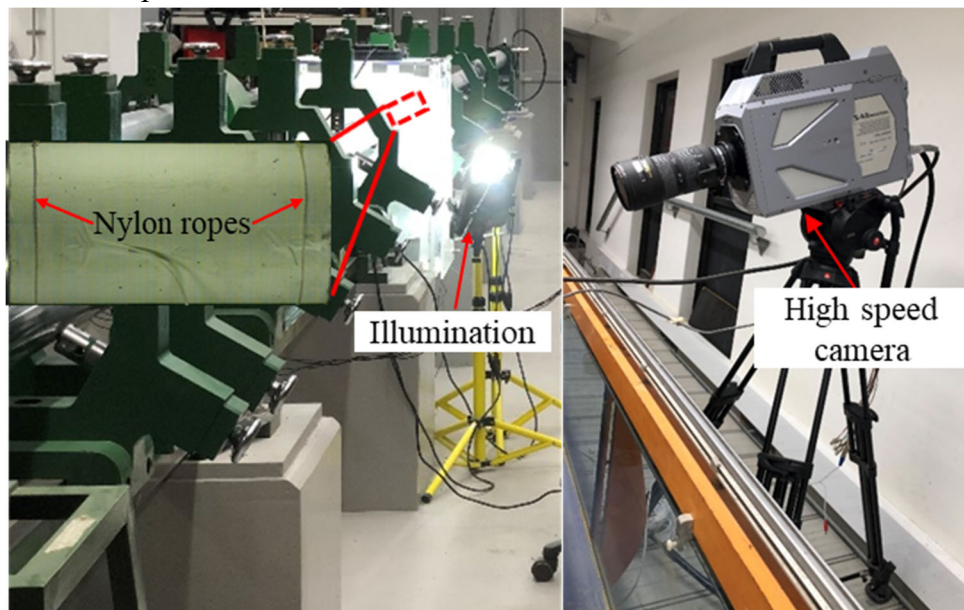
(a) Non-destructive test (NDT)



(b) Destructive test (DT)


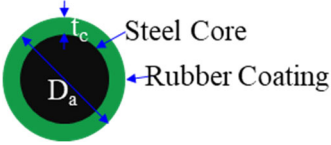

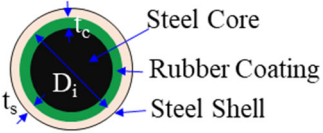

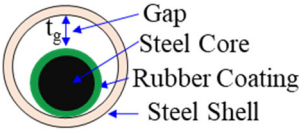


(c) Actual setup



194 Fig. 3: Dynamic test setup.

195 Table 2: Configuration of engineered aggregates (EAs).

Type	Illustration	Configuration	Dimension	Advantages	Disadvantages
RCSB			$D_a=20$ mm $t_c=2.3$ mm	Local resonance effect	Low stiffness Strength reduction due to the soft coating
ERCSB/18 (no gap)			$D_a=20$ mm $D_i=18$ mm $t_c=1.5$ mm $t_s=1$ mm	Stiffer Local resonance effect	Insufficient bonding due to smooth surface
ERCSB/15 (with a gap)			$D_a=20$ mm $D_i=15$ mm $t_c=1.3$ mm $t_s=1$ mm $t_g=3$ mm	Stiffer Lighter Local resonance effect Rocking effect	Insufficient bonding due to smooth surface

196 Note: D_a is the diameter of engineered aggregate; D_i is the diameter of inner inclusion; t_c is the thickness of coating; t_s is the thickness of steel shell;
 197 t_g is the gap between RCSB and steel shell.

198

199 Table 3: Specimen configurations and test results under non-destructive test (NDT).

Name	Inclusion types	V_{NA} %	V_{EA} %	size (mm)	ρ_{ave} (kg/m ³)	R_{p-NDT}	R_{s-NDT}
S-S1	-	0	-	0	2183.8	-27%	-
S-S2	RCSBs	0	10.6%	20	2477.5	79%	396%
S-S3	ERCSBs/18	0	10.6%	20	2504.9	86%	422%
S-S4	ERCSBs/15	0	10.6%	20	2325.3	62%	332%
S-S5	Natural aggregates (NAs)	41.8%	0	-	2285.7	-0.4%	98%
S-S6	NAs+ ERCSBs/18	31.2%	10.6%	20	2658.9	71%	365%
S-S7	NAs+ ERCSBs/15	31.2%	10.6%	20	2463.9	68%	354%

200 Note: V_{NA} % is the volume fraction of natural aggregate; V_{EA} % is the volume fraction of engineered aggregate; ρ_{ave} is the average density; R_{p-NDT} is
 201 the peak reduction ratio of maximum longitudinal strain; R_{s-NDT} is the specific reduction ratio of strain with respect to plain mortar (reference). The
 202 negative value of the peak reduction ratio means the magnification of amplitude; “-” means reference specimen (S-S1).

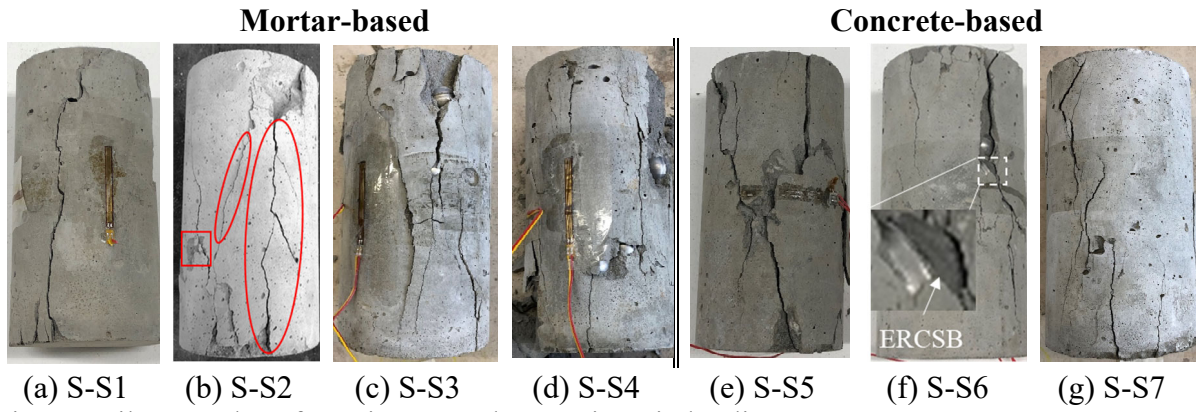
203 **3 Results and discussions**

204 **3.1 Quasi-static test and results**

205 Fig. 4 shows the failure modes of different specimens under quasi-static compression. Cracks
206 usually initiate at weak locations (e.g., the interface between cement mortar and aggregates,
207 ITZ) and extend into the mortar matrix under quasi-static loading, leading to the brittle failure
208 of the cementitious matrix [33]. Thus, the induced cracks associated with static loading are
209 usually long and have an arbitrary path. The specimen with 0% NAs or EAs (i.e., mortar
210 specimen S-S1) showed a columnar cracking pattern since the specimen was observed to fail
211 into pieces on the external surfaces of the cylinder with brittle collapse, as shown in Fig. 4(a).
212 The failure mode of metaconcrete with 10.6% RCSBs was characterized as a combination of
213 shear and split. Cracks initiating at the top propagated towards the bottom of the specimen and
214 circumferential cracks were bifurcated from a major columnar crack, as highlighted by red
215 circles in Fig. 4(b). Also, there was localized damage around RCSBs as highlighted by the red
216 box in Fig. 4(b) due to the dissimilarity of modulus and deformation between the rubber layer
217 and mortar matrix. Besides, the failure mode of S-S3 was similar to S-S4 with different types
218 of ERCSBs, as shown in Fig. 4(c) and (d). Both S-S3 and S-S4 showed the diagonal shear
219 cracks together with several columnar cracks and failed into more pieces, indicating more
220 severely brittle failure. Meanwhile, columnar vertical cracking through both ends was observed
221 in S-S5 (Fig. 4(e)), and the specimen was broken into pieces. As shown in Fig. 4(f) and (g), the
222 concrete-based metaconcrete specimens (S-S6 and S-S7) had similar failure characteristics as
223 mortar-based metaconcrete specimens. More cracks appeared at the interface between ERCSBs
224 and matrix resulting in localized damages, which might be due to the stress concentration at
225 the interfacial transition zone between ERCSBs and the surrounding matrix.

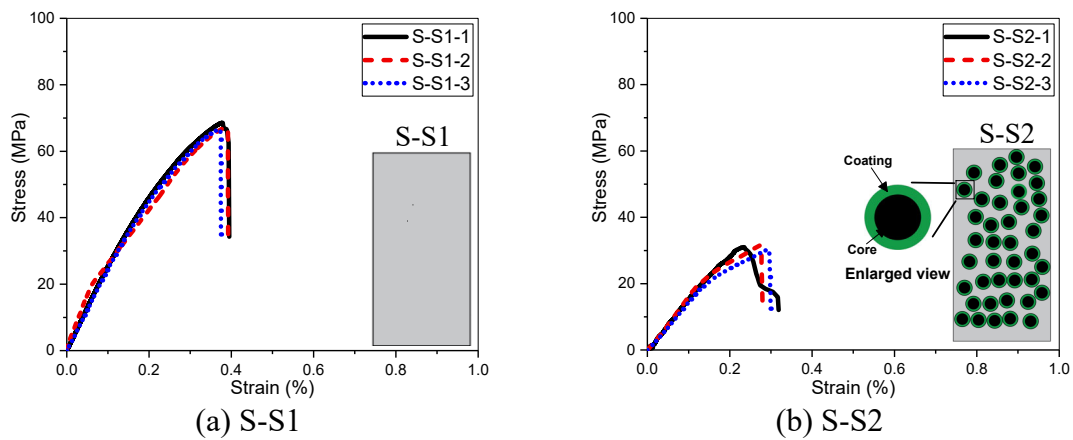
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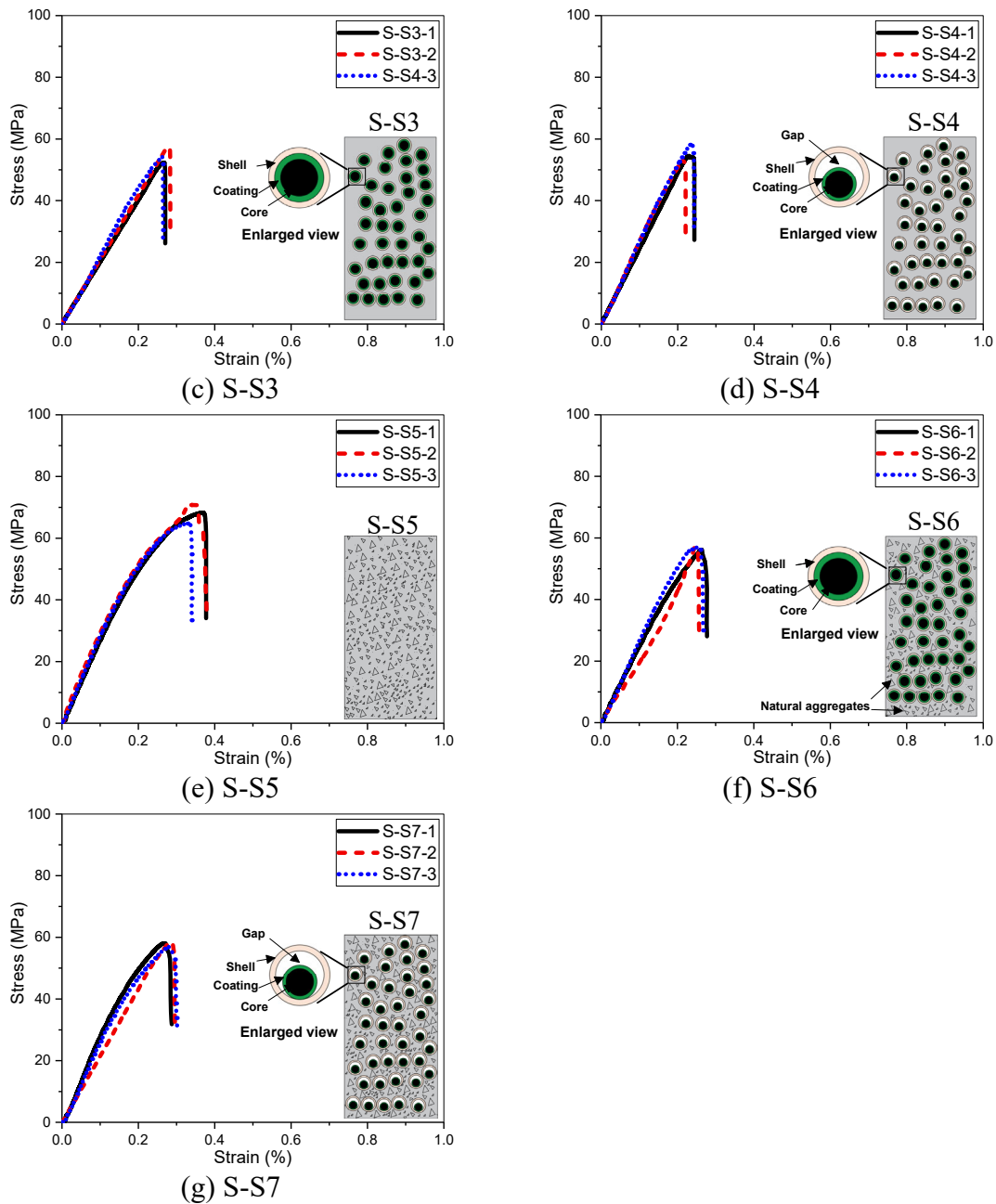
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228 Fig. 4: Failure modes of specimens under quasi-static loading.

229 Fig. 5 shows compressive stress-strain curves for all the specimens under quasi-static tests. All
 230 curves show a similar trend and brittle failure after reaching the peak stress. As shown in Fig.
 231 5 (a), the plain mortar S-S1 failed at the average ultimate stress of 67.49 MPa and the average
 232 strain at the peak stress was around 0.380%. The plain concrete (S-S5) had an average ultimate
 233 strength of 67.92 MPa and the average strain at the peak stress was around 0.352%, as shown
 234 in Fig. 5(e). Fig. 5(b), (c), (d), (f) and (g) show the stress-strain curves of metaconcrete
 235 specimens. The average strain at the peak stress of metaconcrete S-S2, S-S3, S-S4, S-S6 and
 236 S-S7 was about 0.267%, 0.272%, 0.230%, 0.255% and 0.278%, respectively. As observed in
 237 Fig. 5, the compressive strength of metaconcrete was considerably improved by using ERCSBs
 238 as compared to metaconcrete with RCSBs (S-S2). These results indicated that adding EAs into
 239 the concrete mix reduced the concrete strength and deformation ability.





240 Fig. 5: Stress-strain curves of specimens.

241 The mean compressive strength of mortar and metaconcrete specimens with different aggregate
 242 configurations is illustrated in Fig. 6(a). The average compressive strength of S-S1 was 67.49
 243 MPa. However, the compressive strength greatly decreased to 29.98 MPa when adding RCSBs
 244 in S-S2. Namely, the reduction in the compressive strength of metaconcrete by adding 10.6%
 245 volume percentage of RCSBs was around 55.6% in comparison with S-S1. This result was
 246 consistent with that obtained from the detailed numerical modelling [7], i.e., adding RCSBs
 247 into the concrete mix could reduce the concrete strength although it local vibrations of the core
 248 in RCSBs mitigate stress wave propagation. The reasons for the adverse effect of mixing

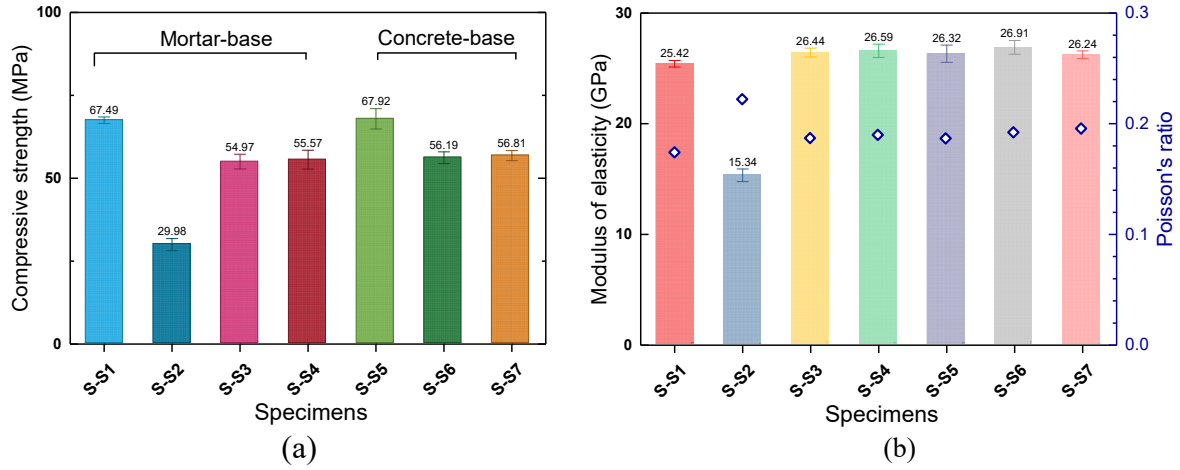
249 RCSCBs into the mortar on the compressive strength of metaconcrete were attributed to: a) a
250 soft coating with low stiffness was prone to deform while the surrounding mortar was brittle,
251 causing damage to mortar matrix; b) the mismatch of the elastic modulus and deformation
252 capacity made the surrounding matrix vulnerable to be damaged. As shown, adding a hard steel
253 shell improved the average compressive strength of metaconcrete to 54.97 MPa and 55.57 MPa
254 for S-S3 and S-S4, which increased around 80.3% and 85.4% as compared to S-S2, respectively,
255 but were still lower than the mortar specimen (S-S1). The reason for the compressive strengths
256 of S-S3 and S-S4 being lower than S-S1 was because of the insufficient bonding between the
257 steel shell surface and the surrounding mortar matrix, evidenced by the debonding failure
258 between ERCSBs and mortar matrix shown in Fig. 4. Nevertheless, adding an additional steel
259 shell on the conventional EAs significantly improved the compressive strength of metaconcrete
260 mixed with the conventional EAs. Similar observations can be drawn on the concrete-based
261 specimens, i.e., S5, S6 and S7. The respective average compressive strength was 67.92 MPa,
262 56.19 MPa, and 56.81 MPa. The strength of metaconcrete with enhanced EAs was still slightly
263 lower than the concrete specimen (S-S5). Therefore, further improvement is deemed necessary
264 to enhance the bonding strength between the EAs and cementitious matrix so that the strength
265 of metaconcrete is not compromised while having the excellent capability of wave propagation
266 mitigation.

267 The mean modulus of elasticity (E) of the tested specimens is compared in Fig. 6(b) and the
268 average value and standard deviation (SD) are listed in Table 4. The elastic modulus of
269 metaconcrete specimens with conventional EAs was substantially smaller than that of the
270 reference specimen. For instance, the elastic modulus of S-S2 was 15.34 GPa, which was 39.4%
271 lower than that of plain mortar (25.42 GPa). This is again because the soft coating of the
272 conventional EA caused the reduction of the elastic modulus of the metaconcrete. In contrast,
273 the specimens with the enhanced EAs had a comparable or even slightly higher modulus of
274 elasticity than the reference specimen. For instance, by replacing NAs with ERCSBs (i.e., 10.6%

275 in total volume) in S-S3, S-S4, S-S6 and S-S7, higher modulus of elasticity, i.e., 26.44, 26.59,
276 26.91 and 26.24 GPa can be obtained, respectively. It is because the steel shell was much stiffer
277 than the surrounding cementitious matrix (i.e., $E_{\text{shell}} \gg E_{\text{matrix}}$) and adding a stiff steel shell
278 on the conventional EA overcame the problem of softening the metaconcrete materials.
279 However, the overall modulus of elasticity of metaconcrete with ERCSBs was not changed
280 significantly, implying the elastic modulus was still governed by the mortar matrix.

281 The mean Poisson's ratio (μ) of the tested specimens is also depicted in Fig. 6(b) and
282 summarized in Table 4. As shown, the mean Poisson's ratio had an opposite variation trend to
283 the modulus of elasticity. All the specimens, except metaconcrete specimens made of
284 conventional EAs, had a similar Poisson's ratio. The Poisson's ratio of the conventional
285 metaconcrete specimen (S-S2) was slightly higher than other specimens. This is because the
286 coating layer outside conventional EAs was made of hyper-elastic material (silicone rubber),
287 which had a higher Poisson's ratio than cementitious mortar.

288 Table 4 also gives the failure strain (ϵ_f) and specific fracture energy (G_f) of the specimens. It
289 was found that metaconcrete had lower failure strain and specific fracture energy than plain
290 mortar and concrete in general as metaconcrete had lower deformation capacity and
291 compressive strength due to weak bonding at the EAs-matrix interfaces. Hence, it is essential
292 to enhance the bonding strength between EAs and mortar matrix for improving the performance
293 of metaconcrete. It should be noted that the bonding strength can be improved by using
294 mechanical or chemical treatment such as roughing EAs' surface or adding bonding additives
295 (e.g., epoxy resin) outside the EAs. Alternatively, the steel shell can be replaced by
296 cementitious materials with superior mechanical properties to the surrounding matrix.



297 Fig. 6: Comparisons of (a) Compressive strength; (b) Modulus of elasticity and Poisson's ratio.

298 Table 4: Mechanical properties of mortar, concrete and metaconcrete specimens.

Specimen No.	f_c^a (MPa)	SD	E^a (GPa)	SD	μ^a	SD	ϵ_f^a (%)	SD	G_f^a (kJ/m ³)	SD
S-S1	67.49	0.99	25.42	1.01	0.173	0.004	0.380	0.0067	131.02	6.00
S-S2	29.98	1.81	15.34	1.91	0.222	0.003	0.267	0.0241	45.91	1.96
S-S3	54.97	2.22	26.44	1.33	0.187	0.007	0.272	0.0081	81.70	4.36
S-S4	55.57	2.83	26.59	2.00	0.190	0.009	0.230	0.0073	77.50	5.50
S-S5	67.92	3.06	26.32	2.61	0.186	0.005	0.352	0.0142	135.78	9.92
S-S6	56.19	1.78	26.91	2.07	0.192	0.005	0.255	0.0069	82.57	9.40
S-S7	56.81	1.52	26.24	1.17	0.195	0.006	0.278	0.0062	90.01	13.55

299 Note: ^a is 28-days mean value; f_c is compressive strength; E is the modulus of elasticity; μ is
300 Poisson's ratio; ϵ_f is failure strain; G_f is specific fracture energy, i.e., the enclosed area under
301 the stress-strain curve, in kJ/m³; SD is standard derivation.

302 3.2 Dynamic test results and discussion

303 To quantify the effectiveness of wave propagation mitigation of specimens, three groups of
304 performance metrics were considered in this study. The definition of each performance metric
305 is specified as follows.

306 (i) R_{p-NDT} or R_{p-DT} is defined as the peak reduction ratio of maximum longitudinal strain given
307 by Eq. (3), corresponding to the non-destructive (NDT) or destructive (DT) test. Specifically,
308 it is used to quantify the effectiveness in mitigating stress wave propagation by calculating the
309 ratio of peak strain at the front and rear end of the specimen (i.e., SG2 and SG3), as shown in
310 Fig. 3(a) and (b).

$$R_{p-NDT} \text{ or } R_{p-DT} = \left(1 - \frac{\epsilon_3|_{peak}}{\epsilon_2|_{peak}}\right) \times 100\% \quad (1)$$

311 (ii) R_{s-NDT} or R_{s-DT} , the specific reduction ratio of strain at SG3 with respect to the reference (S-
 312 S1), is computed by Eq. (4).

$$R_{s-NDT} \text{ or } R_{s-DT} = \left(1 - \frac{\varepsilon_{2s-si}|_{peak} / \varepsilon_{3s-si}|_{peak}}{\varepsilon_{2s-s1}|_{peak} / \varepsilon_{3s-s1}|_{peak}}\right) \times 100\% \quad \text{where } i = 1, 2 \dots 7 \quad (2)$$

313 (iii) Transmission ratio (TR) is defined as the ratio of output (SG3) to input (SG2) amplitudes
 314 in the frequency domain within the specimen by using Eq. (5), which has been used in the
 315 previous studies [20, 34]. The negative TR value indicates that the response near the rear end
 316 of the specimen is less than the response near the loading end of the specimen.

$$TR = 20 \times \log\left(\frac{\varepsilon_3(f)}{\varepsilon_2(f)}\right) \quad (3)$$

317 Where ε_2 and ε_3 are the longitudinal strain at SG2 and SG3 of the tested specimens,
 318 respectively; $\varepsilon_1|_{peak}$, $\varepsilon_2|_{peak}$ and $\varepsilon_3|_{peak}$ represent the peak strain value recorded by the
 319 attached three gauges, as shown in Fig. 3(b). $\varepsilon_{s1}|_{peak}$ is the peak strain recorded in the plain
 320 mortar (S-S1) as the reference, and subscript i represents the specimen number for each
 321 configuration, as shown in Fig. 1; $\varepsilon_2(f)$ is the amplitude of longitudinal strain in the
 322 frequency domain recorded by SG2, and $\varepsilon_3(f)$ is the amplitude of longitudinal strain in the
 323 frequency domain recorded by SG3.

324 3.2.1 Response of specimen under non-destructive test (NDT)

325 The specimens were subsequently investigated under non-destructive tests with the relatively
 326 low-amplitude impulses generated by manually striking bar III to bar II (shown in Fig. 3(a)).
 327 When the specimen was impacted, the stress waves were generated at the impactor-specimen
 328 interface and propagated through the specimen. The primary or longitudinal stress waves then
 329 propagated along the loading direction [35]. In order to examine the wave attenuation in the

330 specimens, wave signals near the loading and rear ends were recorded (i.e., $\varepsilon_2(t)$ and $\varepsilon_3(t)$).

331 Fig. 7 shows the strain time histories of $\varepsilon_2(t)$ and $\varepsilon_3(t)$ for seven specimens subjected to non-

332 destructive loading. As shown in Fig. 7(a), there was no apparent wave attenuation in terms of

333 peak strain reduction in S-S1, instead, the strain peak was enlarged. Amplification of the stress

334 was caused by wave interaction (i.e., superposition) between the incident and the reflected

335 wave near the end of the specimen. As shown in Fig. 7(b), the apparent peak strain reduction

336 (i.e., $\varepsilon_3|_{peak} < \varepsilon_2|_{peak}$) was found in S-S2, indicating that the elastic stress waves were attenuated

337 greatly when the waves passed through the RCSBs. Similarly, the value of $\varepsilon_3|_{peak}$ was greatly

338 reduced in S-S3 (Fig. 7(c)) and S-S4 (Fig. 7(d)), demonstrating the metaconcrete specimens

339 consisting of ERCSBs also exhibited favourable wave attenuation properties. Fig. 7(e) shows

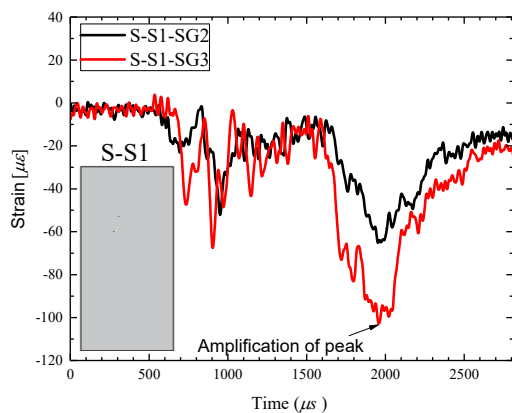
340 the strain time histories of plain concrete (i.e., S-S5). It was observed that the value of $\varepsilon_3|_{peak}$

341 was also higher than $\varepsilon_2|_{peak}$ due to the wave interaction (i.e., superposition). As observed in

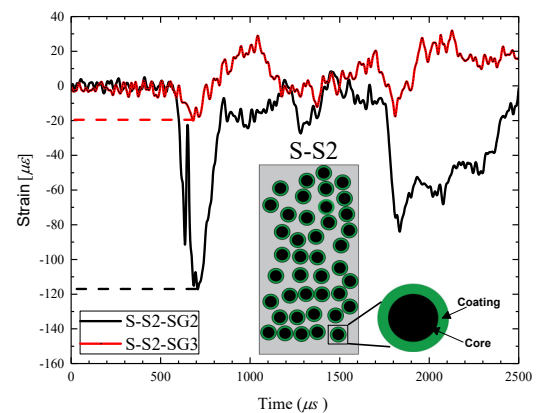
342 Fig. 7(f) and (g), the values of $\varepsilon_3|_{peak}$, however, were greatly reduced in S-S6 and S-S7. It can

343 be concluded that all specimens with ERCSBs were capable of mitigating the propagation of

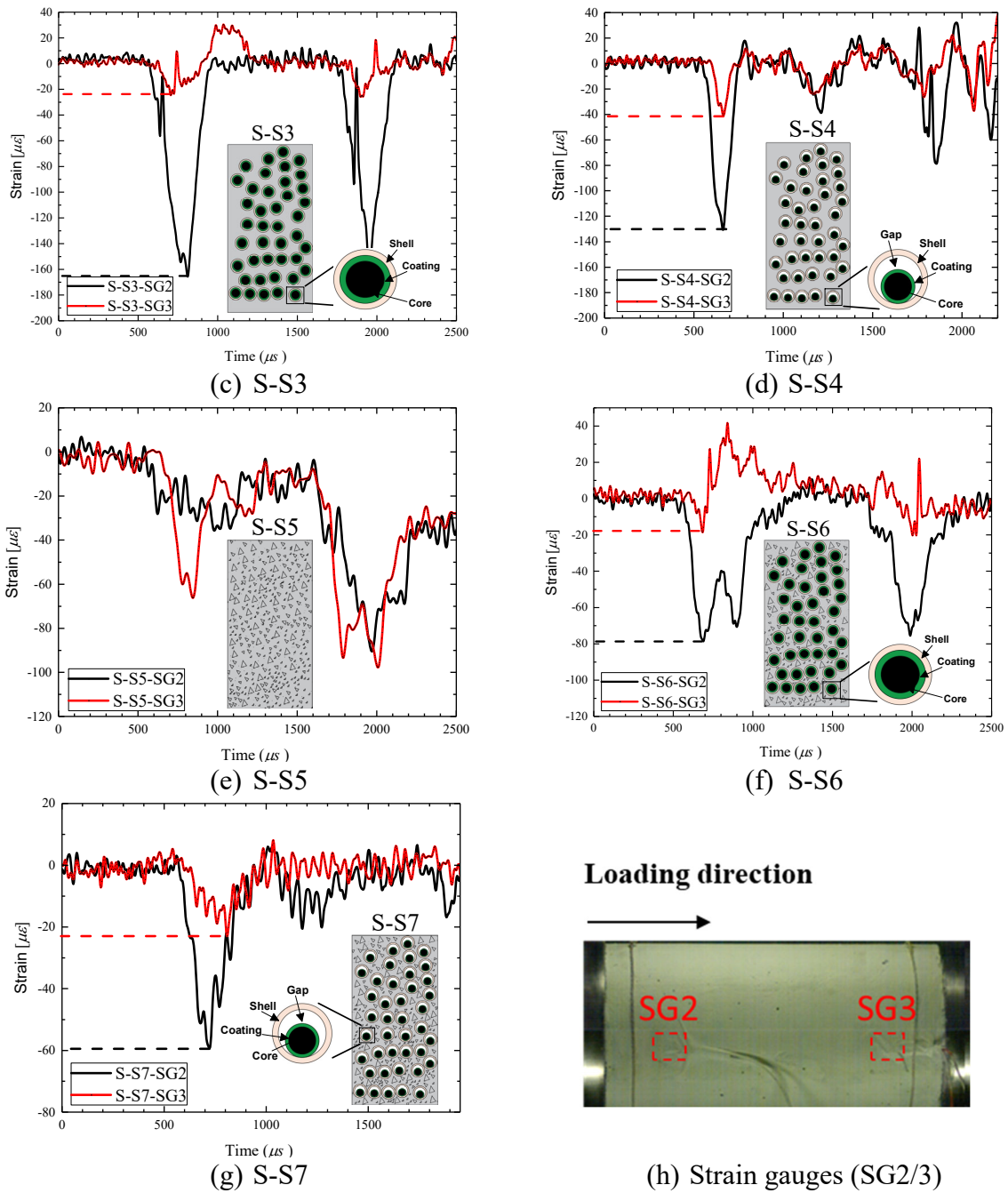
344 elastic stress waves.



(a) S-S1



(b) S-S2



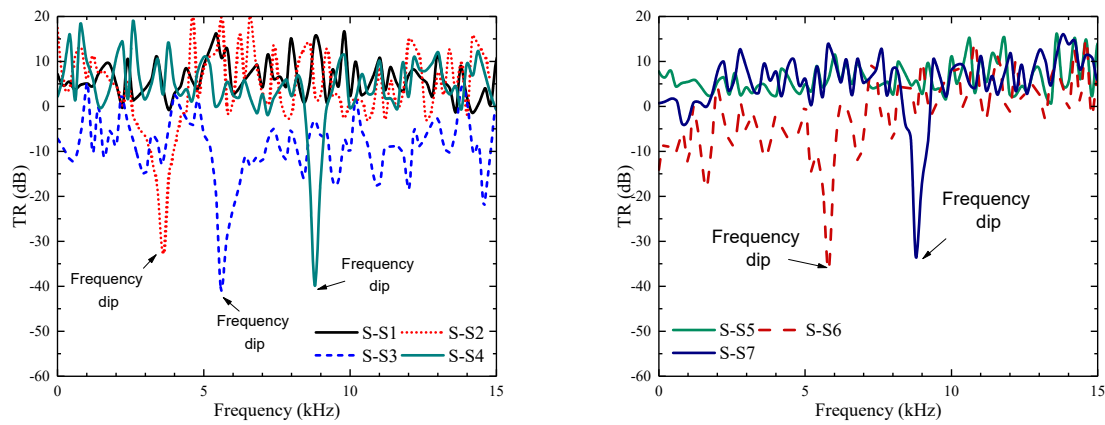
345 Fig. 7: Strain-time histories of all specimens under non-destructive tests. Note: SG2 and SG3
 346 represent the input and output strain.

347 Moreover, the performance metric R_{p-NDT} , i.e., peak strain reduction ratio, is summarized in
 348 Table 3, where the higher value means superior capacity in attenuating stress wave
 349 propagations. By using Eq. (3), the peak strain reduction R_{p-NDT} of S-S1 was calculated as -27%.
 350 The negative value of R_{p-NDT} signified the magnification of amplitude owing to the
 351 superposition of incident and reflected waves. The corresponding one for metaconcrete with
 352 RCSBs (S-S2), mortar with ERCSBs/18 (S-S3) and ERCSBs/15 (S-S4) was 79%, 86% and

353 62%, respectively, as listed in Table 3. S-S3 showed a higher R_{p-NDT} than S-S2 owing to the
354 more pronounced difference of wave impedances between steel shell and mortar matrix as
355 compared to that between rubber coating and mortar matrix. When elastic wave approaches the
356 interface between steel shell and cementitious matrix with different impedances, the incident
357 stress wave partially reflects and the rest refracts into other material [36]. As a result, more
358 stress wave attenuation can be achieved. S-S3 also presented a higher value of R_{p-NDT} than S-
359 S4 because the steel core inside ERCSBs/18 was larger than that inside ERCSBs/15. S-S3 also
360 displayed a higher R_{s-NDT} (i.e., the specific reduction ratio of strain with respect to plain mortar)
361 of 422% than 396% of S-S2 and 332% of S-S4, as calculated by Eq. (4). Table 3 tabulates the
362 values of R_{p-NDT} and R_{s-NDT} for S-S5, S-S6 and S-S7. Among concrete-based specimens, S-S6
363 had the highest reduction values of 71% (R_{p-NDT}) and 365% (R_{s-NDT}), which were greater than S-
364 S5 of -0.4% and 98% as well as S-S7 of 68% and 354%, respectively. Based on the above
365 results, it can be concluded that using the enhanced EAs proposed in this study can achieve
366 comparable or even slightly better wave propagation attenuation than the conventional EAs,
367 and the design of ERCSB/18 performed better than ERCSB/15, indicating the idea of allowing
368 RCSB sliding inside the steel shell did not lead to better energy absorption probably because
369 the steel core vibration in RCSB was less excited.

370 Furthermore, the wave attenuation mechanism associated with the above observation could be
371 inferred from the frequency domain analysis, which has been widely used in previous studies
372 [16-18]. The transmission ratio (TR) with respect to the longitudinal strain was calculated by
373 Eq. (5). The curves of TR versus frequencies ranged from 0 kHz to 15 kHz for S-S1 to S-S4
374 are presented in Fig. 8. As shown in Fig. 8(a), there was no significant drop in spectral
375 amplitudes in the TR curve of the plain mortar (S-S1), implying that no noticeable wave
376 filtering effect was found. S-S2 with randomly dispersed RCSBs displayed a frequency-
377 dependent attenuation, in which a minimum TR value of -32.8 dB at 3.6 kHz (i.e., frequency
378 dip) was observed. Therefore, the local resonance effect played an important role in mitigating

379 stress wave propagation. As the loading frequency approached the resonant frequency of
380 RCSBs, a large proportion of wave energy was transferred to the local vibration of the cores,
381 which reduced the wave energy transmitting across the mortar matrix. This attenuation
382 phenomenon was consistent with the experimental results reported in the previous studies [14-
383 17]. As compared to S-S2, both S-S3 and S-S4 exhibited analogous frequency-dependend
384 attenuation effects. For S-S3 with ERCSBs/18, an apparent frequency dip occurred at 5.6 kHz
385 as shown in Fig. 8(a), in which the minimum TR was around -41.0 dB. Similar to S-S2, the
386 local resonance of the core inside ERCSBs could dissipate wave energy, resulting in favourable
387 wave attenuation performance. In addition, S-S4 displayed a less significant attenuation effect
388 in which the minimum TR was around -39.9 dB at 8.8 kHz. The frequency-dependent wave-
389 filtering capacity and attenuation behaviours found in S-S3 and S-S4 with ERCSBs, as well as
390 in S-S2, can be attributed to the local resonance effect. Likewise, the frequency spectra for
391 concrete-based specimens are shown in Fig. 8(b). There was no substantial reduction regarding
392 spectral amplitude of plain concrete (S-S5) owing to the nonexistence of local resonant
393 aggregates. In contrast, apparent frequency dips were observed in S-S6 and S-S7, in which the
394 minimum TR was around -36.5 dB at 5.8 kHz and -33.6 dB at 8.9 kHz, respectively. Again,
395 metaconcrete consisting of both conventional (i.e., RCSBs) and enhanced EAs (i.e., ERCSBs)
396 showed the frequency-dependent wave-filtering effect within the prescribed frequency range
397 or bandgap. Specifically, the EAs tuned within the prescribed bandgap led to an out-of-phase
398 vibration of the inner metal core. This local vibration of the core could interact with stress
399 waves induced by impulsive loading, hence mitigating the stress wave propagation through the
400 matrix. The details of deriving the prescribed frequency range were not presented herein but
401 can refer to the previous studies [9, 20, 21]. In conclusion, adding ERCSBs was effective for
402 elastic wave propagation attenuation under the non-destructive impulsive load.



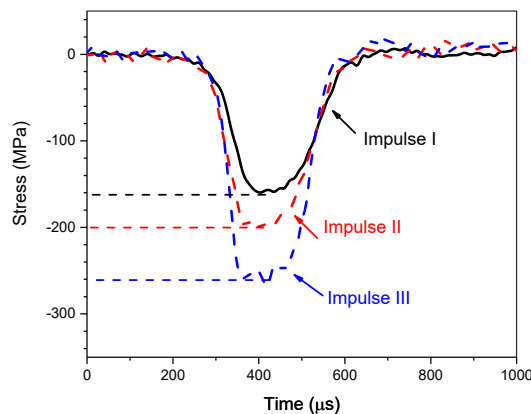
(a) Mortar-based specimen

(b) Concrete-based specimen

403 Fig. 8: Comparisons of transmission ratio (TR) of different specimens.

404 3.2.2 Response of specimens under destructive test (DT)

405 Fig. 3(b) shows the setup of the destructive test. It is worth mentioning that this experiment
 406 focused on the effectiveness in mitigating stress wave propagation of each specimen rather than
 407 its dynamic material properties. Stress equilibrium condition [37] was thus not required for this
 408 test. Besides, three loading cases with different peak incident stress (i.e., impulses I, II and III
 409 as shown in Fig. 9 by varying striker velocities through changing air pressure in the pressure
 410 vessel) were utilized to examine the dynamic responses of each specimen.



411 Fig. 8: Typical input impulses I, II and III.

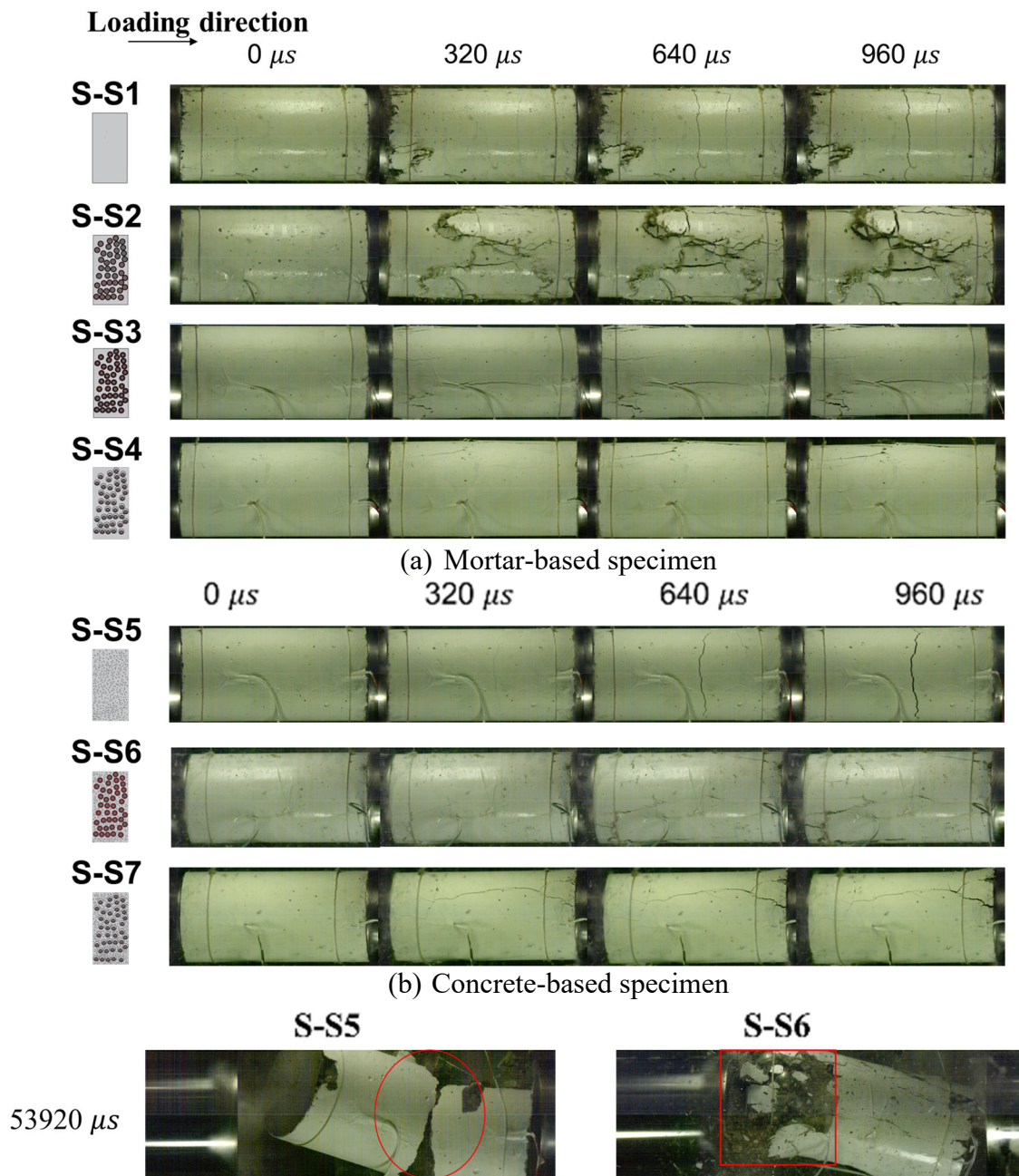
413 3.2.2.1 Failure process and failure modes

414 The typical failure process of all the specimens under intermediate impulsive loads (impulse
 415 II) is shown in Fig. 10(a) and (b) captured by using a high-speed camera. For impulse I,
 416 specimens experienced less severe damage while specimens were rapidly pulverized into
 417 fragments under impulsive III. To better demonstrate the damage initiation and development

418 before the specimens completely failed, the failure processes subjected to impulse II were
419 demonstrated herein. 0 μs represented the moment when the specimen was initially stressed.
420 For plain mortar (S-S1), cracks initiated from the loading side of the specimens and developed
421 into the mid-region. Afterwards, more cracks initiated within the mid-region and developed
422 further. As shown in Fig. 10(a), S-S1 experienced spall damage, i.e., clear tensile damage,
423 owing to the reflected stress wave. This damage mode of plain mortar was consistent with the
424 experimental results reported in the previous study [37, 38]. Metaconcrete with RCSBs
425 developed cracks earlier than the plain mortar due to its lower compressive strength, i.e., S-S2
426 showed severe cracks in the middle region at 320 μs , while only minor crack was found on the
427 S-S1 at 320 μs . In addition, metaconcrete with RCSBs suffered severe failure as shown in Fig.
428 10(a), the cracks were parallel to the loading direction concentrated in the middle region,
429 showing a splitting failure mode. S-S2 at 640 μs showed more cracks than S-S1 at the same
430 time instant. At 640 μs , two major cracks were nearly parallel to the loading direction together
431 with numerous minor cracks extended from arbitrary directions as observed in Fig. 10(a).
432 Severe diagonal fractures were observed in S-S2 at 960 μs owing to its low compressive
433 strength.

434 For the metaconcrete specimen with ERCSBs/18 (S-S3), the cracks initiated at the loading
435 surface of the specimen and propagated to the middle region at 320 μs . Besides, the number of
436 cracks at all-time instants for S-S3 was less than that of the metaconcrete with RCSBs (S-S2)
437 owing to the higher compressive strength of S-S3. S-S4 also experienced fewer cracks than S-
438 S2 at all-time instants due to the existence of hard steel shells. The previous study [12, 18]
439 reported that the effect of local oscillation of heavy cores may lead to a reduction in the crack
440 development as the local vibration of EAs could dissipate a certain amount of wave energy.
441 However, S-S2 displayed lower resistance and less mitigation capacity due to early damage to
442 the matrix. By adding steel shells, the mitigation capacity and damage resistance were
443 improved as compared to metaconcrete with RCSBs (S-S2). Eventually, both S-S1 and S-S2

444 were shattered into small pieces because of the brittle nature of the mortar matrix as shown in
 445 Fig. 11(a). In contrast, the majority part of metaconcrete specimens with ERCSBs (i.e., S-S3
 446 and S-S4) remained intact. It is also noted that no tensile crack was observed in S-S3 and S-S4,
 447 implying the ERCSBs reduced the stress wave amplitude such that the reflected tensile stress
 448 wave was small to cause tensile failure in S-S3 and S-S4.



449 Fig. 9: Failure process of specimens subjected to impulse II.
 450 The fracture pattern observed in the plain concrete (i.e., S-S5) was similar to S-S1 under
 451 impulse II. As shown in Fig. 10(b) and (c), the plain concrete specimen was broken into two

452 parts owing to tensile failure. This damage mode of plain concrete was consistent with the
453 experimental results reported in the previous study [37, 39, 40]. For metaconcrete (i.e., S-S6
454 and S-S7), however, it experienced brittle crushing damage on the loading end as shown in Fig.
455 10(c). It is noteworthy that cracks in specimens usually initiated at weak sections (i.e., ITZ or
456 air voids) and then extended. For metaconcrete with ERCSBs, the induced cracks in the
457 specimens associated with impulsive loads were originated from the interface between
458 ERCSBs and the surrounding matrix and then propagated either parallel (i.e., longitudinal crack)
459 or perpendicular (i.e., transverse crack) to the loading direction. As shown in Fig. 10(c), SS-S5
460 experienced dynamic fracture (i.e., spalling) in the middle at the time instant of 53920 μ s and
461 S-S6 experienced severe crushing at the loading end at the same instant, which could absorb a
462 significant amount of energy and result in less amount of wave energy transmitting to the
463 remaining part of the specimen. Based on the above observations, it can be concluded that
464 mixing EAs with a stiff shell in metaconcrete greatly enhanced the structural capacity to resist
465 impulsive loads.










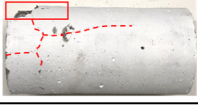


466 Fig. 11 shows the final failure modes of the specimens with various configurations under
467 different input loads (impulses I, II and III). As observed, plain mortar (S-S1) and plain
468 concrete (S-S5) experienced significant dynamic fracture (i.e., spalling) and they were
469 disintegrated into two parts under impulse I owing to insufficient tensile strength. These failure
470 modes of plain mortar and concrete were consistent with the experimental results reported in
471 the previous studies [37, 38, 40], and the fracture profile agreed with the results reported by
472 Klepaczko and Brara [39]. Metaconcrete with RCSBs (S-S2) experienced columnar cracking
473 through both ends, and severe localized damage was found in the middle region due to stress
474 concentration at the interfacial area around RCSBs. This damage mode was also consistent
475 with the results reported in the previous studies [6, 7, 18]. Besides, metaconcrete with both
476 types of ERCSBs (i.e., S-S3, S-S4, S-S6 and S-S7) experienced localized damage and only
477 several cracks appeared near the loading end under impulse I, as illustrated in Fig. 11(a) and

478 (b). Based on the above results, metaconcrete with ERCSBs demonstrated better impulsive
479 loading resistance as compared to metaconcrete with RCSBs (S-S2) as well as plain specimens
480 (S1-S1 and S-S5) under impulse I.

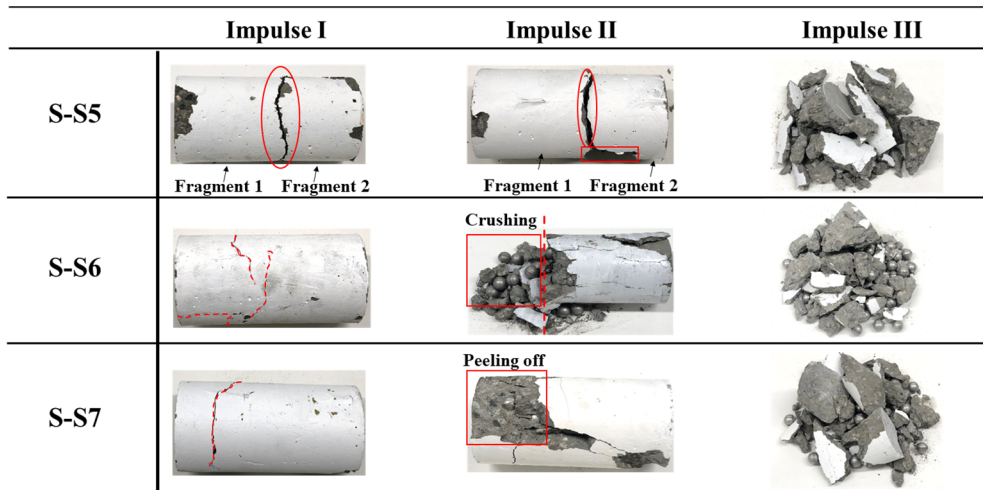
481 With the applied load increased to impulse II, plain mortar (S-S1) was shattered into several
482 fragments as shown in Fig. 11(a). Metaconcrete with RCSBs (S-S2) exhibited unsatisfactory
483 loading resistance, in which the diagonal fracture with several cracks through the rear ends was
484 observed and the front part was crushed into numerous pieces owing to its lower compressive
485 strength. For S-S3 under impulse II, it experienced damage in the middle region and an obvious
486 crack was observed perpendicular to the loading direction but the overall specimen was still
487 intact. For S-S4, a relatively large piece at the mid-section of the specimen fell off while the
488 rest of the part was intact. Thus, metaconcrete specimens with ERCSBs/18 and ERCSBs/15
489 had higher loading resistance as compared to other specimens (S-S1 and S-S2) under impulse
490 II as these specimens were shattered into small pieces. Plain concrete (S-S5) was broken into
491 two disconnected parts under impulse II owing to the reflected tensile stress wave. As shown
492 in Fig. 11(b), approximately 1/3 of S-S6 on the loading side was crushed but the remaining part
493 of the specimen kept its integrity with some peel-off damage on the specimen surface. S-S7
494 also experienced local damage near the loading end. Peel-off damage to the specimen appeared
495 more severe in S-S3, S-S4, S-S6 and S-S7. This could be attributed to poor bonding between
496 steel shell and mortar matrix. Under axial impact loading, the specimens expanded laterally
497 owing to Poisson's ratio effect, poor bonding between mortar and EAs caused the specimen
498 more vulnerable to the peel-off damage. Therefore, improving the bonding strength between
499 EA and mortar matrix is important. Moreover, peel-off damage may be caused by the wave
500 impedance mismatch between steel shell and cementitious matrix, so that significant wave
501 reflection was induced leading to serious interfacial failure. Hence, the enhanced coating
502 material with wave impedance closed to the matrix material is suggested to ensure smooth

503 transmission of stress waves inside the engineered aggregate, which could potentially reduce
 504 the interfacial failure.

505 Higher loading intensity greatly affected the failure mode of metaconcrete. Under impulse I
 506 and II, a certain level of specimen integrity was maintained. When a more intensive load (i.e.,
 507 impulse III) was applied, all the specimens were shattered into smaller pieces. For instance, S-
 508 S1 was crushed into chunks, while metaconcrete with RCSBs, ERCSBs/18 and ERCSBs/15
 509 broke into various pieces, as shown in Fig. 11(a) and (b). Smaller fragments (broken pieces)
 510 were generated in metaconcrete than plain specimens owing to its insufficient interfacial
 511 strength between EAs and cementitious matrix. Based on the above results, metaconcrete
 512 consisting of EAs with the enhanced coating (i.e., ERCSBs) showed a higher loading resistance
 513 capacity than metaconcrete with RCSBs in all loading cases.

	Impulse I	Impulse II	Impulse III
S-S1			
S-S2			
S-S3			
S-S4			

(a) Mortar-based specimen



(b) Concrete-based specimen

Fig. 10: Failure modes of specimens subjected to impulses I, II and III.

3.2.2.2 Comparison of stress wave attenuation performance

To further examine the effectiveness of wave attenuation in metaconcrete and plain specimens, strain-time histories for all the specimens subjected to impulses I, II and III are compared in

Fig. 12. S-S2 had the highest value of $\varepsilon_2|_{peak}$ owing to its lowest modulus of elasticity or

stiffness of the material, as shown in Fig. 12(b). Meanwhile, the strain gauge near the loading end (i.e., SG2) was broken at an early stage because of the specimen damage (see Fig. 10(a)),

which was due to its lower compressive strength when subjected to impulses I, II and III. As

shown in Fig. 12(c) and (d), S-S3 and S-S4 had smaller values of $\varepsilon_2|_{peak}$ as compared to S-S1

owing to their higher modulus of elasticity. It is worth noting that the stress wave propagating

along the specimen was inhibited if a substantial reduction in the transmitted peak strain (i.e.,

SG3) was obtained. No significant peak strain reduction indicated that there was no noticeable

stress wave attenuation effect, whereas a noticeable reduction of peak transmitted strain

($\varepsilon_3|_{peak}$) indicated the wave propagation mitigation. As shown in Fig. 12(a), S-S1 exhibited

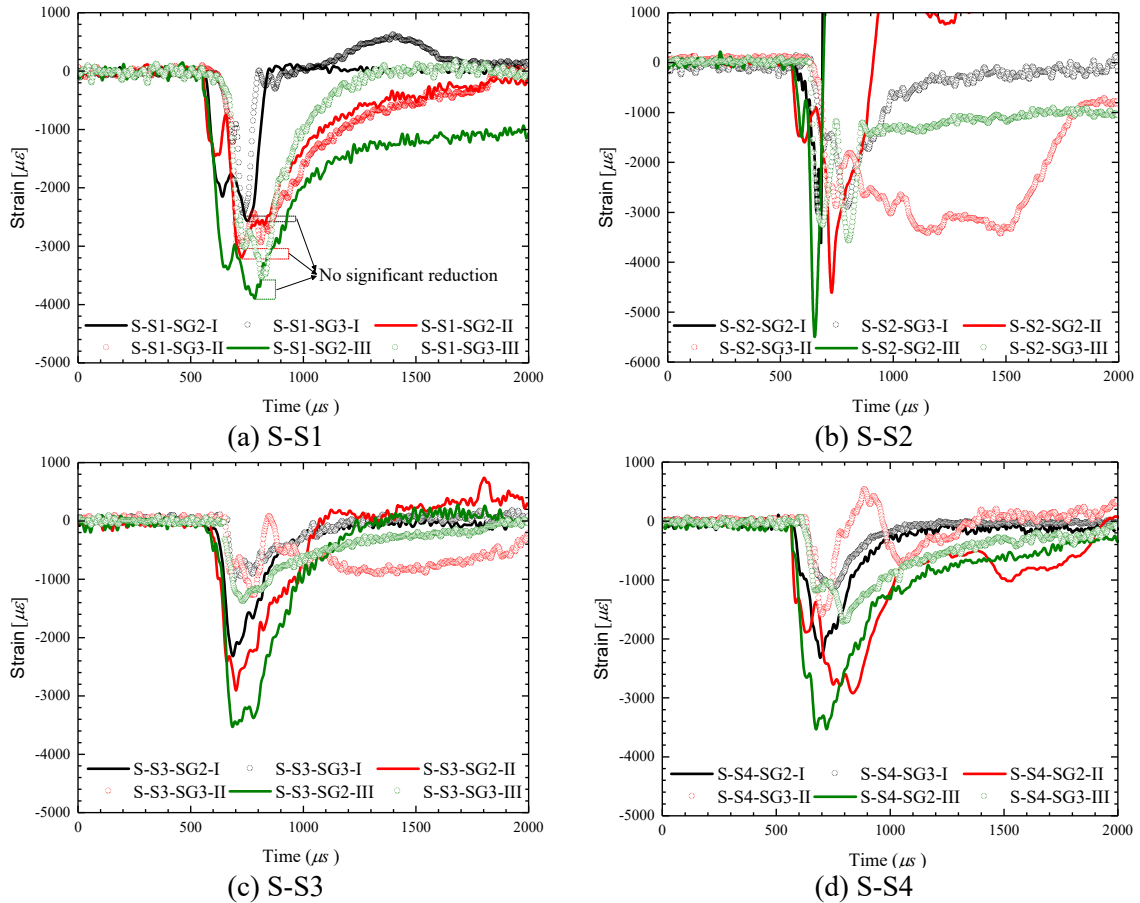
no significant wave attenuation effect as the reduction of transmitted peak strain was not

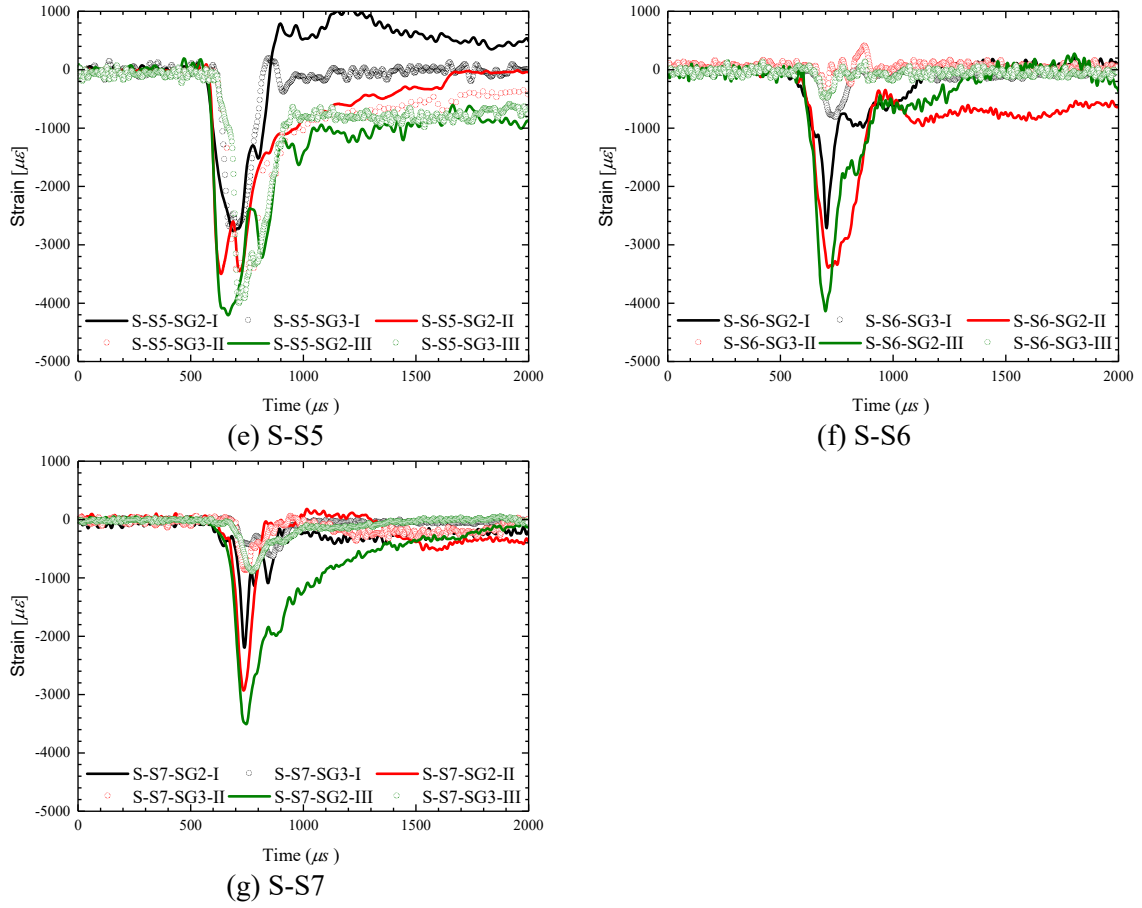
obvious for each loading scenario. In contrast, noticeable peak strain reduction was found in

S-S2 (see Fig. 12(b)), implying that the stress wave was attenuated after passing through the

conventional RCSBs owing to the local resonance effect, in which this attenuation phenomenon

532 was consistent with the experimental observation reported in the previous study [18]. Besides,
533 considerable peak strain reduction was also observed in S-S3 and S-S4 (see Fig. 12(c) and (d)),
534 demonstrating the addition of a hard shell did not significantly affect the wave mitigation
535 performance of the engineered aggregates. In fact, ERCSB could provide a comparable or even
536 better wave mitigation effect than conventional RCSB. For plain concrete (S-S5), the value of
537 peak transmitted strain ($\varepsilon_3|_{peak}$) was close to the peak incident value ($\varepsilon_2|_{peak}$), namely, there
538 was no noticeable wave propagating attenuation, as observed in Fig. 12(e). In contrast, the
539 values of $\varepsilon_3|_{peak}$ for S-S6 and S-S7, as displayed in Fig. 12(f) and (g), were considerably
540 reduced, indicating the specimens with ERCSBs achieved stress wave attenuation performance
541 than plain concrete due to the local resonance of engineered aggregates. To conclude,
542 metaconcrete consisting of enhanced EAs proposed in this study can improve the strength of
543 metaconcrete and also maintain its stress wave attenuation capacity.





544 Fig. 11: Comparison of strain-time histories of specimens subjected to impulses I, II and III.
 545 Moreover, the peak reduction ratios of the maximum longitudinal strain (R_{p-DT}) derived by
 546 using Eq. (3) are summarized in Table 5 to qualitatively compare the performance of wave
 547 propagation mitigation. A higher value of R_{p-DT} indicated a greater reduction in the maximum
 548 longitudinal strain within the specimen, namely better wave propagation mitigation
 549 performance. As shown in Table 5, the specimen with RCSBs generally had a greater value of
 550 R_{p-DT} than the plain specimens (e.g., S-S1) in all loading cases. For instance, R_{p-DT} under
 551 impulses I, II and III in S-S2 was 20%, 26% and 35%, which were greater than S-S1 of 5%, 6%
 552 and 8%, respectively. This was because the local resonance of the core attenuated the stress
 553 waves propagating through the specimen. However, owing to the lower strength of
 554 metaconcrete with RCSBs, S-S2 experienced severe damage to the surrounding matrix at an
 555 early stage, which limited the activation of local resonance. This observation was consistent
 556 with those reported in the previous numerical studies [6, 9]. Thus, its wave propagation
 557 attenuation effect was not significant as compared to metaconcrete with ERCSBs. By adding a

558 steel shell, metaconcrete with ERCSBs showed a higher reduction value. For instance, R_{p-DT}
559 of S-S3 under impulses I, II and III were 52%, 57% and 61%, which were greater than S-S2 of
560 20%, 26% and 35%, respectively, as given in Table 5. This was because metaconcrete with
561 ERCSBs had higher strength, which prolonged the local resonance effect and led to a better
562 mitigation performance. Besides, S-S3 generally had a higher R_{p-DT} value than S-S4. This was
563 because ERCSBs/18 with a larger steel core than ERCSBs/15 resulted in a more prominent
564 local resonance effect, and the gap between RCSB and steel shell in ERCSB/15 might also lead
565 to the less activated steel core vibration as discussed above. In addition, as shown in Fig. 10,
566 localized matrix material damage could also dissipate energy and a lower proportion of input
567 energy were transmitted to the rest part of the specimen. For instance, the front parts of S-S6
568 and S-S7 were significantly crushed and the rest parts experienced less damage. The failure of
569 the front part dissipated a large amount of energy, which resulted in a lower proportion of
570 energy being transmitted to the rest part. Therefore, the energy dissipation was contributed by
571 the matrix fracture damage and the local resonance effect. As given in Table 5, R_{p-DT} was 70%,
572 89% and 90% for S-S6, and 60%, 70% and 75% for S-S7, which were substantially greater
573 than 1.7%, 2% and 5% of S-S5 (i.e., plain concrete). Furthermore, with the increased loading
574 intensity (i.e., from impulse I to III), R_{p-DT} gradually increased for metaconcrete with ERCSBs.
575 It can be explained as follows: a) higher loading amplitude induced larger local vibrations of
576 hard core inside engineered aggregate so that more wave energy was absorbed by the
577 engineered aggregates [9, 20]; b) more severe matrix material damage with the rising loading
578 intensity could dissipate substantial amounts of energy; c) damage of steel shell (e.g., shell
579 opening) outside the ERCSBs (see Fig. 11) could also absorb considerable amounts of wave
580 energy leading to more effective mitigation effect.

581 As given in Table 5, R_{s-DT} (i.e., the specific reduction ratio of strain with respect to plain mortar)
582 slightly varied for metaconcrete with ERCSBs under different loading scenarios. Metaconcrete
583 with ERCSBs had a higher value of R_{s-DT} than metaconcrete with RCSBs and followed by plain

584 mortar and plain concrete. For instance, by using Eq. (4), a similar trend for the value of R_{s-DT}
585 was observed in all specimens. Especially, when subjected to impulse II, S-S6 had the highest
586 R_{s-DT} of 93%, followed by S-S7 of 91%, S-S3 of 89% and S-S4 of 87%. R_{s-DT} of S-S5 was
587 calculated as -200%, indicating S-S5 ($R_{p-DT} = 2\%$) had a lower mitigation capacity of stress
588 wave propagation than S-S1 ($R_{p-DT} = 6\%$) as given in Table 5. It should be noted that the
589 negative value of R_{s-DT} indicates the level of stress wave propagation mitigation in the specific
590 specimen was less than that in the reference specimen (S-S1).

591 Table 5: Summary of destructive testing (DT) results under impulses I, II and III.

No.	Specimen	R_{p-DT}			R_{s-DT}		
		I	II	III	I	II	III
S-S1	Plain mortar	5%	6%	8%	-	-	-
S-S2	Mortar with RCSBs	20%	26%	35%	73%	77%	75%
S-S3	Mortar with ERCSBs/18	52%	57%	61%	90%	89%	86%
S-S4	Mortar with ERCSBs/15	40%	47%	52%	87%	87%	84%
S-S5	Plain concrete	1.7%	2%	5%	-174%	-200%	-73%
S-S6	Concrete with ERCSBs/18	70%	89%	90%	92%	93%	91%
S-S7	Concrete with ERCSBs/15	60%	70%	75%	91%	91%	89%

592 Note: “-” means reference specimen (S-S1).

593 4 Conclusion

594 In this study, a new kind of engineered aggregate (ERCSB) was proposed to enhance the
595 mechanical properties of conventional metaconcrete. Quasi-static mechanical properties and
596 dynamic responses of plain mortar, normal concrete and metaconcrete with RCSBs or ERCSBs
597 under destructive and non-destructive dynamic loads were experimentally investigated. The
598 experimental results confirmed the effectiveness of using ERCSBs in metaconcrete in
599 enhancing the compressive strength while preserving the wave attenuation ability in
600 comparison with metaconcrete with conventional RCSBs. The main findings from this study
601 are summarised as follows.

- 602 1. Metaconcrete with randomly dispersed RCSBs could exhibit frequency-dependent
603 attenuation properties, which can mitigate elastic and inelastic stress wave propagation
604 owing to the local resonance effect.
- 605 2. The quasi-static compressive property of metaconcrete with RCSBs was reduced due to the
606 soft coating of conventional EAs (RCSBs). It can be addressed by adding a hard shell
607 outside RCSBs to form ERCSBs, which can increase metaconcrete's compressive strength
608 by 80.3 % and modulus of elasticity by 72.3% as compared to the metaconcrete with RCSBs.
- 609 3. Metaconcrete with ERCSBs also exhibited frequency-dependent wave filtering capacity,
610 resulting in favourable wave attenuation performance. The specimens with both types of
611 ERCSBs (without/with a gap between the external shell and RCSB) were effective in
612 mitigating stress wave propagation induced by non-destructive and destructive dynamic
613 loads.
- 614 4. Insufficient bonding between the matrix and EAs negatively impacted on both the static
615 mechanical properties and dynamic responses of metaconcrete. To improve the performance
616 of metaconcrete, mechanical or chemical treatment on ERCSBs' outer layer is
617 recommended to improve its bonding strength.

618 **Declaration of Competing Interest**

619 The author(s) declared no potential conflicts of interest with respect to the research, authorship
620 and/or publication of this article.

621 **Acknowledgement**

622 The authors acknowledge the support from the Australian Research Council to conduct this
623 research work. The first author also acknowledges support through the Australian Government
624 Research Training Program Scholarship.

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